

# Proceedings of the 14th International Newborn Brain Conference: Neonatal Neurocritical Care, seizures, and continuous aEEG and /or EEG monitoring

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## A comparison of treatment pathways for seizures in newborns across rural and non-rural level II and III neonatal intensive care units

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**BACKGROUND:** Seizures are more common during the neonatal period than at any other age, occurring at a rate of 1.10–5.5 per 1,000 live births. Neonatal seizures occur during the first 30 days of postnatal life and constitute a neurological emergency requiring prompt recognition and treatment<sup>1</sup>. Seizures in newborns differ in clinical appearance, electrographic characteristics, etiology, and management compared to seizures that occur at later stages of development<sup>2</sup>. Thus, early recognition and treatment is essential in maintaining healthy outcomes for

neonates<sup>3</sup>. However, there is widespread variability on how these are initially identified, evaluated, and treated across neonatal intensive care units (NICUs)<sup>4</sup>. This study aimed to investigate the neonatal seizure treatment pathways employed by rural and non-rural Level II and III NICUs across the Midwest and Pacific Northwest to identify areas of consensus and variability.

**METHODS:** In total, we contacted 301 Level II and III NICUs via an electronic survey. The survey collected information regarding the evaluation of neonatal seizures, anti-seizure medication availability, electroencephalogram (EEG) monitoring methods, and if and how an official treatment pathway for neonatal seizure patients was established at their institution. Survey results will be examined using descriptive analysis.

**RESULTS:** With limited responses, preliminary results show that only 19% of surveyed NICUs have an established pathway for treating neonatal seizures, and only 10% have

a formal definition for neonatal seizures. 43% of responding NICUs have no EEG monitoring available to them (rural NICUs make up 22% of those without monitoring). 14% of reviewed NICUs don't have anti-seizure medications available in their NICU and instead rely on pharmacy to send them when needed.

**CONCLUSIONS:** Our research determined there is widespread variability in neonatal seizure detection and response from rural and non-rural Level II and III NICUs. These results highlight the lack of equitable access to neonatal seizure treatment. Specifically, our data suggests that areas of potential improvement include the implementation of a universal protocol, access to medications, and the need for education surrounding treatment pathway establishment. These developments may eventually provide earlier detection, evaluation, and treatment of seizures in newborns.

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### Risk factors for later epilepsy in infants with perinatal arterial ischemic stroke (PAIS)

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**BACKGROUND AND PURPOSE:** Infants with perinatal arterial ischemic stroke (PAIS) are at high risk of neurodevelopmental disabilities later in life, and 9-16% will develop epilepsy at pre-school age. However, risk factors associated with the development of epilepsy have not been identified yet. Early identification of infants at

risk for epilepsy can lead to early intervention strategies in order to protect the child from additional developmental delay. This study aims to identify clinical, MRI, and aEEG-related risk factors in infants at risk for later epilepsy after suffering from PAIS.

**MATERIALS AND METHODS:** This retrospective study involves 52 term neonates, admitted to the neonatal intensive care unit (NICU) of the Wilhelmina Children's Hospital (Utrecht, Netherlands) between February 2009 and March 2018 with seizures and MRI-confirmed PAIS.

Infants who underwent MRI with diffusion-weighted images (DWI) within 7 days after birth, had an aEEG recording up to 5 days, and at least 2 years of follow-up data were included in the study. Clinical and perinatal data were retrospectively collected. A qualitative analysis on DWI and T2-weighted images was performed to assess stroke location, size, and branch, and we quantitatively determined the stroke volume.

Moreover, aEEG traces were divided in periods of 6 hours each, out of which one hour was randomly chosen and analysed for symmetry, background pattern, and sleep-wake cycling. Clinical and electrical presence of seizures was analysed on the full length of the aEEG traces. We collected follow-up data regarding the development of epilepsy, dosage and length of anti-seizure medication (ASMs) continued after NICU discharge up to 5 years age.

**RESULTS:** Of 52 subjects, one infant was excluded because of a metabolic disease and two because of missing follow-up data. 49 subjects were included in the study and 4 developed epilepsy (8,2%).

The presence of hypoglycemia was significantly more common in the epilepsy vs no-epilepsy group ( $p=0.014$ ). The involvement of the region of the posterior cerebral artery (PCA) ( $p=0.015$ ) and a larger stroke volume were significantly more present in the epilepsy group ( $p=0.001$ ).

Although not statistically significant, time to normal background pattern and to symmetry on the aEEG differed among the two groups, with a longer time observed in infants who developed epilepsy.

**CONCLUSION:** With this study, we made a first attempt to identify clinical, imaging, and aEEG risk factors for the development of epilepsy after PAIS. We found that infants that developed epilepsy more often had hypoglycemia, a larger stroke volume or a PCA stroke. No association was found between aEEG parameters and the development of epilepsy, however a trend was observed with time to normal background pattern and symmetry. Prospective larger cohort studies are needed to clarify the role of other risk factors on the later development of epilepsy after PAIS.

## Is electrical brain activity affected by longstanding hemodynamic significant Ductus Arteriosus in Preterm infants?

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**BACKGROUND AND PURPOSE:** Recent studies have shown that a longstanding hemodynamically significant patent Ductus arteriosus (hsPDA) is associated with low cerebral oxygen saturations in preterm infants (rScO<sub>2</sub>) [1]. This can negatively affect brain growth [2] and the subsequent neurodevelopmental outcome. Earlier studies showed an association between electrical brain activity and rScO<sub>2</sub> and a case report suggested less brain activity during hsPDA [3], although data are still limited. The aim of this study is to investigate changes in brain activity and its maturation in a cohort of extremely preterm infants (<28 weeks of gestation) with a prolonged hsPDA, before and after (surgical) closing.

**MATERIALS AND METHODOLOGY:** In 23 extremely preterm infants, born and admitted at the NICU of the Wilhelmina Children Hospital (Utrecht, The Netherlands) between 2009 and 2017, whose hsPDA failed to close noninvasively and needed surgical ligation, the pre-closure double-channel aEEG/EEG (before start of anesthesia) was visually compared with post-closure aEEG/EEG. aEEG background pattern (BGP) and sleep-wake cycling (SWC) were determined according to Hellström-Westas et al. modified criteria. Furthermore, average voltage (µV) was calculated and rScO<sub>2</sub> was simultaneously determined using Near InfraRed Spectroscopy (NIRS).

**RESULTS:** Mean GA and birthweight in our cohort were 25.7 (range 24.0-27.6) weeks and 859 (range 580-1350) grams respectively. Duration of hsPDA ranged from 4 to 24 (median 13) days. Mean ±1SD pre-closure and post-closure rScO<sub>2</sub> were 51 ±9% and 59 ±10% respectively (p<0.05). Average voltage (µV) was lower before ductal closure, with a more immature background pattern and mostly absence of SWC. Post-closure electrical activity was increased (p<0.05) and background pattern more mature. SWC were also increasingly present (see table 1).

**CONCLUSION:** Our preliminary results indeed suggest that hsPDA negatively impacts electrical brain activity and

maturation. Less optimal oxygenation of the immature brain may play a mechanistic role here. aEEG/EEG can be a useful bedside tool to monitor brain function before and after surgery in preterm infants, providing important prognostic information.

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	Pre-closure	Post-closure	Individual maturation (n/ntot)
Average mHz (n=18)	7.48 ±2.15	9.00 ±2.22*	14/18
Sleep-Wake Cycling yes/no	3/23	8/23	5/23
Background pattern			
- Burst suppression sparse	2/23	0/23	6/23
- Burst suppression dense	6/23	5/23	
- Discontinuous	15/23	18/23	

Table 1 – Study main results (\*p<0.05)

## Brain monitoring findings using a telehealth strategy in a large cohort of neonates with hypoxic-ischemic encephalopathy

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**BACKGROUND:** Hypoxic-ischemic encephalopathy (HIE) is estimated to occur in 5 to 26 newborns per 1000 live births in low and middle-income countries and is responsible for a high risk of death or disability. Neonatal seizures are often subclinical and have been associated with worse neurologic outcomes. Amplitude integrated electroencephalography combined with raw electroencephalography and video imaging (video aEEG/EEG) provides real-time screening for seizure detection. Accuracy of seizure detection using aEEG/EEG is highly dependent on the user's experience. Telehealth may play a role in providing the necessary expertise when neurology and neurophysiology support is not available.

**OBJECTIVES:** To describe brain monitoring findings, including the onset, treatment, and evolution of seizures diagnosed with aEEG/EEG in a large cohort of newborns with HIE receiving therapeutic hypothermia (TH), assisted by a remote telemonitoring approach. Methods: Multicenter, prospective, observational study conducted from July 2017 to December 2021 at 32 hospitals in Brazil. This study included infants who met the eligibility criteria for TH and received neuromonitoring with video aEEG/EEG during cooling and rewarming. Trained neonatologists and neurologists provided aEEG/EEG interpretation in a remote monitoring center. Descriptive statistical analysis was used. Non-parametric variables were presented as median and interquartile ranges (IQR). The independent

**Table 1. Baseline characteristics**

Variables	HIE with seizures (n = 296)	HIE without seizures (n = 576)	p-value
<b>Sex, n (%)*</b>			0.110
Female	122 (41.2)	224 (39.4)	
Male	174 (58.8)	344 (60.6)	
<b>Delivery method, n (%)*</b>			0.689
Vaginal	128 (43.8)	265 (46.6)	
Cesarean section	164 (56.2)	304 (53.4)	
<b>Birth weight, grams, median (IQR)</b>	3130 (2800-3435)	3113 (2800-3459)	0.819
<b>Gestational age, weeks, median (IQR)</b>	39 (38-40)	39 (38-40)	0.794
<b>APGAR score at 1 min, median (IQR)</b>	2 (1-3)	2 (1-4)	<0.0001
<b>APGAR score at 5 min, median (IQR)</b>	5 (3-6)	5 (4-7)	<0.0001
<b>APGAR score at 10 min, median (IQR)</b>	6 (4-7)	7 (5-8)	0.001
<b>pH, n (%)*</b>			0.006
< or = 7.00	59 (41.2)	92 (29.6)	
7.01 to 7.15	33 (23.1)	105 (33.6)	
>7.15	51 (35.7)	115 (36.8)	
<b>BE, n (%)*</b>			0.005
≥-16,0	72 (54.1)	123 (40.6)	
-10 to -15,9	40 (30.1)	141 (46.5)	
≤-10,0	21 (15.8)	39 (12.9)	
<b>Sarnat exam, n (%)*</b>			<0.0001
Mild	30 (13.9)	26 (6.1)	
Moderate	96 (44.7)	308 (72.5)	
Severe	89 (41.4)	91 (21.4)	
<b>Cooling Method, n (%)</b>			<0.0001
Passive	72 (24.3)	232 (40.3)	
Active	224 (75.7)	344 (59.7)	

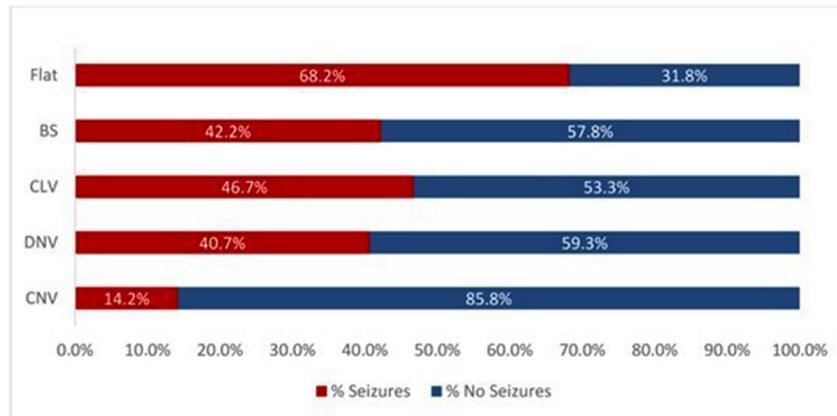
\*Total number of newborns for each category (with/without seizures): Sex = 296/568; Delivery method = 292/569; pH = 146/312; BE = 133/303; Sarnat = 215/425.

**Table 2.** Brain monitoring findings.

Brain monitoring findings	HIE with seizures (n = 296)	HIE without seizures (n = 576)
<b>Initial Background Activity (%)<sup>a</sup></b>		
<i>CNV</i>	53 (17.9)	320 (55.5)
<i>DNV</i>	72 (24.3)	105 (18.2)
<i>CLV</i>	86 (29.1)	98 (17.1)
<i>BS</i>	19 (6.4)	26 (4.5)
<i>Flat</i>	58 (19.6)	27 (4.7)
<i>SE<sup>b</sup></i>	8 (2.7)	0 (0)
<b>SWC (%)<sup>c</sup></b>		
<i>Present</i>	106 (35.8)	319 (55.4)
<i>Absent</i>	190 (64.2)	257 (44.6)
<b>Seizures type (%)<sup>d</sup></b>		
<i>Single</i>	48 (19.7)	0 (0)
<i>Repetitive</i>	170 (69.7)	0 (0)
<i>Status epilepticus</i>	26 (10.6)	0 (0)
<b>Seizures classification (%)<sup>e</sup></b>		
<i>Clinical</i>	32 (10.8)	0 (0)
<i>Subclinical</i>	213 (72.2)	0 (0)
<i>Clinical followed by subclinical</i>	50 (17.0)	0 (0)

<sup>a</sup>To determine the initial background activity, we considered the initial background activity shown in the first 24 hours of life. <sup>b</sup>The presence of SWC and seizures was assessed during the entire monitoring period. <sup>c</sup>When SE was present, the background activity was not classified. <sup>d</sup>Total number of newborns = 244. <sup>e</sup>Total number of newborns = 295.

**Figure 1.** Percentage of infants with seizures according to initial background activity classification.



t-test, chi-square, Mann-Whitney test, and post hoc analyses were used for the associations. Results: 872 newborns from 32 hospitals were included. According to the modified Sarnat exam, 56 (6.4%) infants were classified with mild HIE, 404 (46.3%) moderate, and 180 (20.6%) severe. Infants initially classified with mild HIE received TH due to diagnosis of seizures and/or abnormal

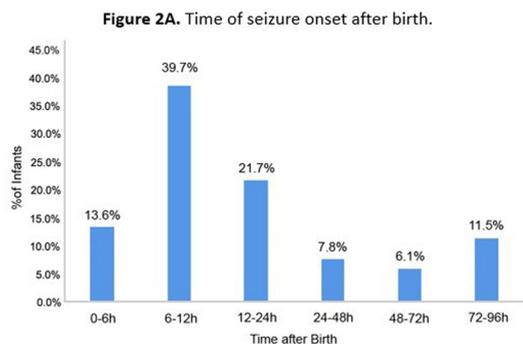
background activity on aEEG (continuous low voltage, burst suppression and/or flat trace). Baseline characteristics are shown in Table 1. Electrographic seizures were identified in 296 (33.9%) newborns, in which 26 (10.6%) had status epilepticus, 170 (69.7%) repetitive seizures and 48 (19.7%) single seizure. Sleep-wake cycling (SWC) was absent in 447 (51.3%) of newborns. A summary of the

brain monitoring findings is shown in Table 2. Seizures were more common in infants with absent SWC ( $p < 0.0001$ ) and abnormal early background activity ( $p < 0.0001$ ) (Figure 1). Seizure onset was most frequent between 6 to 12 hours of life (39.7%), and 75% occurred in the first 24 hours of life (Figure 2A). The first-line antiepileptic drug (AED) used for seizure treatment was phenobarbital (99.3%) and a single AED achieved seizure control in 192 (70.6%) infants (Figure 2B).

