

## Research Report

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# Incretin Mimetics Restore the ER-Mitochondrial Axis and Switch Cell Fate Towards Survival in LUHMES Dopaminergic-Like Neurons: Implications for Novel Therapeutic Strategies in Parkinson's Disease

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### Abstract.

**Background:** Parkinson's disease (PD) is a progressive neurodegenerative movement disorder that afflicts more than 10 million people worldwide. Available therapeutic interventions do not stop disease progression. The etiopathogenesis of PD includes unbalanced calcium dynamics and chronic dysfunction of the axis of the endoplasmic reticulum (ER) and mitochondria that all can gradually favor protein aggregation and dopaminergic degeneration.

**Objective:** In Lund Human Mesencephalic (LUHMES) dopaminergic-like neurons, we tested novel incretin mimetics under conditions of persistent, calcium-dependent ER stress.

**Methods:** We assessed the pharmacological effects of Liraglutide—a glucagon-like peptide-1 (GLP-1) analog—and the dual incretin GLP-1/GIP agonist DA3-CH in the unfolded protein response (UPR), cell bioenergetics, mitochondrial biogenesis, macroautophagy, and intracellular signaling for cell fate in terminally differentiated LUHMES cells. Cells were co-stressed with the sarcoplasmic reticulum calcium ATPase (SERCA) inhibitor, thapsigargin.

**Results:** We report that Liraglutide and DA3-CH analogs rescue the arrested oxidative phosphorylation and glycolysis. They mitigate the suppressed mitochondrial biogenesis and hyper-polarization of the mitochondrial membrane, all to re-establish normalcy of mitochondrial function under conditions of chronic ER stress. These effects correlate with a resolution of the UPR and the deficiency of components for autophagosome formation to ultimately halt the excessive synaptic and neuronal death. Notably, the dual incretin displayed a superior anti-apoptotic effect, when compared to Liraglutide.

**Conclusions:** The results confirm the protective effects of incretin signaling in ER and mitochondrial stress for neuronal degeneration management and further explain the incretin-derived effects observed in PD patients.

**Keywords:** Liraglutide, GLP-1/GIP dual agonist, ER stress, cellular bioenergetics,  $\Delta\Psi_m$ , mitochondrial biogenesis, autophagy, incretin signaling, neuroprotection

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## INTRODUCTION

Parkinson's disease (PD) is a heterogeneous neurodegenerative movement disorder, involving the progressive manifestation of resting tremor, rigidity, bradykinesia, and postural instability, as well as non-motor, cognitive impairments. At a tissue level, PD features the gradual degeneration of dopaminergic neurons in the substantia nigra pars compacta along with the accumulation of aggregated forms (oligomers and filaments) of  $\alpha$ -synuclein in neurites (known as Lewy neurites) and in neuron soma (known as Lewy bodies). Although the PD etiology and pathogenic development remain elusive, varying degrees of the interplay between genomic predispositions, environmental factors, and aging seem to underlie dopaminergic degeneration [1] and all converge into a dysfunctional proteostasis network, perturbed mitochondrial function, and dysregulated calcium fluxes [2–4].

The buffering capacity and integrity of all these processes lie in the homeostasis of the endoplasmic reticulum (ER) [5–7]. The ER is a dynamic membrane system that extends from the soma to the entire dendrite arbor, including some dendritic spines, and the axon of the neuron [8] that, in a dynamic cross-talk with most intercellular organelles via membrane contact sites, provides the major platform for autophagosome [9, 10] and mitochondrial biogenesis [11, 12]. The ER is additionally the fundamental sub-cellular compartment for protein synthesis and quality control of approximately one-third of the total proteome, including all plasma membrane channels and receptors important for synaptic function [6, 13]. It also is the major calcium storage depot in the cell [14]. Calcium release from the ER mediates neurotransmitter exocytosis at the pre-synapse whilst potentiating gene transcription and modulating membrane excitability and dendritic spine structure for post-synaptic plasticity [14–16]. Upon release, the sarcoplasmic/ER calcium ATPase (SERCA) channel buffers calcium reuptake from the cytosol into the ER to replenish the local calcium stores [14].

As such, a potential depletion of ER calcium stores will preclude the functionality of local molecular chaperones that closely monitor and assist folding, maturation, and the delivery of secretory and membrane proteins. The former results in a rise of the unfolded or misfolded protein load within the organelle lumen, a cellular state defined as ER stress [13]. In turn, the cell activates an adaptive signaling network, known as the

unfolded protein response (UPR). The prototypic UPR engages the three ER-resident transmembrane stress transducers—the protein kinase RNA-like ER kinase (PERK), activating transcription factor 6 (ATF6), and inositol-requiring enzyme 1 (Ire1), which initially attenuate global protein synthesis, potentiate the transcription of chaperone proteins, and degrade the abnormal protein load through the proteasome (ER-associated degradation) and lysosome-mediated autophagy to safeguard proteostasis [5, 13]. ER stress further stimulates an early increase in mitochondrial respiration that depends crucially upon intraorganellar coupling and calcium transfer and establishes the bioenergetic sources required for the adaptation to this response [17]. However, upon stress chronicity, the UPR adapts its dynamics and shifts cell fate towards apoptosis through diverse but often overlapping mechanisms, including autophagy fail, bioenergetic crisis, the transcription of CAAT/enhancer-binding protein (C/EBP) homologous protein (Chop), caspase activation, and aberrant expression and activity patterns of Bcl-2 family members along with their mediators [5, 13].

It is therefore intuitive that therapeutic interventions which mitigate the UPR towards a balance between protein generation and degradation and promote homeostasis along the ER/mitochondrial axis may benefit the clinical outcome of neurodegenerative disorders [5, 6]. With this regard, the present study addresses the restorative effects of the GLP-1 analog Liraglutide and the dual GLP-1/GIP incretin analog DA-CH3 in dopaminergic-like neurons. Glucagon-like peptide (GLP-1) is a hormone and growth factor that has been shown to exert neuroprotective effects in preclinical and clinical studies [18–20]. Exenatide is a GLP-1 mimetic that has shown good neuroprotective effects in patients with PD, and a phase 3 trial is currently ongoing [21, 22]. A phase 2 clinical trial testing the GLP-1 analogue Liraglutide has shown similar protective effects [23], and further trials testing other GLP-1 mimetics are ongoing [18]. In addition, a phase 2 clinical trial testing Liraglutide in Alzheimer's disease (AD) patients showed improvements in memory and cognition [24]. These first clinical results demonstrate that this novel approach is effective and viable, but more information on the underlying mechanisms of action is needed. GIP is glucose-dependent insulinotropic polypeptide, the sister incretin hormone of GLP-1 that previously showed good neuroprotective effects on its own [25].

More specifically, we employed the human embryonic neuronal precursor LUHMES cells to obtain post-mitotic dopaminergic-like neurons and assessed the pharmacological effects of Liraglutide and dual incretin analog DA—CH3 in a) mitochondrial function and cell bioenergetics, b) UPR and autophagy, c) synaptic damage, and d) cytotoxicity under conditions of persistent ER stress. Herein, we provoked ER stress and UPR by lowering the ER calcium levels by the irreversible SERCA inhibitor, thapsigargin. The stressor was chosen not only based on the well-documented role of calcium dynamics in neuronal physiology and disease [4, 14]. Most notably, it was selected, considering the fundamental role of the SERCA channel in maintaining the required steep calcium gradients within the different neuronal intracellular compartments (resting cytosolic calcium concentration: nanomolar range *vs.* calcium concentration in the ER: millimolar range) and its pathognomonic implication in the  $\alpha$ -synuclein aggregation [4, 26]. Although, we have previously established that the activation of GLP-1 receptor can resolve UPR and mitigate the downstream apoptotic signals in the human neuroblastoma SH-SY5Y cells [27], the proliferating and cancerous nature of these cells pose concerns on the data extrapolation in post-mitotic neurons. Furthermore, we have previously reported the neurorestorative effects of the dual incretin DA—CHE in aberrant cognitive functioning and proteostasis of the APP<sub>SWE</sub>/PS1 $\Delta$ E9 mouse model of AD [28]. Nevertheless, intraspecies difference should be considered in the data translation to clinic. Therefore, this study comes to fill all these gaps and deepen our understanding of incretin-driven neuroprotection in human disease.

## MATERIALS AND METHODS

### Materials

The Cell proliferation kit II (2,3-Bis-(2-methoxy-4-nitro-5-sulphophenyl)-2H-tetrazolium-5-carboxanilide (XTT)) and Cytotoxicity Detection Kit<sup>PLUS</sup> (lactate dehydrogenase (LDH)) were purchased from Roche Diagnostics Ltd (West Sussex, UK). Agilent Seahorse XF Glycolytic Rate Assay (103344-100) and Cell Mito Stress Test (103015-100) kits, Seahorse XF24 cell culture microplates, and the corresponding Seahorse XF assay media and calibrant solution were acquired from Agilent Technologies AG (Basel-Stadt, Switzerland). Bovine

serum albumin (BSA), tris buffered saline (TBS; pH 8.0) supplemented or not with 0.05% Tween 2<sup>®</sup>, phosphate buffered saline (PBS; pH 7.4), fibronectin from human plasma (0.1%), poly-L-ornithine solution (MW=30,000–70,000; 0.1 mg mL<sup>-1</sup>), N<sup>6</sup> 2'-O-Dibutyl cAMP (adenosine-3',5'-cyclic monophosphate) sodium salt, tetracycline hydrochloride (BioReagent, suitable for cell culture), dimethyl sulfoxide (DMSO; anhydrous,  $\geq 99.9\%$ ), and para-formaldehyde were obtained from Sigma-Aldrich Corporation (Dorset, UK). Human recombinant glial-derived neurotrophic factor (GDNF) was obtained from R&D Systems (Bio-Techne Ltd, Oxfordshire, UK). Quick Start<sup>™</sup> Bradford protein assay kit was obtained from BIO-RAD Laboratories Ltd (Hertfordshire, UK). MitoBiogenesis<sup>™</sup> In-Cell ELISA Kit (Colorimetric; ab110217), JC-1 – Mitochondrial Membrane Potential Assay Kit (ab113850), and normal goat serum were purchased from Abcam (Cambridgeshire, UK). VECTASHIELD antifade mounting medium with DAPI were purchased from Vector Laboratories Ltd (Cambridgeshire, UK). Other materials and reagents for cell culture, western blotting, and immunocytochemistry were obtained from Fisher Scientific UK Ltd (Leicestershire, UK), unless otherwise stated.

### Cell culture

The Lund human mesencephalic (LUHMES) cell line is a sub-clone of the tetracycline-controlled, v-myc-over-expressing fetal human mesencephalic-derived cell line MESC2.10, established and characterized at Lund University (Lund, Sweden) [18, 19]. The LUHMES cell line (ATCC<sup>®</sup> CRL-2927<sup>™</sup>, RRID: CVCL\_B056) was obtained from LGC Standards. Proliferating LUHMES cells were cultured in Advanced DMEM / F-12 supplemented with 1X Glutamax<sup>™</sup>, 1X N-2 supplement, and 40 ng mL<sup>-1</sup> basic recombinant human fibroblast growth factor (bFGF) (hereinafter referred to as complete growth medium) in culture vessels, which were sequentially pre-coated with 50  $\mu$ g mL<sup>-1</sup> poly-L-ornithine and 1 g mL<sup>-1</sup> fibronectin to promote cell attachment. Cells were maintained at 37°C in a humidified incubator with 5% CO<sub>2</sub> and 95% air. Culture medium was renewed every 1 to 2 days.

### Coating procedure for culture vessels

Nunc<sup>™</sup> Cell Culture Treated EasY Flasks, Nunc<sup>™</sup> MicroWell<sup>™</sup> flat-bottomed 96-well plates, Seahorse XF24 cell culture microplates, and Millicell EZ

SLIDE eight-well glass chamber slides were pre-coated overnight with  $50 \mu\text{g mL}^{-1}$  poly-L-ornithine at room temperature. Following the removal of the poly-L-ornithine solution, the culture vessels were rinsed three times with Gibco® Water for Injection for Cell Culture and allowed to air-dry uncapped in a biological safety cabinet. Subsequently, the culture vessels were coated with  $1 \text{ g mL}^{-1}$  fibronectin for 3 h at  $37^\circ\text{C}$ . Fibronectin solution was then removed, and all the vessels were rinsed three times with Gibco® Water for Injection for Cell Culture and allowed to air-dry uncapped in a biological safety cabinet. When dry, the culture vessels were filled with the appropriate culture medium and placed for at least 30 min in the incubator to allow the medium to reach its normal pH (7.0–7.4) and avoid excessive alkalinity of medium during cell handling procedures. Alternatively, they were sealed and stored under aseptic conditions in  $4^\circ\text{C}$  for up to a week. Poly-L-ornithine and fibronectin were diluted at the required concentration in Gibco® Water for Injection for Cell Culture and Hank's balanced salt solution (HBSS), respectively, immediately before used.

