

Automatic segmentation of liver/kidney area with double-layered fuzzy C-means and the utility of hepatorenal index for fatty liver severity classification

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Abstract.

BACKGROUND: Hepatorenal index (HRI) has been an efficient and simple quantified measure in distinction between normal and abnormalities of diagnosing fatty liver. However, considering the clinical significance, the diagnosis of severity stage is more important and single HRI cutoff may not be enough. Also, the segmentation of Liver/Kidney area should be automatic to get rid of operator subjectivity from ultrasonography analysis.

METHOD: Double-layered Fuzzy C-Means (DFCM) pixel clustering method is proposed to extract the target area of analysis automatically. HRI and other shape related variables of Liver intensity distribution such as the skewness, the kurtosis, and the coefficient of variance (CV) are automatically computed for the fatty liver severity stage classification.

RESULT: From fifty ultrasound images obtained from regular health checkup with 24 normal, 12 mild, 11 moderate, 3 severe stage determined by three different radiologists, the proposed DFCM automatically extracts the region of interests(ROI) and generates a set of statistically significant variables including HRI, the skewness, the kurtosis, the coefficient of variance of liver intensity distribution as well as liver echogenicity. In severity stage classification, the echogenicity of the liver and distribution shape variables such as the skewness and the kurtosis are better predictors than HRI based on our simple decision tree learning analysis.

CONCLUSION: For better diagnosis of fatty liver severity stages, we need better set of features than the single HRI cutoff. Better machine learning structures are necessary in this severity stage classification problem with automatic segmentation method proposed in this paper.

Keywords: Fatty liver severity classification, Fuzzy c-means, Self-organizing map, Hepatorenal index, Decision tree

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1. Introduction

The nonalcoholic fatty liver disease (NAFLD) is the most common liver abnormality. NAFLD is now the leading cause of chronic liver disease in the

United States and Europe and increasing worldwide. The prevalence of NAFLD in the general population is estimated to be 20–30% in western countries [1, 2], but the number is also rapidly approaching to that ratio in Eastern Asian countries due to the westernization of the diet, aging of society, and reduced physical activity [3, 4]. In mild forms, fatty liver can be a reversible condition that may improve with lifestyle modifications such as diet changes, weight loss, and increased physical activity. However, it is reported that as much as 23% of patients with simple steatosis may still develop nonalcoholic steatohepatitis (NASH) and fibrosis progression, as demonstrated in a recent 3-year follow-up of NAFLD patients [5]. NAFLD is closely associated with central adiposity, type 2 diabetes mellitus, dyslipidemia, and insulin resistance [6] such that NAFLD predicts the tendency to develop both diabetes mellitus [7] and cardiovascular disease [8]. NAFLD is not a rare disease in the non-obese population either. NAFLD was found in 12.6% of non-obese subjects and 50.1% of obese subjects from a routine health evaluation checkup of 29,994 subjects thus it should also be considered a meaningful predictor of metabolic diseases in the non-obese population [4].

The severity of NAFLD was divided into mild (slight increase in liver echogenicity, mild attenuation of the penetration of ultrasound signal, and slight decreased lucidity of the borders of intrahepatic vessels walls and diaphragm), moderate (diffuse increase of liver echogenicity, greater attenuation of the penetration of ultrasound signal, decrease of the visualization of intrahepatic vessels walls, particularly the peripheral branches), and severe (gross increase of liver echogenicity, greater reduction of penetration of ultrasound signal, and poor or no visualization of intrahepatic vessels walls and diaphragm) [9]. It is reported that patients with higher ultrasound grades of liver steatosis are under increased risk of metabolic syndrome independently of age, gender, body mass index (BMI), and impaired glucose metabolism [10].

Liver biopsy is the gold standard for the quantification of hepatic steatosis. However, it is difficult for most patients to accept it due to its invasiveness and a significant degree of sampling error [11]. In view of the public health issue of the increasing prevalence of NAFLD and its hepatic and extrahepatic consequences, the development of simple cost-effective screening methods has become extremely important [12].

Ultrasonography is an appealing technique compared to computed tomography (CT) and magnetic resonance imaging (MRI) in detecting the fatty infiltration of the liver due to its simplicity, low cost, noninvasive nature, and widespread availability. Sonographic findings of fatty liver include increased echogenicity of liver, blurring of vascular margins, and increased acoustic attenuation [13]. However, the use of ultrasound methodologies in diagnosis suffers from several limitations including operator dependency, subjective evaluation, and limited ability to quantify the amount of fatty infiltration, and frequently fails to provide an accurate measurement of the liver fat content [14, 15].

