**Appendix 1:** Search strategy

*Pubmed*

("Muscular Dystrophy, Facioscapulohumeral"[Mesh] OR "Muscular Dystrophy, Oculopharyngeal"[Mesh] OR "Myotonic Dystrophy"[Mesh] OR "Myositis, Inclusion Body"[Mesh]

OR "Myopathies, Structural, Congenital"[Mesh]

*OR*

FSHD[tiab] OR IBM[tiab] OR OPMD[tiab] OR DM1[tiab] OR congenital myopath\*[tiab] OR Facioscapulohumeral Muscular Dystroph\*[tiab] OR FSH Muscular Dystroph\*[tiab] OR Facio-Scapulo-Humeral Dystrophy[tiab] OR Landouzy Dejerine Dystroph\*[tiab] OR Inclusion Body Myositis[tiab] OR Inclusion Body Myopath\*[tiab] OR Oculopharyngeal Muscular Dystroph\*[tiab]

OR Oculopharyngeal Dystroph\*[tiab] OR Myotonic Dystrophy Type 1[tiab] OR Myotonic Dystrophies Type 1[tiab] OR Myotonic Dystrophy 1[tiab] OR Myotonic dystrophy type I[tiab] OR Myotonic dystrophy I[tiab] OR Steinert\*[tiab] OR Congenital Myotonic Dystroph\*[tiab] OR Congenital Structural Myopath\*[tiab] OR Congenital myopath\*[tiab] OR myotubular myopath\*[tiab] OR Rod Myopath\* [tiab] OR Nemaline Myopath\*[tiab] OR Central Core Myopath\*[tiab] OR Central Core Disease[tiab] OR X-Linked Myotubular Myopath\*[tiab] OR XLMTM[tiab] OR X-Linked Centronuclear Myopath\*[tiab] OR Congenital Fiber Type Disproportion\*[tiab] OR Congenital Myopathy with Fiber Type Disproportion\*[tiab] OR CFTDM[tiab] OR Centronuclear Myopath\*[tiab])

*AND*

(“Enteral Nutrition”[Mesh] OR “Pneumonia, Aspiration”[Mesh] OR “Malnutrition”[Mesh] OR "Deglutition Disorders"[Mesh]

*OR*

Enteral Nutrition[tiab] Enteral Feeding\*[tiab] OR Force Feeding\*[tiab] OR Tube Feeding[tiab] OR Gastric Feeding Tube\*[tiab] OR PRG[tiab] OR PEG[tiab] OR Percutaneous radiologic gastrostomy[tiab] OR Percutaneous endoscopic gastrostomy[tiab] OR Aspiration Pneumonia\*[tiab] OR Acid Aspiration Syndrome\*[tiab] OR Nutritional Deficienc\*[tiab] OR Undernutrition[tiab] OR Undernourish\*[tiab] OR Malnutrition[tiab] OR Malnouris\*[tiab] OR Deglutition Disorder\*[tiab] OR Swallowing Disorder\*[tiab] OR Dysphagia[tiab] OR Esophageal Achalasias[tiab] OR Cardiospasm\*[tiab] OR Achalasia\*[tiab])

*Embase*

(facioscapulohumeral muscular dystrophy/ or myotonic dystrophy/ or oculopharyngeal muscular dystrophy/ or inclusion body myositis/ or central core disease/ or nemaline myopathy/ or centronuclear myopathy/

*OR*

(FSHD or IBM or OPMD or DM1 or congenital myopath\* or Facioscapulohumeral Muscular Dystroph\* or FSH Muscular Dystroph\* or Facio-Scapulo-Humeral Dystrophy or Landouzy Dejerine Dystroph\* or Inclusion Body Myositis or Inclusion Body Myopath\* or Oculopharyngeal Muscular Dystroph\* or Oculopharyngeal Dystroph\* or Myotonic Dystrophy Type 1 or Myotonic Dystrophies Type 1 or Myotonic Dystrophy 1 or Myotonic dystrophy type I or Myotonic dystrophy I or Steinert\*

or Congenital Myotonic Dystroph\* or Congenital Structural Myopath\* or Congenital myopath\* or myotubular myopath\* or Rod Myopath\* or Nemaline Myopath\* or Central Core Myopath\* or Central Core Disease or X-Linked Myotubular Myopath\* or XLMTM or X-Linked Centronuclear Myopath\* or Congenital Fiber Type Disproportion\* or Congenital Myopathy with Fiber Type Disproportion\*

or CFTDM or Centronuclear Myopath\*).ti,ab,kf.)

