

# Diagnostic Accuracy of a Combined Analysis of Cerebrospinal Fluid t-PrP, t-tau, p-tau, and A $\beta$ <sub>42</sub> in the Differential Diagnosis of Creutzfeldt-Jakob Disease from Alzheimer's Disease with Emphasis on Atypical Disease Variants

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**Abstract.** According to recent studies, the determination of cerebrospinal fluid (CSF) total tau (t-tau)/phosphorylated tau (p-tau) ratio and total prion protein (t-PrP) levels significantly improves the accuracy of the diagnosis of Alzheimer's disease (AD) in atypical cases with clinical or laboratory features mimicking Creutzfeldt-Jakob disease (CJD). However, this has neither been validated nor tested in series including atypical CJD variants. Furthermore, the added diagnostic value of amyloid- $\beta$  (A $\beta$ )<sub>42</sub> remains unclear. To address these issues, we measured t-PrP, 14-3-3, t-tau, p-tau, and A $\beta$ <sub>42</sub> CSF levels in 45 typical and 44 atypical/rapidly progressive AD patients, 54 typical and 54 atypical CJD patients, and 33 controls. CJD patients showed significantly lower CSF t-PrP levels than controls and AD patients. Furthermore, atypical CJD was associated with lower t-PrP levels in comparison to typical CJD. T-tau, 14-3-3, or t-PrP alone yielded, respectively, 80.6, 63.0, and 73.0% sensitivity and 75.3, 92.1, and 75% specificity in distinguishing AD from CJD. On receiver operating characteristic (ROC) curve analyses of biomarker combinations, the (t-tau  $\times$  A $\beta$ <sub>42</sub>)/(p-tau  $\times$  t-PrP) ratio achieved the best accuracy, with 98.1% sensitivity and 97.7% specificity overall, and 96.2% sensitivity and 95.5% specificity for the "atypical" disease groups. Our results show that the combined analysis of CSF t-PrP, t-tau, p-tau, and A $\beta$ <sub>42</sub> is clinically useful in the differential diagnosis between CJD and AD. Furthermore, the finding of reduced CSF t-PrP levels in CJD patients suggest that, likewise A $\beta$ <sub>42</sub> in AD, CSF t-PrP levels reflect the extent of PrP<sup>C</sup> conversion into abnormal PrP (PrP<sup>Sc</sup>) and the burden of PrP<sup>Sc</sup> deposition in CJD.

**Keywords:** Alzheimer's disease, amyloid- $\beta$ , biomarker, cerebrospinal fluid, Creutzfeldt-Jakob disease, prion protein, tau protein

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## INTRODUCTION

Creutzfeldt-Jakob disease (CJD) and Alzheimer's disease (AD) are neurodegenerative disorders with overlapping clinical and laboratory features. CJD includes six major clinical-pathological subtypes that are largely determined by the genotype at the methionine (M)/valine (V) polymorphic codon 129 of the *PRNP* gene and the type (1 or 2) of pathological prion protein accumulating in the brain (namely MM1, MM2, MV1, MV2, VV1, and VV2) [1]. While the most common MM/MV1 subtype usually manifest with a subacute clinical course, atypical sporadic CJD variants such as MV 2K, MM 2C, and VV1 show a significantly slower clinical course, which may mimic AD and other neurodegenerative dementias [2]. On the other hand, although AD typically presents with a slowly progressive and well defined profile of cognitive decline, there also are well recognized variants of the disease with a rapid clinical progression and/or focal neurological signs manifesting relatively early in the disease course [3–6]. Cerebrospinal fluid (CSF) biomarker analysis is increasingly used in the diagnostic work-up of patients with neurodegenerative dementia. In particular, the search for elevated, above threshold, levels of protein 14-3-3 and/or t-tau is recommended by diagnostic criteria for CJD [7, 8], whereas a reduced concentration of amyloid- $\beta$  peptide 1–42 ( $A\beta_{42}$ ) in combination with increased levels of both total (t-tau) and/or phosphorylated tau (p-tau) represents a well-established neurochemical profile in support of the clinical diagnosis of AD [9, 10]. However, the lack of full sensitivity and specificity of these biomarkers still represents a significant limitation. In particular, approximately 10% of AD patients have t-tau levels compatible with CJD and/or show a positive 14-3-3 assay [5, 6, 11–19], whereas a similar proportion of CJD cases, especially those of the MV2K, MM2C, and MM2T subtypes, is associated with a negative 14-3-3 test and/or with low t-tau levels [2, 19–21]. Finally, reduced  $A\beta_{42}$  CSF levels have also been found in CJD [22–27]. To improve the differential diagnosis between AD and CJD based on CSF biomarkers, some studies analyzed the performance of the combined analyses of multiple protein markers including t-tau and p-tau, but also total prion protein (t-PrP) [28–30]. Most significantly, the addition of t-PrP dosage and the calculation of the t-tau/(p-tau  $\times$  t-PrP) ratio, also designated as “CJ factor”, has allowed, to date, the most accurate diagnosis in AD with clinical