Thus, there has been a growing need to have a computer-aided tool to quantify liver steatosis by using the liver echogenicity or the increased ultrasonographic attenuation in fatty liver tissue. The automated fatty liver diagnosis system typically consists of the detection of the fatty liver area, feature extraction, and classification. The performance of the classifier is highly dependent on the feature set for the classifier algorithms used in the diagnosis. Some of the recent efforts in this line of research are the support vector machine (SVM) with wavelet packet transform (WPT) [16] or gray-level run length matrix (GLRLM) [1], simple neural network, and self-organizing map (SOM) under texture analysis [18] or pixel clustering in automatic segmentation [19]. Other research efforts in this field include extracting the salient features with the data mining technique [20] or texture analysis [21]. For multiorgan segmentation including liver and kidney, there exist several interesting sparse representation based automatic segmentation approaches applied to CT images [22, 23]. Many other recent techniques related with wider range of diagnosis of diffuse liver diseases under different environments are well summarized in [24].

Practically, experts consider other information such as biomarkers, spleen and kidney appearance along with liver images to draw conclusions. Several studies report that the ultrasonographic findings of the fatty liver are based on the brightness level of the liver in comparison to the renal parenchyma [25–27]. A bright liver pattern indicating that a closely packed high amplitude echoes throughout the liver, has been recognized as a diagnostic hallmark of the fatty liver. While liver and renal cortices have similar echogenicity in normal condition, the renal cortex appears relatively hypoechoic as compared to the liver parenchyma in fatty liver patients on ultrasonog-

raphy. Thus, the liver-to-kidney contrast has been used as a diagnostic parameter for the fatty liver in many articles as summarized in [28].

HRI is based on the comparison of the liver echogenicity to that of the right kidney cortex. Since the liver tissue brightness is higher than the kidney brightness in the presence of steatosis, HRI has shown high correlation with biopsy result [29] and further developed to be used as a reliable quantitative tool for evaluating and screening patients with steatosis [19, 30–33].

While relatively operator independent, HRI cut point was reported differently due to different subject selection, different ROI measurement by different software they use. Automatic segmentation by the unsupervised clustering self-organizing map algorithm (SOM) [19] computes HRI by collecting pixels of similar intensity values to form a steatosis area from the kidney and liver by using effective fuzzy stretching method to enhance the intensity contrast of the ultrasound image. However, SOM algorithm has drawbacks such as increasing the number of parameters exponentially with the dimensions of input space and having difficulty in deciding the number of clusters to begin with [22].

Furthermore, most existing HRI-related researches have shown reliable result on the classification of normal and cirrhotic liver, or normal and fatty liver but not on the progression of diffuse liver disease and the severity of stage. For example, the relationship between mild NAFLD and gallstone disease looked like insignificant. However, a positive association was found between moderate to severe NAFLD and gallstone disease while such association does not hold for mild NAFLD [34]. Other studies report that the severity of NAFLD is associated with cardiovascular diseases [35–36]. Thus, it is desirable to find a set of reliable predictors for the severity levels of NAFLD.

In this paper, we investigate the feasibility of HRI and other related variables in classifying the severity of fatty liver under automatic segmentation of liver/kidney area from ultrasonography. In most previous HRI quantification studies, they try to provide a single HRI cutoff value for detecting abnormal status of the liver for simplicity. However, as shown in [19], there is no clear way to discriminate the severity of the abnormalities only by HRI. Thus, we investigate the feasibility of other HRI related variables for the fatty liver severity classification. Since we take pixel clustering approach in target liver/kidney object extraction, we test variables related to the shape of pixel intensity distribution such as skewness, kur-

osis, and coefficient of variation (CV) if they can contribute to classify severity of HRI stage.

In automatic liver/kidney object segmentation, we develop a double-layered Fuzzy C-means algorithm (DFCM) to extract the bright steatosis area automatically and to compute the associated HRI. The basic idea of FCM clustering is to separate the data into fuzzy partitions that overlap with one another. Therefore, the inclusion of data in a cluster is defined by a membership grade in $[0, 1]$ interval [37, 38]. Typically, the principles of the least squares and iterative gradient descent methods are used in the classic FCM. FCM is chosen over previous SOM based segmentation in this problem because it can mitigate SOM's winner-takes-all node selection in clustering with its fuzziness control mechanism.

However, frequently, FCM runs effectively only with spherical or ellipsoidal clustering and is extremely sensitive to noise and outliers [39]. While having shown promising results in several medical image analysis domain [40–43], there are numerous modified versions of FCM to meet the requirements of the given problem as having weighted features [38, 44], alternative distance measure [45], outlier rejection [46] and semi-dynamic control of cluster initializations [47]. Our DFCM is aimed to escape local minimum in searching for the optimal cluster centers by having multiple layers of learning patterns. Our goal in this paper is to automatically quantify HRI that has enough contrast between developing stages of steatosis levels over the set of intensity distribution shape variables and HRI.