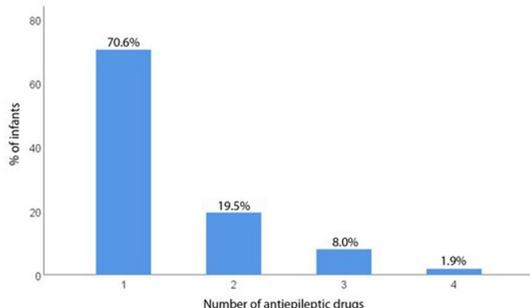
**CONCLUSIONS:** Seizures frequently occurred in this large cohort of newborns with HIE receiving TH and were commonly associated with early abnormal background activity and absence of SWC. Due to the high prevalence of HIE and seizures in low and middle-income countries, brain monitoring is particularly necessary. Telehealth systems may be a useful solution to improve neonatal neurocritical care in a large number of centers.

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**Figure 2B.** Number of antiepileptic drugs used to achieve seizure control.



## Improving the usability of EEG for neonatal clinical trials: An automated artefact detection algorithm

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**BACKGROUND:** Hospitalised infants can receive many painful procedures a day, but pharmacological analgesics are frequently not provided in part due to lack of testing in infants. Measuring noxious-evoked brain activity provides an important objective surrogate measure to assess analgesic efficacy in pre-verbal infants<sup>1</sup>. However, adopting EEG measures is technically challenging and the development of easy-to-use acquisition and analysis methods would facilitate the use of EEG in randomised clinical trials<sup>2</sup>. Contamination of EEG signal by artefact – for example by movement or muscle artefact – is common, especially when recording from infants in response to stimuli<sup>3</sup>. Usually, epochs are manually reviewed to identify epochs contaminated by artefact, but this introduces an additional source of variability, reduces the reproducibility of results, and requires expertise and time. We aimed to develop a software-based, automated method for detecting artefact in epochs of EEG signal.

**METHODOLOGY:** EEG data was selected from a database of previously recorded data collected at the John Radcliffe Hospital, Oxford, UK. 410 epochs (duration 1.5 seconds) were taken from EEG recordings of 160 newborn infants (postmenstrual age 28 to 43 weeks) in response to noxious, visual, auditory, and tactile stimuli and during background periods. A group of seven experienced raters independently assessed each epoch as containing artefact or not.

Features of the EEG signals, identified from existing adult literature as predictive of artefact, were calculated. A machine learning classifier was trained to predict whether any given epoch of EEG data contained artefact, with balanced accuracy assessed using leave-one-subject-out cross-validation. The ability of this automated method to identify artefact was tested on a separate, independent set of data.

**RESULTS:** There was good agreement between experienced raters in identifying epochs containing artefact: 24% of epochs contained artefact, mean Cohen's Kappa: 0.51, indicating 'fair to good' agreement. The automated method performed well at identifying artefact with a balanced accuracy of 0.81 in the independent test set (compared to 0.84 for raters). The method performed similarly across different infant age groups and type of stimulus.

**CONCLUSION:** The automated artefact detector developed here performs well, with an accuracy as good as experienced EEG reviewers. Compared with manual review of EEG data, using this model enhances reproducibility, could reduce analysis time, and facilitates the application of EEG as a clinically useable tool without the need for expert EEG assessors.

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## Glycemic instability correlates with greater ratios of low voltage on EEG tracings in neonates with hypoxic ischemic encephalopathy

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**BACKGROUND:** Hypoxic ischemic encephalopathy (HIE) is a severe newborn condition in which the underlying mechanisms still require further understanding. This clinical population is at increased risk for neonatal hypo- and hyperglycemia. Given the need to improve our understanding of metabolic functioning in HIE, this study aims to determine the association of neonatal glycemic disturbances on the brain's background electrophysiological activity measured by electroencephalography (EEG). It was hypothesized that abnormal glucose in the first 48h of life would correlate with greater discontinuity on EEG tracings.

**METHODOLOGY:** Forty-nine newborns with HIE and undergoing therapeutic hypothermia were recruited at Sainte-Justine University Hospital Center. Continuous

EEG monitoring using a modified neonatal 10-20 montage using 11 electrodes was started as soon as possible after admission and segments of interest containing glucose measurements in the first 48h of life were analyzed (average of 9.8h of EEG analyzed per baby). Brain activity was quantitatively assessed according to an index of discontinuity characterized by the proportion of low EEG amplitudes per segment (< 15, 12.5 and 10  $\mu$ V cutoffs). Glucose measurements were intermittently collected using blood samples and bedside glucometers and were retrospectively retrieved from medical charts. Participants were separated in 4 groups according to the glycemic state presented in the first 48h of life: normoglycemia (n = 14), hyperglycemia (> 8.3 mmol/L; n = 21), hypoglycemia (< 2.6 mmol/L; n = 4) and both (hyper- and hypoglycemia; n = 10).

**RESULTS:** The non-parametric covariance analyses revealed a significant difference between the discontinuity index for the 15  $\mu$ V threshold (F = 3.070, p = 0.037) when controlling for gestational age and 5 min apgar score. The pairwise comparisons showed a positive difference between the group BOTH and the NORMOGLYCEMIA group for every thresholds (15  $\mu$ V: t = 2.892, p = 0.006, 12.5  $\mu$ V: t = 2.758, p = 0.008, 10  $\mu$ V : t = 2.679, p = 0.010), the labile glucose group having a greater discontinuity index. A similar difference was found between the HYPERGLYCEMIA group and the NORMOGLYCEMIA group for the 15 $\mu$ V (t = 2.206, p = 0.033) and 12.5 $\mu$ V (t = 2.100, p = 0.041) thresholds. No difference was found between the HYPOGLYCEMIA group and the NORMOGLYCEMIA group.

**CONCLUSION:** An abnormal glycemic profile, particularly glucose lability and hyperglycemia alone, were shown to be associated with abnormal brain activity characterized by a greater EEG discontinuity index. These results highlight the importance of monitoring and maintaining normal glucose levels in at-risk neonates with hypoxic ischemic encephalopathy.

## Role of neonatal hypoglycemia and hyperglycemia in EEG spectral power and functional connectivity abnormalities in neonates with hypoxic-ischemic encephalopathy

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**BACKGROUND AND PURPOSE:** Neonatal hypoglycemia and hyperglycemia have been associated with an increased risk of short and long-term sequelae on brain and visual function. Yet, there is limited evidence of this relationship in neonates with hypoxic-ischemic encephalopathy (HIE) who are at greater risk of glycemic abnormalities after birth. Therefore, we investigated how neonatal hypo- and hyperglycemia affect brain function in neonates with HIE, using continuous electroencephalography (cEEG). We hypothesized that hypo- or hyperglycemia in newborns with HIE would be associated with changes in EEG quantitative power and functional connectivity, particularly in posterior brain regions.

**METHODOLOGY:** In this retrospective study, 86 neonates diagnosed with HIE within the first six hours of life underwent therapeutic hypothermia and cEEG monitoring (up to 6h post-rewarming) with a modified neonatal montage including frontal (Fp1, Fp2), central (C3, C4), temporal (T3, T4) and occipital (O1, O2) electrodes. Episodes of hypoglycemia (<2.6 mmol/L) and hyperglycemia (> 8.3 mmol/L) were identified from birth until the end of the cEEG. Quantitative EEG measures of subjects with normal glycemia (n=19) were compared with neonates who had hypoglycemia only (n=7), hyperglycemia only (n=35) and episodes of both hypoglycemia and hyperglycemia (n=25). EEG spectral power measured by the area under the curve and functional connectivity using the weighted phase lag index (wPLI)

were calculated for delta (1-4 Hz), theta (4-8Hz), alpha (8-12Hz), beta (12-20Hz) and total (1-20 Hz) bands. Power and functional connectivity measured during the 6h post-rewarming period were compared between groups using a one-way ANCOVA, adjusting for gestational age and clinical markers of hypoxia-ischemia severity (Apgar score at 5 minutes and umbilical artery pH), with Bonferroni-adjusted post-hoc tests.

**RESULTS:** Compared with normoglycemia, only neonates with both hypo- and hyperglycemia had significantly decreased total band power in central (p=.004), temporal (p<.001) and occipital (p=.020) regions (Fig.1). Delta band power was significantly lower in these neonates with both hypo- and hyperglycemia in the central (p=.002), temporal (p<.001) and occipital (p=.014) regions (Fig.2). Moreover, neonates with both hypo- and hyperglycemia showed significant wPLI increases in O1-C3 and O2-C4 connections in the delta band (p=.002 and p=.040, respectively), when compared with neonates with normal glycemia (Fig.3).

**CONCLUSION/IMPACT:** The occurrence of episodes of both hypo- and hyperglycemia in neonates with HIE is associated with changes in brain function after completing therapeutic hypothermia, as demonstrated by decreased EEG delta power and functional connections changes within posterior brain regions, even after adjusting for

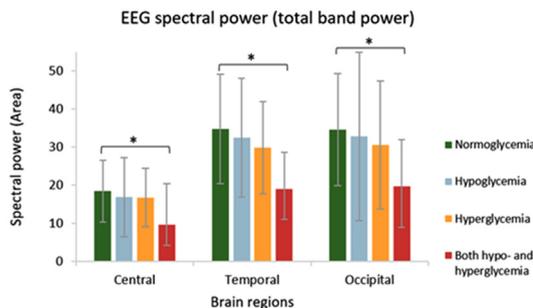


Figure 1. Bar graphs comparing EEG total band power (1-20Hz) in groups of neonates with normoglycemia, hypoglycemia, hyperglycemia, and both.

\* Bonferroni-adjusted p<0.05.

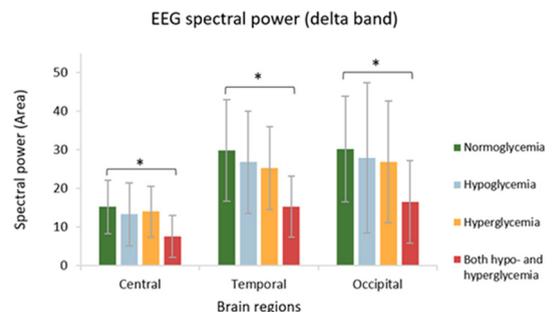


Figure 2. Bar graphs comparing EEG delta band power (1-4Hz) in groups of neonates with normoglycemia, hypoglycemia, hyperglycemia, and both.

\* Bonferroni-adjusted p<0.05.

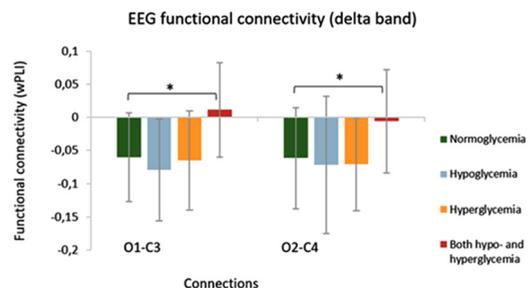


Figure 3. Bar graphs comparing EEG functional connectivity in the delta band (1-4Hz) in groups of neonates with normoglycemia, hypoglycemia, hyperglycemia, and both.

\* Bonferroni-adjusted p<0.05.

gestational age and markers of hypoxia–ischemia severity. This early detection of abnormalities in brain function highlights the importance of monitoring and maintaining normoglycemia in at-risk infants and may help guide further research on intervention protocols to better manage neonates with HIE and prevent short- and long-term neurodevelopmental consequences.

**Acute provoked seizures in neonates undergoing therapeutic hypothermia are associated with alterations in pathway-specific circulating inflammatory cytokines**

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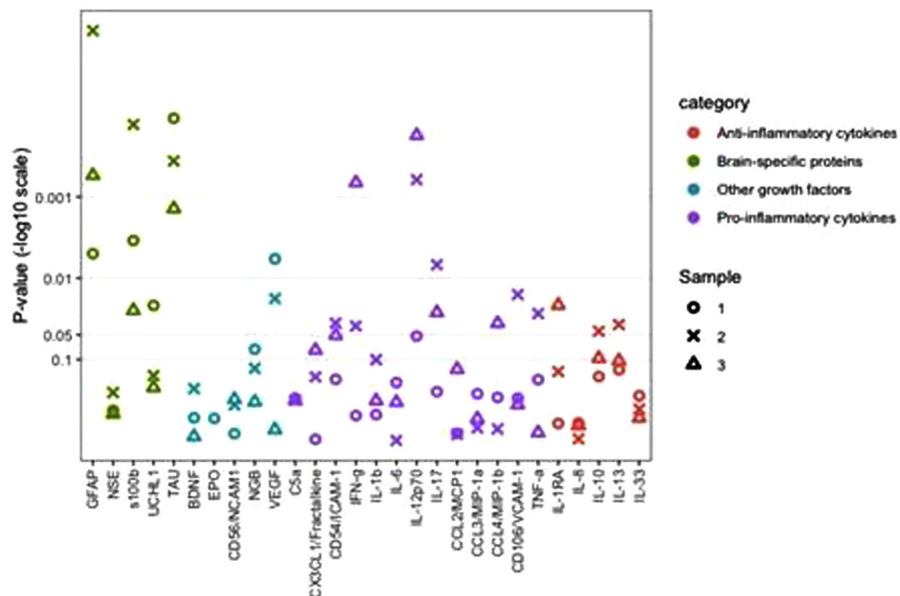
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**BACKGROUND AND PURPOSE:** Increasing evidence suggests neuro-inflammation is instrumental in the development and propagation of seizures. Pro-inflammatory cytokine concentrations may serve as markers of seizure severity. We aimed to measure circulating biomarker concentrations and to evaluate their association with acute provoked seizures among neonates undergoing therapeutic hypothermia (TH) for hypoxic-ischemic encephalopathy (HIE). We hypothesize that increased inflammatory cytokine and brain injury marker concentrations are associated with the presence and severity of seizures.