overlap with CJD [29]. However, these results have not been widely validated and there have been some divergent results between studies in terms of t-PrP CSF levels. Furthermore, the accuracy of the proposed CSF biomarker combination in the atypical variants of CJD has not been investigated as yet. In this study, we evaluated the diagnostic performance of CSF t-PrP levels either alone or in combination with other protein biomarkers, including  $A\beta_{42}$  in typical and atypical variants of both CJD and AD.

## MATERIALS AND METHODS

### *Patient characterization*

We analyzed 230 CSF samples submitted to the Neuropathology Laboratory at the Institute of Neurological Sciences of Bologna, including 33 controls, 89 AD patients, and 108 CJD patients. Clinical history and follow-up data were acquired for each patient. Brain magnetic resonance imaging (MRI) studies, inclusive of fluid attenuated inversion recovery (FLAIR) and diffusion weighted imaging (DWI) sequences, and electroencephalographic (EEG) recording were also available as part of routine clinical investigations.

The diagnosis of AD was made according to the 2011 National Institute on Aging and the Alzheimer's Association workgroup guidelines [31]. In particular, after a clinical follow-up of at least 24 months, all 89 AD patients fulfilled criteria for probable AD dementia with high evidence of the AD pathophysiological process. Moreover, evidence for AD pathology of high severity was obtained by neuropathological examination in 6 cases [32].

CJD patients were classified according to the updated WHO diagnostic criteria [7]. The largest group of “definite” CJD consisted of 83 autopsy-confirmed sporadic CJD and 8 genetic CJD, while the “probable” CJD group included 17 patients fulfilling the clinical criteria for possible CJD and showing a positive EEG and/or a positive DWI-MRI [7]. All CJD cases underwent *PRNP* genetic analysis, as described previously [33]. Moreover, PrP<sup>Sc</sup> typing and CJD histotype classification was performed in all autopsied cases according to established methodologies and consensus criteria [34–35]. CSF samples, in both AD and CJD groups, were selected to include a significant number of patients with an atypical clinical presentation and/or an

atypical CSF biomarker profile. In particular, we defined AD as atypical/rapidly progressive (a/rpAD) when at least one of the following features was present: (1) rapid cognitive decline or presence of additional motor signs at time of CSF analyses [29], (2) CSF t-tau >1200 pg/ml, or (3) a positive CSF 14-3-3 assay, whereas for CJD the classification of atypical required at least one among: (1) clinical course >2 years, (2) progressive cognitive decline without focal neurological signs (up to the time of CSF analyses), (3) CSF t-tau <1200 pg/ml, (4) borderline or negative CSF 14-3-3 assay. Finally, the control group included 33 age- and sex-matched subjects lacking any clinical or neuroradiological evidence of central nervous system disease.

In our population, there were 44 AD and 54 CJD patients manifesting an atypical clinical presentation and/or showing an atypical CSF biomarkers profile. Among the remaining patients, 45 were classified as typical AD and 54 as typical CJD.

Informed consent was obtained from all subjects included in the study according to the Declaration of Helsinki.