Thus, we will explain the automatic segmentation strategy first in Section 2 and the utility of quantized variables are empirically analyzed through experiment in Section 3 followed by the conclusion of this paper.

2. Fatty liver area extraction with double-layered fuzzy C means clustering

2.1. Preprocessing

A typical ultrasound image containing the liver and the right kidney areas has relatively low intensity. There exists a limiting membrane with a high intensity as the border of our two ROIs—the liver and the right kidney. The first major step of image preprocessing for this analysis is to enhance the brightness contrast. The ultrasound image contains a relatively bright area such as abdomen muscles, fascia, fat

area in the kidney, and the border lines between the liver and the kidney. We apply the dynamic fuzzy stretching technique [19] to enhance the contrast by dynamically controlling the maximum and the minimum range of the stretching with a triangle-type fuzzy membership function. Then, the average binarization technique is applied to extract fat area of the kidney part. Then the 8-directional contour tracking algorithm [48] is applied for object formation as explained in [19]. Knowing that relatively brighter muscles of abdomen and fascia exist at upper part of the image, our search is confined to the lower part of the image. Since such edge tracking may have small disconnections during the object labeling process, we apply monotone cubic spline [49] to reconnect the related objects to complete the boundary lines. The details of such interpolation process can be found in [50].

Figure 1 summarizes our preprocessing steps. The edge tracking algorithm tracks pixels having the same object label. Cubic spline interpolation forms the boundary lines between the liver and kidney and then the object formation algorithms are applied to the left (liver) and right (kidney) of the splined line as shown in Fig. 1(e) and (h) respectively.

2.2. DFCM algorithm

FCM clustering [37] is an unsupervised clustering technique applied to segmenting images into clusters with similar spectral properties. It utilizes the distance between pixels and cluster centers in the spectral domain to compute the membership. The cost function is minimized when pixels close to the centroid of their clusters are assigned higher membership values, and the farther the data point is from the centroid, the lower the assigned membership values are. The membership function represents the probability that a pixel belongs to a specific cluster. In the FCM algorithm, the probability is dependent solely on the distance between the pixel and each individual cluster center in the feature domain.

FCM usually could not minimize the intra-cluster variance and could not maximize the inter-cluster variance due to the overlapping of regions and/or the sensitivity to the outlier. Also, because of using the gradient descent method, it can be easily fallen into local optimal solutions and cannot gain the global optimal solution. In this paper, we try to avoid such local maxima problem by applying double-layered learning for FCM. By doing so, our DFCM can pursuit the global optimization of the cost function

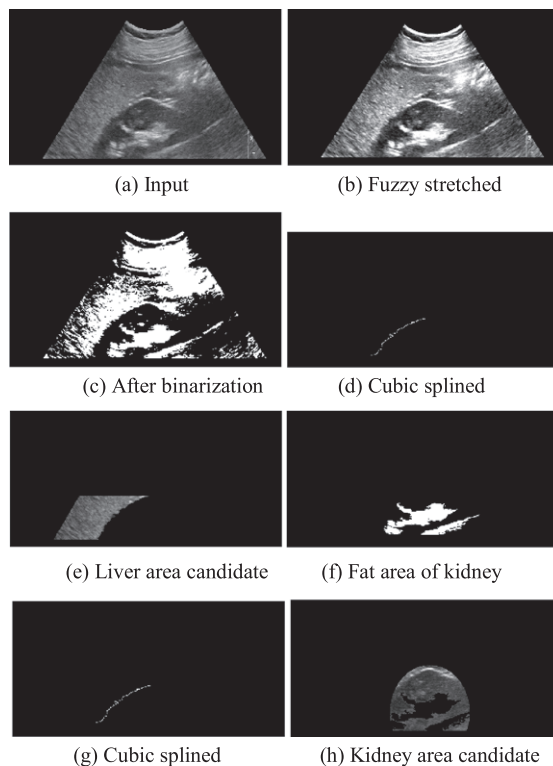


Fig. 1. Image preprocessing for target object extractions.

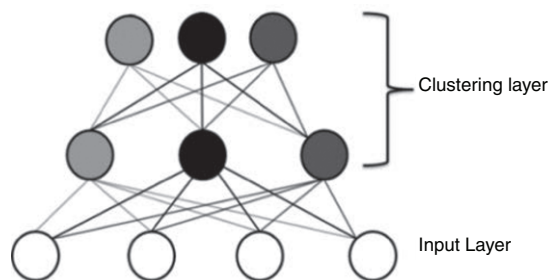


Fig. 2. Double-layered learning structure.

effectively. The concept of DFCM can be shown in Fig. 2.

