**Supplementary Table 1.** CSF AD biomarkers

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Placebo** | **Regular Insulin** | **Determir** |
| **Aβ42** |  |  |  |
| Pre | 331.5 (148.4) | 305.5 (86.1) | 408.5 (196.90) |
| Post | 384.0 (212.0) | 325.0 (92.1) | 381.8 (227.8) |
| **Tau** |  |  |  |
| Pre | 109.7 (27.0) | 132.3 (71.0) | 118.3 (49.1) |
| Post | 117.1 (36.8) | 152.2 (106.7) | 107.6 (56.0) |
| **Tau-P181** |  |  |  |
| Pre | 65.1 (33.1) | 74.0 (28.9) | 63.9 (28.0) |
| Post | 72.17 (25.3) | 68.5 (39.7) | 64.1 (19.8) |
| **Tau-P181/Aβ42 ratio** |  |  |  |
| Pre | 0.27 (0.19) | 0.27 (0.14) | 0.23 (0.22) |
| Post | 0.30 (0.21) | 0.23 (0.13) | 0.23 (0.16) |