### CSF biochemical analysis

CSF samples were obtained by lumbar puncture at L3/L4 or L4/L5 levels following a standard procedure. Samples were centrifuged at  $1000 \times g$  for 10 min, divided into aliquots, and stored in polypropylene tubes at  $-80^{\circ}\text{C}$  until analysis.

14-3-3 protein was detected by a western blot immunoassay using CSF controls with a weak or a strong 14-3-3 signal, respectively, as internal quality controls. The immunoreactivity signals were classified as negative when the 14-3-3 optical densitometric (OD) band was lower than the weakly positive control; borderline (or weakly positive), when the 14-3-3 OD was up to two times higher than the control, and positive when it was at least two times higher than the control [36].

We measured CSF t-tau, p-tau, and  $\text{A}\beta_{42}$  levels using commercially available enzyme-linked immunosorbent assay (ELISA) kits (INNOTEST httau-Ag, INNOTEST phosphorylated-Tau181, and INNOTEST  $\text{A}\beta_{1-42}$ ; Innogenetics/Fujirebio Europe) according to the manufacturer's instructions. T-PrP CSF levels were determined using commercial Beta Prion Human Enzyme-Linked Immunoassay Test kits (AJ Roboscreen, Leipzig, Germany) according to the manufacturer's instructions.

### Statistical analyses

Statistical analysis was performed using SPSS software (version 21- IBM Analytics). Several combinations of biomarkers were analyzed. Depending on the data distribution, the Kruskal-Wallis test and the Mann-Whitney *U* test or the one-way ANOVA (followed by Tukey's *post hoc* test) were used to test differences between AD patients, CJD patients, and controls regarding demographic data and biomarkers measurements. Data were expressed as mean  $\pm$  standard deviation (SD) or median and interquartile range (IQR). A Bonferroni correction was applied to multiple comparisons. Receiver operating characteristic analyses (ROC) were performed to establish the diagnostic accuracy, sensitivity, and specificity and the optimal cut-off value of each biomarker or combination of biomarkers. Differences were considered statistically significant at  $p < 0.05$ .

## RESULTS

### Demographic characteristics

In the control, AD, and CJD groups, mean ages and standard deviations were  $61.6 \pm 10.9$ ,  $66.4 \pm 9.1$ ,  $66.4 \pm 9.0$  years, respectively. Regarding sex, 42.4% controls, 59.6% AD patients, and 50.9% CJD patients were female. The molecular classification of CJD cases and their disease duration are summarized in Table 1. Atypical CJD cases presented a longer duration of the disease than typical CJD cases ( $p < 0.001$ ). Table 2 shows the clinical and laboratory features of cases classified as a/rpAD.

### CSF t-PrP levels (Fig. 1)

CSF t-PrP levels were significantly lower in CJD patients compared to AD patients ( $p < 0.001$ ) and controls ( $p < 0.001$ ), but did not differ significantly between AD and controls ( $p = 0.500$ ). A value of t-PrP lower than 261 ng/ml distinguished CJD patients from AD patients with a 73.0% sensitivity and a 75.0% specificity. Samples of typical CJD cases showed higher CSF t-PrP levels than those of the atypical group ( $p = 0.005$ ).

### CSF biomarker values in AD and CJD

CSF biomarker data in the AD and CJD groups are summarized in Table 3.

Table 1  
Disease duration and histotype classification of CJD cases

	Typical CJD (N = 54)	Atypical CJD (N = 54)	Total CJD (N = 108)
Disease duration (months)	N = 52	N = 52	N = 104
Mean ± SD	5.0 ± 4.0	18.6 ± 14.8	11.8 ± 12.7
Min-Max	1.0–20.0	1.0–60.0	1.0–60.0
Median (IQR)	4.0 (2.0–6.4)	13.8 (6.5–24.8)	6.3 (3.0–15.5)
Definite sporadic CJD	51	32	83
MM1	23	6	29
MM1+2C	8	5	13
VV2	15	0	15
MV 2K	5	13	18
MM 2C	0	5	5
MM 2T	0	2	2
VV1	0	1	1
Definite genetic CJD	1	7	8
E200K-129MM(V)	1	6	7
R208H-129VV	0	1	1
Probable CJD	2	15	17
MM	0	3	3
MV	2	12	14