**MATERIALS AND METHODOLOGY:** This was an ancillary to the High-Dose Erythropoietin for Asphyxia and Encephalopathy (HEAL) trial of erythropoietin (Epo) vs placebo for neonates treated with TH for HIE, and its neurophysiology sub-study (HEAL-EEG). In the HEAL trial, plasma was collected at three time points: 12-24 hours; 36-48 hours; and 74-86 hours after birth. Plasma concentrations of 28 biomarkers (including anti-inflammatory cytokines, brain-specific proteins, other

**FIGURE 1: Biomarker associations between neonates with and without acute provoked seizures.** Unadjusted p-values are shown on the y-axis. Sample 1 was collected prior to the initial dose of study drug (~12-24 hours after birth). Sample 2 was collected around the time of the second dose of study drug (~36-48 hours after birth). Sample 3 was collected around the time of the fourth dose of study drug (~74-86 hours after birth).



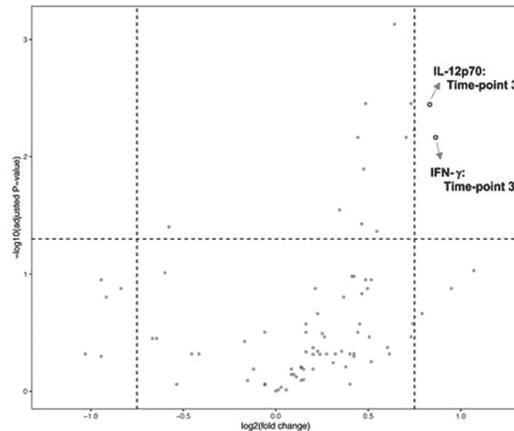
growth factors, and pro-inflammatory cytokines/chemokines/peptides) were evaluated using Luminex, Meso Scale Discovery, and ELISA based platforms. Kruskal-Wallis Rank Sum Tests were used to evaluate differences in biomarker concentrations between neonates with and without seizures. Spearman's rank correlation coefficient was used to evaluate the association between biomarker concentrations and maximum hourly seizure burden or total seizure duration. False-discovery rate was used to adjust for multiple comparisons.

**RESULTS:** Among 150 participants in the HEAL-EEG cohort, 52 (35%) had biomarker concentrations measured. There was no difference in maternal and infant characteristics between neonates with and without biomarker measurements. Fifteen of 52 (29%) participants had seizures. Gestational age, 5-, and 10-minute Apgar scores differed between neonates with and without seizures (Table 1). Circulating biomarker concentrations differed between neonates with and without seizures in all categories (Figure 1). After adjustment for multiple

**Table 1: Maternal, Pregnancy, and Infant Characteristics at Baseline among Neonates with and without Acute Symptomatic Seizures.**

	Overall	No Seizures	Seizures	P-Value
<b>n</b>	52	37	15	
<b>Maternal Characteristics</b>				
Race, n(%)				0.20
White	38 (73.1)	26 (70.3)	12 (80.0)	
Black	6 (11.5)	5 (13.5)	1 (6.7)	
Asian	3 (5.8)	1 (2.7)	2 (13.3)	
Multiple/Other/Unknown	5 (9.6)	5 (13.5)	0 (0.0)	
Hispanic ethnic group, n(%)	13 (25.0)	9 (24.3)	4 (26.7)	1.0
Maternal age (SD)	30.1 (7.3)	30.0 (7.7)	30.4 (6.7)	0.86
Education, ≤ high school, n(%)	23 (44.2)	16 (43.2)	7 (46.7)	1.0
Primiparous, n(%)	35 (67.3)	25 (67.6)	10 (66.7)	1.0
<b>Pregnancy and delivery complications - n(%)</b>				
Maternal chorioamnionitis	12 (23.1)	9 (24.3)	3 (20.0)	1.0
Preeclampsia or eclampsia	5 (9.6)	3 (8.1)	2 (13.3)	0.95
Gestational diabetes	4 (7.7)	4 (10.8)	0 (0.0)	0.45
Obesity: body-mass index >30	6 (11.5)	4 (10.8)	2 (13.3)	1.0
Sentinel events	16 (30.8)	11 (29.7)	5 (33.3)	1.0
Shoulder dystocia	3 (5.8)	1 (2.7)	2 (13.3)	0.41
Placental abruption	6 (11.5)	5 (13.5)	1 (6.7)	0.83
Prolapsed cord	4 (7.7)	3 (8.1)	1 (6.7)	1.0
Uterine rupture	3 (5.8)	2 (5.4)	1 (6.7)	1.0
Cesarean section delivery	37 (71.2)	25 (67.6)	12 (80.0)	0.58
Outborn Delivery	43 (82.7)	30 (81.1)	13 (86.7)	0.94
<b>Infant characteristics</b>				
Female sex, n(%)	19 (36.5)	12 (32.4)	7 (46.7)	0.52
Birth weight, grams (SD)	3296 (589)	3227 (600)	3465 (543)	0.19
Gestational age, weeks (SD)	39.2 (1.6)	38.8 (1.7)	39.9 (1.2)	<b>0.02</b>
5 min Apgar [IQR]	3.0 [2.0, 4.0]	4.0 [3.0, 5.0]	2.5 [0.3, 3.8]	<b>0.02</b>
10 min Apgar [IQR]	5.0 [4.0, 6.0]	5.0 [4.0, 7.0]	4.0 [3.3, 4.0]	<b>0.01</b>
Continued resuscitation at 10 min - n(%)	46 (88.5)	32 (86.5)	14 (93.3)	0.83
Lowest pH (SD)	7.0 (0.18)	7.0 (0.18)	7.0 (0.16)	0.27
Worst base deficit (SD)	-16.8 (6.09)	-17.0 (6.49)	-16.3 (5.14)	0.75
Severe encephalopathy, n(%)	10 (19.2)	6 (16.2)	4 (26.7)	0.63
EPO Treatment Group, n(%)	30 (58)	22 (59)	8 (53)	0.16

**Figure 2: Biomarker expression differences between neonates with and without acute provoked seizures enrolled within the HEAL-EEG Biomarker Cohort.** Dashed horizontal line represents adjusted p-value of 0.05. Dashed vertical lines represent 75% decrease or increase in biomarker expression levels between groups.



comparisons, brain-specific proteins GFAP, s100 $\beta$ , and Tau concentrations were elevated at multiple time-points in neonates with seizures compared to those without seizures. Pro-inflammatory cytokines IL-12p70 and interferon- $\gamma$  (IFN- $\gamma$ ) were elevated at 74-86 hours only. Only cytokines within the Janus kinase-signal transducer and activator of transcription (JAK/STAT) pathway (IL-12p70 and IFN- $\gamma$ ) were differentially expressed between groups by more than 75% (Figure 2). Significant correlations were found in biomarkers within and between the IL-1 pathway (IL-1 $\beta$ , IL-6, IL-17A) and the JAK/STAT pathways at all timepoints. Among neonates with seizures, biomarker concentrations did not correlate with seizure burden or total seizure duration.

**CONCLUSION/IMPACT:** In neonates with HIE undergoing TH, the presence of acute provoked seizures but not seizure burden was associated with differences in inflammatory cytokine and brain injury biomarker concentrations. Cytokines within the JAK/STAT pathway had strong evidence of higher expression among neonates with seizures and correlated with changes in the IL-1 $\beta$  pathway. Future investigations may investigate whether therapeutics targeting the JAK/STAT pathway modify development of seizures in neonates with HIE undergoing TH.

#### REFERENCE

Wu Y.W., et al. Trial of Erythropoietin for Hypoxic–Ischemic Encephalopathy in Newborns. *N Engl J Med* 2022; 387:148-159. doi: 10.1056/NEJMoa2119660

### Dexmedetomidine for Sedation of Neonates with Hypoxic Ischemic Encephalopathy Undergoing Therapeutic Hypothermia: A Single Center, Descriptive Study

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**BACKGROUND AND PURPOSE:** Therapeutic hypothermia produces significant physiologic stress. Use of opioids for sedation in neonates with hypoxic ischemic encephalopathy (HIE) during hypothermia is a common practice, but these drugs have been associated with significant side effects. Dexmedetomidine provides sedation, prevents shivering, but does not suppress ventilation and does not cause gastric dysmotility, also neuroprotective effects reported in animal models. The objective of this study is to evaluate the safety, effectiveness, and short and long-term effects of dexmedetomidine in infants with HIE undergoing therapeutic hypothermia.

**MATERIALS:** This is a retrospective study included neonates  $\geq 35$  weeks of gestational age with a diagnosis of HIE undergoing therapeutic hypothermia between Jan 2014 and Dec 2021. Patients were included if they received at least 6 hours of continuous sedation only with dexmedetomidine. Neonates with lethal congenital malformations, and chromosomal anomalies were excluded. Continuous variables were described using medians and interquartile ranges, categorical variables were described using counts and percentages. Demographic and clinical characteristics were compared between patients with mild and moderate/severe HIE by using the Wilcoxon rank sum test for continuous/ordinal characteristics and the Pearson's chi-square test or Fisher's exact test for categorical characteristics, as appropriate.

**RESULTS:** Of the 97 neonates included, 46 had mild and 51 infants had moderate to severe HIE. Initial dose of dexmedetomidine was 0.2 and maximum dose was 0.4 mcg/kg/hour. Dexmedetomidine was initiated average at 5 hours of life. Average infusion duration was 77 hours and cumulative dose was 16.6 mcg/kg. Overall 40 patients (41.2%) had at least one bradycardia episode with heart rate  $< 80$ /min and only 14 of them (14.4% of all patients) had heart rate  $< 70$ /min. Dexmedetomidine was decreased or discontinued in 26 (65%) of neonates with bradycardia. Only 7 patients (7.2%) had hypotension, and none of the patients had hypertension. Total fifty-five patients (56.7%) required at least one bolus of opioids during therapeutic hypothermia, 47 of them required bolus opioids in the first 24 hours of initiation of dexmedetomidine. Only 7 patients (7.2%) required at least one bolus of sedatives during therapeutic hypothermia and 5 of them required bolus sedatives in the first 24 hours of initiation of dexmedetomidine. Fifty-two of patients (53.6%) were intubated in delivery room and most of them extubated on day of life 1. Ninety-one (93.8%) patients reached full oral feeds average 6 days. Average NICU stay was 10 days. Forty-four (46.3%) patients had abnormal MRI findings. Only 3 patients had Bayley scores  $< 70$  at 8-17 months and  $\geq 18$  months age.

Table 1  
Baseline characteristics

	Total HIE patients (N=97)	Mild HIE (N=46)	Moderate and severe HIE (N=51)	p-value
Gender	97	46	51	0.74 <sup>a</sup>
Female	46 (47.4)	21 (45.7)	25 (49.0)	
Male	51 (52.6)	25 (54.3)	26 (51.0)	
Gestational Age (weeks)	39.5 [38.3, 40.4]	39.6 [38.3, 40.5]	39.5 [38.1, 40.4]	0.84 <sup>b</sup>
Birthweight (kg)	3.3 [3.1, 3.7]	3.4 [3.2, 3.6]	3.2 [2.9, 3.8]	0.40 <sup>b</sup>
Delivery type				0.12 <sup>a</sup>
SVD	29 (29.9)	11 (23.9)	18 (35.3)	
Vaginal assisted	13 (13.4)	4 (8.7)	9 (17.6)	
Cesarean section	55 (56.7)	31 (67.4)	24 (47.1)	
Apgar scores, 1 min	2.0 [1.0, 2.0]	2.0 [1.0, 2.0]	1.0 [1.0, 2.0]	0.13 <sup>b</sup>
5 min	4.0 [3.0, 5.0]	4.0 [3.0, 5.0]	4.0 [2.0, 5.0]	0.31 <sup>b</sup>
10 min	5.0 [4.0, 7.0]	6.0 [5.0, 7.0]	5.0 [4.0, 6.0]	<b>0.003<sup>b</sup></b>
Cord Arterial pH	7.0 [6.8, 7.1]	7.0 [6.9, 7.1]	6.9 [6.8, 7.1]	0.41 <sup>b</sup>
bicarbonate	18.0 [14.0, 20.0]	17.0 [14.0, 20.0]	18.0 [15.0, 20.0]	0.77 <sup>b</sup>
base deficit	14.0 [10.0, 19.6]	12.0 [9.0, 16.1]	17.0 [12.8, 22.0]	<b>0.005<sup>b</sup></b>
< 1 hour of life blood gas				
pH	7.2 [7.1, 7.2]	7.2 [7.2, 7.3]	7.1 [7.0, 7.2]	<b>&lt;0.001<sup>b</sup></b>
bicarbonate	13.0 [10.0, 16.0]	14.0 [13.0, 18.0]	13.0 [9.0, 15.0]	<b>0.020<sup>b</sup></b>
base deficit	15.0 [12.0, 18.0]	13.0 [10.0, 16.0]	18.0 [14.5, 21.0]	<b>0.002<sup>b</sup></b>
lactate	12.6 [8.2, 15.0]	10.2 [6.9, 14.0]	13.2 [11.1, 17.9]	<b>0.014<sup>b</sup></b>
Seizures (N, %)	21 (21.6)	2 (4.3)	19 (37.3)	<b>&lt;0.001<sup>b</sup></b>
Timing of first seizure (hours)	14.0 [11.0, 20.0]	4.5 [9.0, 20.0]	14.0 [11.0, 24.0]	0.95 <sup>b</sup>

Abbreviations: N, number of patients; HIE, Hypoxic ischemic encephalopathy; SVD, spontaneous vaginal delivery.

Statistics presented as Median [P25, P75], N (column %)

p-values: a=Pearson's chi-square test, b=Wilcoxon Rank Sum test. Bold p-values are statistically significant.