#### *Sub-culturing procedure*

Proliferating LUHMES cells were sub-cultured when 70–80% confluent and grown up to passage 10 to avoid senescence and loss of pluripotency. Initially, the spent culture medium was discarded and the cell monolayer was gently rinsed with Dulbecco's phosphate-buffered saline (DPBS) that was formulated without calcium and magnesium. Subsequently, the cell monolayer was incubated with the TrypLE™ Select CTS™ dissociation reagent at  $37^\circ\text{C}$  for ~5 min. Cells were collected by centrifugation at  $200 \times g$  for 7 min and suspended in complete growth medium for the cell line. Viable cells were counted and seeded at the desired cell density for the differentiation procedure using the Countess™ Automated Cell Counter. Alternatively, proliferating LUHMES cells were seeded at 1:10 ratio.

#### *Differentiation procedure*

Differentiation procedure was conducted as previously described [20]. Briefly,  $1 \times 10^7$  proliferating LUHMES cells were seeded into pre-coated T175 Nunc™ Cell Culture Treated EasY Flasks in the appropriate complete growth medium. Twenty-four hours post seeding, spent medium was discarded and replaced with the differentiation medium that defines day 0 (d0) of the differentiation procedure. Differentiation medium consisted of Advanced DMEM/F12

medium supplemented with 1X Glutamax™, 1X N-2 supplement,  $2 \text{ ng mL}^{-1}$  human recombinant GDNF,  $1 \text{ mM N}^6$  2'-O-Dibutyryl cAMP sodium salt, and  $1 \mu\text{g mL}^{-1}$  tetracycline hydrochloride. At d2, pre-differentiated LUHMES cells were sub-cultured at the density of  $2 \times 10^5$  cells  $\text{mL}^{-1}$  into the corresponding culture vessels for each assay. Differentiation process continued for additional 3 to 4 days to allow cells to morphologically and biochemically mature into post-mitotic neurons. Differentiation medium was changed at d4 of the differentiation procedure.

#### *Cell treatments*

All agents for cell treatment were handled as previously described [27, 28] and introduced to neurons at d 6 of the differentiation, at least in triplicate per assay per experiment.

Thapsigargin is a naturally occurring sesquiterpene lactone that selectively inhibits SERCA, triggering a transient increase in the cytosolic calcium and depleting ER calcium stores [29]. It was reconstituted in 100% DMSO at a stock concentration of 1 mM, aliquoted and stored at  $-20^\circ\text{C}$  until used. For the experiments, thapsigargin stock preparations were serially diluted in differentiation medium at final working concentrations of 100 nM, containing 0.01% DMSO; DMSO concentration up to 0.33% has no impact on LUHMES cell viability and neurite outgrowth [24]. Neurons were incubated with thapsigargin for 16 h for all the assays. The scheme of thapsigargin cell treatment (concentration and incubation) was chosen based on our previously published data in human neuroblastoma SH-SY5Y cell line [27].

The incretin mimetics were purchased from China Peptides Co., Ltd and Biochem Ltd (Shanghai, China). The purity of the peptides was analyzed by reverse-phase high performance liquid chromatography (HPLC) and characterized using matrix-assisted laser desorption/ionization time-of-flight (MALDI-TOF) mass spectrometry. The purity of the peptides tested was  $\geq 96\%$  in accord with the manufacturers' reports. The amino acid sequences of the peptides tested herein are described in Table 1. The peptides were maintained in powdered, desiccated form at  $-80^\circ\text{C}$  and reconstituted in Gibco® Water for Injection for Cell Culture to a concentration of  $1 \text{ mg mL}^{-1}$ , aliquoted and stored at  $-20^\circ\text{C}$  until used. For the experiments, Liraglutide and GLP-1/GIP Dual Agonist stock preparations were diluted in differentiation medium to a final work-

Table 1

Amino acid sequence and molecular weight (MW) of the incretin mimetics used in the current study

Name	Amino acid sequence	MW (Da)	Reference
Liraglutide	HAEGTFTSDVSSYLEGQAA [Lys- $\gamma$ E-C16 acyl] EFWLVRGRG-OH	3751.26	[22]
GLP-1/GIP Dual Agonist	YXEGTFTSDYSIYLDKQAA <del>X</del> EFV NWLLAGGPSSGAPPPS-NH2	4234.63	[23]

Wherein the sequences, the “X” symbol stands for aminoisobutyric acid.

ing concentration of 100 nM. The concentration was selected on the basis of previous experiments in which our group has established optimal working concentrations for the neuroprotective and anti-apoptotic effects of incretin mimetics [27].

#### Assessment of neuronal cell viability

Sixteen hours post-treatment initiation, we quantified neuronal cell viability with the Cell proliferation kit II (XTT) and Cytotoxicity Detection Kit<sup>PLUS</sup> (LDH), as per our previously published methodology [21, 25, 26].

#### Assessment of neuronal bioenergetics

Extracellular flux (XF) analysis was employed for the real-time quantification of mitochondrial respiration and glycolysis in live neurons. Specifically, we determined the oxygen consumption rate (OCR) owing to ATP turnover, proton leak and maximal respiratory capacity and the proton efflux rate (PER) from glycolytic and mitochondrial-derived acidification with the Agilent Seahorse XF Cell Mito Stress Test kit and Agilent Seahorse XF Glycolytic Rate Assay kit, respectively. Both assays were formatted into pre-coated Seahorse XF24 cell-culture microplates and performed as previously described [30, 31].

#### Assessment of mitochondrial membrane potential ( $\Delta\Psi_m$ )

We assessed  $\Delta\Psi_m$  with the 5,5',6,6'-Tetrachloro-1,1',3,3'-tetraethyl-benzimidazolylcarbocyanine iodide (JC-1). JC-1 is a lipophilic, cationic dye that naturally exists in monomers and fluoresces in the green spectrum. JC-1 typically enters and accumulates into the energized and negatively-charged mitochondria and there, in a concentration-dependent manner, forms reversible complexes (aggregates) that emit signal at the red spectrum. However, under unhealthy conditions during which mitochondria feature an increased permeability and

the loss of electrochemical potential, JC-1 does not reach the sufficient concentration for the formation of aggregates and thus retains its original green-fluorescent monomeric form. The ratio of the red-to-green fluorescence signal that reflects the ratio of the aggregated over the monomeric forms of JC-1 is an indicator of mitochondria polarization [32].

The assay was formatted into pre-coated Nunc<sup>TM</sup> MicroWell<sup>TM</sup> flat-bottomed black 96-well plates. Sixteen hours post-treatment initiation, neurons were washed once with pre-warmed 1X dilution buffer (kit provided) and incubated with 20  $\mu$ M JC-1 for 10 min at 37°C in a humidified incubator with 5% CO<sub>2</sub> and 95% air. Following JC-1 staining and two subsequent washes with pre-warmed 1X dilution buffer, microplates were read with Infinite<sup>®</sup> 200 PRO microplate reader at  $\lambda_{excitation} = 535$  nm and  $\lambda_{emission} = 590$  nm and at  $\lambda_{excitation} = 475$  nm and  $\lambda_{emission} = 530$  nm to monitor aggregated and monomer forms of the dye, respectively. Acquired fluorescent signal for each JC-1 form was initially normalized to the background and then used for calculating the ratio of aggregated to monomer JC-1. The latter was subsequently normalized to the corresponding (per condition) Janus Green cell normalization stain. Janus green dye (ab111622) was obtained by Abcam (Cambridgeshire, UK) and the staining was performed in accord to the manufacturer's protocol.

#### Assessment of mitochondrial biogenesis

In-cell colorimetric ELISA assay was employed for quantitative measurement of the protein expression ratio of the cytochrome c oxidase subunit I (COX1; mitochondrial DNA-encoded protein) to the succinate dehydrogenase (SDH-A; nuclear DNA-encoded protein) to monitor mitochondrial biogenesis. The assay was formatted into pre-coated Nunc<sup>TM</sup> MicroWell<sup>TM</sup> flat-bottomed transparent 96-well plates. Sixteen hours post-treatment initiation, neurons were fixed in 4% paraformaldehyde in 1X

PBS for 10 min at room temperature and subsequently washed thrice with 1X PBS. Endogenous alkaline phosphatase activity was blocked with a 5 min-incubation with 0.5% acetic acid and neurons were then permeabilized in 1% Triton-X-100 in 1X PBS for 30 min at room temperature with gentle agitation. After a two-hour blocking step, neurons were probed with the provided primary antibody cocktail overnight at 4°C with gentle agitation. The following day, neurons were briefly washed with PBS supplemented with 2% Tween®-20 and incubated with the provided AP/HRP-labelled secondary antibody solution for 1 h at room temperature with gentle agitation. AP and HRP development were respectively used for the kinetic detection of the protein levels of SDH-A and COX1 at 405 and 600 nm over a cycle of 15 min with an inter-measurement interval time of ~60 s.

#### *Immunocytochemistry*

Immunocytochemical experiments were formatted into pre-coated Millicell EZ SLIDE eight-well glass chamber slides. Sixteen hours post-treatment initiation, neurons were fixed, permeabilized and stained for Nrf2 in accord to the previously described protocol [27].

#### *Protein extraction and immunoassays*

Sixteen hours post-treatment initiation, neurons were washed twice with ice-cold 1X PBS and harvested in 1X PathScan® Sandwich ELISA cell lysis buffer supplemented with protease/phosphatase inhibitor cocktail (1X). After two freeze/thaw cycles, the whole-cell lysate was collected and sonicated for 1 min (5 s ON/5 s OFF – 6 cycles). The total protein was extracted by centrifugation at ~16000×g at 4°C for 15 min. The Quick start™ Bradford protein assay was conducted to estimate the protein concentration of the samples. Protein samples of whole-cell lysate were aliquoted and stored at –80°C till processed for western blotting and PathScan® Intracellular Signaling ELISA Array (#14471, Cell Signaling Technology, Greater London, UK). Both immunoassays were conducted in accord to our previously published methodology [27]. The primary antibodies used in the western blotting experiments are summarized in Supplementary Table 1. The inter-cellular signaling targets of the array are listed in Supplementary Figure 1.

#### *Statistics*

All the results were expressed as mean ± standard error (SEM) of five independent experiments. Assumption of normality was examined with D'Agostino-Pearson's K-squared and Shapiro-Wilk tests. Differences among means were considered significant if  $p \leq 0.05$ . Data processed with two-way ANOVA analysis, followed by *post-hoc* Bonferroni's multiple-comparison *t*-tests to identify differences among experimental groups and effects of incretin treatments under control and ER-stressed conditions. We employed repeated-measures three-way ANOVA, followed by *post-hoc* Bonferroni's multiple-comparison *t*-tests, to analyze the effects of each incretin in the mitochondrial biogenesis under control and ER-stressed conditions over time. Statistical calculations were performed in GraphPad Prism 8 (GraphPad Software Inc., San Diego, USA) for Mac OS X software.

#### *Research ethics statement*

No ethical approval was required for the present study. All experiments, image acquisition, and cell treatments were performed in a blinded fashion.

## **RESULTS**

### *The GLP-1/GIP dual agonist maximizes the incretin-derived benefit on attenuating the neuronal UPR upon chronic ER stress*

We initially quantified the expression of transducers, mediators of the UPR by western blotting, as shown in Fig. 1. Chronic thapsigargin treatment potentiates a two-fold increase in the ER-stress sensor BiP and almost halves the protein levels of the full-length (90 kDa) UPR transducer ATF6 that may signify its truncation and downstream activation [33]. It additionally precludes the engagement of Ire1 $\alpha$  kinase of the UPR, evident by the one-fold decrease in the expression levels of the activating phosphorylation at the serine 724 residue (Ser724) over the total protein levels. Furthermore, neurons stressed with thapsigargin overnight featured a significantly decreased expression of the chaperones calnexin and protein disulfide isomerase (PDI), while the ER oxidoreductase 1 $\alpha$  (ERO1-L $\alpha$ ) is upregulated. These findings indicate a perturbation of the oxidative folding machinery for protein quality control within the ER lumen. Also, thapsigargin-treated neurons display

