

From the Editor

These are certainly challenging times! John Lewis, a United States statesman and civil rights leader wrote:

“Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month or a year, it is the struggle of a lifetime. Never, ever be afraid to make some noise and get in good trouble, necessary trouble.”

His statement echoes Margaret Mead’s famous statement, *“Never doubt that a small group of thoughtful, concerned citizens can change the world. Indeed, it is the only thing that ever has”*.

Mead and Lewis’s words inspire me to be a scholar activist; to be optimistic and to let my voice be heard. We are a large, globe-spanning community of concerned citizens, scientists, researchers, practitioners, and students. Use your voice in your scholarly writings and the day-to-day leadership activities to make a difference. Imagine what we can do!

This issue contains 27 manuscripts on a variety of topics such as a pilot study on seafarers’ well-being in the context of the pandemic, the prevalence and predictors of return to work among Jordanian stroke survivors, the comparison between sitting and standing postures when using a smartphone, sleep before and after work-related concussion among many other interesting subjects including four COVID-19 commentaries.

The 2020 *Learn at WORK* webinars have concluded. However, they are all available on our website at workjournal.org. We can look forward to the first six 2021 webinars:

Wednesday, January 27, 2021 from 1-2pm EST

A pilot model for provider training to address brain injury in health care for the homeless settings

Presenter: Dr. Caitlin Synovec

Registration: <https://attendee.gotowebinar.com/register/7147982674392062476>

Thursday, Feb 18, 2021 at 1-2pm EST

Taking care of the researcher – a nature and art-related activity retreat sharing natural space put humanity in perspective

Presenter: Professor Eva Bojner Horwitz

Registration: <https://attendee.gotowebinar.com/register/6844009491323621646>

Wednesday, March 24, 2021 at 1-2pm EST

The importance of health management and maintenance occupations while homeless

Presenters: Quinn Tyminski and Ariana Gonzalez

Registration: <https://attendee.gotowebinar.com/register/9081127525691332879>

Wednesday, April 14, 2021 at 1-2pm EST

Coping on the inside: Design for therapeutic incarceration interventions

Presenters: Dr. Amy Wagenfeld and Dr. Daniel Winterbottom

Registration: <https://attendee.gotowebinar.com/register/5946523230165220366>

Wednesday, May 5, 2021 at 1-2pm EST

The role of office features and psychosocial working conditions

Presenters: Dr. Sarah Lütke Lanfer and Dr. Anja Göritz

Registration: <https://attendee.gotowebinar.com/register/2971930860503787533>

Wednesday, June 2, 2021 at 1-2pm EST

Telehealth in school-based practice: Perceived viability to bridge global occupational therapy practitioner shortages prior to COVID-19 global health emergency

Presenters: Cynthia Abbott-Gaffney and Karen Jacobs

Registration: <https://attendee.gotowebinar.com/register/2425795738833723661>

You can stay up-to-date on our *Learn at WORK* webinars, blogs and news by going to our website at workjournal.org.

As always, I look forward to hearing from you. Be safe and healthy.

“May every sunrise hold more promise and every sunset hold more peace.” Umair Siddiqui

With kind regards,



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