Table 2  
Medication and adverse events

	Total HIE patients (N=97)	Mild HIE (N=46)	Moderate and severe HIE (N=51)	p-value
Dexmedetomidine				
Initiation, hours of life	5.0 [4.5, 8.0]	5.5 [5.0, 9.0]	5.0 [4.0, 6.0]	0.054 <sup>b</sup>
Duration, hours	77.0 [46.0, 87.0]	77.0 [49.0, 86.0]	75.0 [30.0, 90.0]	0.77 <sup>b</sup>
Cumulative dose - mcg/kg	16.6 [9.9, 22.7]	16.3 [10.2, 21.0]	17.0 [9.2, 23.8]	0.56 <sup>b</sup>
Breakthrough opioid use (N, %)	55 (56.7)	29 (63.0)	26 (51.0)	0.23 <sup>a</sup>
Doses, first 24 hours	2.0 [1.0, 2.0]	2.0 [1.0, 2.0]	1.0 [1.0, 2.0]	0.18 <sup>b</sup>
Doses, first 80 hours	4.0 [2.0, 5.0]	4.0 [2.0, 6.0]	3.0 [2.0, 4.0]	0.15 <sup>b</sup>
Breakthrough sedative use (N, %)	7 (7.2)	3 (6.5)	4 (7.8)	>.99 <sup>c</sup>
Doses, first 24 hours	1.0 [0, 2.0]	1.0 [0, 1.0]	1.5 [0.50, 2.0]	0.48 <sup>b</sup>
Doses, first 80 hours	1.0 [1.0, 2.0]	1.0 [1.0, 2.0]	1.5 [1.0, 4.0]	0.71 <sup>b</sup>
Bradycardia < 80 bpm (N, %)	40 (41.2)	21 (45.7)	19 (37.3)	0.40 <sup>a</sup>
1 to 2 episodes	29 (29.8)	15 (32.6)	14 (27.5)	
3-4 episodes	8 (8.3)	4 (8.7)	4 (7.8)	
>4 episodes	3 (3.1)	2 (4.3)	1 (2)	
Intervention for bradycardia (N, %)				
No changes	14 (35.0)	5 (23.8)	9 (47.4)	0.12 <sup>a</sup>
Dose decreased	21 (52.5)	10 (47.6)	11 (57.9)	0.52 <sup>a</sup>
Discontinued	23 (57.5)	11 (52.4)	12 (63.2)	0.49 <sup>a</sup>
Bradycardia < 70 bpm (N, %)	14 (14.4)	5 (10.9)	9 (17.6)	0.34 <sup>a</sup>
Intervention for bradycardia (N, %)				
No changes	3 (21.4)	0 (0)	3 (33.3)	0.26 <sup>c</sup>
Dose decreased	10 (71.4)	3 (60.0)	7 (77.8)	0.58 <sup>c</sup>
Discontinued	11 (78.6)	3 (60.0)	8 (88.9)	0.51 <sup>c</sup>
Hypotension (N, %)	7 (7.2)	2 (4.3)	5 (9.8)	0.44 <sup>b</sup>

Abbreviations: N, number of patients; HIE, Hypoxic ischemic encephalopathy; bpm, beat per minute.

Statistics presented as Median [P25, P75], N (column %)

p-values: a=Pearson's chi-square test, b=Wilcoxon Rank Sum test, c=Fisher's Exact test.

Table 3  
Hospital Course

	Overall (N=97)	Mild (N=46)	Moderate and Severe (N=51)	p-value
NICU LOS (days)	10.0 [8.0, 14.0]	9.0 [7.0, 12.0]	11.0 [8.0, 18.0]	<b>0.010<sup>b</sup></b>
Reaching full enteral feeds (NG/OG tube), day of life	1.0 [5.0, 7.0]	6.0 [5.0, 7.0]	6.0 [5.0, 8.0]	0.29 <sup>b</sup>
Reaching full oral feeds, day of life	6.0 [5.0, 10.0]	6.0 [5.0, 8.0]	7.0 [6.0, 12.0]	0.12 <sup>b</sup>
Home with tube feeding (N, %)				<b>0.029<sup>c</sup></b>
No	90 (92.8)	46 (100.0)	44 (86.3)	
NG	4 (4.1)	0 (0)	4 (7.8)	
G-tube	3 (3.1)	0 (0)	3 (5.9)	
Mechanical ventilation				
Number of patients (N, %)	52 (53.6)	19 (41.3)	33 (64.7)	<b>0.021<sup>a</sup></b>
Duration, days	1.0 [1.0, 2.0]	1.0 [1.0, 1.0]	1.0 [1.0, 3.0]	<b>0.023<sup>b</sup></b>
Non-invasive ventilation				
Number of patients (N, %)	21 (21.6)	6 (13.0)	15 (29.4)	0.051 <sup>a</sup>
Duration, days	4.0 [2.0, 7.0]	1.5 [1.0, 3.0]	4.0 [3.0, 11.0]	<b>0.020<sup>b</sup></b>

Abbreviations: LOS, length of stay; NG, nasogastric; OG, orogastric; G-tube, gastric tube.

Statistics presented as Median [P25, P75], N (column %).

P-values: a=Pearson's chi-square test, b=Wilcoxon Rank Sum test, c=Fisher's Exact test.

Bold p-values are statistically significant.

Table 4  
Outcomes

	Overall (N=97)	Mild (N=46)	Moderate and Severe (N=51)	p-value
Died in NICU (N, %)	1 (1.0)	0 (0)	1 (2.0)	>.99 <sup>c</sup>
MRI results (N, %)	95 (97.9)	45 (97.8)	50 (98.0)	
Normal	51 (53.7)	31 (68.9)	20 (40.0)	<b>0.005<sup>a</sup></b>
Basal ganglia/thalamic injury	6 (6.3)	0 (0)	6 (12.0)	<b>0.028<sup>c</sup></b>
Cortical injury	9 (9.5)	2 (4.4)	7 (14.0)	0.16 <sup>c</sup>
White matter injury	8 (8.4)	2 (4.4)	6 (12)	0.27 <sup>c</sup>
PLIC	2 (2.1)	0 (0)	2 (4.0)	0.50 <sup>c</sup>
IVH	6 (6.3)	2 (4.4)	4 (8.0)	0.68 <sup>c</sup>
Parenchymal hemorrhage	7 (7.4)	4 (8.9)	3 (6.0)	0.70 <sup>c</sup>
Restricted diffusion/stroke	21 (22.1)	9 (20.0)	12 (24.0)	0.64 <sup>a</sup>
Other	6 (6.3)	2 (4.4)	4 (8.0)	0.68 <sup>c</sup>
Bayley results, 8-17 months (N, %)	61 (62.9)	27 (58.7)	34 (66.7)	
Cognitive scores <85	4 (6.6)	1 (3.7)	3 (8.8)	0.62 <sup>c</sup>
Language scores <85	7 (11.5)	3 (11.1)	4 (11.8)	>.99 <sup>c</sup>
Motor scores <85	7 (11.5)	2 (7.4)	5 (14.7)	0.45 <sup>c</sup>
Bayley results, 18-24 months (N, %)	45 (46.4)	19 (41.3)	26 (51.0)	
Cognitive scores <85	5 (11.1)	3 (15.8)	2 (7.7)	0.64 <sup>c</sup>
Language scores <85	9 (20.0)	3 (15.8)	6 (23.1)	0.71 <sup>c</sup>
Motor scores <85	4 (8.9)	1 (5.3)	3 (11.5)	0.63 <sup>c</sup>

Abbreviations: PLIC, posterior limb of internal capsule; IVH, intraventricular hemorrhage; other, non-specific MRI findings.

Statistics presented as Median [P25, P75], N (column %).

P-values: a=Pearson's chi-square test, c=Fisher's Exact test.

Bold p-values are statistically significant.

**CONCLUSION:** Most common side effect of dexmedetomidine was bradycardia. Dexmedetomidine might be used first and single agent for neonates with all degrees of HIE undergoing hypothermia.

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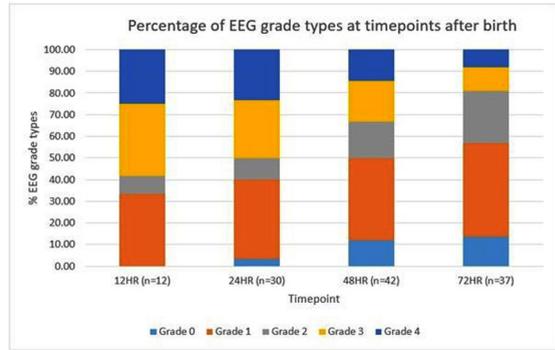
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**Monitoring EEG background state and seizure burden in neonates with neonatal encephalopathy in Uganda: A feasibility study**

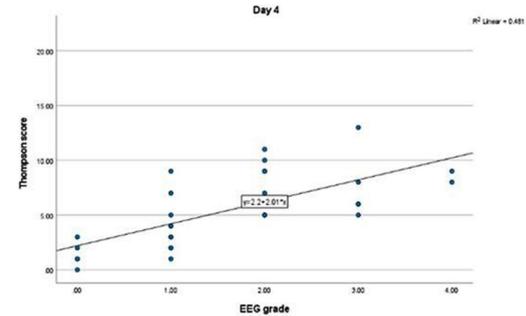
Mathieson S<sup>1</sup>, Nanyunya C<sup>2</sup>, Proietti J<sup>1</sup>, Mambule P<sup>2</sup>, Duckworth E<sup>4</sup>, Nakimuli A<sup>5,6</sup>, Boylan G<sup>1</sup>, Tann C<sup>2,3,4</sup>

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**BACKGROUND AND PURPOSE:** Neonatal encephalopathy (NE) has the highest burden of mortality/



**Fig 2.** Percentage of EEG background grade types at timepoints after birth. Grade 0=normal, grade 1=mildly abnormal, grade 2=moderately abnormal, grade 3=major abnormality, 4=inactive trace. n indicates number of timepoints available for grading at time point.

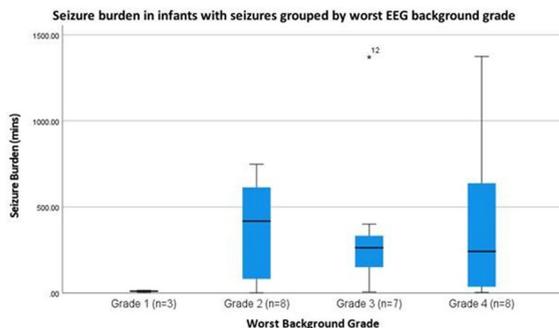


**Fig 3.** Correlation between Thompson core and background EEG score on day 4. Thompson score underestimates severity relative to EEG; all but 1 baby with moderate EEG grade (grade 2) have mild Thompson score ( $\leq 10$ ). For babies with severe EEG grades (grades 3 and 4) no babies have a severe Thompson score ( $>15$ ) and all but one have a mild Thompson score ( $\leq 10$ ).

morbidity in low-income countries (LICs),(1) however, data from these settings is sparse. Neonatal seizures are a risk factor for adverse outcomes(2), but frequently go undetected without monitoring. Continuous EEG (cEEG) is the gold standard for monitoring background activity and seizure detection, and may provide additional prognostic value(3), however is technically challenging. We report cEEG findings from a Ugandan NE cohort, to investigate background activity, neonatal seizure burden and relationships with clinical assessment and early case fatality.

**MATERIALS AND METHODOLOGY:** Neonates with NE recruited at Kawempe National Referral Hospital, Uganda, had cEEG and video monitoring (day 1-4). The EEG screen was masked and clinicians treated based on clinical presentation. Post-acquisition cEEG analysis included seizure annotation and grading(3) of 1hr EEG background epochs at 12, 24, 48 and 72 hours of age and at time of Thompson score. Survival to 28 days of age was recorded.

Spearman’s correlation compared EEG grade and Thompson score (day 2-5). Fisher’s exact test compared survival with status epilepticus and background score, Mann Whitney U test compared survival and seizure



**Fig 1.** Seizure burden grouped by worst background EEG grade.

burden, and the Kruskal Wallis test compared seizure burden for background severity groups.

**RESULTS:** Of 51 recruits, 50 received monitoring of diagnostic quality. Median (IQR) duration of recording was 71.4 (52.4-72.2) hours. Electrographic seizures were recorded in 26 (52%) and, of these, 13 (50%) had status epilepticus. Neonates with seizures had a high median seizure burden of 254.8 (IQR 27.8-433.2) mins. When grouped by EEG background severity (worst grade) groups were not significantly different (Figure 1,  $p=0.163$ ).

In terms of grade evolution, 14/50 infants improved over time, 28 showed no change, none showed a worsening grade and 8 had only 1 timepoint recorded (6/8 died). Figure 2 shows the proportion of different grades over time.

Thompson scores and EEG background scores showed strong positive correlation (coefficients day 2-5 0.620-0.743,  $p<0.001-0.002$ ), however, Thompson score underestimated EEG score severity (Fig 3). Background EEG score predicted survival ( $p<0.01$ ), 11/13 babies with an inactive trace died in the neonatal period, but status epilepticus ( $p=0.703$ ) and seizure burden ( $p=0.668$ ) did not.

**CONCLUSION/IMPACT:** In this Ugandan NE cohort, cEEG was a feasible and acceptable research tool. In this population, where treatment was administered by healthcare workers according to clinical status alone, electrographic seizure burden was high and may therefore contribute to adverse childhood outcomes. Whilst Thompson Score did correlate with EEG background activity, scores generally underestimated severity. In this LIC setting, without access to neonatal intensive care, an inactive EEG predicted death in the neonatal period, however status epilepticus and seizure burden did not; possibly as the most severely affected neonates had electrical brain activity that remained profoundly suppressed.

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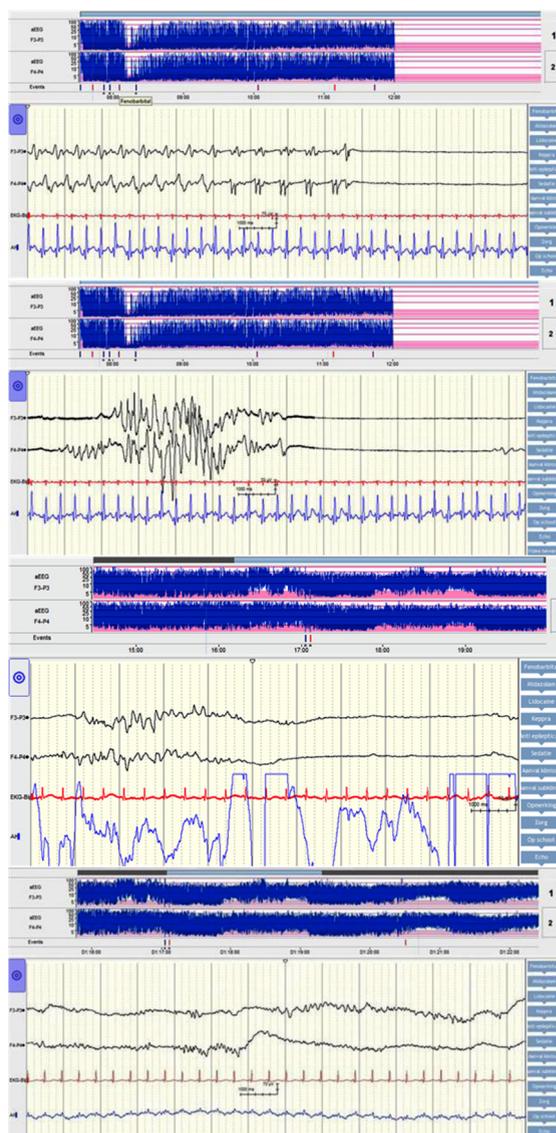
## Neonatal encephalopathy caused by lidocaine intoxication

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**BACKGROUND:** Encephalopathy and seizures occurring in the first hours after birth are most often caused by perinatal asphyxia. However, other causes must be considered when the clinical course is not typical for perinatal asphyxia.