Then the DFCM quantization is done as following;

Step 1: Initialize c ($2 \leq c < n$) as the number of clusters, and exponential weight m ($1 \leq m < \infty$). Also initialize the error threshold (ϵ) for terminating condition of the first layer learning and the membership degree $U(0)$.

Step 2: Compute the value of central vector V_{ij} as shown in Equation (1) for $v_i \mid i = 1, 2, \dots, c$.

$$V_{ij} = \frac{\sum_{k=1}^n (U_{ik})^m X_{kj}}{\sum_{k=1}^n (U_{ik})^m} \quad (1)$$

where X is the input pattern, i is the cluster index, j is the pattern node index. k is the pattern index, n is the number of patterns, and U is the membership function.

Step 3: Define the FCM cost function J as Equation (2).

$$J(u_{ik}, v_i) = \sum_{i=1}^c \sum_{k=1}^n (u_{ik})^m (d_{ik})^2 \quad (2)$$

where the distance d_{ik} is defined as the Euclidean distance between the k -th pattern x_k and v_i , the central vector of the i -th cluster, and u_{ik} is the membership degree of x_k among patterns in the i -th cluster.

In order to minimize J , d_{ik} and membership function U are defined as Equation (3) and (4), respectively.

$$d_{ik} = \sqrt{\sum_{j=1}^l (x_{kj} - v_{ij})^2} \quad (3)$$

$$U_{ik} = \frac{1}{\sum_{i=1}^c \left(\frac{d_{ik}}{d_{jk}}\right)^{\frac{2}{m-1}}} \quad (4)$$

where l denotes the number of pattern nodes and c denotes the number of clusters.

Step 4: Compute the difference $(U_{ik}(r+1) - U_{ik}(r))$ between the new membership and the previous membership degree at the time of r . If the difference is less than the error threshold (ϵ), then the algorithm goes to Step 5, otherwise go to Step 2.

Step 5: With output of the first layer as the input of the second layer, compute the value of central vector w_{si} as shown in Equation (5) for $w_s \mid s = 1, 2, \dots, cc$ where cc is the number of clusters for the second layer.

$$w_{si} = \frac{\sum_{i=1}^n (q_{sk})^m u_{ki}}{\sum_{i=1}^n (q_{sk})^m} \quad (5)$$

Step 6: Compute the membership degree of the clusters q_{sk} in the second layer with distance function d_{sk} as Equation (6) and (7) respectively.

$$d_{sk} = \sqrt{\sum_{i=1}^c (u_{ki} - w_{si})^2} \quad (6)$$

$$q_{sk} = \frac{1}{\sum_{s=1}^{cc} \left(\frac{d_{sk}}{d_{ik}}\right)^{\frac{2}{m-1}}} \quad (7)$$

Step 7: Compute the difference between the new membership and the previous membership degree. If the difference is less than the final error threshold (ϵ'), then the algorithm terminates otherwise go to Step 5.

This process can be summarized as Fig. 3.

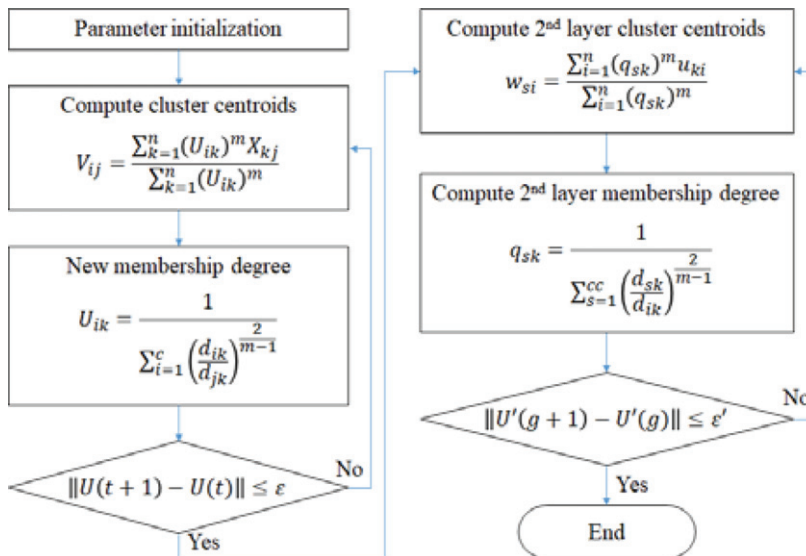


Fig. 3. Double-layered FCM algorithm.

