

## From the Editor

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As usual, I am in another country as I write this column – the beautiful city of Zurich, Switzerland. I am traveling with *WORK* Editorial Board member, long time friend, and occupational therapy professor, Nancy MacRae. By train, we traveled to five very different locations in Italy with our start and end in Zurich. Many of you will be familiar with the book, *Eat, Pray, Love* by Elizabeth Gilbert. This trip is our *Eat, Walk, Read, Write* version of the aforementioned book. The sights were beautiful, the food was delicious, the perceived commonalities were strong and the differences were informative. All of our experiences underscore the value of learning about different cultures and their approaches to work, play, and self care.

As you can tell, I love to travel and do so virtually when I read the articles contained in each issue of *WORK*. The 14 articles contained in this issue take us around the globe to New Zealand, Japan, the Republic of Korea, Iceland, United States, Canada, Switzerland, and Norway.

Castillo and Hinckson from New Zealand provide us with a review of measuring physical activity and sedentary behavior at work. Day, Matheson (Editorial Board member of *WORK*), Schimanski, Leicht, and DeVries write about preparing difficult clients to return to work. An interesting article on computer workstation analysis with a specific focus on the effect of an occupational therapy intervention was authored by Gardner-Harbeck, Hewitt, and Fisher (Editorial Board member of *WORK*). We are proud to publish this article which adds to occupational therapy's growing contributions in ergonomics. The issue continues with Johansson and Johansson's informative article on disability pension and everyday life.

Researchers in the Republic of Korea, Yoo, Lee, Jung, and Yang conducted an interesting study which investigated neck and shoulder muscle activation in farm workers while performing simulated orchard work with and without neck support.

From Japan, Kawada and Otsuka authored an interesting paper on the relationship between job stress, occupational position and job satisfaction using a brief

job stress questionnaire (BJSQ). Their results has implications that each of us may find useful.

We support advancing the body of evidence regarding the use of the *Worker Role Interview*. Köller, Niedermann, Klipstein, and Haugboelle's article elaborate on the psychometric properties of the German version of the new *Worker Role Interview* (WRI-G 10.0) in people with musculoskeletal disorders. The Nature Contact Questionnaire which is a measure of healthy workplace exposure was written by Largo-Wight, Chen, Dodd and Weiler; while Marchand and Blanc write about occupation, work organization conditions, and the development of chronic psychological distress. An interesting article on autonomy and well-being among Nordic hospital physicians was written by Heijstra, Rafnsdottir, and Jonsdottir. Researchers Schapmire, St. James, Townsend and Feeler conducted a study on the accuracy of visual estimation in classifying effort during a lifting task that will be instructive in clinical practice.

Canadians Tarride, Harrington, Balfour, Simpson, Foord, Anderson, and Lakey authored an important article on a workplace health program for British Columbia Public Service Agency; productivity of transcriptionists using a treadmill desk was a study conducted by Thompson and Levine; and the issue concludes with an a study by Tremblay on workplace accommodations and job success for persons with bipolar disorder. This certainly is an issue with many diverse topics for you to read and to translate into best practice.

As always, I welcome hearing from you and look forward to your submission of a manuscript to *WORK*. Learn more about the Editorial Board Members, authors and articles published in *WORK* by following us on Twitter @WORK\_Journal.

Cheers

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