**MATERIALS:** We describe the case of a full term, male neonate who was born after an uneventful pregnancy and



presented with apnea, cyanosis, encephalopathy and seizures within an hour after birth. There were no signs of fetal distress during delivery, Apar scores and umbilical cord pH were normal. Amplitude integrated EEG (aEEG) on admission showed epileptic activity alternated by burst-suppression background pattern, see figures 1 and 2. From onset there was a broad differential diagnosis including metabolic and genetic disorders. However, as both the encephalopathy and the aEEG pattern recovered spontaneously within 24 hours these disorders became less likely. This is shown in figures 3 and 4. Additional magnetic resonance imaging revealed no abnormalities. As the mother received local anesthetics before episiotomy a toxicology screening was performed. This revealed a high plasma level of lidocaine in the newborn. It is assumed that the neonate's scalp was accidentally injected with lidocaine whilst giving mother local anesthetics.

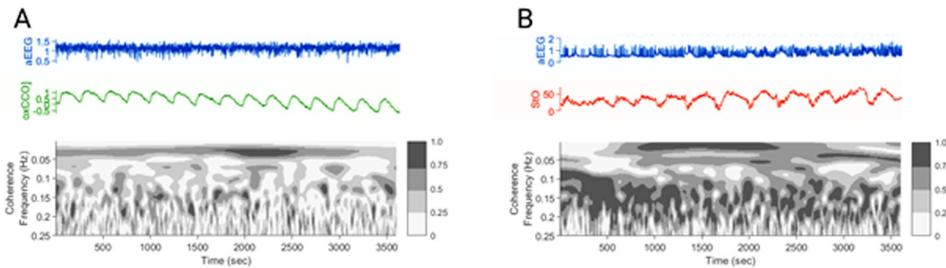
This case report describes the course of the seizures and (a)EEG background pattern. We will review the literature and emphasize the importance of toxicology screening in the work-up of unexpected early postnatal collapse, encephalopathy and seizures.

### Impact of seizures on neurovascular and neurometabolic coupling in the developing brain

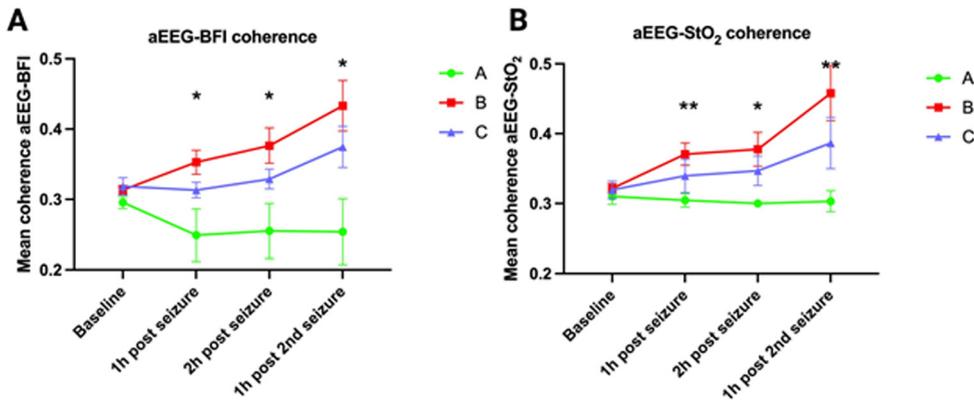
Harvey-jones K<sup>1</sup>, Lange F<sup>2</sup>, Verma V<sup>1</sup>, Meehan C<sup>1</sup>, Mintoft A<sup>1</sup>, Norris G<sup>1</sup>, Campbell E<sup>1</sup>, Tucker K<sup>1</sup>, Boylan G<sup>3</sup>, Robertson N<sup>1</sup>, Tachtsidis I<sup>2</sup>, Mitra S<sup>1</sup>

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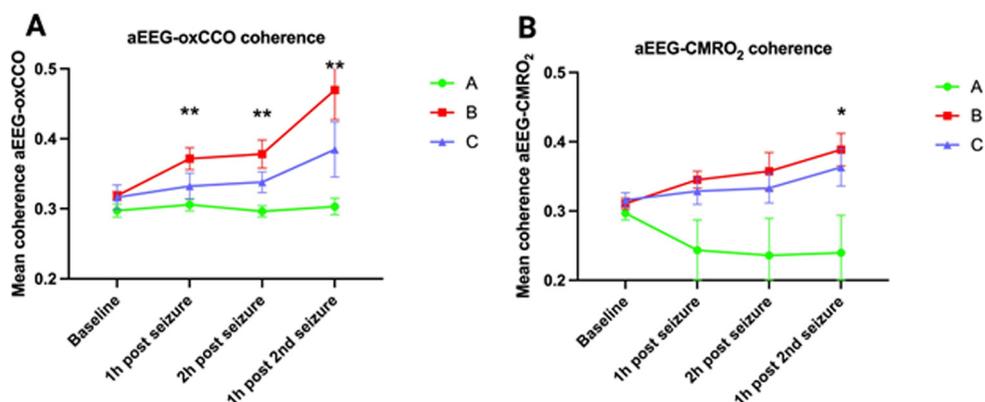
**BACKGROUND:** Seizures are the most common neonatal neurological emergencies however limited progress has been made towards an optimal management strategy. Better understanding of seizure-induced changes is critical and previous optical neuromonitoring studies have demonstrated significant seizure effects on cerebral haemodynamics and metabolism during the peri-ictal period. Wavelet-based analysis is a promising tool to develop optical biomarkers of autoregulatory disturbance



**Figure 1.** Example of **A)** neurometabolic (aEEG-oxCCO) and **B)** neurovascular (aEEG-StO<sub>2</sub>) coupling using wavelet coherence analysis. Each analysis example demonstrates raw aEEG trace (top), raw optical parameter trace (oxCCO-green, StO<sub>2</sub>-red) and calculated coherence colour map (bottom).



**Figure 2.** Neurovascular coupling trends. Mean coherence scores for **A)** aEEG-BFI and **B)** aEEG-StO<sub>2</sub> biomarkers shown over 4 experimental time points for each group A: controls (green), B: untreated seizure group (red), C: treated seizure group (lilac). Significant difference between control group A and untreated seizure group B marked at each time-point according to p value.



**Figure 3.** Neurometabolic coupling trends. Mean coherence scores for **A)** aEGG-oxCCO and **B)** aEGG-CMRO<sub>2</sub> biomarkers shown over 4 experimental time points for each group A: controls (green), B: untreated seizure group (red), C: treated seizure group (lilac). Significant difference between control group A and untreated seizure group B marked at each time-point according to p value.

and neurovascular coupling and has been used effectively in neonatal encephalopathy to assess injury severity and predict outcomes.

Using a novel dual-optical platform combining broadband NIRS (BNIRS) and diffuse correlation spectroscopy (DCS) and wavelet-based tools for the first time in a pre-clinical seizure model, we aimed to investigate the real-time impact of seizures on neurovascular and neurometabolic coupling and the effect of phenobarbitone treatment on these parameters.

**MATERIALS AND METHODOLOGY:** 21 healthy newborn piglets were divided into 3 cohorts to either receive normal saline vehicles (control group A, n=6), bicuculine 4mg/kg IV (seizure group B, n= 7) to induce seizures or bicuculine 4mg/kg IV followed by phenobarbitone loading dose 20mg/kg after 10 min of continuous electrical seizures (treated seizure group C, n=8) over two time points 3h apart. All piglets underwent continuous dual-optical monitoring with BNIRS (measured changes in regional cerebral tissue saturation (StO<sub>2</sub>) and cytochrome-c-oxidase (oxCCO), and DCS (measured cerebral blood flow (BFI). Cerebral metabolic rate of oxygen consumption (CMRO<sub>2</sub>) was further calculated. Continuous EEG/aEEG and systemic monitoring occurred throughout intensive care support.

Neurovascular (aEEG-BFI, aEEG-StO<sub>2</sub>) and neurometabolic (aEEG-oxCCO, aEEG-CMRO<sub>2</sub>) coupling were measured using wavelet analysis to derive mean coherence (measure of spectral similarity) between dynamic parameter micro-oscillations (figure 1). This was performed over 1hr at four time-points (baseline, 1 hr and 2 hr after 1st seizure induction and 1 hr after 2nd seizure induction).

**RESULTS:** Mean coherence for all biomarkers (aEEG-BFI, aEEG-StO<sub>2</sub>, aEEG-oxCCO and aEEG-CMRO<sub>2</sub>) showed progressive increase in the untreated seizure group (B) during the post-ictal period when compared with the

control (A) and treated seizure (C) groups (figures 2,3). aEEG-oxCCO, aEEG-BFI and aEEG-StO<sub>2</sub> coherence significantly differentiated between groups A and B at all time-points following first seizure induction (p=0.005, 0.005, 0.007, p=0.03, 0.03, 0.01 and p=0.005, 0.02, 0.007 respectively). aEEG-CMRO<sub>2</sub> coherence differentiated between groups A and B following 2nd seizure induction (p=0.05). In the phenobarbitone treated seizure group (C), all biomarkers showed consistent upward trends post-ictally with overall lower coherence compared to the untreated group (B), however differences between these groups did not reach significance.

**CONCLUSIONS:** Induced seizures in the healthy newborn brain showed significant effects on both neurovascular and neurometabolic coupling in the post-ictal period. Effects appeared to be dampened by immediate phenobarbitone treatment. This study offers novel biomarkers that provide valuable insights into the impacts of seizures and their treatment on the neonatal brain.

### The Influence of therapeutic hypothermia on seizure burden in neonates with hypoxic ischemic encephalopathy

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**BACKGROUND AND PURPOSE:** Neonatal seizures are the most frequent manifestation of neurological disorders in the newborn period, with hypoxic ischemic encephalopathy (HIE) being the main diagnosis associated

**Table 1. Comparison between groups of demographics and clinical characteristics**

Characteristic	Cooled, N = 112	Non-cooled, N = 37	p-value <sup>†</sup>	
HIE Grade, n/N (%)	Moderate	84 / 112 (75%)	27 / 37 (73%)	0.8
	Severe	28 / 112 (25%)	10 / 37 (27%)	
Male Sex, n/N (%)	76 / 112 (68%)	23 / 37 (62%)	0.5	
Mother age (years), Mean±SD (N)	29 ± 6 (112)	28 ± 7 (37)	0.9	
Week of gestation, Mean±SD (N)	39.49 ± 1.75 (112)	39.29 ± 1.69 (37)	0.4	
Birth weight (grams), Mean±SD (N)	3,054 ± 509 (112)	2,974 ± 541 (37)	0.4	
Apgar (5 min) ≤5, n / N (%)	68 / 110 (62%)	14 / 37 (38%)	<b>0.011</b>	
Need for CPR at Birth, n/N (%)	108 / 112 (96%)	36 / 37 (97%)	>0.9	
Ventilation at the End of CPR, n/N (%)	69 / 112 (62%)	21 / 37 (57%)	0.6	
Cord pH, Mean±SD (N)	6.98 ± 0.19 (108)	6.98 ± 0.22 (35)	0.7	
Alive at discharge, n/N (%)	90 / 112 (80%)	28 / 37 (76%)	0.5	
Age at discharge (surviving infants), Mean±SD (N)	14 ± 11 (90)	11 ± 6 (28)	0.3	

**Table 2. Comparison between groups of electrophysiological activity and anticonvulsant therapy**

Characteristic	Cooled, N = 112	Non-cooled, N = 37	p-value <sup>†</sup>	
Total duration of recording in hours during the first 3 days of life, Mean±SD	68 ± 10	56 ± 14	<0.001	
Seizure burden*	0.4 (0.0, 1.2)	2.3 (0.8, 8.9)	<0.001	
Seizure burden, Moderate HIE	0.27 (0.00, 12.04)	1.99 (0.84, 10.11)	<0.001	
Seizure burden, Severe HIE	0.55 (0.01, 2.39)	4.46 (0.28, 11.02)	<b>0.026</b>	
Depressed aEEG background (Isoelectric/Burst suppression) (n/N (%))	Day 1	83 / 112 (74%)	19 / 34 (56%)	<b>0.043</b>
	Day 2	52 / 112 (46%)	14 / 35 (40%)	0.5
	Day 3	40 / 112 (36%)	9 / 31 (29%)	0.5
Anticonvulsants medication, n/N (%)	83 / 112 (74%)	37 / 37 (100%)	<0.001	
Phenobarbital, n/N (%)	79 / 112 (71%)	35 / 37 (95%)	<b>0.003</b>	
Number of phenobarbital loading doses	0	34 / 112 (30%)	2 / 37 (5.4%)	<0.001
	1	41 / 112 (37%)	9 / 37 (24%)	
	2	37 / 112 (33%)	25 / 37 (68%)	
BDZ Push - diazepam, n/N (%)	2 / 112 (1.8%)	9 / 37 (24%)	<0.001	
BDZ Push - Lorazepam, n/N (%)	0 / 112 (0%)	3 / 37 (8.1%)	<b>0.014</b>	
BDZ Push - midazolam, n/N (%)	6 / 112 (5.4%)	8 / 37 (22%)	<b>0.007</b>	
Levetiracetam (Keppra), n/N (%)	3 / 112 (2.7%)	0 / 37 (0%)	0.6	
Hydantoin, n/N (%)	1 / 112 (0.9%)	2 / 37 (5.4%)	0.2	
Lidocaine drip, n/N (%)	18 / 112 (16%)	17 / 37 (46%)	<0.001	
Number of anticonvulsant drugs, Median (IQR)	1.00 (0.00, 1.00)	2.00 (1.00, 3.00)	<0.001	
Patient treated with more than one anticonvulsant, n/N (%)	23 / 110 (21%)	22 / 37 (59%)	<0.001	
Patient treated with more than two anticonvulsants, n/N (%)	4 / 110 (3.6%)	13 / 37 (35%)	<0.001	

\*Seizure burden were computed as total time of seizure activity in minutes per hour of recording during the first three days of life

**Table 3. Predictors of seizure burden (multivariable regression)**

Characteristic	IRR	95% CI	p-value
Hypothermia 72 hours-			
Cooled	—	—	
Non-cooled	5.23	3.32, 8.30	<0.001
aEEG Background Day 1 (2-3)	0.39	0.22, 0.68	0.001
Apgar (5 min) ≤5	1.16	1.06, 1.28	0.003

CI = Confidence Interval, IRR = Incidence Rate Ratio

**Table 4. Predictors of anticonvulsant therapy (two or more drugs) (multivariable regression)**

Characteristic	OR	95% CI	p-value
Cooled	—	—	
Non-cooled	4.83	2.15, 11.2	<0.001
Apgar (5 min) ≤5	0.56	0.23, 1.33	0.2
HIE Grade	1.70	0.65, 4.55	0.3

OR = Odds Ratio, CI = Confidence Interval

with it. Based on previous publications we hypothesized that hypothermia has an antiepileptic effect.

