**Supplementary figures**

Figure S1. Responses of physical therapists and primary care physicians to item 1 “Mental stress can cause back pain even in the absence of tissue damage”

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Figure S2. Responses of physical therapists and primary care physicians to item 2 “The cause of back pain is unknown”

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Figure S3. Responses of physical therapists and primary care physicians to item 3 “Pain is a nociceptive stimulus, indicating tissue damage”

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Figure S4. Responses of physical therapists and primary care physicians to item 4 “A patient suffering from severe back pain will benefit from physical exercise”

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Figure S5. Responses of physical therapists and primary care physicians to item 5 “Functional limitations associated with back pain are the result of psychosocial factors”

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Figure S6. Responses of physical therapists and primary care physicians to item 6 “Patients with back pain should preferably practice only pain-free movements”

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Figure S7. Responses of physical therapists and primary care physicians to item 7 “Therapy may have been successful even if pain remains”

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Figure S8. Responses of physical therapists and primary care physicians to item 8 “Back pain indicates the presence of organic injury”

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Figure S9. Responses of physical therapists and primary care physicians to item 9 “If back pain increases in severity, I immediately adjust the intensity of my treatment accordingly”

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Figure S10. Responses of physical therapists and primary care physicians to item 10 “If therapy does not result in a reduction in back pain, there is a high risk of severe restrictions in the long term”

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Figure S11. Responses of physical therapists and primary care physicians to item 11 “Pain reduction is a precondition for the restoration of normal functioning”

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Figure S12. Responses of physical therapists and primary care physicians to item 12 “Increased pain indicates new tissue damage or the spread of existing damage”

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Figure S13. Responses of physical therapists and primary care physicians to item 13 “There is no effective treatment to eliminate back pain”

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Figure S14. Responses of physical therapists and primary care physicians to item 14 “Even if the pain has worsened, the intensity of the next treatment can be increased”

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Figure S15. Responses of physical therapists and primary care physicians to item 15 “If patients complain of pain during exercise, I worry that damage is being caused”

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Figure S16. Responses of physical therapists and primary care physicians to item 16 “The severity of tissue damage determines the level of pain”

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Figure S17. Responses of physical therapists and primary care physicians to item 17 “Learning to cope with stress promotes recovery from back pain”

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Figure S18. Responses of physical therapists and primary care physicians to item 18 “Exercises that may be back-straining should not be avoided during the treatment”

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Figure S19. Responses of physical therapists and primary care physicians to item 19 “In the long run, patients with back pain have a higher risk of developing spinal impairments”

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