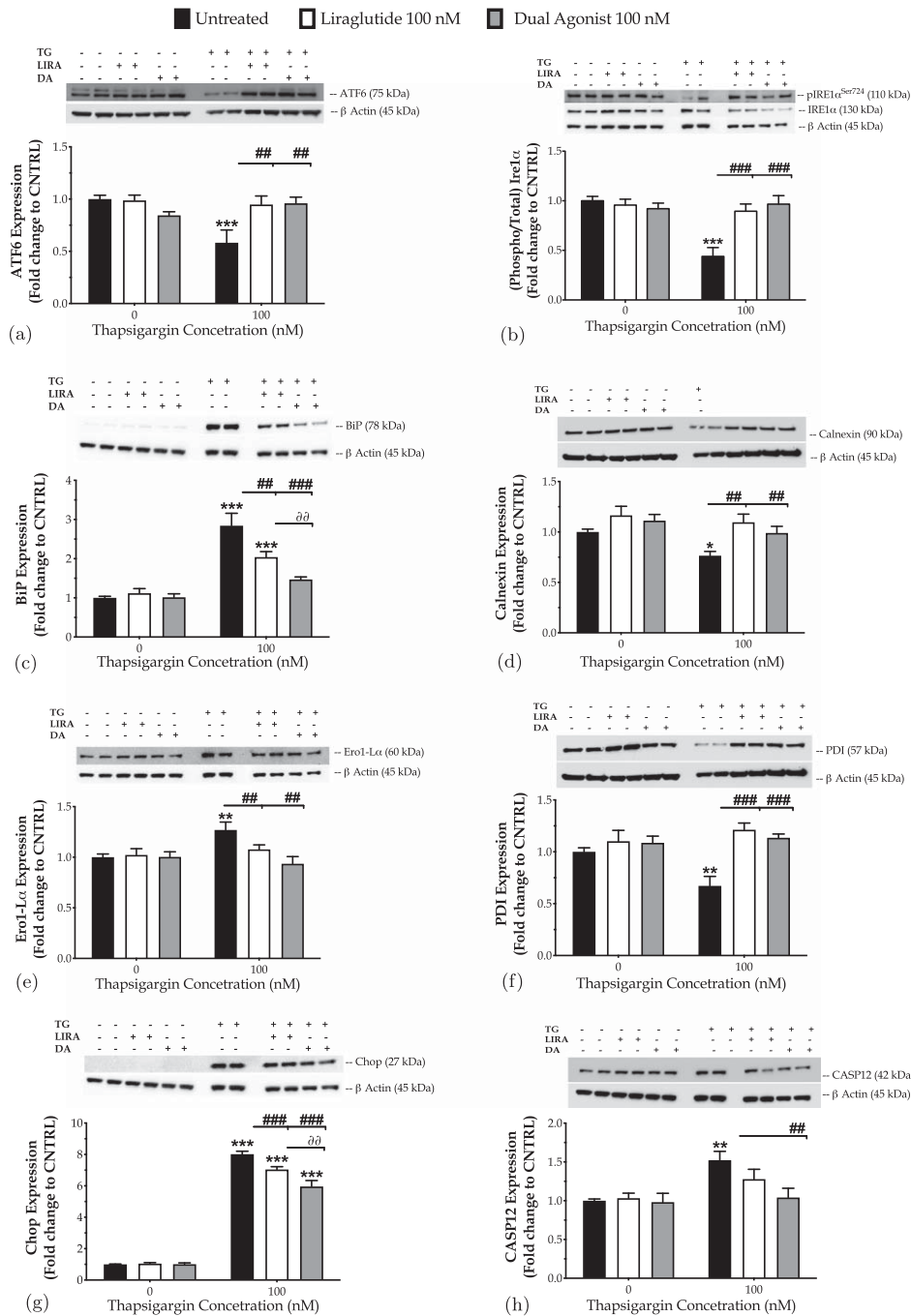


Fig. 1. Liraglutide (LIRA) and the GLP-1/GIP dual agonist (DA) both attenuate the neuronal unfolded protein response (UPR) and restore folding capacity within the endoplasmic reticulum (ER) lumen, with the dual activation of the GLP-1 and GIP receptors superiorly restoring the expression of apoptotic UPR mediators. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUHMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. Neurons were then harvested, and the expression of (i) the UPR transducers – ATF6 (a) and phosphorylated to total Ire1 $\alpha$  (b), (ii) the local chaperones BiP (c), calnexin (d), Ero1-L $\alpha$  (e), and (iii) of the UPR mediators for apoptotic signaling – Chop (g) and caspase 12 (CASP12) (h) were determined by western blotting.  $\beta$ -Actin served as the loading control to our quantitative analyses. Each bar represents the mean  $\pm$  SEM from five independent experiments. Loading controls for b and e, and for c, g, and h are the same. Data are expressed as fold change to the control (CNTL; unstressed/untreated conditions) and analyzed by two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \* $p \leq 0.05$ , \*\* $p \leq 0.01$  & \*\*\* $p \leq 0.001$  compared to CNTL, ## $p \leq 0.01$  & ### $p \leq 0.001$  compared to the TG-stressed neurons;  $\partial\partial p \leq 0.01$  compared to the Liraglutide-treated, TG-stressed neurons.

a seven-fold rise in the levels of the transcription factor Chop that is accompanied by an upregulation of the active fragment at 42-kDa of caspase12 (CASP12); these biochemical footprints altogether signal for the engagement of the apoptotic phase of the neuronal UPR [2, 3, 5, 13].

Next, we addressed the pharmacological effects of the GLP-1 in the amelioration/resolution of the ER stress. Two-way ANOVA demonstrates significant interactions between Liraglutide and thapsigargin on the protein levels of ATF6 ( $F_{(1,28)} = 5.64, p = 0.0247$ ), the phosphorylated at Ser724 over the total Ire1 $\alpha$  ( $F_{(1,28)} = 13.38, p = 0.0010$ ), and BiP ( $F_{(1,28)} = 6.21, p = 0.0189$ ). Liraglutide co-treatment restores the downregulated expression of full-length ATF6 and activity of Ire1 $\alpha$ , as illustrated in Fig. 1a and 1b. It significantly ameliorates the abnormal BiP levels (*post-hoc*;  $p \leq 0.01$ ) of the ER-stressed neurons (Fig. 1c). It further normalizes the aberrant expression of calnexin (Fig. 1d), Ero1-L $\alpha$  (Fig. 1e), and PDI (Fig. 1f) to favor folding processes within the organelle lumen. These findings are accompanied by a significant drop in the expression levels of Chop (two-way ANOVA interaction:  $F_{(1,28)} = 14.19, p = 0.0008$ ) (Fig. 1g). However, the expression of the active fragment of CASP12 remains unaffected following Liraglutide co-treatment, though a trend of decrease is prominent in Fig. 1h.

Similarly, the dual agonist reinstates homeostasis for the UPR effectors (two-way ANOVA interaction of dual agonist  $\times$  thapsigargin: BiP,  $F_{(1,28)} = 16.80, p = 0.0003$ ; ATF6,  $F_{(1,28)} = 13.66, p = 0.0009$ ; Ire1 $\alpha$ ,  $F_{(1,28)} = 18.12, p = 0.0002$ ) and molecular chaperones for protein quality control (two-way ANOVA interaction of dual agonist  $\times$  thapsigargin: calnexin,  $F_{(1,28)} = 10.66, p = 0.0029$ ; Ero1-L $\alpha$ ,  $F_{(1,28)} = 7.70, p = 0.0097$ ; PDI,  $F_{(1,28)} = 9.28, p = 0.0050$ ) upon chronic thapsigargin co-treatment (Fig. 1). The dual stimulation of GLP-1 and GIP receptors becomes notably essential for the resolution of the UPR, evident by the BiP normalization (Fig. 1c) in the ER-stressed neurons, when compared to the single GLP-1 activation (two-way ANOVA interaction of the GIP receptor co-stimulation  $\times$  thapsigargin:  $F_{(1,28)} = 4.798, p = 0.0370$ ; *post hoc*,  $p < 0.01$ ). It is additionally more critical for mitigating UPR apoptotic signals in neurons; the dual incretin produces a more considerable amelioration of the ectopic Chop expression (Fig. 1g) when compared to Liraglutide (two-way ANOVA interaction of GIP receptor co-stimulation  $\times$  thapsigargin:  $F_{(1,28)} = 5.732, p = 0.0236$ ). It also brings back to con-

trol levels the expression of the cleaved caspase 12 (Fig. 1h).

#### *GLP-1/GIP dual agonist balances the aberrant bioenergetics and mitochondrial function to the maximum*

Chronic ER stress with thapsigargin or tunicamycin has been reported to generate a slow, though persistent, calcium flux into the mitochondria that provokes the aberrant membrane permeabilization of the organelle [34]. The latter perturbs the electrochemical gradient for  $\Delta\Psi_m$  that orchestrates the respiratory rate, ATP synthesis and formation of reactive oxygen species, and thus can potentiate a bioenergetic crisis and mitochondrial dysfunction [35]. As evident in our findings too, persistent ER stress with thapsigargin specifically dissipates the basal and maximal OCR that signals for mitochondrial respiration arrest and renders the neurons incapable and inflexible to meet their energy demands both under baseline and metabolically-challenging conditions (Fig. 2). It decreases by 6-fold the basal and compensatory glycolysis, signifying a shutdown of the anaerobic bioenergetic function, as well (Fig. 3). At the same time, it induces a four-times rise in the ratio of the aggregated over the monomer forms of JC1 (Fig. 4a), indicating an exacerbation of the negative charge within the mitochondrial lumen.

Liraglutide co-treatment significantly ameliorates the suppressed basal respiration (two-way ANOVA interaction:  $F_{(1,11)} = 15.38, p = 0.0024$ ), maximal respiration (two-way ANOVA interaction:  $F_{(1,11)} = 5.497, p = 0.0389$ ) and spare respiratory capacity (two-way ANOVA interaction:  $F_{(1,11)} = 3.55, p = 0.05$ ) in chronically thapsigargin-stress neurons (Fig. 2a, b). It attenuates the reduced basal glycolytic rate (two-way ANOVA main effect:  $F_{(1,11)} = 9.33, p = 0.011$ ), basal PER (two-way ANOVA main effect:  $F_{(1,11)} = 8.36, p = 0.015$ ), and compensatory glycolytic rate (two-way ANOVA main effect:  $F_{(1,11)} = 10.24, p = 0.0085$ ) (Fig. 3). The latter parallels the fold decrease in the aggregated-over-monomer JC1 ratio, as respectively shown in Fig. 4a, that suggests an amelioration of the perturbed mitochondrial polarization.

The dual incretin similarly re-initiates the arrested oxidative phosphorylation (two-way ANOVA interaction of dual agonist  $\times$  thapsigargin: basal OCR,  $F_{(1,12)} = 10.18, p = 0.0078$ ; maximal OCR,  $F_{(1,12)} = 8.045, p = 0.0150$ ; spare OCR,  $F_{(1,12)} = 5.552, p = 0.0363$ ) (Fig. 2) and gly-



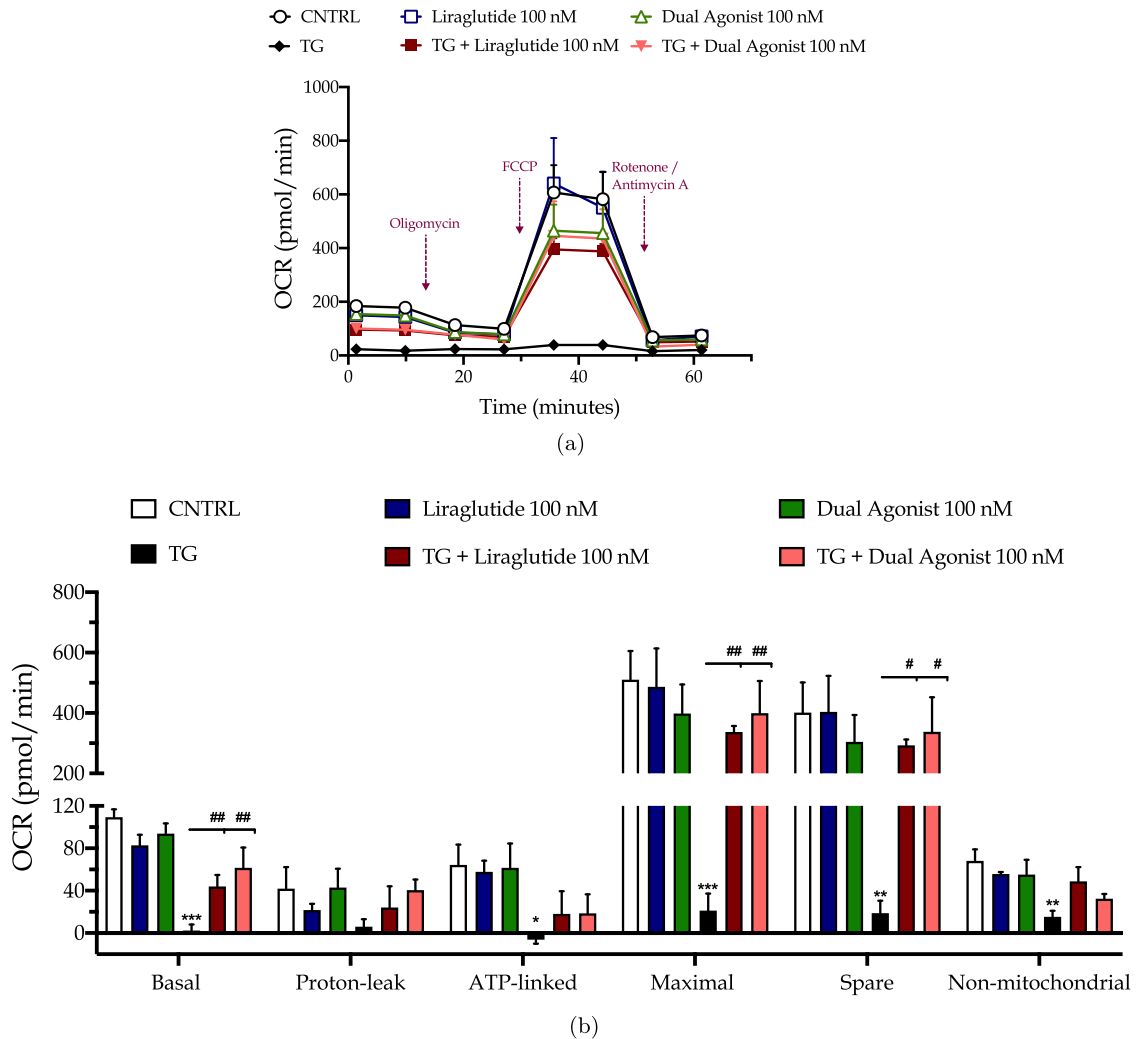


Fig. 2. Liraglutide and the GLP-1/GIP dual agonist restore the arrested oxidative phosphorylation in neurons subjected to persistent ER stress. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUHMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. We then monitored the oxygen consumption rate (OCR) over the sequential injection of oligomycin (1  $\mu$ M; ATP synthase inhibitor), FCCP (1.5  $\mu$ M; mitochondrial uncoupler) and of Rotenone + Antimycin A (0.5  $\mu$ M; complex I and III inhibitors) with the Seahorse XFe24 Extracellular Flux Analyzer, as illustrated in the representative profile for neuronal mitochondrial respiration (a). Basal, ATP-linked, proton-leak, maximal and non-mitochondrial OCR were subsequently quantified and illustrated as bar graphs (b). Each point and bar represent the mean  $\pm$  SEM from five independent experiments. Data are processed with two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \* $p \leq 0.05$ , \*\* $p \leq 0.01$  & \*\*\* $p \leq 0.001$  compared to the control (CNTRL; unstressed/untreated conditions); # $p \leq 0.05$  & ## $p \leq 0.01$  compared to the TG-stressed neurons.