The primary objective of this study was to compare seizure burden between newborn infants who suffered from moderate and severe HIE that were treated with therapeutic hypothermia (TH) and those that did not. Secondary objective was to compare the need for antiseizure medications (ASM) between these two groups.

**MATERIALS OR METHODOLOGY:** This was a retrospective study on infants born after 35 weeks gestation between 2004 and 2019, diagnosed with moderate to severe HIE, monitored with amplitude integrated EEG (aEEG) and eligible for TH according to the department protocol. Controls consisted of infants born before the implementation of TH in 2008 (non-cooled group) and cases were infants born thereafter who received TH (cooled group). Seizure burden was assessed from aEEG as total time in minutes of seizures activity per hour of recording. Other clinical and demographic data were retrieved from a prospective local database on infants with HIE. Univariable and multivariable analyses were performed to assess the association of TH with seizure burden and use of ASM.

**RESULTS:** Overall, 149 of 207 infants were included in the study: 112 cases and 37 controls. The two groups were comparable but for higher 5 minutes Apgar score in the cooled group (68% vs 38% with Apgar ≤5, p=0.011) (table 1). Cooled infants had a lower seizure burden overall (0.4 vs 2.3 min/h, p<0.001) (also in the moderate and severe HIE subgroups) and were also less likely to be treated with ASM (74% vs 100%, p<0.001) overall (table 2). In multivariable regression models, not undergoing TH, having a depressed aEEG background and higher Apgar scores were associated with higher seizure burden (IRR:

5.03 for non-cooled infants, p<0.001) (table 3), also, not undergoing TH was associated with a higher likelihood of multidrug ASM (OR: 4.83, p<0.001) (table 4).

**CONCLUSION/IMPACT:** Therapeutic hypothermia in infants with moderate and severe HIE is associated with significant reduction of seizure burden and a significant reduction of ASM. Reduction in seizure burden as well as reduction in ASM may have a role in the beneficial influence of TH in HIE. Also, we believe the hypothermia may have a role as an add on therapy in cases of refractory seizures.

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**Neonates with HIE requiring therapeutic hypothermia: Presence of seizures negatively impact developmental outcomes**

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**BACKGROUND AND PURPOSE:** Hypoxic ischemic encephalopathy (HIE) is a serious birth complication associated with a 40–60% mortality rate and long term disabilities. Numerous randomized controlled trials indicated that therapeutic hypothermia (TH) reduces the incidence of death and severe disability following neonatal encephalopathy. However, despite TH, some babies develop seizures early in life and there is still little knowledge in the literature regarding the effect of seizures on developmental outcome.

The hypothesis for this study, suggested by a few emerging studies, was that neonates who developed seizures during therapeutic hypothermia or rewarming had worse clinical outcomes compared to the ones who were seizure free. We wanted to observe in our institution at Atrium Health Wake Forest Baptist, the developmental outcome within the first 2 years of life for babies who developed seizures and compare them to the outcomes of the ones who did not.

**METHODOLOGY:** Our sample group included NICU babies referred to the Neuro NICU clinic January 2017 and January 2020. Babies who were diagnosed with moderate-to-severe HIE and received therapeutic hypothermia were identified and divided into two groups: presence of seizures during hypothermia/rewarming

versus no seizures. Neurological outcomes were analyzed. Demographics data was also collected including: maternal age, pregnancy complications (HTN, DM), intrapartum complications (fetal decelerations, uterine rupture, cord issues, fever in mom, shoulder dystocia, maternal hemorrhage, emergency c-section), neonatal age, sex, APGAR scores, cord pH, presence of intubation, and time of resuscitation >10 min.

**RESULTS:** Among the total of 22 subjects, 10 developed seizures during hypothermia or rewarming. We did not identify significant differences across demographic data in the two groups.

Subjects who did not develop seizures were more likely to have a better developmental outcome than the ones who developed seizures and overall their ASQ scores suggested a close to normal development. MRI results were normal in most of the subjects who did not develop seizures as compared to MRI showing HIE findings in most of the subjects with seizures.

**CONCLUSIONS:** Our data confirmed the notion that presence of seizure during hypothermia or rewarming negatively impacts developmental progress of a child in all

**Table 1. Characterization data, access to pediatric neurology, neuromonitoring, neuroimaging and neuroprotection in neonatal units that respond to the survey (n=73)**

	%	(n)
<b>Type of hospital to which neonatal unit belong</b>		
Private system	71,2	(52)
Public system	27,4	(20)
Special system	1,4	(1)
<b>Rate of physicians who are specialized in neonatology</b>		
Less than 25%	26,4	(19)
Between 25 and 49%	31,9	(23)
Between 50 and 79%	23,6	(17)
Between 80 and 99%	11,1	(8)
100%	6,9	(5)
<b>Rate of nurses who are specialized in neonatology or pediatrics</b>		
Less than 25%	56,9	(42)
Between 25 and 49%	16,7	(12)
Between 50 and 79%	15,3	(11)
Between 80 and 99%	5,6	(4)
100%	5,6	(4)
<b>Neonatal units who receives medical students</b>		
Undergraduates	53,4	(39)
Pediatric residents	46,6	(34)
Neonatology fellowship	28,8	(21)
<b>Pediatric Neurology access</b>		
Daily	23,3	(17)
Monday to Friday	26	(19)
Two to Three times per week	8,2	(6)
Once per week	12,3	(9)
<b>Neuromonitoring access</b>		
Continuous Videoelectroencephalography - vEEG	59,7	(44)
Amplitude Integrated Encephalography - aEEG	54,2	(40)
Conventional electroencephalography - EEG	25	(18)
Neuroimaging access	58,3	(43)
Near Infrared Spectroscopy - NIRS	11,1	(8)
<b>Neuroimaging access</b>		
Cranial Ultrasound	97,3	(71)
Cerebral Ultrasound+Doppler	72,6	(53)
Cerebral Tomography	91,8	(67)
Cerebral Magnetic Resonance	61,6	(45)
Cerebral Angiography by Resonance	42,5	(31)
Cerebral Spectroscopy by Resonance	15,1	(11)
<b>Neurodiagnosis access</b>		
Servocontrol hypothermia access for neuroprotection	37	(27)
Remission system for servocontrol hypothermia	30,6	(22)
	50,7	(37)

cognitive areas. Seizures can arise at any time during hypothermia or rewarming, underlying the importance of EEG monitoring throughout the process. This gives these babies the best chances for early recognition and treatment.

## Neurologic care at Colombian's neonatal units: A national survey

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**BACKGROUND AND PURPOSE:** Neonatal neurological care field has developed considerably in the last two decades. For this reason, there are currently more tools for neuromonitoring, neuroimaging and neuroprotection, that enhance neurological assessment and treatment at neonatal units. Nevertheless, current trends in neonatal neurocritical care suppose a challenge for developing countries, in which the access to such technologies is limited. We explored the access to neurological specialized assessment, neuromonitoring, neuroimaging and neuroprotection strategies at Colombian's neonatal units; and then we found related variables for them.

**Table 2. Clinical scenarios for neuromonitoring, neuroimaging and therapeutic hypothermia in neonatal units (n=73)**

	%	(n)
<b>In which of these situations would you indicate neuromonitoring?</b>		
Encephalopathic patient	100	(73)
Seizure suspect	93,1	(68)
Altered conscience	90,3	(66)
Cerebral hemorrhage or thrombosis	83,3	(61)
High risk condition (ie, Hypoglicemia, meningitis)	66,7	(49)
<b>In which of these situations would you indicate cerebral ultrasound performing?</b>		
In preterms, by germinale matrix hemorrhage suspect and following	100	(73)
Encephalopathic patient	94,5	(69)
Patient with seizures	87,7	(64)
Newborn with acute anemization with undefined focus	80,8	(59)
High risk condition (ie, Hypoglicemia, meningitis)	58,9	(43)
In preterms, for structural brain maturation assessment	54,8	(40)
In preterms with systemic conditions that could generate inflammation, such as enterocolitis	52,1	(38)
<b>What tool do you use for encephalopathy assessment in order to define which newborns would be candidates for therapeutic hypothermia?</b>		
Sarnat modified scale	56,9	(42)
An assessment scale (Sarnat or other) + EEG in first hours (include aEEG or vEEG)	25	(18)
Another standardized assessment scale	6,9	(5)
Neurologic exam only	6,9	(5)
General exam only	4,2	(3)

**METHODOLOGY:** This is a cross-sectional study from a national survey made in Colombia, South America, between May to June 2021. The survey was answered by the medical leadership for each neonatal unit through Google Forms ® (see final version in Spanish here: [https://docs.google.com/forms/d/1hm4v5BVbmRacpAzXWRXi6W0kCEvGAUNycybVYp9mYPg/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1hm4v5BVbmRacpAzXWRXi6W0kCEvGAUNycybVYp9mYPg/viewform?edit_requested=true)). All data were confidential.

**RESULTS:** Responses from 73 neonatal units were collected, 51% of them were from university hospitals; 67% of these responses were concentrated in major cities (Bogota, Medellin, Cali, Barranquilla, and Bucaramanga). Table 1 presents characterization data, as well as the access to neurological specialized assessment, neuromonitoring, neuroimaging and neuroprotection strategies, while clinical scenarios for using these tools are shown at Table 2. Some of the highlights: the university hospitals had better access to neonatal neurological care, mainly those had neonatal fellowships. vEEG was the most frequent tool for neuromonitoring at neonatal units, but only 7% of them had real-time feedback, while 55,8% must wait for a retrospective inform (43% with therapeutic hypothermia). Additionally, in 21% of these center vEEG is interpreted by adults neurologist. In this way, only 16,3% of neonatal units had a neuromonitoring training structured strategy for neonatologists and nurses. 11% of neonatal units had trained personal for performing and interpreting cranial ultrasound, and 16% had exclusive ultrasound for NICU. Although 30,6% of neonatal units had servocontrol hypothermia, there was a heterogenous monthly patients' volume between them: 22,7%: ≤1per month; 54,4%: 1-5; 18,2%: 6-10; and only one had more than 10 patients per month.

Limitations for this survey are related to self-report questionnaire without verification possibility, and sub-report from minor cities.

**CONCLUSION/IMPACT:** This is the first study that aims explore neurological care at Colombian's neonatal units. It offers essential inputs for characterizing the access to neurological specialized assessment, neuromonitoring, neuroimaging and neuroprotection strategies. These findings can be used to achieve comprehensive strategies and integrated networks, to enhance neurocritical care at NICU, as a new frontier in developing countries.

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Figure 1: Etiology of neonatal seizures in our cohort.

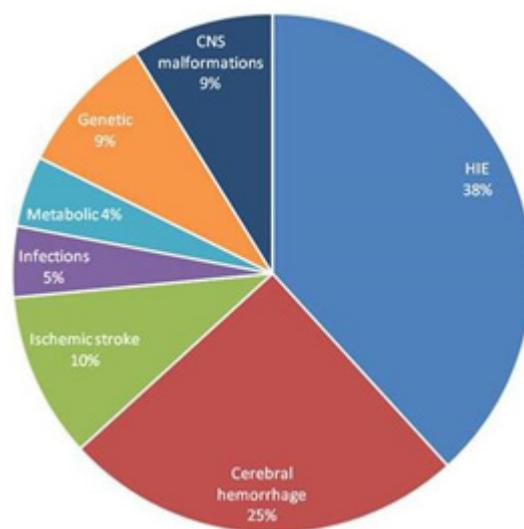


Table 1: Features of our cohort.

	n	%
<b>Gender</b>		
Male	37	54%
Female	31	46%
<b>Delivery</b>		
Vaginal	45	66%
Cesarean	23	34%
<b>Birth weight</b>		
>2500 gr.	58	85%
1500-2499 gr.	5	7%
1000-1499 gr.	2	3%
<1000 gr.	3	5%
<b>Gestational age</b>		
>37 sg	52	76%
34-37 sg	7	10%
29-33 sg	5	7%
<29 sg	4	6%
<b>Appgar 1º Min.</b>		
8-10	29	43%
4-7	17	25%
≤3	22	32%
<b>Appgar 5º Min</b>		
8-10	35	51%
4-7	22	32%
≤3	11	16%
<b>Appgar 10º Min</b>		
8-10	45	66%
4-7	18	26%
≤3	5	7%

**Table 2: Seizure types in our cohort.**

	n	%
<b>SEMIOLOGY</b>		
Subtle seizures	21	31%
Tonic seizures	7	10%
Clonic seizures	13	19%
Myoclonic seizures	1	1%
Electrographic-only	26	38%
<b>FREQUENCY</b>		
Single	17	25%
Recurrent	30	44%
SE	21	31%

**Neonatal seizures: Does semiology matter?**

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**BACKGROUND AND PURPOSE:** several classifications of neonatal seizures do exist (1,2,3), nevertheless the association between semiology and outcome is still matter of debate (4,5).

**MATERIALS AND METHODOLOGY:** among all infants that had vEEG in the NICU of the Hospital of Bolzano between 2008 and 2020, we included those with vEEG-confirmed neonatal seizures. All infants with

seizures underwent serial vEEG recordings with a complete sleep-wake cycle and/or a 1-hour duration. Semiology was classified according to Volpe’s classification (1), considering the main semiology of the seizure and including also electrographic-only seizures. Outcome was defined considering four main categories: death, neurologic outcome (sfavorable in case of cerebral palsy, deafness/blindness), cognitive outcome (clinical evaluation of the milestones and/or by means of the Griffiths Scales of Mental Development at 24 months-of-age), epilepsy. We analysed the relation between semiology and outcome, using MS Excel, Jamovi and SPSS.

**RESULTS:** out of the 751 infants that underwent an vEEG, 68 were included. 12/26(46%) with electrographic-only seizures and the only one with myoclonic seizures died. 20/26(76%) out of those with electrographic-only seizures and 1/13(9%) with clonic seizures showed a sfavorable neurologic outcome. 87,5% of infants with electrographic-only seizures showed a psychomotor delay at 24 months-of-age, whereas all infants with clonic seizures showed normal milestones. Infants with clonic seizures showed a lower risk of developing a sfavorable cognitive outcomey (p value=0,0137) on respect of those with subtle seizures, whereas those with electrographic-only seizures showed a higher risk (p value=0,0441). 75% of infants with electrographic-only seizures developed epilepsy, whereas none of the infants with clonic seizures showed post-neonatal epilepsy in our cohort. A proportion-Z test showed higher epilepsy rates in those infants that experienced tonic, myoclonic and electrographic-only seizures in comparison to those with clonic seizures.

