From the Editor

These are certainly challenging times! John Lewis, a United States statesman and civil rights leader wrote:

“Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month or a year; it is the struggle of a lifetime. Never, ever be afraid to make some noise and get in good trouble, necessary trouble.”

His statement echoes Margaret Mead’s famous statement, “Never doubt that a small group of thoughtful, concerned citizens can change the world. Indeed, it is the only thing that ever has”.

Mead and Lewis’s words inspire me to be a scholar activist; to be optimistic and to let my voice be heard. We are a large, globe-spanning community of concerned citizens, scientists, researchers, practitioners, and students. Use your voice in your scholarly writings and the day-to-day leadership activities to make a difference. Imagine what we can do!

This issue contains 27 manuscripts on a variety of topics such as a pilot study on seafarers’ well-being in the context of the pandemic, the prevalence and predictors of return to work among Jordanian stroke survivors, the comparison between sitting and standing postures when using a smartphone, sleep before and after work-related concussion among many other interesting subjects including four COVID-19 commentaries.

The 2020 Learn at WORK webinars have concluded. However, they are all available on our website at workjournal.org. We can look forward to the first six 2021 webinars:

**Thursday, Feb 18, 2021 at 1-2pm EST**
*Taking care of the researcher – a nature and art-related activity retreat sharing natural space put humanity in perspective*
Presenter: Professor Eva Bojner Horwitz
Registration: https://attendee.gotowebinar.com/register/6844009491323621646

**Wednesday, March 24, 2021 at 1-2pm EST**
*The importance of health management and maintenance occupations while homeless*
Presenters: Quinn Tyminski and Ariana Gonzalez
Registration: https://attendee.gotowebinar.com/register/9081127525691332879

**Wednesday, April 14, 2021 at 1-2pm EST**
*Coping on the inside: Design for therapeutic incarceration interventions*
Presenters: Dr. Amy Wagenfeld and Dr. Daniel Winterbottom
Registration: https://attendee.gotowebinar.com/register/5946523230165220366

**Wednesday, May 5, 2021 at 1-2pm EST**
*The role of office features and psychosocial working conditions*
Presenters: Dr. Sarah Lütke Lanfer and Dr. Anja Göritz
Registration: https://attendee.gotowebinar.com/register/2971930860503787533

**Wednesday, June 2, 2021 at 1-2pm EST**
*Telehealth in school-based practice: Perceived viability to bridge global occupational therapy practitioner shortages prior to COVID-19 global health emergency*
Presenters: Cynthia Abbott-Gaffney and Karen Jacobs
Registration: https://attendee.gotowebinar.com/register/2425795738833723661

You can stay up-to-date on our Learn at WORK webinars, blogs and news by going to our website at workjournal.org.

As always, I look forward to hearing from you. Be safe and healthy.

“May every sunrise hold more promise and every sunset hold more peace.” Umair Siddiqui

With kind regards,

Karen Jacobs

Founding Editor, WORK
Occupational therapist & ergonomist
E-mail: Kjacobs@bu.edu.
workjournal.org
blogs.bu.edu/kjacobs/
@WORK_Journal https://www.facebook.com/WORKJournal2016/?fref=ts