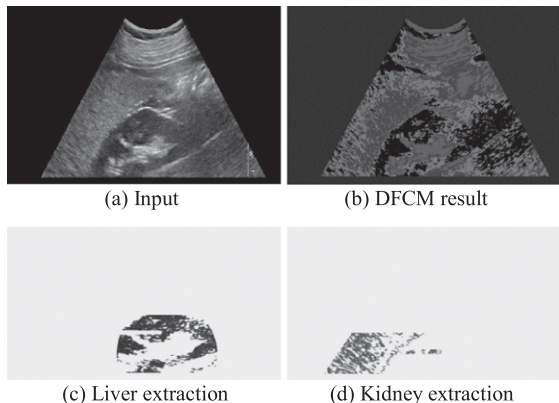


Fig. 4. Final area extractions.

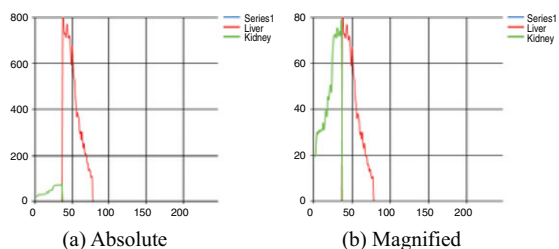


Fig. 5. Visual representation of echogenicity.

2.3. HRI computation and visual representation

The effect of DFCM for the final liver/kidney area extraction can be shown as Fig. 4.

The HRI is computed as the rate of liver echogenicity to that of the right kidney cortex. Since we use pixel clustering strategy, the distribution of echogenicity can be shown in Fig. 5(a) but the kidney part can be magnified as shown in Fig. 5(b) in order to compare the distribution visually only for the radiologists' convenience. The X-axis represents the echogenicity and the y-axis represents the frequency of pixels in the extracted object area. The average of liver echogenicity is divided by the average echogenicity of kidney area to determine the HRI.

3. The utility of HRI and distribution shape variables: Experiment and analysis

The proposed method is implemented in Visual Studio 2017 C# with AMD Ryzen 5 1400 Quad-core processor of 3.20 GHz and 8.00GB RAM PC. 50 subjects aged 18 or more who finished a

Table 1

Severity of NAFLD stage in this experiment: the ground truths

Stage	Unanimous	Split	Total
Normal	21	3	24
Mild	8	4	12
Moderate	3	8	11
Severe	3	0	3
Total	35	15	50

health checkup with abdominal ultrasonography as a screening examination at Pusan National University Hospital in Korea in 2017 participated in this experiment. Images were obtained by the right subcostal scan including the lower pole of the liver and the right kidney. Obtained ultrasonographic images are of the 1024×768 bitmap format with 5 MHz in probing and the machine was produced by Phillips with software version PMS5.1 Ultrasound iU22_5.2.0.289. No subject participated in this experiment reported prior surgical experience of liver or kidney.

Three radiologists are participated in reviewing and evaluating the severity stage of NAFLD of those 50 ultrasonographic images without any information from the proposed software thus the ground truth of severity stage of this experiment is decided by the majority voting of three radiologists. Table 1 summarizes the severity stage of 50 subjects evaluated by three radiologists.

As represented in Table 1, the rate of unanimous decisions of three participated radiologists are only 70% and the intra-class correlation coefficient of their decision is computed as 0.673 that is "good" by the standard of [51].

Intra class correlation coefficient (ICC) is defined as Equation (8).

$$\frac{\text{var}(\beta)}{\text{var}(\alpha) + \text{var}(\beta) + \text{var}(\varepsilon)} \quad (8)$$

where $\text{var}(\beta)$: variability due to differences in the subjects, $\text{var}(\varepsilon)$: variability due to differences in the evaluations of the subjects by the radiologists, and $\text{var}(\alpha)$: variability due to differences in the rating levels/scale used by the radiologists.

For the evaluation of the severity stage of NAFLD from ultrasound images, the proposed software provides HRI rate and three other useful statistics of characterizing the echogenicity distribution – skewness, kurtosis, and CV of the liver echogenicity. Skewness is a measure of the asymmetry of the distribution of a variable. The skew value of a normal distribution is zero, usually implying symmetric distribution. A positive skew value indicates that the tail

on the right side of the distribution is longer than the left side and the bulk of the values lie to the left of the mean. In contrast, a negative skew value indicates that the tail on the left side of the distribution is longer than the right side and the bulk of the values lie to the right of the mean. Kurtosis is a measure of the peak of a distribution [52]. Distributions with negative kurtosis is called as platykurtic such that the distribution produces fewer and less extreme outliers than does the normal distribution. Distributions with positive kurtosis is called as leptokurtic, which has tails that asymptotically approach zero more slowly than normal distribution. CV, known as relative standard deviation, is a standardized measure of dispersion of a probability distribution or frequency distribution. It is often expressed as a percentage, and is defined as the ratio of the standard deviation to the mean. These three distribution statistics can explain the echogenicity distribution of the subject’s image as shown in Fig. 5 and may contribute to discriminate the severity stage of NAFLD. In fact, a recent research reported a decent accuracy of detecting and grading fatty liver disease by kurtosis based scanning method [53]. Table 2 summarizes the echogenicity values and distribution statistics generated by the proposed method.