colysis (two-way ANOVA main effect: basal glycolysis,  $F_{(1,11)} = 10.83$ ,  $p = 0.0072$ ; basal PER,  $F_{(1,11)} = 19.47$ ,  $p = 0.001$ ; compensatory glycolysis,  $F_{(1,11)} = 12.52$ ,  $p = 0.0046$ ) (Fig. 3) in the thapsigargin-treated neurons. At the same time, it reduces by more than half the ratio of the aggregated to the monomeric forms of JC1, corresponding to an approximate normalization of the values. Notably, the co-stimulation of GLP-1 and GIP receptors maximizes the beneficial effect of the incretin treatment

for the regulation of the  $\Delta\Psi_m$  under conditions of persistent ER stress (two-way ANOVA interaction:  $F_{(1,86)} = 9.931$ ,  $p = 0.0022$ ), as illustrated in Fig. 4a, which may further underlie the trend of the superior effect in oxidative metabolism and anaerobic cycling of glucose, as noted in Figs. 2b and 3b.

Mechanistically, the homeostasis of the mitochondrial membrane permeabilization is crucial for cell fate, functional fidelity of the electron transport chain for mitochondrial respiration, and the import

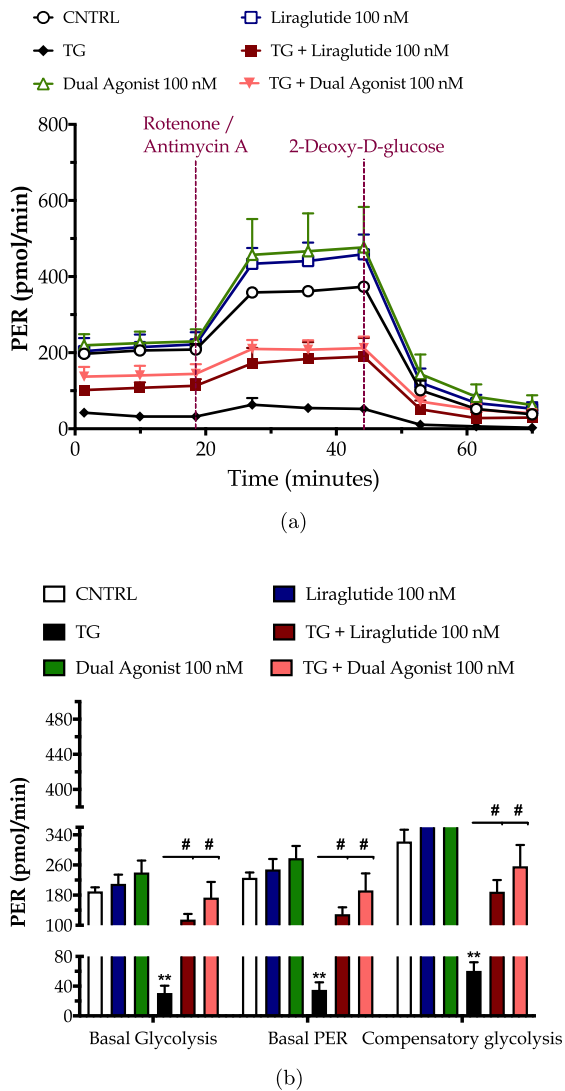


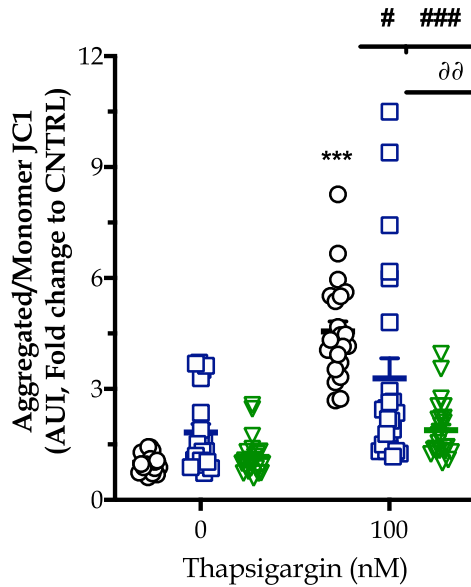
Fig. 3. Incretin co-treatments re-balance the suppressed neuronal glycolysis under conditions of persistent ER stress. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUHMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. We then quantified the proton efflux rate (PER) over the sequential injection of Rotenone + Antimycin A (to compel the cells to rely on glycolysis for ATP production) and 2-deoxy-D-glucose (20 mM; to inhibit the glycolytic ATP production) with the Seahorse XFe24 Extracellular Flux Analyzer, as illustrated in the representative profile (a). Basal glycolysis, basal PER, and compensatory glycolysis were subsequently calculated and illustrated as bar graphs (b). Each point and bar represent the mean  $\pm$  SEM from five independent experiments. Data are processed with two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \*\* $p \leq 0.01$  compared to the control (CNTRL; unstressed/untreated conditions); # $p \leq 0.05$  compared to the TG-stressed neurons.

of metabolites in the mitochondrial lumen. All these functions integrate into the availability and activation patterns of selected Bcl-2-family members, such as Bcl-2, BAD, and BID [36, 37]. With these regards, we have next quantified functional phosphorylation of Bcl-2 at the serine 70 [34] residue and the expression of the full-length BID by western blotting (Fig. 4b, c). Chronic ER stress with thapsigargin halves the expression levels of the phosphorylated and total Bcl-2 that signal for a notable inhibition of this protein. It further downregulates the expression of full-length BID by 70%, indicative of its truncation into the active pro-apoptotic form [35]. ELISA-based protein microarray additionally revealed that persistent SERCA favors the de-phosphorylation of BAD (Fig. 8d) that, in turn, can bind and inhibit the pro-survival molecules Bcl<sub>L</sub>, Bcl-2, and Bcl<sub>W</sub> [36, 37].

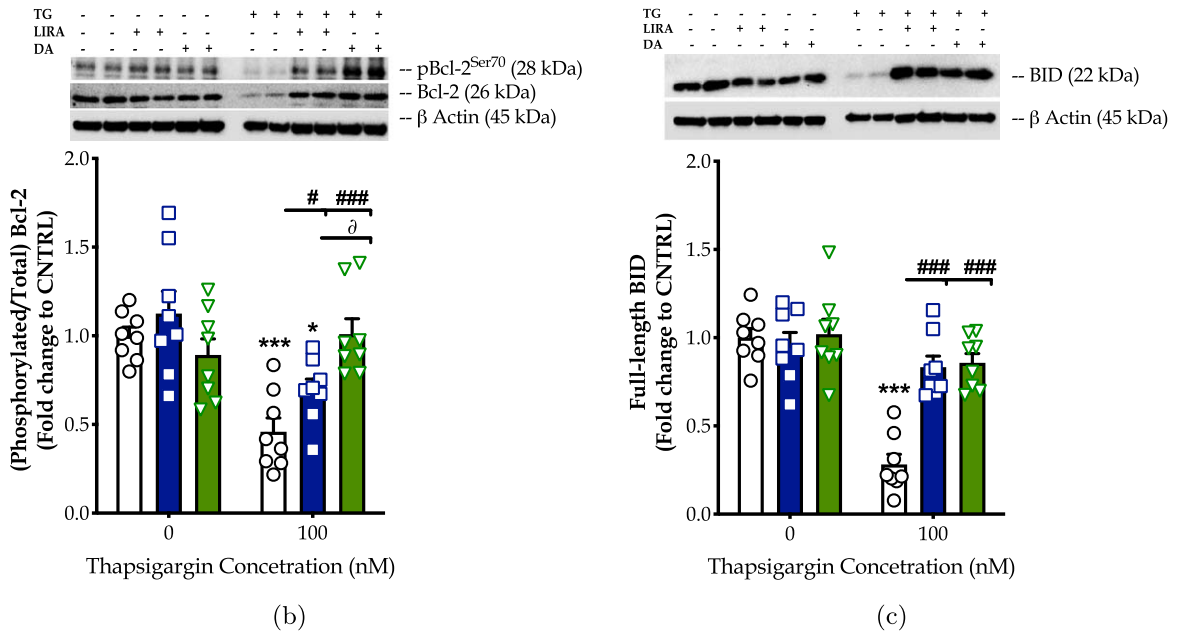
Liraglutide co-treatment ameliorates the aberrant inhibition of Bcl-2 under conditions of irreversible ER stress (two-way ANOVA interaction:  $F_{(1,28)} = 4.573$ ,  $p = 0.0413$ ). The GLP-1/GIP dual agonist maximizes the beneficial effect of incretin co-treatment on the function and availability of this Bcl-2-family member for survival signaling and oxidative phosphorylation (two-way ANOVA interaction of dual agonist  $\times$  thapsigargin:  $F_{(1,28)} = 17.93$ ,  $p = 0.0002$ ; two-way ANOVA interaction of GIP-receptor co-stimulation  $\times$  thapsigargin vs. GLP-1 mono-stimulation:  $F_{(1,28)} = 8.498$ ,  $p = 0.0069$ ), as shown in Fig. 4b. Furthermore, incretin co-treatments normalize the suppressed expression of the full-length BID (two-way ANOVA interaction of Liraglutide  $\times$  thapsigargin:  $F_{(1,28)} = 23.50$ ,  $p < 0.0001$ ; two-way ANOVA interaction of dual agonist  $\times$  thapsigargin:  $F_{(1,28)} = 19.47$ ,  $p = 0.0001$ ), as illustrated in Fig. 4c. Incretin co-treatments additionally restore the aberrant phosphorylation of BAD at the serine 112 residue (two-way ANOVA interaction of Liraglutide  $\times$  thapsigargin:  $F_{(1,28)} = 15.98$ ,  $p = 0.0004$ ; two-way ANOVA interaction of dual agonist  $\times$  thapsigargin:  $F_{(1,28)} = 5.985$ ,  $p = 0.0210$ ) back to basal levels (Fig. 8d).

Next, we explored the hypothesis of whether the incretin-driven restoration of the mitochondrial respiration could have been partially attributed to the enhanced mitochondrial biogenesis under ER stress conditions. For this purpose, we quantified the expression ratio of the main subunit of complex IV, COX1 over the subunit A of respiratory complex II, SDH-A with a kinetic ELISA-based assay, as illustrated in Fig. 5a. We initially observed that the chronic thapsigargin treatment detrimentally affects chro-

○ Untreated □ Liraglutide 100 nM ▽ Dual Agonist 100 nM



(a)



(b)

(c)

Fig. 4. The GLP-1/GIP dual agonist maximizes the incretin-derived benefit on rescuing the hyperpolarization of the mitochondrial membrane upon chronic neuronal ER stress. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUHMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. We then probed the neurons with 20  $\mu$ M JC-1 for 10 min and monitored the fluorescence signal of the aggregated over the monomer form of the dye in a microplate reader. Fluorescent signal (in arbitrary units – AUI) has been normalized to the corresponding (per condition) cell density (Janus Green staining). Each bar represents the mean  $\pm$  SEM from five independent experiments. Data were processed with two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \*\*\* $p \leq 0.001$  compared to the control (CNTRL; unstressed/untreated conditions); # $p \leq 0.05$  & ### $p \leq 0.001$  compared to the TG-stressed neurons;  $\delta\delta p \leq 0.01$  compared to the Liraglutide-treated, TG-stressed neurons.

mophore development over time (three-way ANOVA interaction:  $F_{(13,975)} = 23.74, p < 0.0001$ ) and renders a decrease at the endpoint values of the ratio by 30% (Fig. 5b). This finding signifies suppressed mitochondrial biogenesis under conditions of persistent ER stress.

