FROM THE EDITOR

I am excited about inclusion of the topic aquatic rehabilitation in this journal. In treating back and other musculoskeletal disorders we must use all the tools available to us. How often we find ourselves needing to order expensive treatments. Through the YMCA and other community resources, aquatic therapy can be used relatively inexpensively.

The guest editors, Andrew Cole, MD, and Bruce Becker, MD, MS, have done an outstanding job of selecting authors from across the country who have special interests and experience in aquatics. The guest editors are on the cutting edge of this old/new/renaissance therapy.

Ernie Johnson, MD, entertaining as usual, makes a case for increased awareness and use of aquatics as a therapy for numerous medical problems.

I hope you enjoy this issue and find it interesting and helpful. As Ernie says, THINK WATER!

Karen S. Rucker, MD