For each cell of Table 2, the first number is the mean and the second number is the standard deviation of each statistics of the same stage. We take *t*-test to each adjacent stages and double asterisk (**) denotes $p < 0.01$ and the single asterisk (*) denotes $p < 0.05$ otherwise two adjacent stages have no statistical difference. The bottom row ‘Abnormal’ means all stages other than normal. Two *t*-test results are

shown in Table 2 in that the first *t*-test is to see if any variable is statistically different in any of 4 severity stage level (first 4 rows) and the second one is the *t*-test for normal/abnormal distinctions(bottom two rows). In this regard, all statistics by DFCM based segmentation are significant in discriminating normal stage from abnormal stage. However, in discriminating mild stage from moderate stage, the kurtosis is stronger variable than HRI. Liver echogenicity and the skewness are also significant in normal-mild stage discrimination. There exists no significant variable in discriminating moderate and severe stage. This might be due to the limited number of data for severe stage of NAFLD in this experiment.

In reviewing the data, the normal-abnormal cutoff value of HRI would be 1.30 that contains all normal cases under the cutoff. However, there is no single standard cutoff value of a variable appeared in Table 2. Interesting point is that the correlation of the kurtosis and HRI is extremely low (-0.02) thus it suggests that some combination of these two variables may be better decision making standard than depending on any one variable.

In order to see if the proposed DFCM itself produces better statistical measurements; we compare this result with SOM based pixel clustering [19] as a referendum since both have similar mechanisms in extracting liver/kidney area extractions automatically. Table 3 summarizes the echogenicity values and distribution statistics generated by the SOM based method.

SOM based method is successful on HRI for normal-abnormal discrimination. However, for severity stage classification, there is no statistically

Table 2
Echogenicity and Distribution Statistics by proposed DFCM. (* $p < 0.05$, ** $p < 0.01$)

Stage	HRI	Kurtosis	Skew ness	CV-Liver	Liver Echo	Kidney Echo
Normal	1.06 ± 0.13	-0.53 ± 0.67	0.44 ± 0.39	4.56 ± 0.82	50.32 ± 7.26	48.04 ± 7.06
Mild	1.32 ± 0.18**	-0.69 ± 0.30	-0.01 ± 0.47**	6.96 ± 2.67	69.49 ± 16.28**	52.72 ± 10.53
Moderate	1.54 ± 0.30*	-0.98 ± 0.27**	0.08 ± 0.14	9.63 ± 4.62	82.57 ± 19.18	53.60 ± 8.87
Severe	1.57 ± 0.30	-0.91 ± 0.31	0.00 ± 0.12	13.79 ± 5.77	125.17 ± 31.33	79.67 ± 14.91
Normal	1.06 ± 0.13	-0.53 ± 0.67	0.44 ± 0.39	4.56 ± 0.82	50.32 ± 7.26	48.04 ± 7.06
Abnormal	1.44 ± 0.27**	-0.84 ± 0.28**	0.03 ± 0.33**	7.56 ± 3.72**	81.45 ± 25.32**	56.20 ± 13.15*

Table 3
Echogenicity and Distribution Statistics by SOM [19]. (* $p < 0.05$, ** $p < 0.01$)

Stage	HRI	Kurtosis	Skew ness	CV-Liver	Liver Echo	Kidney Echo
Normal	1.03 ± 0.24	-0.89 ± 0.31	0.18 ± 0.29	7.29 ± 2.56	45.72 ± 8.31	45.98 ± 9.94
Mild	1.41 ± 0.72	-0.94 ± 0.20	-0.08 ± 0.27	10.20 ± 5.41	63.85 ± 19.31**	51.19 ± 18.27
moderate	1.50 ± 0.44	-0.89 ± 0.33	0.08 ± 0.32	6.51 ± 2.51	79.06 ± 21.87	54.97 ± 16.64
Severe	1.92 ± 0.31*	-1.00 ± 0.04	-0.05 ± 0.02*	25.97 ± 4.46	129.09 ± 21.47	69.53 ± 23.23
Normal	1.03 ± 0.24	-0.89 ± 0.31	0.18 ± 0.29	4.56 ± 0.82	45.72 ± 8.31	45.98 ± 9.94
Abnormal	1.51 ± 0.58**	-0.93 ± 0.25	0.02 ± 0.29	11.78 ± 7.10**	77.81 ± 28.73**	54.91 ± 18.25*