*AND*

(enteric feeding/ or percutaneous endoscopic gastrostomy tube/ or exp feeding tube/ or exp aspiration pneumonia/ or percutaneous endoscopic gastrostomy/ or malnutrition/ or dysphagia/ or esophagus achalasia/

*OR*

(Enteral Nutrition or Enteral Feeding\* or Enteric Feeding\* or Enteric Nutrition or Force Feeding\* or Tube Feeding or Gastric Feeding Tube\* or PRG or PEG or Percutaneous radiologic gastrostomy or Percutaneous endoscopic gastrostomy or Aspiration Pneumonia\* or Acid Aspiration Syndrome\* or Nutritional Deficienc\* or Undernutrition or Undernourish\* or Malnutrition or Malnourish\* or Deglutition Disorder\* or Swallowing Disorder\* or Dysphagia or Esophageal Achalasias or Cardiospasm\* or Achalasia\*).ti,ab,kf.)

*Cinahl*

((MH "Muscular Dystrophy, Facioscapulohumeral") OR (MH "Muscular Dystrophy, Oculopharyngeal") OR (MH "Myotonic Dystrophy") OR (MH "Myositis, Inclusion Body")

*OR*

TI (FSHD or IBM or OPMD or DM1 or congenital myopath\* or Facioscapulohumeral Muscular Dystroph\* or FSH Muscular Dystroph\* or Facio-Scapulo-Humeral Dystrophy or Landouzy Dejerine Dystroph\* or Inclusion Body Myositis or Inclusion Body Myopath\* or Oculopharyngeal Muscular Dystroph\* or Oculopharyngeal Dystroph\* or Myotonic Dystrophy Type 1 or Myotonic Dystrophies Type 1 or Myotonic Dystrophy 1 or Myotonic dystrophy type I or Myotonic dystrophy I or Steinert\*

or Congenital Myotonic Dystroph\* or Congenital Structural Myopath\* or Congenital myopath\* or myotubular myopath\* or Rod Myopath\* or Nemaline Myopath\* or Central Core Myopath\* or Central Core Disease or X-Linked Myotubular Myopath\* or XLMTM or X-Linked Centronuclear Myopath\*

or Congenital Fiber Type Disproportion\* or Congenital Myopathy with Fiber Type Disproportion\*

or CFTDM or Centronuclear Myopath\*)

*OR*

AB (FSHD or IBM or OPMD or DM1 or congenital myopath\* or Facioscapulohumeral Muscular Dystroph\* or FSH Muscular Dystroph\* or Facio-Scapulo-Humeral Dystrophy or Landouzy Dejerine Dystroph\* or Inclusion Body Myositis or Inclusion Body Myopath\* or Oculopharyngeal Muscular Dystroph\* or Oculopharyngeal Dystroph\* or Myotonic Dystrophy Type 1 or Myotonic Dystrophies Type 1 or Myotonic Dystrophy 1 or Myotonic dystrophy type I or Myotonic dystrophy I or Steinert\* or Congenital Myotonic Dystroph\* or Congenital Structural Myopath\* or Congenital myopath\* or myotubular myopath\* or Rod Myopath\* or Nemaline Myopath\* or Central Core Myopath\* or Central Core Disease or X-Linked Myotubular Myopath\* or XLMTM or X-Linked Centronuclear Myopath\*

or Congenital Fiber Type Disproportion\* or Congenital Myopathy with Fiber Type Disproportion\*

or CFTDM or Centronuclear Myopath\*))

*AND*

((MH “Enteral Nutrition”) OR (MH“Pneumonia, Aspiration”) OR (MH “Malnutrition”) OR (MH “Esophageal Achalasia”)

*OR*

TI (Enteral Nutrition or Enteral Feeding\* or Enteric Feeding\* or Enteric Nutrition or Force Feeding\* or Tube Feeding or Gastric Feeding Tube\* or PRG or PEG or Percutaneous radiologic gastrostomy or Percutaneous endoscopic gastrostomy or Aspiration Pneumonia\* or Acid Aspiration Syndrome\* or Nutritional Deficienc\* or Undernutrition or Undernourish\* or Malnutrition or Malnourish\* or Deglutition Disorder\* or Swallowing Disorder\* or Dysphagia or Esophageal Achalasias or Cardiospasm\* or Achalasia\*)

*OR*

AB (Enteral Nutrition or Enteral Feeding\* or Enteric Feeding\* or Enteric Nutrition or Force Feeding\* or Tube Feeding or Gastric Feeding Tube\* or PRG or PEG or Percutaneous radiologic gastrostomy or Percutaneous endoscopic gastrostomy or Aspiration Pneumonia\* or Acid Aspiration Syndrome\* or Nutritional Deficienc\* or Undernutrition or Undernourish\* or Malnutrition or Malnourish\* or Deglutition Disorder\* or Swallowing Disorder\* or Dysphagia or Esophageal Achalasias or Cardiospasm\* or Achalasia\*))