**CONCLUSIONS:** As previously reported, electrographic-only seizures showed a relation with sfavorable outcome (4,6), likely related to the underlying severity of the brain damage. Clonic seizures, conversely, are related to more favorable outcomes (7). A proper brain monitoring during the neonatal age is recommendable, especially in those infants that show subclinical or electrographic-only seizures. Thus, newborns at risk for seizures need to be monitored in order to detect those seizures that are not visually evident. Future directions: we would like to include more infants in our cohort and classify the seizures according to the new classification for neonatal seizure (3), in order to verify the replicability of the present results.

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**Table 3 Comparison between subtle seizures and the others seizure type: univariate logistic regression showed a significant higher risk of death in those with electrographic-only seizures; infants with clonic seizures had a lower risk of sfavorable outcome and a significant lower risk of cognitive sfavorable outcome; infants with electrographic seizures showed a significant higher risk of cognitive sfavorable outcome and epilepsy.**

SEIZURE SEMIOLOGY	OUTCOME							
	Death n (%)	p value	Neurologi c sfavorabl e outcome n (%)	p value	Cognitive sfavorabl e outcome n (%)	p value	Epileps y n (%)	p value
subtle	3 (14)		8 (50)		6 (50)		4 (29)	
tonic	1 (14)	1.00	4 (57)	0.75	4 (57)	1.00	4 (57)	0.34
clonic	1 (8)	0.57	1 (9)	0.05	0 (0)	0.01	0 (0)	0.11
myoclonic	1 (100)	0.99	1 (100)	0.10	/	/	1 (100)	0.33
Electrographic -only	12 (46)	0.03	13 (76)	0.12	14 (87.5)	0.04	12 (75)	0.03
<b>TOTAL</b>	<b>18/68 (27)</b>		<b>27/52 (52)</b>		<b>15/49 (51)</b>		<b>21/49 (43)</b>	

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### Characterization of seizure semiology in neonates with encephalopathy in Uganda using continuous video-EEG monitoring

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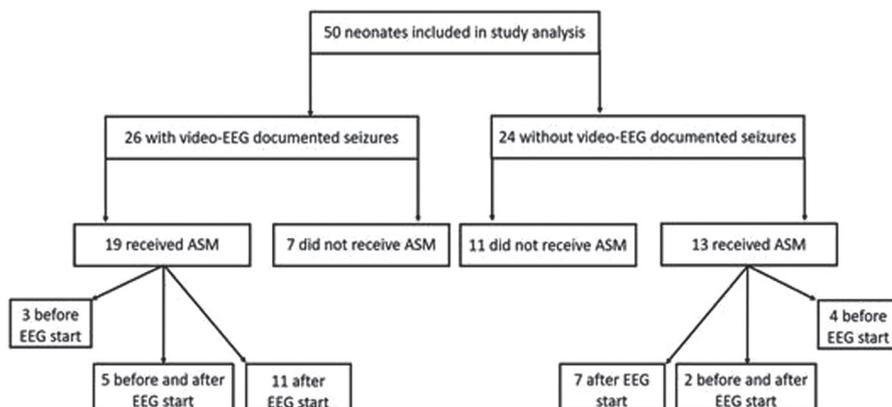
**BACKGROUND AND PURPOSE:** Neonatal encephalopathy (NE) is a leading cause of under-5 mortality and morbidity globally[1], with the majority of infants born in low-income countries where neonatal intensive care, and interventions such as therapeutic hypothermia, are often lacking. Prompt detection and

treatment of NE-related seizures can be challenging, but may confer neuroprotection. We aimed to explore the electroclinical semiology and medical management of neonatal seizures amongst infants with NE in Uganda.

**MATERIALS AND METHODOLOGY:** Neonates with NE recruited as part of the ‘Baby BRAiN’ study[2] had continuous multichannel video-EEG-polygraphy monitoring (cEEG) over days 1-4. Local clinicians treated seizures based on clinical presentation alone. Seizure annotation in each recording was performed retrospectively[3]. Seizure semiology in cEEG segments annotated as seizures were reviewed according to the updated ILAE classification[4]. Timing of administration of an antiseizure medication loading dose (ASM) within 60 minutes of commencement of a cEEG-confirmed seizure was examined. Paroxysmal nonepileptic events occurring in the 60 minutes preceding ASM or concomitant to ECG/respiration alterations were also examined.

**RESULTS:** Of 51 recruits, 50 received cEEG of diagnostic quality and, of these, 26 (52%) had cEEG-confirmed seizures (Figure 1). On video review, 18/26 (70%) had a combination of electroclinical and electrographic seizures, 1 (4%) exclusively electroclinical seizures and 6 (22%) electrographic seizures only. Of those with electroclinical seizures (19), 11 (58%) displayed one semiology, and 8 (42%) more than one. The distribution of all seizure semiology types was: clonic 34%, autonomic 24%, automatisms 18%, behavioural arrest 12%, and sequential 12% (Table 1). Of those with autonomic seizures, 6 had prolonged ictal apnea (Figure 2). 64% (32/50) neonates received ASM, 7 exclusively before and 25 during monitoring (Figure 1). Of those with cEEG-confirmed seizures, only 62% (16) received ASM, and in the non-seizure group, 38% (9/24) received ASM (Figure 3). In total, ASM was administered 42 times during cEEG, of which 19 (45%) were appropriate. In the 60 minutes prior ASM administration not preceded by cEEG-confirmed seizures, generalized tonic posturing was encountered in 6 cases, jerky non-rhythmic movements during crying in 4,

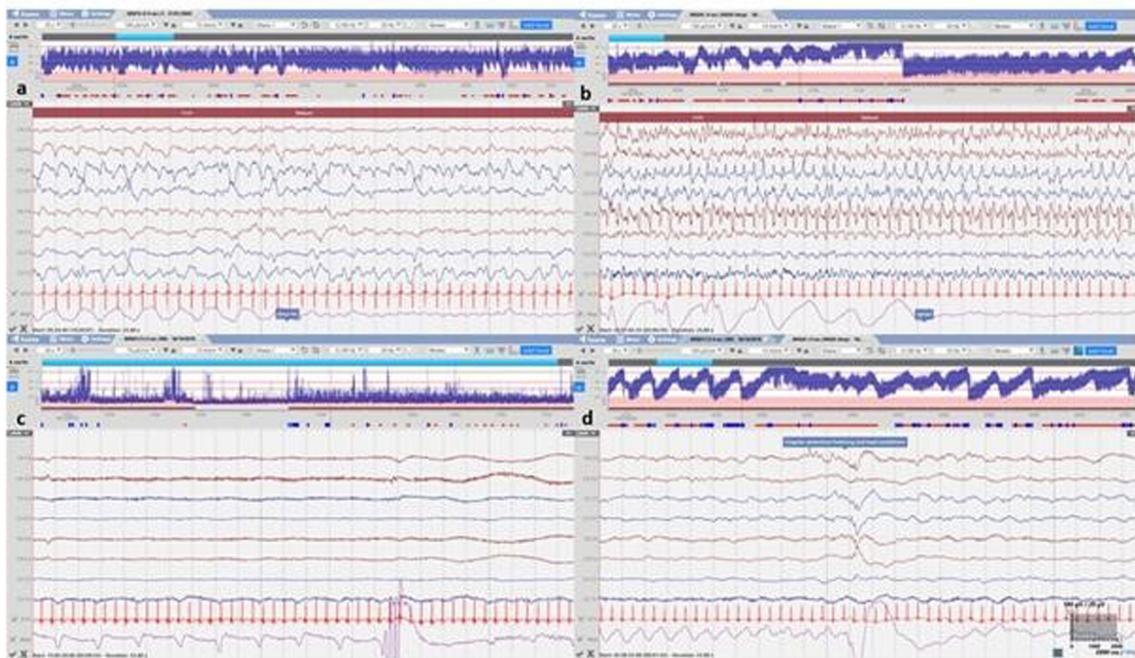
Figure 1 - Flow diagram seizures and antiseizure medications (ASM) use in the cohort.



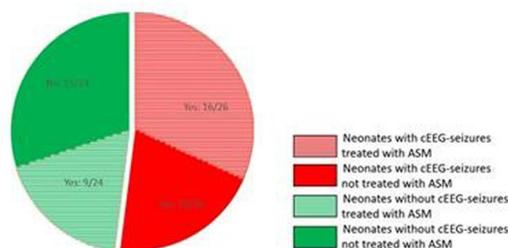
**Table 1 – ASM administration, seizure semiology and burden of individual seizure type expressed in numbers and percentage in neonates with video-EEG-documented seizures (n=26).**

	Status Epilepticus (n=13)	Never received ASM (n=7)	Received ASM before start of cEEG (n=9)	Received ASM after start of cEEG (n=16)	Electroclinical Seizures (n=19)					Electrographic (n=25)	Unclassified* (n=18)
					Clonic (n=11)	Autonomic (n=8)	Automatisms (n=6)	Behavioral Arrest (n=4)	Sequential (n=4)		
P01	No		X	X	-	7 (24%)	-	-	-	19 (66%)	3 (10%)
P04	No			X	-	-	-	-	-	16 (80%)	4 (20%)
P05	Yes		X		36 (33%)	19 (17%)	13 (12%)	-	8 (7%)	26 (24%)	8 (7%)
P07	No	X			12 (60%)	-	-	-	-	3 (25%)	8 (15%)
P08	Yes			X	-	46 (41%)	-	-	-	29 (33%)	23 (26%)
P13	Yes			X	-	67 (46%)	-	-	-	15 (10%)	64 (44%)
P14	No	X			-	-	-	-	-	4 (100%)	-
P15	Yes		X	X	39 (35%)	-	26 (23%)	11 (10%)	-	23 (21%)	12 (11%)
P16	Yes			X	35 (60%)	-	-	5 (9%)	-	13 (22%)	5 (9%)
P18	No		X		10 (29%)	-	-	-	-	2 (6%)	22 (65%)
P21	No		X	X	3 (60%)	-	-	-	-	2 (40%)	-
P23	Yes		X	X	21 (29%)	31 (44%)	-	-	11 (15%)	4 (6%)	4 (6%)
P24	No			X	-	-	18 (33%)	-	-	32 (59%)	4 (8%)
P25	Yes	X			-	-	65 (37%)	-	-	78 (44%)	33 (19%)
P26	Yes		X	X	11 (31%)	13 (37%)	-	-	7 (20%)	2 (6%)	2 (6%)
P28	No	X			1 (100%)	-	-	-	-	-	-
P29	No	X			-	-	-	-	-	3 (100%)	-
P30	No			X	-	-	-	-	-	19 (100%)	-
P31	Yes	X			-	-	-	-	-	-	146 (100%)
P32	Yes		X	X	84 (34%)	20 (8%)	-	36 (15%)	-	22 (9%)	84 (34%)
P37	Yes		X		-	-	22 (22%)	15 (16%)	-	38 (38%)	24 (24%)
P38	No			X	150 (54%)	-	-	-	-	85 (31%)	42 (15%)
P39	Yes			X	-	-	26 (23%)	-	34 (29%)	29 (25%)	26 (23%)
P41	Yes			X	-	-	-	-	-	440 (100%)	-
P45	No			X	-	94 (61%)	-	-	-	59 (39%)	-
P50	No	X			-	-	-	-	-	4 (100%)	-

\*seizures associated with poor quality video

**Figure 2 – Apnea during autonomic seizures in patients 13 (a) and 26 (b) and non-epileptic abdominal flutter in patients 1 (c) and 26 (d) evident on the polygraphy channel exploring thoracoabdominal shifts.**

**Figure 3** - ASM administered during the monitoring period in patients with and without video-EEG recorded seizures.



non-epileptic oral automatisms in 3, and tremor in 1. In addition, 13 patients also presented with abnormal non-epileptic repetitive abdominal movements, unrelated to ASM (Figure 2).

**CONCLUSION:** This study showed a high incidence of neonatal seizures in this NE cohort in Uganda. Clinical diagnosis proved difficult and both under and over treatment was evident. Of those with seizures, three quarters had clinical manifestation, with clonic, autonomic and automatisms representing the most commonly seen semiologies. Respiratory impairment emerged as a prominent concern, through both prolonged ictal apnea during the seizures and non-ictal abdominal flutter or gasping.

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## Enhanced neonatal encephalopathy evaluation including aEEG in the special care nursery

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**BACKGROUND:** Therapeutic hypothermia (TH) improves survival and neurodevelopmental outcome in infants with neonatal encephalopathy (NE). Rigorous evaluation and timely screening are needed for accurate selection of patients eligible for TH. Several studies have reported worse outcome for outborn versus inborn infants. This difference in outcome could be attributed to differences in clinical care practices, difficulties in monitoring markers of encephalopathy, and challenges in transferring eligible newborns within the first six hours of life. Although amplitude integrated EEG (aEEG) is a bedside neuromonitoring tool that improves early detection of NE as early as three hours of life, it is not routinely used in community hospitals due to lack of resources and expertise. The aim of this study was to assess the application of standardized guidelines and the use of aEEG to optimize the evaluation of neonates at risk of NE in a community hospital special care nursery.

**METHODS:** At Newton-Wellesley Hospital (NWH), approximately 4000 deliveries occur every year, which result in 600 neonatal admissions to the level IIB Special Care Nursery. Prior to the development of NE Evaluation Guideline, most infants at risk for NE were transferred to our tertiary care center, and for those evaluated and not transferred, there was large variation in care practices. A comprehensive evaluation process which includes aEEG has been implemented since 2018. Our evaluation includes: 1. Standardized communication with obstetrical team. 2 Cord gas and postnatal gas analysis guideline. 3. Standardized neurological exams 4. Two Channel aEEG (Olympic Brainz Monitor). 5 Passive cooling guidelines. 6. Rectal probe. 7. Placenta pathology. During the implementation period, we revised our guidelines, converted from using hydrogel electrodes to subdermal needles and conducted quarterly case quality reviews of all patients.

**RESULTS:** We evaluated a total of 116 newborns at risk for NE from April 2018 to December 2021. Of the 116 newborns, 84 (73.2) % were evaluated at NWH and not transferred, and 32 (25.5%) were transferred to the cooling center. Standardized examination was used in 100% of evaluated infants. A total of 76 (65%) newborns had aEEG recording (66% of those not transferred and 62% of those transferred). Placenta pathology was available in 97% of

patients transferred for TH. Time of transfer was 3.5 hours (median). Active cooling started at 5.1 hours with target temperature achieved at 5.4 hours of life. Twenty-four (75%) of transferred newborns were eligible for TH and received 72 h cooling.

**CONCLUSIONS:** The use of clinical guidelines and aEEG can support clinicians in SCN to conduct accurate

evaluation and selection of patients at risk of NE without delaying the start of TH. The potential benefits are early identification of patients eligible for TH and expediting transfer to cooling centers within the therapeutic window; minimize mother-newborn separation and unnecessary procedures. The use of aEEG in the community setting is feasible and offers important information with the clinical decision process in a community hospital.