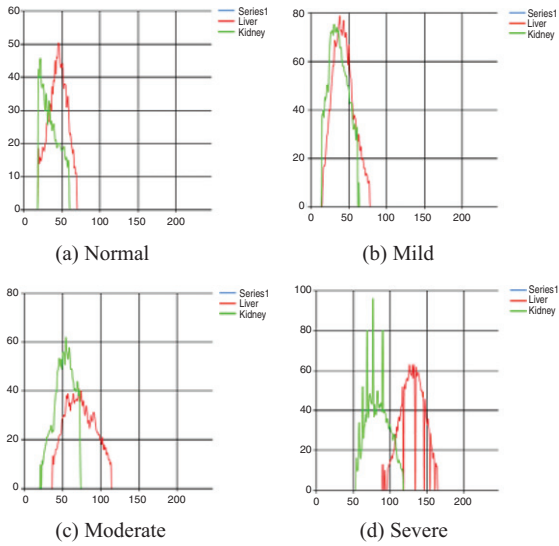


Fig. 6. Typical examples of echogenicity distribution with respect to the severity stage.

significant variable to discriminate mild and moderate stage. Thus, the proposed DFCM is better clustering algorithm to produce meaningful statistics for NAFLD severity stage classification.

Pixel echogenicity distribution and its characteristic attributes (skewness, kurtosis, CV) may be

valuable statistics for stage classification although no single variable is as powerful as HRI. In Fig. 6, we demonstrate typical liver-kidney echogenicity.

While radiologists make decisions of fatty liver severity level with quantified value (HRI) and qualitative measurement like graphs shown in Fig. 6, it is still very subjective as we have seen that the gold standard measured by multiple radiologists have only 70% of unanimous decisions on severity stage identification as shown in Table 1. Furthermore, although shape variables of the intensity distribution have statistically significant contributions in severity stage determination as shown in Table 2, there is no clear way to explain it in our post-hoc analysis. Thus, we try to find a set of decision rules for stage classification that can explain at least our limited 50 cases. Since we have only 3 ‘severe’ cases in our data set, it is not reliable to test any set of rules in standard machine learning paradigm. Rather, we want to see if there exists a good simple intuitive set of rules that may explain the stage classifications.

Thus, we use a standard decision tree open source written in Python that ‘fits’ all of our data set meaning that the set of rules we found is only effective over our data. We choose decision tree algorithm since there is a simple way to construct a set of rules from the tree structure by tracking every leaf node [54]. The

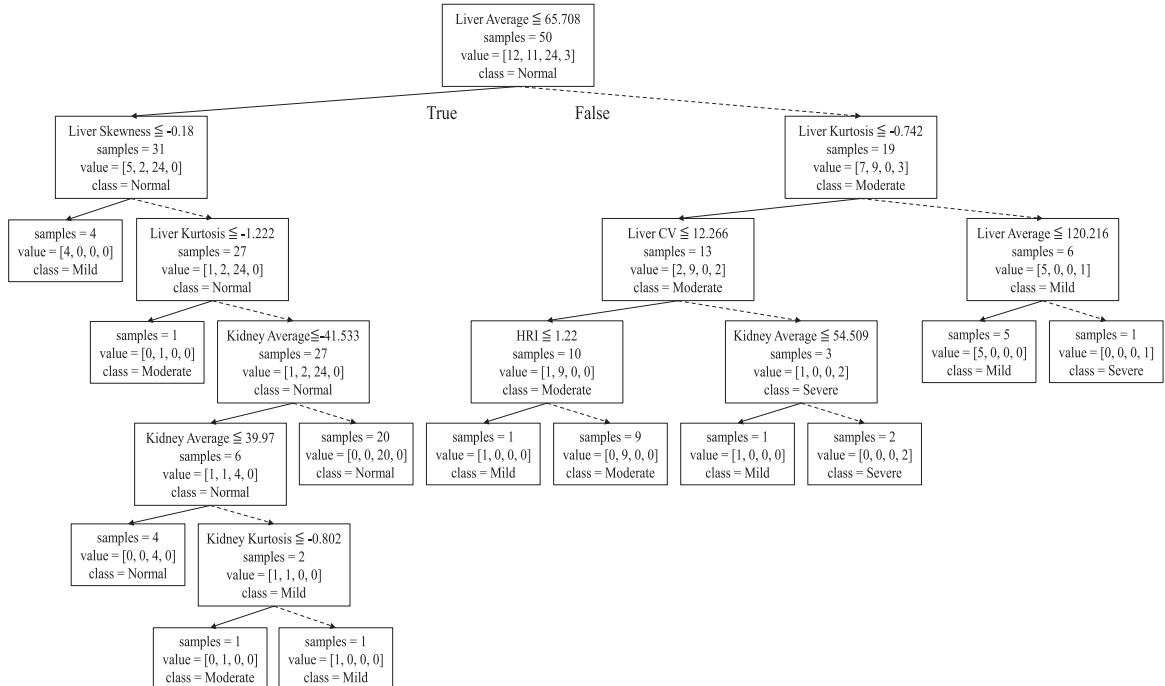


Fig. 7. Decision tree to decide fatty liver severity classification.