Incretin co-treatments significantly improve the signal development over time (three-way ANOVA interaction of time  $\times$  thapsigargin  $\times$  Liraglutide:  $F_{(13,975)} = 2.065,$

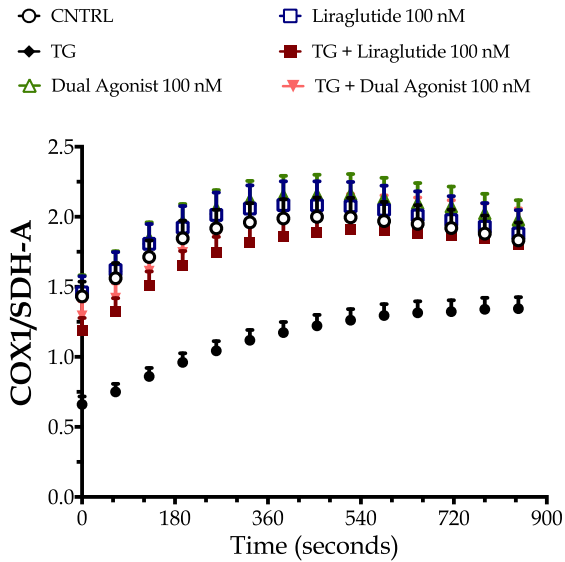
$p = 0.0140;$  time  $\times$  thapsigargin  $\times$  dual incretin:  $F_{(13,975)} = 4.151, p < 0.0001$ ) that corresponds to a normalization of the expression ratio of the mitochondrial over the nuclear DNA-encoded complex subunits, as shown in Fig. 5. Taken together, our findings pinpoint how beneficial is the engagement of GIP and/or GLP-1 receptors in maintaining metabolically-active neuronal cells in times of need.

*Incretin co-treatments mitigate the autophagy arrest.*

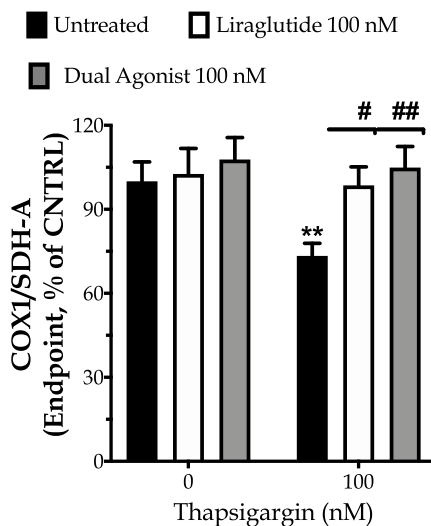
We have previously reported that the chronically persistent SERCA channel inhibition diminished the availability of components crucial for autophagosome formation and maturation and thus precluded macroautophagy (hereinafter called as autophagy) in the neuroblastoma SH-SY5Y [27] and hepatoma HepG2 [30] cell lines. Similarly, herein, we have observed that chronic thapsigargin treatment halves the neuronal expression of the autophagy-related (Atg) proteins beclin-1, Atg3, Atg7, and LC3B (Fig. 6) that sequentially regulate the initiation, elongation and maturation of the autophagosome [10].

Liraglutide co-treatment restores the suppressed expression of beclin-1 (two-way ANOVA interaction:  $F_{(1,28)} = 25.76, p \leq 0.001$ ), Atg3 (two-way ANOVA interaction:  $F_{(1,28)} = 19.69, p = 0.0001$ ), Atg7 (two-way ANOVA interaction:  $F_{(1,28)} = 28.21, p \leq 0.001$ ), and LC3 (two-way ANOVA interaction:  $F_{(1,28)} = 9.815, p = 0.004$ ), as illustrated in Fig. 6.

Similarly, the dual incretin normalizes the aberrant protein levels of beclin-1 (two-way ANOVA interaction:  $F_{(1,28)} = 25.68, p \leq 0.001$ ), Atg3 (two-



(a)



(b)

Fig. 5. (Continued)

Fig. 5. Liraglutide and the GLP-1/GIP dual agonist mitigate the impaired mitochondrial biogenesis following irreversible ER stress. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. Neurons were fixed with 4% paraformaldehyde and monitored for the protein expression ratio of the cytochrome c oxidase subunit I (COX1; mitochondrial DNA-encoded protein) to the succinate dehydrogenase (SDH-A; nuclear DNA-encoded protein) over a kinetic cycle of 15 min for signal development with a colorimetric ELISA assay (a). Endpoint measurements of the ratio are expressed as percentages of the control (CNTRL; untreated/unstressed conditions) and illustrated as a bar graph (b). Each point and bar represent the mean  $\pm$  SEM from five independent experiments. Data processed with two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \*\* $p \leq 0.01$  compared to the control (CNTRL; unstressed/unstressed conditions); #  $p \leq 0.05$  & ##  $p \leq 0.01$  compared to the TG-stressed neurons.

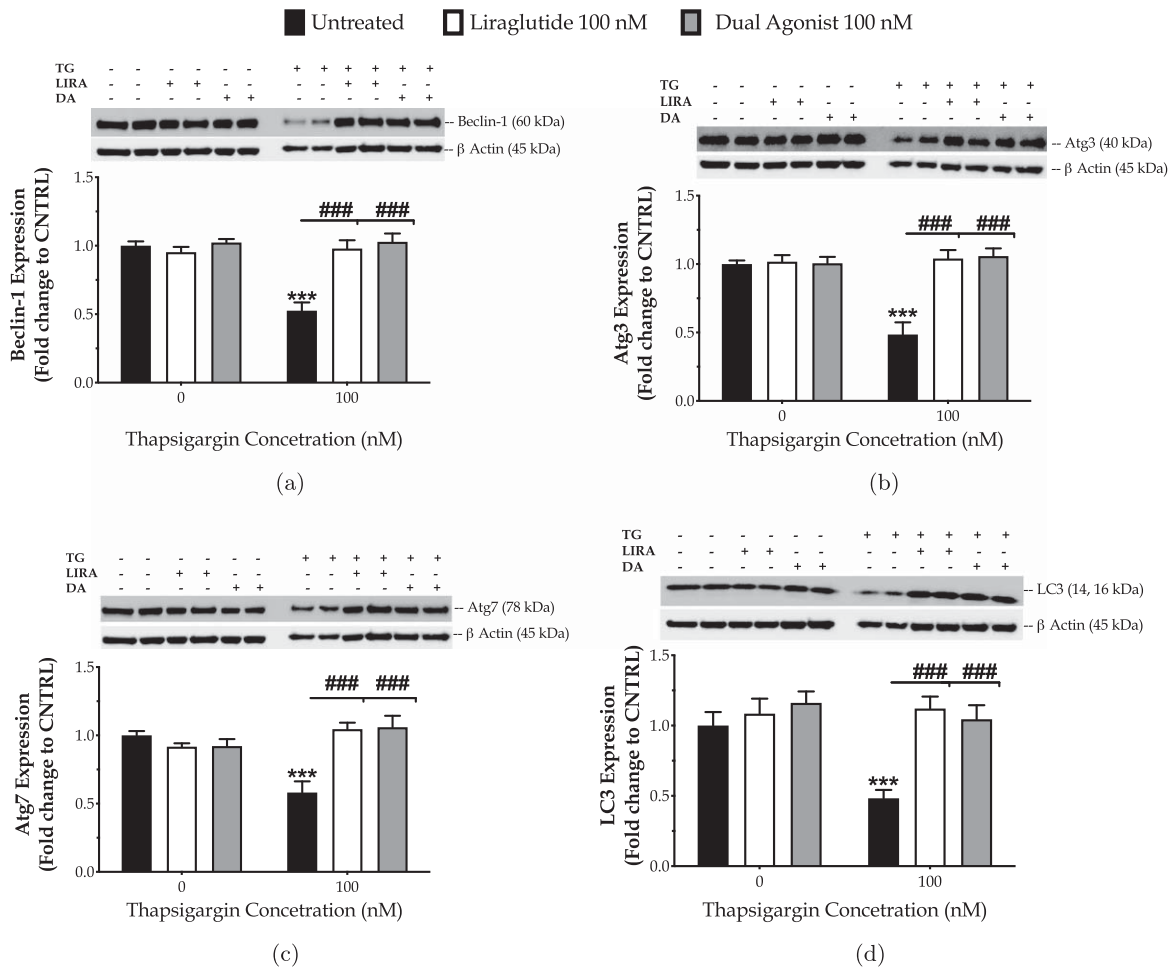


Fig. 6. Liraglutide (LIRA) and the GLP-1/GIP dual agonist (DA) normalize the suppressed expression of core autophagy-related proteins (Atg) proteins for autophagosome formation and maturation upon chronic ER stress. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUHMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. Neurons were harvested, and the expression of beclin-1 (a), Atg3 (b), Atg7 (c) and of LC3 (d) were determined by western blotting.  $\beta$ -Actin was used as the loading control in our quantification. Loading controls for a and c are the same. Each bar represents the mean  $\pm$  SEM from five independent experiments. Data expressed as fold change to the control (CNTRL; unstressed/untreated conditions) and processed with two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \*\*\* $p \leq 0.001$  compared to CNTRL; ### $p \leq 0.001$  compared to the TG-stressed neurons.

way ANOVA interaction:  $F_{(1,28)} = 23.14$ ,  $p \leq 0.001$ ), Atg7 (two-way ANOVA interaction:  $F_{(1,28)} = 17.86$ ,  $p = 0.0002$ ), and LC3 (two-way ANOVA interaction:  $F_{(1,28)} = 5.483$ ,  $p = 0.0265$ ) in the neurons subjected to chronic ER stress (Fig. 6). No superior efficacy of the dual incretin in regulating the expression of the components of the autophagic machinery was noted, when compared to Liraglutide (three-way ANOVA interaction of Atg proteins  $\times$  thapsigargin  $\times$  GIP-receptor co-stimulation:  $F_{(3,112)} = 0.3943$ ,  $p = 0.7574$ ).

#### Incretin co-treatments allay the synaptic and neuronal cell death

Followingly, we asked how rectifying the aberrant ER-mitochondrial-autophagic axis could have affected synaptic and neuronal-cell fate. For this purpose, we quantified the expression levels of the hallmark scaffolding protein for dendritic spine morphogenesis and synaptic plasticity, PSD95 and of the major pre-synaptic vesicle protein, synaptophysin by immunoblotting. We further quantified the metabo-

olization of XTT into the orange, water-soluble formazan product and the content of the LDH in the culture supernatant to assess cell viability and cytotoxicity, respectively. As evident in our findings in Fig. 7a and 7b, Liraglutide restores the suppressed expression of the PSD95 (two-way ANOVA interaction:  $F_{(1,28)} = 23.493$ ,  $p < 0.0001$ ) and synaptophysin markers (two-way ANOVA interaction:  $F_{(1,28)} = 6.83$ ,  $p = 0.0142$ ). The biochemical observations are accompanied by a significant amelioration of the thapsigargin-driven neuronal-cell death (two-way ANOVA interaction for XTT:  $F_{(1,92)} = 5.343$ ,  $p = 0.023$ ; two-way ANOVA interaction for LDH:  $F_{(1,108)} = 10.91$ ,  $p = 0.0013$ ) (Fig. 7c, d).

Similarly, the dual incretin reverts the deficient availability of PSD95 (two-way ANOVA interaction:  $F_{(1,28)} = 33.40$ ,  $p < 0.0001$ ), and synaptophysin (two-way ANOVA interaction:  $F_{(1,28)} = 4.661$ ,  $p = 0.0396$ ) to the control levels upon chronic thapsigargin co-treatment. It further hinders the exacerbated LDH release into the supernatant (two-way ANOVA interaction:  $F_{(1,101)} = 9.563$ ,  $p = 0.0026$ ) that is indicative of constraining aberrant necrosis driven by persistent ER stress (Fig. 7d). The latter correlates with an amelioration of the decreased XTT metabolization (two-way ANOVA interaction:  $F_{(1,92)} = 25.09$ ,  $p < 0.0001$ ), which further confirms that incretin-co-treatment switches neuronal towards survival under conditions of persistent ER stress (Fig. 7c). No statistically superior efficacy of the dual incretin over Liraglutide was observed, though a trend of better regulation of synaptic and cell-viability markers is prominent in Fig. 7.