Table 2

Clinical and biological features of atypical/rapidly progressive AD

Time between first compliant and LP (months)	26.3 ± 25.6 (n = 44)
Clinical presentation	
Cognitive decline	44/44
Extrapyramidal signs	9/44
Pyramidal signs	3/44
Myoclonus	5/44
Cerebellar signs	2/44
Biomarkers Data	
t-tau >1200 pg/ml	22/44
Positive 14-3-3	7/44
Genetic features	
APOE genotype	No E4 = 18 (58.1%) One E4 = 8 (25.8%) E4/E4 = 5 (16%)
FAD Mutations* (APP, PSEN1, PSEN2)	2/13 (both in PSEN1)

§ patients (n = 31) with available DNA/informed consent for genetic analyses. \* patients (n = 13) with early onset AD (<65 years) and/or a positive family history.

There were statistically significant differences between CJD (all) and AD (all) patients regarding t-tau ( $p < 0.001$ ), 14-3-3 ( $p < 0.001$ ),  $A\beta_{42}$  ( $p < 0.001$ ), t-tau/p-tau ratio ( $p < 0.001$ ), t-tau/t-PrP ( $p < 0.001$ ),  $A\beta_{42}/p\text{-tau}$  ( $p < 0.001$ ),  $A\beta_{42}/(p\text{-tau} \times t\text{-PrP})$  ( $p < 0.001$ ),  $A\beta_{42} \times t\text{-tau}/p\text{-tau}$  ( $p < 0.001$ ), CJ factor ( $p < 0.001$ ), and  $(A\beta_{42} \times t\text{-tau})/(p\text{-tau} \times t\text{-PrP})$  ( $p < 0.001$ ).

Results from ROC analysis for biomarker combinations are illustrated in Table 4 and Fig. 2. The  $(t\text{-tau} \times A\beta_{42})/(p\text{-tau} \times t\text{-PrP})$  ratio achieved the best accuracy (area under the curve (AUC) = 0.995) in the discrimination of CJD from AD with 98.1%

sensitivity and 97.7% specificity, using a cut-off value of 24.0. The accuracy, cut-off values, sensitivity and specificity of the other biomarker combinations are illustrated in Table 4.

#### Subgroup analysis

ROC analyses were also performed for the following comparisons: atypical CJD versus atypical/rapidly progressive AD; typical CJD versus atypical/rapidly progressive AD; atypical CJD versus typical AD.

#### Atypical CJD versus atypical/rapidly progressive AD

Table 5 illustrates the biomarker accuracy, cut-off values, sensitivity, and specificity for the comparison between atypical CJD and a/rpAD groups. There were no significant differences in CSF t-tau levels and 14-3-3 assay results between a/rp AD and atypical CJD ( $p = 0.057$  and  $p = 0.323$ , respectively). In contrast, values of  $A\beta_{42}$ , t-tau/p-tau ratio, t-tau/t-PrP,  $A\beta_{42}/p\text{-tau}$ ,  $A\beta_{42}/(p\text{-tau} \times t\text{-PrP})$ ,  $A\beta_{42} \times t\text{-tau}/p\text{-tau}$ , CJ factor,  $(A\beta_{42} \times t\text{-tau})/(p\text{-tau} \times t\text{-PrP})$  significantly differed between the two groups ( $p < 0.001$ ). While the 1200 pg/ml cut-off and 14-3-3 test yielded only 61.1% and 25.9% sensitivity and 50.0% and 84.1% specificity, respectively, in the differential diagnosis, the  $(t\text{-tau} \times A\beta_{42})/(p\text{-tau} \times t\text{-PrP})$  ratio best distinguished (AUC = 0.986) atypical CJD from a/rp AD with 96.2% sensitivity and 95.5% specificity with an optimal cut-off value of 24. A