Table 4
Decision rules for fatty liver severity stage from decision tree of Fig. 7

Stage	Data	Liver-Echo	Skewness	Kurtosis	Kidney-Echo	HRI	CV-Liver
Normal	20	≤ 65.708	> 0.18	≤ -1.222	> 41.533		
Normal	4	≤ 39.97	> 0.18	≤ -1.222	≤ 41.533		
Mild	5	[65.708, 120.216]		> 0.742			
Mild	4	≤ 65.708	≤ -0.18				
Mild	1	[39.97, 65.708]	> 0.18	≤ -1.222	≤ 41.533	> 1.15	
Mild	1	[65.708, 69.634]		≤ -0.742			≤ 12.266
Mild	1	[65.708, 79.912]		≤ -0.742			> 12.266
Moderate	9	> 69.634		≤ -0.742			≤ 12.266
Moderate	1	≤ 65.708	> 0.18	≤ -1.222			
Moderate	1	[39.97, 65.708]	> 0.18	≤ -1.222	≤ 41.533	≤ 1.15	
Severe	2	> 79.912		≤ -0.742			> 12.266
Severe	1	> 120.216		> 0.742			
Total	50						

tree that fits all 50 data is shown in Fig. 7 and the set of decision rules are formed as in Table 4.

In Fig. 7, one can follow how the decision tree is formed. There are 24 normal, 12 mild, 11 moderate, and 3 severe stage people in our data set. A node represents four types of information in that the first row specifies the branching condition, the second row denotes current size of the set and the third row represents the distribution of data in this node as the order of [mild, moderate, normal, severe] (e.g. value = [3, 11, 12, 24] in the root node of Fig. 7) and the bottom row represents the majority class of the node. The classification is done at each leaf node in that all data in that node have the same class.

In Table 4, each row represents a rule that decides the stage (first column) with at most 6 possible independent variables satisfy the tests. Blank in the condition field (from 3rd to 8th column) means ‘don’t care’. The second column in each row denotes the number of data classified by that rule in our data set. Some examples of constructed rules are read as the following;

Rule 3: If the Liver-Echo is in interval [65.708, 120.216] and Kurtosis > 0.742, then the stage class would be ‘mild’ and 5 cases of our data belong to this rule.

....

Rule 8: If the Liver-Echo > 69.634 and Kurtosis ≤ 0.742 and CV of the Liver ≤ 12.266 then the stage class would be ‘moderate’ and 9 cases of our data belong to this rule.

Surprisingly, we find that HRI is not the most decisive variable in severity stage classification while it was effective in normal/abnormal decision making. The Liver-Echo value and the Kurtosis of Liver inten-

sity distribution play more important role instead. However, numbers given as branching conditions are not intuitive.

Thus, we verify that the severity classification is a challenging task and we need better set of features that can decide the stage classification as well as better, more reliable classification algorithm in this multi-class learning problem. Recent deep-learning based architectures [55–57] might have better classification power but they do not have sufficient explanative power of their decision making thus more researches are needed in this domain.

4. Conclusion

In this paper, we develop a new automatic segmentation algorithm for Liver/Kidney area segmentation based on fuzzy C-means principle. Our DFCM quantization method overcomes the fixed initialization problem of the original FCM which frequently falls into local minimum in the processing and DFCM produces statistically better set of variables for fatty liver abnormality classification than previously proposed SOM based method. The distinction between normal and abnormalities is important in diagnosing fatty liver, but considering the clinical significance, the diagnosis of severity stage is more important. For this 4-class classification problem, simple single HRI cutoff does not work properly. We show that variables related with the shape of the intensity distribution of the ultrasonography are also as statistically significant as HRI in discriminating normal/abnormal fatty liver classification problem. In the severity stage classification, we show that these distribution shape related variables such as the kurtosis and the skewness of the liver intensity are more discriminative than

HRI in this severity stage classification based on our rule construction result from decision tree principle.

The proposed DFCM method for segmentation and automatic quantification of HRI generate more statistically distinctive shape variables of intensity distribution in diagnosing severity stages of mild, moderate and severe classes of fatty liver than single HRI cutoff strategy. However, the limitation of this research is that the sample data size is only 50 in this 4-class classification and there were only 3 ‘severe’ stage data due to the data collection method (regular health checkup data) thus the result of this paper needs proof of the possibility of actual application through clinical research in the future.

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