#### *Incretin co-treatments reengage STAT3, Akt, and Nrf2 signaling to preclude neuronal degeneration*

Previously, we have reported that the mono-activation of GLP-1 receptor re-instates homeostasis of the signal transducer and activator of transcription 3 (Stat3) and Akt signaling pathways to pave the way for normal cell proliferation and viability following chronic ER stress in the neuroblastoma SH-SY5Y cell line [27]. Herein, we employed the same ELISA-based protein microarray (Supplementary Figure 1) to confirm/examine whether the incretin co-treatments would regulate the same intracellular pathways in human dopaminergic-like neurons under conditions of chronic perturbation of the ER-mitochondrial-autophagic axis (Fig. 8 and Supplementary Table 2).

Both Liraglutide and dual incretin mitigate the suppressed expression of the phosphorylated Akt at the serine 473 and threonine 308 residues (Fig. 8a) and of the activating phosphorylation of STAT3 at the tyrosine residue 705 (Fig. 8b) in differentiated LUHMES cells chronically challenged with 100 nM of thapsigargin. These findings are accompanied by relieving the thapsigargin-driven inhibition of the activating phosphorylation of the downstream proline-rich Akt substrate of 40 kDa (PRAS40), mammalian target of rapamycin (mTOR), and ribosomal protein S6 (rpS6) kinases at Thr246, Ser2448, and Ser235/236, respectively (Fig. 8e–g).

Besides, chronic ER stress engages the glycogen synthase kinase 3 $\beta$  (GSK3 $\beta$ ) (Fig. 8c) by halving the inhibitory phosphorylation of the kinase at the serine 9 residue ( $p \leq 0.001$ ). In contrast, it impedes the phosphorylation of the heat shock protein 27 (HSP27) (Fig. 8h) and stress-responsive p53 (Fig. 8i) at Ser78 ( $p \leq 0.001$ ) and Ser15 ( $p \leq 0.01$ ), respectively. Liraglutide restores the expression of the phosphorylated p53 back to control levels. It significantly ameliorates the suppressed phosphorylation of HSP27 and GSK3 $\beta$ , though their levels have remained significantly decreased when compared to control conditions ( $p \leq 0.05$ ). The dual incretin co-treatment normalizes the derailed GSK3 $\beta$  (Fig. 8c), p53 (Fig. 8i) and HSP27 (Fig. 8h) activity under chronic thapsigargin treatment, signifying for a possible superior efficacy of the dual incretin over Liraglutide in rectifying intracellular signaling upon chronic ER stress in dopaminergic-like neurons.

Furthermore, the incretin-induced alleviation of the perturbed intracellular signaling was accompanied by a significant inhibition of proteolytic cleavage of caspase 3 (CASP3) (Fig. 8j) and its downstream nuclear enzyme poly (ADP-ribose) polymerase (PARP) (Fig. 8k), which both function as critical executioners of cell death [29]. Specifically, Liraglutide co-treatment restores the expression of the cleaved active fragment of CASP3 back to control levels ( $p \leq 0.001$ ), though it leaves unaffected the levels of cleaved PARP under chronic ER stress conditions. Intriguingly, the dual-incretin co-treatment normalizes the ectopic proteolytic cleavage of CASP3 (Fig. 8j) and PARP (Fig. 8k) following chronic thapsigargin treatment; this finding signals for the necessity of the GIP receptor co-stimulation in mitigating death signals under the apoptotic phase of UPR in dopaminergic-like neurons.

Finally, we performed immunocytochemical analysis of the nuclear levels of the nuclear factor

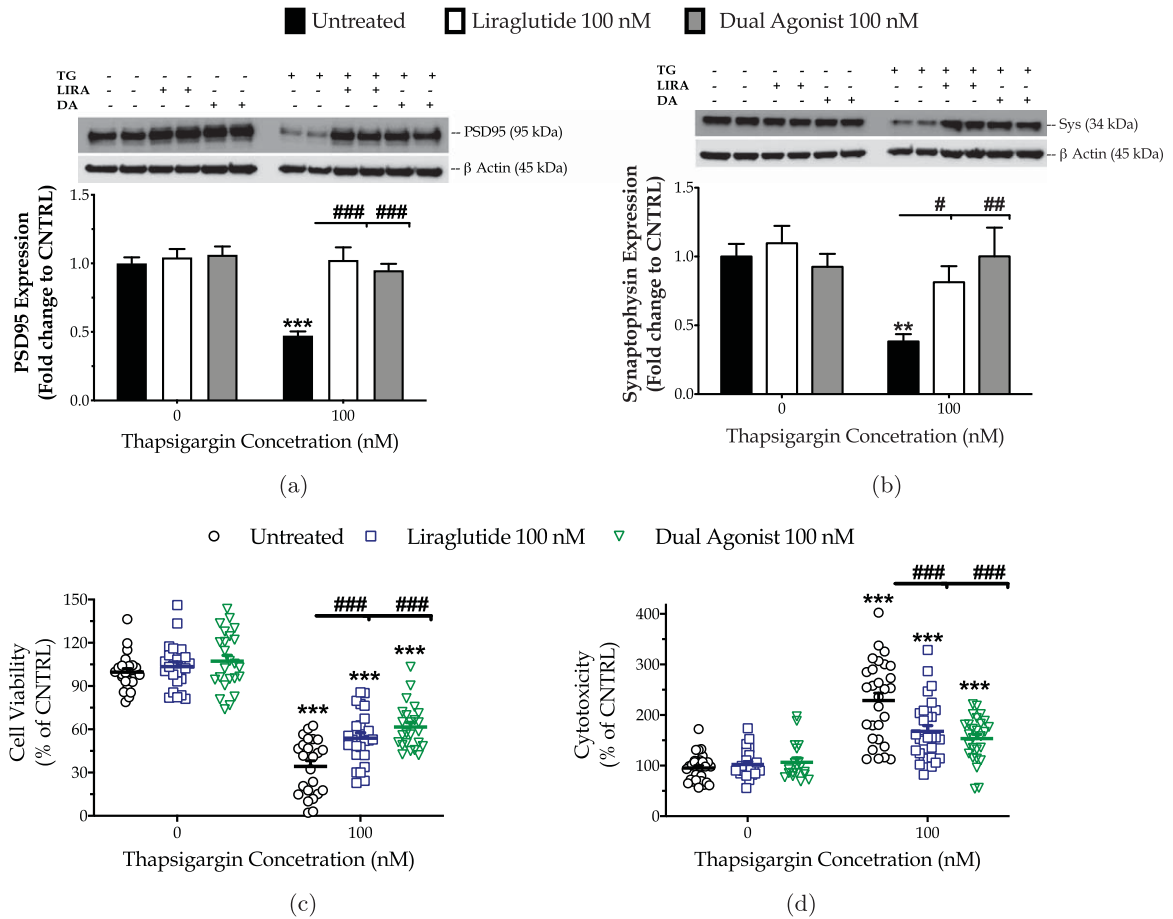


Fig. 7. Incretin co-treatments ally the synaptic and neuronal-cell death upon irreversible ER stress. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUHMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. Neurons were then harvested, and the expression of postsynaptic density protein 95 [PSD95; (a)] and synaptophysin [Sys; (b)] were determined by western blotting.  $\beta$ -Actin was used as the loading control in our quantification. Alternatively, neurons were assayed for the XTT metabolization (c) to assess cell viability. Spent supernatant was collected and processed for the LDH activity (d) to determine necrosis. Each bar or line represents mean  $\pm$  SEM from five independent experiments. Data are expressed as fold change to the control (CNTRL; unstressed/untreated conditions) and processed with two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \*\* $p \leq 0.01$  & \*\*\* $p \leq 0.001$  compared to CNTRL; # $p \leq 0.05$ , ## $p \leq 0.01$  & ### $p \leq 0.001$  compared to the TG-stressed neurons.

erythroid-derived 2-like 2 (Nrf2) to evaluate the antioxidant defensive signaling for neuroprotection upon aberrant proteostasis following chronic thapsigargin treatment (Fig. 9). Normally, Nrf2 is expressed throughout the neuron soma with a predominant expression in the nucleus [38], as prominent in our immunocytochemical analysis too (Fig. 9a). Contrarily, degenerating neurons feature a decreased nuclear Nrf2 content that signifies the impaired activity of the transcription factor [38]. Accordingly, herein, thapsigargin-treated neurons display a faint Nrf2-immunopositive staining, particularly in the nuclear area (Fig. 9a). One-way ANOVA analysis demonstrated significant differences in the nuclear

Nrf2 content among the groups ( $F_{(5,192)} = 4.635$ ,  $p \leq 0.001$ ). Two-way ANOVA analysis revealed that Liraglutide ( $F_{(1,122)} = 11.57$ ,  $p \leq 0.001$ ) and dual-incretin ( $F_{(1,128)} = 17.30$ ,  $p \leq 0.001$ ) co-treatments significantly modulate the Nrf2 nuclear content and notably normalize it, as illustrated in Fig. 9b.

## DISCUSSION

GLP-1 receptor agonists have shown neuroprotective effects in a number of clinical trials. The drug exenatide (exendin-4) showed clear protective effects in PD patients [21, 40], and a phase 3 testing this drug is currently ongoing [22]. A phase 2 clinical



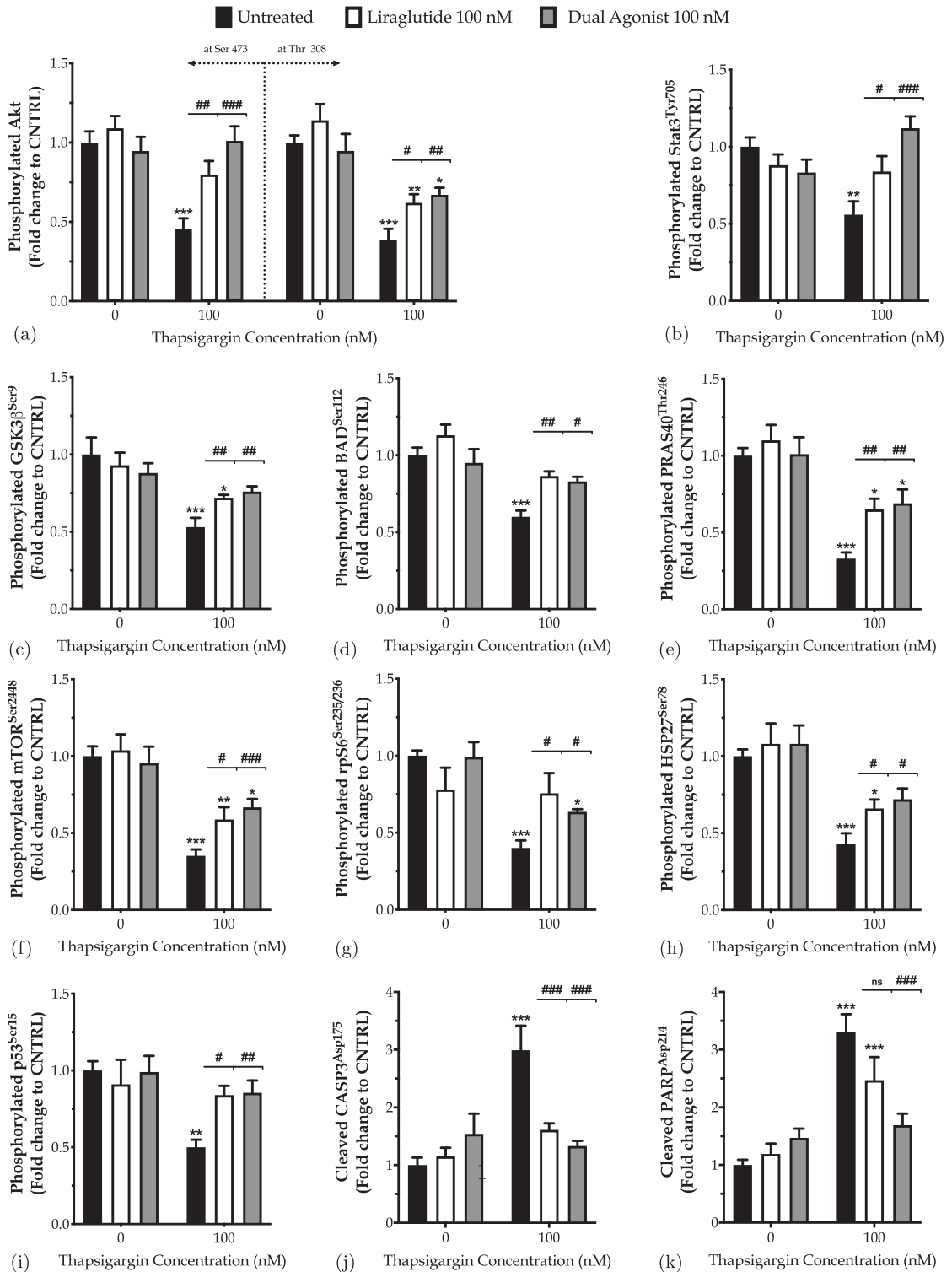


Fig. 8. (Continued)



trial testing Liraglutide showed similar neuroprotective effects in PD patients [23], demonstrating that this drug target is viable and can make meaningful changes in disease progression. Liraglutide furthermore showed good effects on cognition and brain shrinkage in a phase 2 clinical trial in AD patients [24]. However, our knowledge of the underlying mechanisms of GLP-1 and GIP signaling in neurons is limited [39], and the current study adds and confirms important molecular processes that play a key part. Chronic ER stress has emerged as a hub for the derailed proteostasis underlying the onset and progression of neuronal degeneration, with the UPR and autophagy deregulation paralleling the temporal and spatial pattern of the pathologic protein deposition in human brain [40–43]. Chronic ER stress disproportionately impacts the signaling dynamics of the PERK, ATF6, and Ire1 $\alpha$  branches to determine cell fate [44, 45]. It suppresses ATF6 and Ire1 $\alpha$  signaling [45, 46] to possibly attenuate the downstream survival signals and the neurotrophic effects of the spliced X-box binding protein 1 (XBP-1) [41]. Spliced XBP1 regulates the transcription of the brain-derived neurotrophic factor (BDNF) and other genes related to BDNF signaling to fine-tune synaptic plasticity in the murine hippocampus [47]. Accordingly, we show that chronic perturbation of ER calcium diminishes the phosphorylation of Ire1 $\alpha$  at Ser724 and the expression of ATF6 that correlate to a decrease in the plasticity-related proteins, PSD95 and synaptophysin.