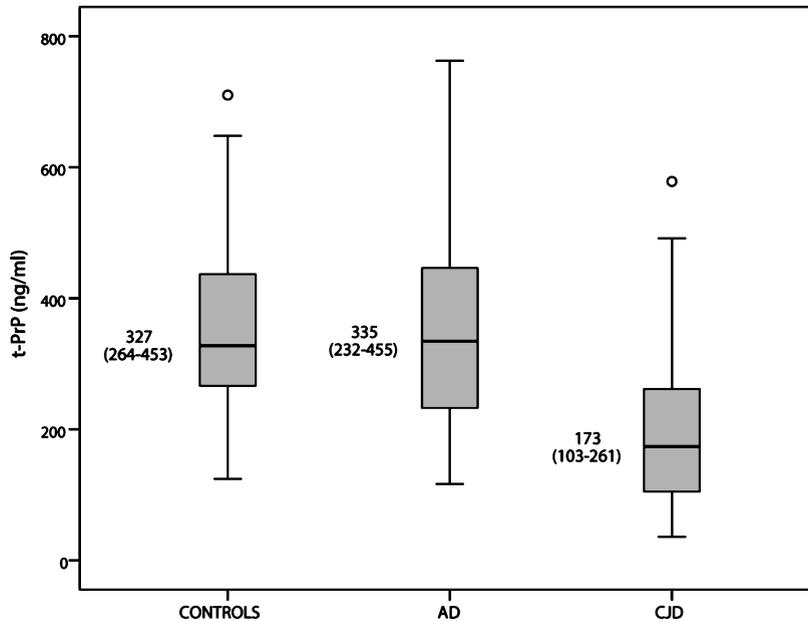


Fig. 1. Boxplots illustrate levels of the CSF total prion protein (t-PrP) in control, Alzheimer's disease (AD), and Creutzfeldt-Jakob disease (CJD) populations. Central horizontal lines indicate median values. Boxes illustrate the ranges between lower and upper quartiles. Error bars represent the full ranges of data, excluding outliers, which are displayed separately as single dots.

relatively good sensitivity and specificity, with values above 90%, was also obtained for three out four biomarkers (t-tau and p-tau plus t-PrP or  $A\beta_{42}$ ).

#### *Typical CJD versus atypical/rapidly progressive AD and atypical CJD versus typical AD*

The biomarkers accuracy, cut-off values, sensitivity, and specificity for these comparisons are reported in Supplementary Tables 1 and 2. While the  $t\text{-tau} \times A\beta_{42}/p\text{-tau}$  ratio yielded the higher accuracy with 100% sensitivity and 97.7% specificity in the first comparison, the  $(t\text{-tau} \times A\beta_{42})/(p\text{-tau} \times t\text{-PrP})$  ratio best distinguished typical AD from atypical CJD with 98.1% sensitivity and 100% specificity.

## DISCUSSION

In this study we investigated for the first time the accuracy of CSF protein t-PrP, t-tau, 14-3-3, p-tau, and  $A\beta_{42}$  assays in the differential diagnosis between CJD and AD in a patient series including a high proportion of clinically atypical cases of both diseases. Furthermore, at variance with most previous studies which have mainly focused on t-tau, p-tau, and, to a lesser extent t-PrP, we also considered the added diagnostic value of  $A\beta_{42}$ .

At variance with classic biomarkers such as t-tau, 14-3-3, p-tau, and  $A\beta_{42}$ , there is still limited knowledge about t-PrP in the CSF in both controls and patients with neurodegenerative diseases. To date, few studies have measured CSF PrP levels in CJD, AD, and controls. Our finding of a statistically significant decrease in CSF t-PrP levels in CJD patients is consistent with those of other authors [29, 37–39]. Thus, as CSF  $A\beta_{42}$  levels inversely correlate with amyloid burden in AD, t-PrP levels likely reflect the extent of  $\text{PrP}^c$  conversion into abnormal PrP ( $\text{PrP}^{\text{Sc}}$ ) and the burden of  $\text{PrP}^{\text{Sc}}$  deposition in CJD. The latter may also explain our finding of an even higher reduction of t-PrP levels in atypical CJD cases. Indeed, atypical CJD variants such as MV 2K and MM 2C are usually associated with a relatively high amount of  $\text{PrP}^{\text{Sc}}$  accumulation involving major areas of the brain such as the cerebral cortex, basal ganglia, and thalamus.