**Table 1. NE Evaluations and transfers for TH**

<b>Total Evaluated (N)</b>	26	19	23	48	116
- Evaluated and transferred	4	8	6	14	32 (28%)
- Evaluated and not transferred	22	11	17	34	84 (72%)
<b>Total Transferred (N)</b>	4	8	6	14	32
- Transferred and cooled 72 h	3	8	5	8	24 (75%)
- Transferred and not cooled 72 h	1	0	1	6	8 (25%)
- Transferred and placenta available	4	7	6	14	31 (97%)
	<b>2018</b>	<b>2019</b>	<b>2020</b>	<b>2021</b>	<b>Total</b>
<b>Transferred and cooled (median)</b>					
-HOL transferred	3.3	3.15	4	3.07	3.5
-HOL started active cooling	7	4.8	5.5	4.5	5.1
-HOL reached goal temp	7.2	4.9	5.9	4.7	5.4

**Table 2. Use of aEEG for NE evaluations**

<b>NWH TH babies cooled or not cooled per year</b>	<b>Newborns with aEEG</b>
2018 (n=26)	12 (46%)
2019 (n=19)	11 (58%)
2020 (n=23)	18 (78%)
2021 (n=48)	35 (73%)
<b>Total (n=116)</b>	<b>76 (65%)</b>
<b>Newborns evaluated and not transferred per year</b>	<b>Newborns with aEEG</b>
2018 (n=22)	9 (40%)
2019 (n= 11)	8 (72%)
2020 (n= 17)	13 (76%)
2021 (n=34)	26 (76%)
<b>Total (n= 84)</b>	<b>56 (66 %)</b>
<b>Newborns transferred per year</b>	<b>Newborns with aEEG</b>
2018 (n=4)	3 (75%)
2019 (n= 8)	3 (37%)
2020 (n= 6)	5 (83%)
2021 (n=14)	9 (64%)
<b>Total (n=32)</b>	<b>20 (62%)</b>

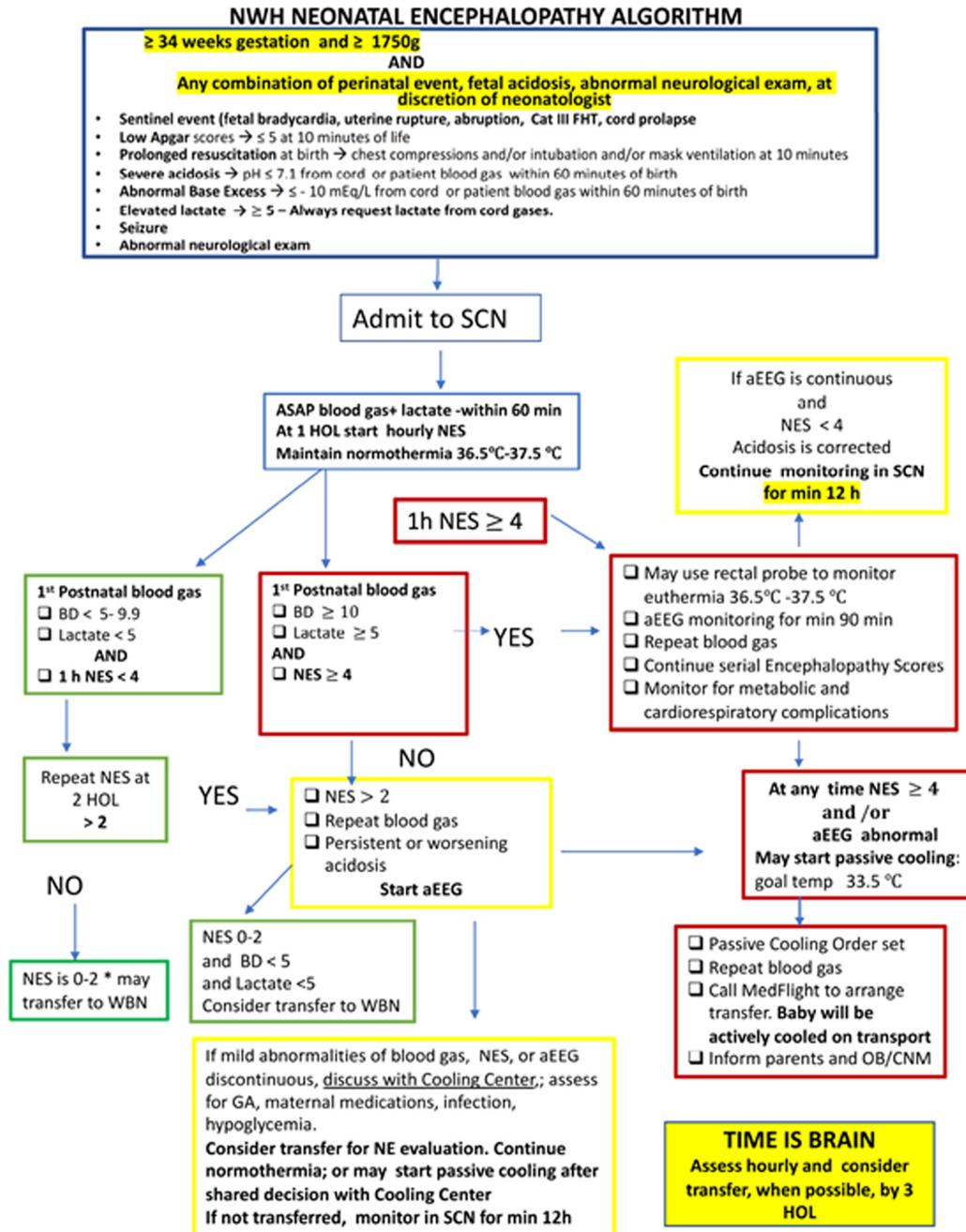
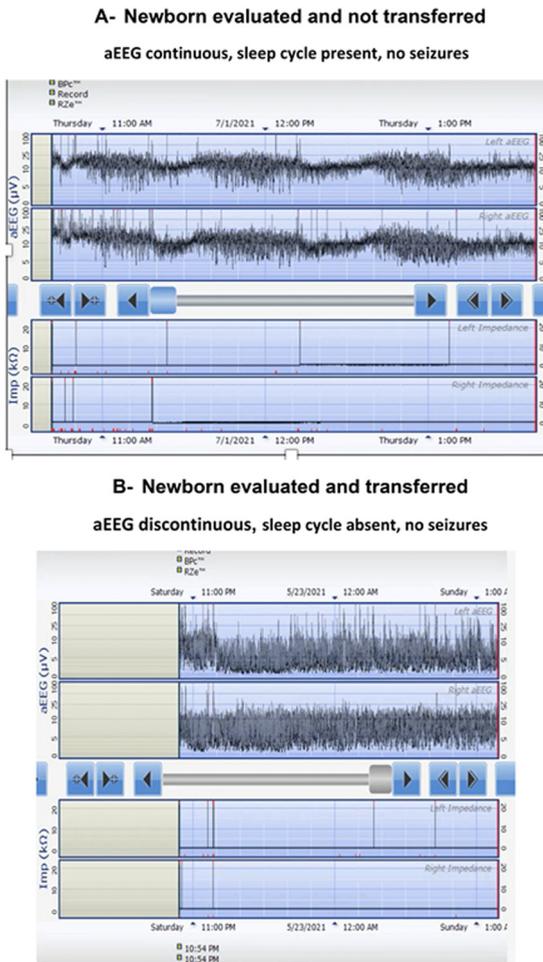


Figure 1. Algorithm used to evaluate infants with suspected neonatal encephalopathy

\* NES scoring of 2 at 1 and 2 HOL can be acceptable if refers to: Weak suck, Mild Head Lag or Mild slip through in ventral suspension



**Figure 2. Examples of aEEG tracings of (A) a newborn evaluated and not transferred and (B) a newborn evaluated and transferred.**

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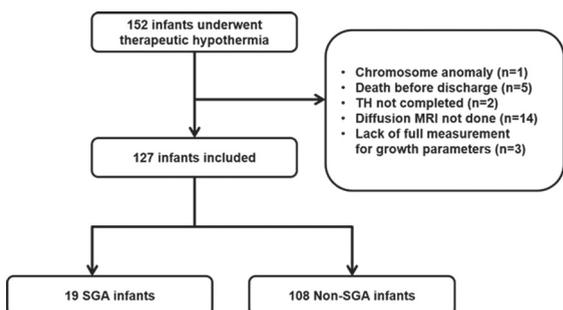
**Outcome of therapeutic hypothermia for small-for-gestational age infants with hypoxic-ischemic encephalopathy**

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**BACKGROUND AND AIM:** Therapeutic hypothermia (TH) is reserved for acute hypoxic ischemic encephalopathy (HIE) infants, limiting the golden hour of treatment to 6 hours after birth. One of the contributive factors for small-for-gestational-age (SGA) is chronic intrauterine hypoxia. We aimed to evaluate whether the infants who qualified for TH had different perinatal characteristics and in-hospital outcomes depending on whether the infant was SGA or not.

**METHODS:** Data from electronic medical chart was retrieved from 152 neonates who had been treated with TH. The infants with chromosomal anomaly, who died before discharge, did not complete 72 hours of TH, did not include diffusion-weighted magnetic resonance imaging (MRI), or did not have a complete measurement of growth



**Table 1. Baseline characteristics compared between SGA vs non-SGA infants.**

	SGA (n=19)	Non-SGA (n=108)	p-value
Gestational age (weeks)	39.9 [38.4-40.4]	39.5 [38.4-40.1]	0.52
Birthweight (g)	2810 [2410-2930]	3270 [3120-3498]	<0.001
Length (cm)	49.0 [45.5-50.0]	50.7 [49.5-52.5]	0.001
Head circumference (cm)	33.5 [31.5-34.0]	34.7 [33.5-35.5]	<0.001
1-minute Apgar score	4 [2-7]	5 [3-7]	0.37
5-minute Apgar score	7 [5-8]	7 [6-8]	0.838
Outborn	6 (31.6)	34 (31.5)	0.993
Male sex	14 (73.7)	61 (56.5)	0.16
Cesarean delivery	5 (26.3)	48 (44.4)	0.139
Emergent cesarean	5 (26.3)	43 (39.8)	0.263
Induction labor	12 (63.2)	66 (61.1)	0.866
Intubation/chest compression	11 (57.9)	42 (38.9)	0.121
Mother age (yrs)	32 [30-34]	33 [30-35]	0.637
Primiparity	13 (68.4)	87 (80.6)	0.236*
Maternal diabetes	0 (0.0)	3 (2.8)	>0.99*
Maternal hypertensive disorder	2 (10.5)	1 (0.9)	0.058*
PPROM >18h	0 (0.0)	11 (10.2)	0.369*
Acute sentinel event	13 (68.4)	83 (76.9)	0.403*
Cord blood pH	7.15 [7.04-7.26]	7.16[7.09-7.25]	0.877
Cord blood base deficit (mmol/L)	8.7 [5.4-14.5]	8.5 [4.7-11.0]	0.809

**Table 2. Hospital course compared between SGA vs non-SGA infants.**

	SGA (n=19)	Non-SGA (n=108)	p-value
Sarnat stage			0.500*
Stage 2	15 (78.9)	92 (85.2)	
Stage 3	4 (21.1)	16 (14.8)	
TH initiation time (h)	3.32 [1.52-4.95]	3.50 [1.83-5.06]	0.605
TH modality			0.866
Whole body cooling	12 (63.2)	66 (61.1)	
Selective head cooling	7 (36.8)	42 (38.9)	
Surfactant	5 (26.3)	22 (20.4)	0.552*
Air leak	2 (10.5)	6 (5.6)	0.342*
PPHN	2 (10.5)	13 (12.0)	>0.99*
Massive pulmonary hemorrhage	4 (21.1)	18 (16.7)	0.742*
Meconium aspiration syndrome	0 (0.0)	6 (5.6)	0.590*
Inotrope use during cooling	4 (66.7)	29 (72.5)	>0.99
Inotrope duration (days)	1 [0-4]	3 [0-5]	0.128
Inotrope number	1 [0-3]	1 [0-2]	0.826
Antithrombin III during cooling	5 (26.3)	32 (29.6)	>0.99*
Steroid during cooling	16 (84.2)	91 (84.3)	>0.99*
Clinical seizure	14 (73.7)	76 (70.4)	>0.99*
Antiepileptic drug number	1 [1-2]	1 [1-2]	0.584
Invasive mechanical ventilation (days)	4 [3-5]	4 [2-5]	0.562
Full bottle feeding before discharge	19 (100.0)	105 (97.2)	>0.99*
Full bottle achievement day	9 [8-12]	8 [7-10]	0.015
Length of hospital stay (day)	12 [11-17]	11 [10-13]	0.073

Table 3. EEG and brain MRI findings in SGA vs non-SGA infants.

	SGA (n=19)	Non-SGA (n=108)	p-value
<b>Abnormal EEG</b>	14 (73.7)	69 (63.9)	0.408
<b>Abnormal MRI</b>	19 (100.0)	78 (72.2)	0.007*
<b>HI lesion</b>	17 (89.5)	69 (63.9)	0.028
PVWM	14 (73.7)	58 (53.7)	0.105
Central GM	4 (21.1)	29 (26.9)	0.779*
Other region	5 (26.3)	22 (20.4)	0.552*
<b>IVH</b>	3 (15.8)	14 (13.0)	0.719*
Severe IVH	0 (0.0)	3 (2.8)	>0.99*

parameters were excluded. The enrolled infants were divided into SGA vs non-SGA group, and basic characteristics and in-hospital outcome were compared.

**RESULTS:** A total of 127 infants (19 SGA and 108 non-SGA) were included. The two groups were not significantly different concerning baseline characteristics, except for birthweight, length, and head circumference at birth. The proportion of moderate and severe HIE, TH initiation time, TH modality and other findings during TH were not different between the two groups. The SGA group achieved

full bottle feeding at median 9 days compared to 8 days in the non-SGA group ( $p=0.015$ ). Concerning EEG and brain MRI results, there was no significant difference in the percentage of abnormal EEG between the groups, while all SGA infants revealed abnormal MRI results compared to the non-SGA infants of whom 78 (72.2%) infants did ( $p=0.007$ ). Specifically, hypoxic-ischemic lesions were found significantly more frequently in the SGA group [17 (89.5%) in the SGA group vs 69 (63.9%) in the non-SGA group ( $p=0.028$ )].

**CONCLUSION:** The SGA vs non-SGA infants who underwent TH did not differ in overall characteristics and clinical hospital course, except for growth parameters at birth and day achieving full bottle feeding. Among the brain evaluation results, the portion of abnormal MRI results, in particular hypoxic-ischemic lesions, was significantly greater in the SGA infants. How this result can be interpreted into future neurodevelopmental outcomes is yet to be studied.