Additionally, Ire1 $\alpha$  activation is a prerequisite for initiating pro-survival autophagy in response to ER stress [48]. It mediates the phosphorylation of Bcl-2 to favor the dissociation of beclin-1 from its inhibitory complex with Bcl-2 at the ER membrane [49]. It also stimulates the transcription factor XBP1, which, in turn, bounds to the promoter of beclin-1 and induces its transcription [50]. Herein, we show that the dopaminergic-like neurons feature the suppressed Ire1 $\alpha$  and Bcl-2 activity following irremediable ER stress that may account for the observed beclin-1 deficiency. For instance, a substantial loss of beclin-1

has been detected in the mid-frontal cortex of AD patients [51] and cingulate cortex of PD patients [52]. Genetic depletion of beclin-1, furthermore, exacerbates amyloid- $\beta$  (A $\beta$ ) pathology and dampens the expression of synaptophysin, the dendrite-specific microtubule-associated protein 2 (MAP2) and of the calcium-binding protein, calbindin to potentiate synapse degeneration *in vivo* [51]. Whilst, gene transfer to enhance beclin-1 expression has been shown to reduce  $\alpha$ -synuclein accumulation in  $\alpha$ -synuclein-overexpressing mice [53] and PC12 [54] cells.

Contrarily to Ire1 $\alpha$ , chronic ER stress augments the activity of PERK to amplify and sustain the expression of the short-lived, pro-apoptotic transcription factor Chop [45]. Chop inhibits the expression of the pro-survival Bcl-2 factor whilst stimulating the transcription of the Ero1-L $\alpha$  to provoke the mitochondrial apoptotic machinery and neuronal damage [42, 44], as prominent in our findings too. Ero1-L $\alpha$  harnesses the oxidizing power of the molecular oxygen to oxidize the active cysteinyl-thiol groups in PDI, enabling the latter to introduce disulfide bonds to folding substrates and to maintain the thiol-disulfide exchange and PDI capacity for the bond isomerization within nascent polypeptides [55]. The redox fidelity of the oxidoreductase and the detoxification of the hydrogen peroxide produced upon the formation of a disulfide bond relies on the glutathione metabolism [55] that is contingent on the Nrf2 activity [56]. Herein, we show the Ero1-L $\alpha$  excess correlates to PDI deficiency and a decreased Nrf2 nuclear (active) content, signaling for defective oxidative folding and high ER content of hydrogen peroxide. The latter along with the observed downregulation of calnexin can exacerbate the abnormal protein load within the organelle lumen and thus the ER stress magnitude to hasten cell demise [57, 58]. In addition, high levels of hydrogen peroxide drive the activation of the inositol-1,4,5-trisphosphate receptor (IP<sub>3</sub>R) and increase the levels of calcium on the cytosolic face of the ER. The latter along with the deficiency of calnexin that normally regulates the retrieval of the release calcium to the ER perturbs the calcium availability into

Fig. 8. Incretin co-treatments restore the derailed Akt and Stat3 intercellular signaling to halt the ectopic poly (ADP-ribose) polymerase (PARP) and caspase 3 (CASP3) cleavage, balance the expression and activation of the pro-survival Bcl-2 over the pro-apoptotic BID, and thus to pave the way for survival of the apoptotic neuron subjected to chronic ER stress. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUHMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. Neurons were then harvested, and 0.3 mg mL<sup>-1</sup> protein of whole-cell lysate was processed with the PathScan® sandwich immunoassay. All protein samples per experiment were processed in duplicate. Each bar represents the mean  $\pm$  SEM from five independent experiments. Data are expressed as fold change to the control (CNTRL; unstressed/untreated conditions) and analyzed by two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \* $p \leq 0.05$ , \*\* $p \leq 0.01$  & \*\*\* $p \leq 0.001$  compared to CNTRL; # $p \leq 0.05$ , ## $p \leq 0.01$  & ### $p \leq 0.001$ , & <sup>ns</sup> $p > 0.05$  compared to the TG-treated neurons.

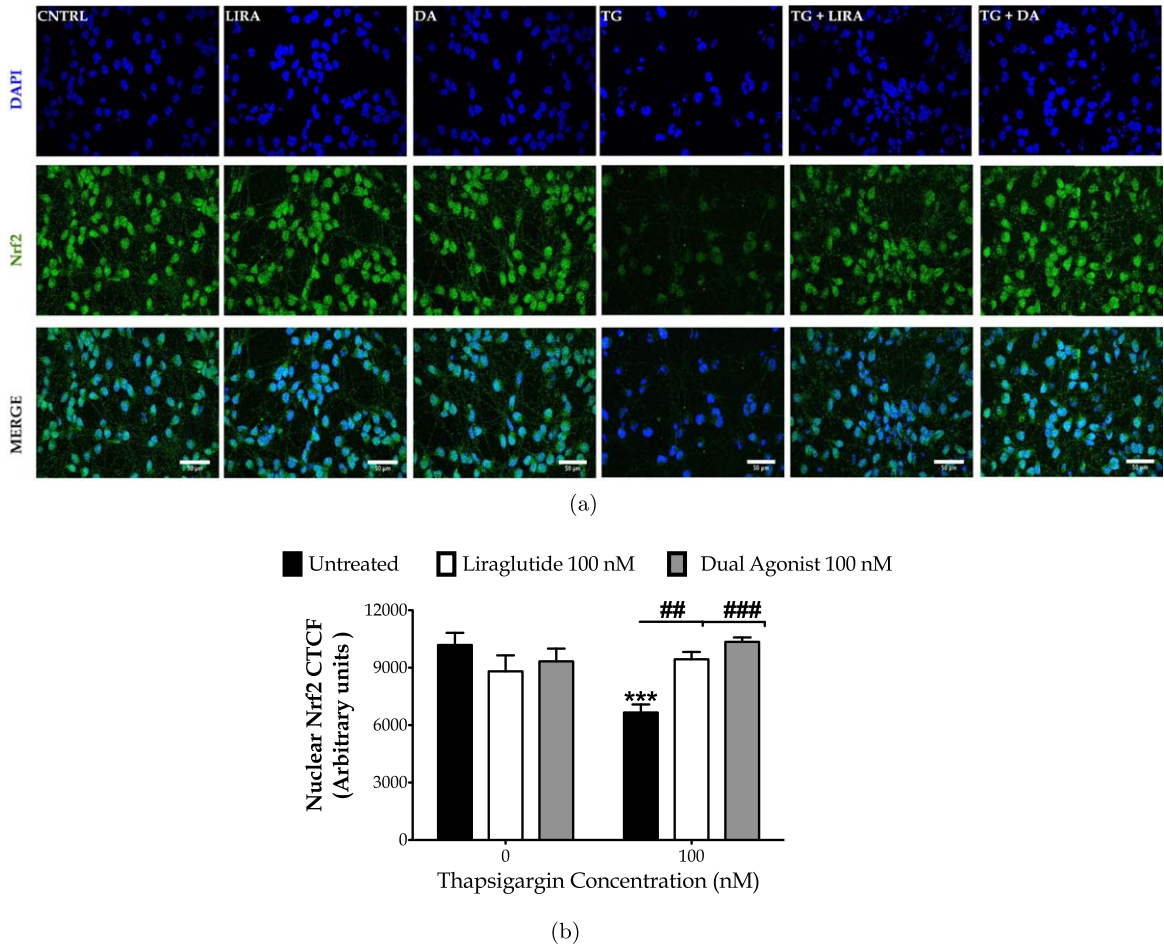


Fig. 9. Liraglutide (LIRA) and the GLP-1/GIP dual agonist (DA) reinstates homeostasis of the attenuated signaling of the nuclear factor erythroid 2-related factor 2 (Nrf2) upon irremediable ER stress. On d 6 of the differentiation period, dopaminergic-like neurons from the human LUHMES cell line were treated with 0 and 100 nM of thapsigargin (TG) in the presence or absence of each incretin tested for 16 h. All cell treatments were performed in duplicate per experiment. Neurons were (para-formaldehyde)-fixed, immunolabelled for Nrf2 and processed for confocal imaging at 40X magnification, as shown in the representative images (a). Six pictures were captured per treatment sample per experiment for quantification. Image J was used to quantify corrected total cell fluorescence (CTCF) of the nuclear Nrf2 staining (b). Each bar represents the mean  $\pm$  SEM from five independent experiments. Data were processed with two-way ANOVA, followed by *post hoc* Bonferroni's multiple comparison *t*-test: \*\*\* $p \leq 0.001$  compared to CNTRL; ## $p \leq 0.01$  & ### $p \leq 0.001$  compared to the TG-stressed neurons. Scale bars: 50  $\mu$ m.

the mitochondrion [59]. Aberrant calcium dynamics limit mitochondrial respiration, whilst inducing the core apoptosis machinery [60] and the proteolytic (activating) cleavage of CASP12 [61]. Active CASP12 potentiates a downstream caspase cascade (e.g., CASP3) that mediates synaptophysin depletion and executes PARP degradation to assure the fulfilment and irreversibility of the apoptotic process for synapse and neuronal toxicity [62–66], as reflected in our results too. Besides the modulation of redox signaling and core apoptosis machinery,

Chop can obscure autophagy through the transcriptional regulation of Atg components for phagophore elongation and maturation into the autophagosome, including the Atg7 gene [67, 68]. Atg7 deficiency potentiates a spontaneous accumulation of protein aggregates, neuronal degeneration, and loss *in vivo* [69].

Liraglutide and dual incretin co-treatments both alleviate the ectopic BiP and Chop expressions, rectify the aberrant Ire1 $\alpha$ , Nrf2 and CASP12 activity, and restore the protein levels of ATF6, PDI, calnexin,