Our results on t-PrP CSF levels in AD are at variance with both Dorey et al. [29] and Meyne et al. [40], who found either increased or decreased t-PrP levels in AD compared to controls. While the latter discrepancy has been attributed to the lack of specificity for the human prion protein of the assay used by Meyne et al. [40], the former may reflect differences in the selected patient populations. Whatever the case, further studies are needed to clarify the divergence,

Table 3  
CSF biomarker data in the AD and CJD groups

	all AD (N = 89)	Typical AD (N = 45)	a/rpAD (N = 44)	all CJD (N = 108)	Typical CJD (N = 54)	Atypical CJD (N = 54)
t-PrP (ng/ml)						
Median	335	334	345	173	209	141
(IQR)	(234–455)	(281–455)	(224–469)	(103–261)	(131–288)	(83–208)
t-tau (pg/ml)						
Median	822	697	1223	2489	7284	1390
(IQR)	(582–1223)	(509–846)	(703–1668)	(1389–7344)	(3022–10004)	(914–2086)
p-tau (pg/ml)						
Median	104	90	122	49	55	46
(IQR)	(77–140)	(74–115)	(81–151)	(37–68)	(41–72)	(34–65)
A $\beta_{42}$ (pg/ml)						
Median	358	371	326	527	553	498
(IQR)	(266–465)	(279–469)	(250–442)	(366–747)	(353–773)	(370–738)
14-3-3						
N° positive	7/89	0/45	7/44	68/108	54/54	14/54
t-tau/p-tau						
Median	7.67	7.13	9.08	59.3	111	32.2
(IQR)	(6.76–10.1)	(6.38–7.98)	(7.35–11.3)	(27.1–110)	(64.5–198)	(20.6–52.1)
t-tau/t-PrP						
Median	2.58	2.22	3.36	17.4	33.6	10.7
(IQR)	(1.81–3.86)	(1.68–2.61)	(2.29–5.40)	(8.29–39.4)	(17.4–76.9)	(6.10–17.3)
A $\beta_{42}$ /p-tau						
Median	3.63	4.09	3.20	10.1	9.5	12.3
(IQR)	(2.47–4.70)	(3.11–5.29)	(1.88–4.23)	(7.18–16.1)	(5.55–14.6)	(8.09–16.7)
A $\beta_{42}$ /(p-tau $\times$ t-PrP)						
Median	0.010	0.011	0.009	0.062	0.053	0.071
(IQR)	(0.007–0.018)	(0.008–0.019)	(0.005–0.016)	(0.035–0.107)	(0.026–0.090)	(0.044–0.144)
A $\beta_{42} \times$ t-tau/p-tau						
Median	2870	2615	3089	27675	55348	15176
(IQR)	(2143–3938)	(2010–3373)	(2344–4661)	(13490–59655)	(30720–121296)	(9099–27419)
t-tau/(p-tau $\times$ t-PrP)						
Median	0.024	0.022	0.032	0.370	0.637	0.223
(IQR)	(0.018–0.037)	(0.018–0.031)	(0.019–0.045)	(0.161–0.778)	(0.238–1.345)	(0.131–0.460)
(t-tau $\times$ A $\beta_{42}$ )/(p-tau $\times$ t-PrP)						
Median	8.63	7.64	10.9	155	263	104
(IQR)	(6.02–12.6)	(5.68–10.6)	(6.06–14.8)	(82.8–401)	(134–682)	(69.9–205)

Table 4  
Comparison of discriminatory power of CSF biomarkers to distinguish AD from CJD