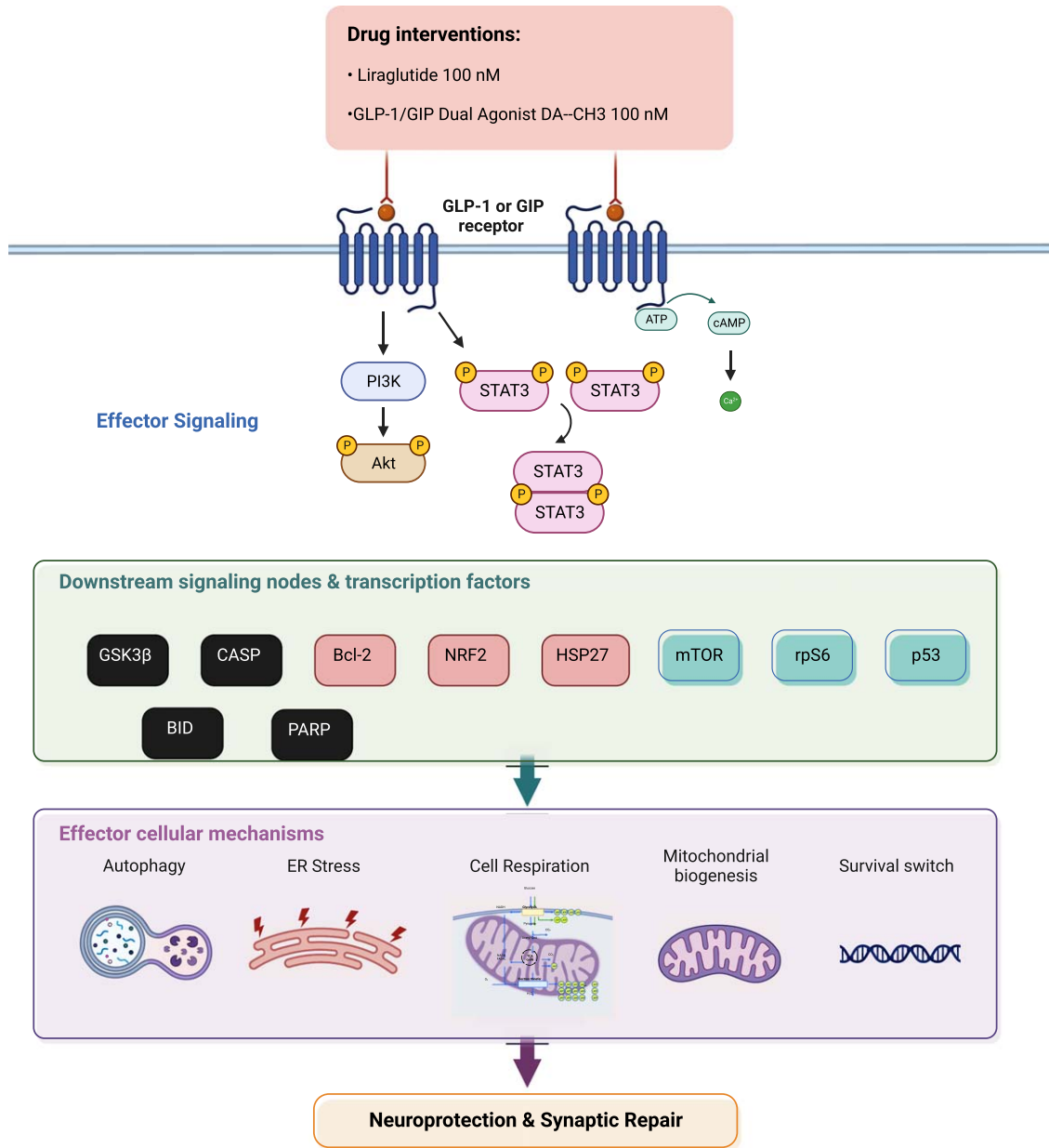


Fig. 10. Summarizing illustration for incretin-driven effects and signaling observed upon chronic ER stress in dopaminergic-like neurons from the human LUHMES cell line. Liraglutide and GLP-1/GIP dual agonist modulate the effector Akt and Stat3 signaling to regulate the activity and expression patterns of downstream pro-apoptotic proteins (in black), pro-survival factors (in light red) and critical signaling pathways (in green). In turn, they restore essential intracellular processes to ultimately elicit neuroprotection and synaptic repair. For abbreviations, please refer to the main text.

Ero1-L $\alpha$ , beclin-1, Atg3, Atg7, and LC3. These biochemical traits correspond to the amelioration of the suppressed oxidative phosphorylation and glycolysis and mitochondrial hyperpolarization. They additionally correlate with the normalization of PSD95 and

synaptophysin expression and restraint of the aberrant neuronal toxicity in the XTT-assessed metabolic activity assay, LDH levels and the proteolysis of the executioner CASP3 and PARP. Our results collectively suggest that the incretin mimetics shift the

'terminal' signals of UPR into adaptive that favors the homeostasis of autophagy, mitochondrial and quality control machineries. This in turn abets the proteostasis, cell bioenergetics, and neuronal repair following persistent ER stress, with the GIP receptor co-stimulation maximizing the neuroprotective effect of the GLP-1 receptor.

Mechanistically, the incretin mimetics restore the suppressed STAT3 and Akt signaling to elicit neuroprotection upon persistent ER stress. STAT3 is a latent transcription factor that lies downstream the stimulation of cytokine and growth factor receptors, including the GLP-1 receptor [70]. Suppressed STAT3 activity occurs in the hippocampus of affected patients and animals of AD [71]. Chiba et al. have demonstrated that A $\beta$  inactivates the hippocampal JAK2 (Janus kinase 2)/STAT3 axis to compromise basal forebrain cholinergic function and induce spatial working memory deficits *in vivo*, linking the STAT3 pathway to neurodegenerative processes [71]. Subsequent work has further revealed that the ER stress perturbs the astrocytic STAT3 signaling to modulate acute-phase neuroinflammatory responses in a PERK-dependent fashion [66]. Although the mechanistic interplay between the UPR and STAT3 signaling in the context of neuronal functioning and fate remains elusive, STAT3 regulates the transcription of the pro-survival Bcl-2 protein and axonal outgrowth/branching programs to promote neuronal survival and axonal regeneration post oxygen-glucose deprivation and excitotoxicity [72, 73]. Activated STAT3 additionally induces the expression of synaptophysin that enhances synaptogenesis and synaptic plasticity in the hippocampus and cortex [72, 74]. It further regulates the expression of nuclear-encoded genes for oxidative phosphorylation [75], e.g., subunits of Complex I and V, and the expression of the citrate synthase – the rate-limiting enzyme for the induction of the Krebs's cycle [76] to determine cell metabolism functioning and efficiency [75, 76]. It can modulate HIF-1 $\alpha$  transcriptional response to promote glycolysis and regulate metabolic switch in times of need [77, 78]. Taken together, the restoration of STAT3 activation serves as important signaling node through which GLP-1 and GIP receptors can confer trophic signals for the synapse homeostasis, mitochondrial biogenesis, resolution of respiratory arrest, and neuronal repair/adaptation following chronic ER stress.

Akt is a serine/threonine kinase with a wide spectrum of targets in the cytoplasm, nucleus, mito-

chondria, and the ER membrane to regulate adaptive responses and cell fate under stress conditions [79, 80]. Herein, we show Liraglutide and the dual incretin alleviate the ER stress-induced inhibition of Akt phosphorylation at Thr308 and Ser473 sites, signaling for rescuing its maximal activity [79]. The latter corresponds to an amelioration of the suppressed phosphorylation of PRAS40 at Thr246 and thus relieves the PRAS40 inhibition of the mTOR signaling [81]. The importance of this observation lies on the fact that the Akt/mTOR network function as a sensor for integrating intracellular and extracellular cues to modulate an array of basic cellular processes, including protein synthesis, ribosomal biogenesis, autophagy, lipid and nucleotide synthesis, and bioenergetics, to orchestrate adaptive responses to stress and nutrient disturbance [80, 82, 83]. ER stress derails mTOR activity and renders neurons vulnerable to Chop/Ero1-L $\alpha$ -mediated oxidative damage; as such it facilitates the intrinsic apoptotic machinery [84], as reflected in our findings too. Suppressed mTOR has been previously reported to underlie the downregulated expression of the activity-regulated cytoskeleton-associated protein (Arc) for synaptic plasticity and the impaired long-term potentiation in degenerating murine hippocampus [85]. Suppressed mTOR further abolishes the inhibitory phosphorylation of Atg13 and unc-51-like kinase 1 (ULK1) that allow the formation of the ULK complex and the induction of autophagy [83, 85]. However, excessive autophagic flux degrades endogenous inhibitors of apoptosis and Atg components and detrimentally affects cell fate [84, 85].

Furthermore, Akt phosphorylates and inhibits GSK3 $\beta$  that critically drives neuronal apoptosis following ER stress [27, 86–89]. In the degenerating brain, GSK3 $\beta$  immunoreactive granules occur in neurons with activated PERK signaling [90, 91]. Activated PERK engages GSK3 $\beta$  activity through selective removal of the inactive (phosphorylated at Ser9) kinase form via the autosomal-lysosomal pathway [90]. GSK3 $\beta$ , in turn, inhibits Nrf2 by nuclear exclusion and proteasomal degradation [80, 83]. The latter could preclude the availability of substrates and oxidative-phosphorylation subunits for respiration and ATP formation, critical enzymes for fatty acid synthesis and glutathione cycle regulation, and mitochondrial membrane potential [92]. Active (nuclear) Nrf2 also induces the expression of regulatory proteins for the autophagy initiation, cargo recognition, autophagosome formation,

elongation and autolysosome clearance [56, 93] whilst precluding the recruitment of ATF4 to the Chop promoter and thereby the Chop transcription [94].

In addition, Akt phosphorylates and inhibits the death-agonist BAD, which becomes rapidly dephosphorylated upon apoptotic stimuli [80]. The restoration of BAD phosphorylation, through Akt, raises the mitochondrial threshold for apoptosis and renders cells less vulnerable to death signals [95], as prominent in our results too. Akt can further phosphorylate the stress-responsive HSP27 [96] that sequesters cytochrome c and/or pro-caspase 3 to preclude the apoptosome formation and downstream death signal transduction [97–99]. Furthermore, activated HSP27 phosphorylates p53 at Ser15 and induces its downstream target gene expression to prevent genotoxicity [97, 100]. Lastly, activated Akt may also phosphorylate and inhibit PERK kinase [101], offering an additional mechanistic link for the neuroprotective and restorative effects of incretin mimetics upon persistent ER stress. Exacerbated PERK activity triggers general translation repression and downregulation of the plasticity-related cyclic AMP response-element-binding protein (CREB), through its downstream targets eIF2 $\alpha$  and ATF4 respectively, to provoke PSD95 deficiency, synapse damage and cognitive decline *in vivo* [42]. Although we have not assessed the expression of phosphorylated PERK levels, transcriptional and translational regulation of Chop expression primarily lies downstream of the PERK arm [45]. Taken together, our findings suggest that the stimulation of GIP and/or GLP-1 receptors rectify the Akt activation to counteract the ER stress-driven suppression of mTOR and HSP27 signaling and to hamper the exacerbated GSK3 $\beta$  activity. These effects, in turn, normalize Nrf2 nuclear levels and reinforce trophic signals and mitochondrial function upon chronic ER stress for neuronal survival and availability of the major synaptic proteins, PSD95 and synaptophysin. Synapse degeneration and loss plays a major role in disease progression of AD and PD, and incretins have been shown to re-activate synaptic activity and plasticity in the brain [46].

Though not addressed in the present study, incretin mimetics may have resolved the ER stress and elicited neuroprotection through direct modulation of intracellular calcium fluxes. Previous studies have demonstrated that the stimulation of GLP-1 receptor potentiates the formation of cyclic AMP to regulate calcium responses and thus rescue hippocampal

neurons and SH-SY5Y cells from apoptosis driven by excitotoxicity and oxidative stress [102–104]. As such, future studies should examine the effect of incretin mimetics in SERCA channel expression and activation patterns following chronic ER stress with thapsigargin. Furthermore, herein, we show that the ER stress and UPR deregulation coincides with deficiency of critical Atg components. Among the proteins monitored, we quantified the expression of the LC3 protein that functions in the autophagosome biogenesis [40]. The lack of detection of two distinct bands in our immunoblotting studies has precluded the quantification of the ratio of the lipidated and autophagosome-recruited type II versus the cytosolic type I of LC3 for the autophagy flux assessment. Electron microscopy is the most sensitive technique for the identification, morphological characterization, and visualization of autophagic structures in their complex physiological environment [105]. In combination with LC3 and/or TOMM20 immunostainings, it may offer a more integrative approach for the evaluation of autophagy and mitophagy under ER stress conditions. Such an approach may additionally deepen our understanding of the effects of the incretin mimetics in the degradative machinery and mitochondrial biogenesis. Last but not least, our present and previously published data [27] have implicated the STAT3 kinase in the signaling network through which the incretin mimetics switch neuronal fate towards survival under conditions of persistent ER stress. However, Akt network represents the canonical signaling pathway through which the incretins exert their neuroprotective effects in preclinical models and patients of neurodegenerative disorders [18, 46, 106]. Therefore, pharmacological and genetic manipulation of Akt and STAT3 kinases in neurons co-treated with thapsigargin and/or incretin mimetics offer an interesting avenue for future experimentation. The latter could be further combined with an experiment addressing how the cyclic-AMP pathway, lying downstream of incretin receptor stimulation, impacts pharmacological effects in UPR and mitochondrial function following persistent ER stress; previous work has demonstrated that the aforementioned pathway is essential for mitigating energy failure and mitochondrial dysfunction in A $\beta$ -treated astrocytes [107], as well as for obscuring Chop in pancreatic  $\beta$  cells [108, 109]. Such an experimental setup would broaden further our current knowledge on which signaling network critically determines ER stress outcome and the mechanism of action of these peptides.

## Conclusion

In conclusion, our study demonstrates the neuro-protective and restorative effects of Liraglutide and the novel dual GLP-1/GIP agonist upon persistent ER stress in human neurons, adding important information to our current knowledge of the biochemical mechanisms that underly these effects [18, 46]. It expands the range of effects that incretin signaling has on cell physiology processes in human neurons. Several clinical trials in AD or PD patients already have shown good protective effects, demonstrating that activating GLP-1 and GIP signaling is a valid target for drug development to treat these CNS diseases. As there is no disease-modifying drug treatment available for such diseases, it is worth focusing efforts on this drug target and to improve and enhance the protective drug effects to develop a viable treatment for PD that can modify disease progression.

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## CONFLICT OF INTEREST

C.H. is a named inventor on several patent applications for the use of incretin mimetics as treatments for neurodegenerative disorders. The other authors declare no competing interests.

## DATA AVAILABILITY

All data supporting the findings of this study are included in this published article and its supplementary information file. Raw data is available upon reasonable request.

## SUPPLEMENTARY MATERIAL

The supplementary material is available in the electronic version of this article: <https://dx.doi.org/10.3233/JPD-220030>.

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