Biomarker	Area under the curve (AUC)	Cut-off value for CJD diagnosis	Patients diagnosed as having CJD		Sensitivity %	Specificity %
			CJD	AD		
t-PrP	0.825 $\pm$ 0.029	<261 ng/ml	81/108	24/89	73.0	75.0
14-3-3	–	–	68/108	7/89	63.0	92.1
A $\beta_{42}$ /p-tau	0.914 $\pm$ 0.021	>5.11	90/107	15/88	84.1	83.0
A $\beta_{42}$ /(p-tau $\times$ t-PrP)	0.956 $\pm$ 0.014	>0.022	94/107	10/88	87.9	88.6
t-tau	0.865 $\pm$ 0.025	>1200 pg/ml	87/108	22/89	80.6	75.3
t-tau/p-tau	0.982 $\pm$ 0.010	>16.4	103/107	4/88	96.3	95.5
t-tau/t-PrP	0.945 $\pm$ 0.016	>5.50	98/108	8/89	90.7	91.0
A $\beta_{42} \times$ t-tau/p-tau	0.984 $\pm$ 0.008	>6677	101/107	5/88	94.4	94.3
t-tau/(p-tau $\times$ t-PrP)	0.984 $\pm$ 0.007	>0.061	104/107	4/88	97.1	95.5
(t-tau $\times$ A $\beta_{42}$ )/(p-tau $\times$ t-PrP)	0.995 $\pm$ 0.004	>24.0	105/107	2/88	98.1	97.7

especially in view of the proposed putative role of PrP<sup>C</sup> in AD pathogenesis [29].

Regarding the diagnostic value of t-PrP in the discrimination of CJD from AD, we reported an AUC of 0.825, a sensitivity of 73%, and a specificity of

75% using a cut-off value of 261 ng/ml, which is slightly worse than that reported by Dorey et al. [29] (AUC = 0.886, 82.1% sensitivity and 82.4% specificity) using the same kit and a very similar cut-off value (263 ng/ml). The small discrepancy

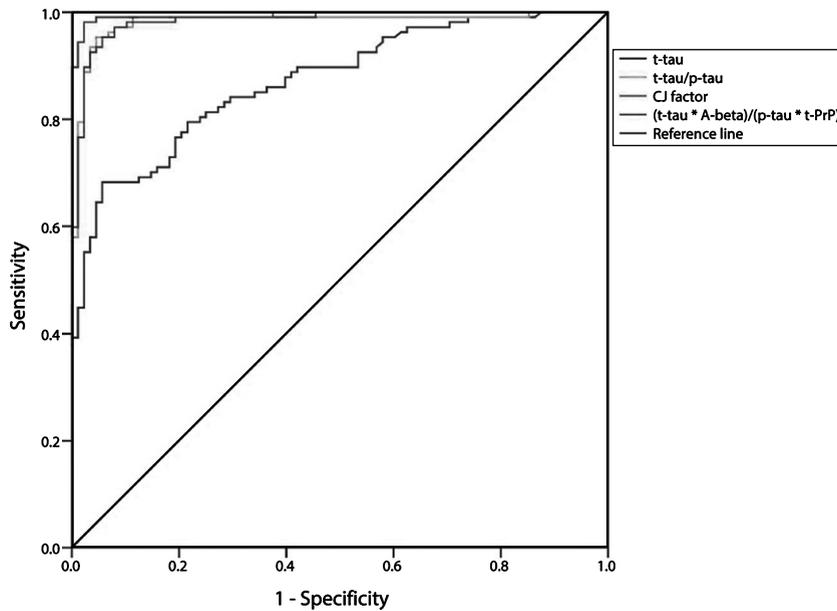


Fig. 2. Receiver operating characteristics (ROC) curves illustrate sensitivity and specificity of various cerebrospinal fluid biomarker combinations. Area under the ROC curve is reported as area under the curve (AUC). The corresponding AUC values are also listed in Table 4.

likely reflects their findings of increased t-PrP levels compared to normal subjects in a subgroup of AD patients.

In this study, we also addressed the possible diagnostic role of CSF  $A\beta_{42}$  and its derived ratios in the clinical distinction between CJD and AD. Van Everbroeck et al. [22] originally reported that  $A\beta_{42}$  levels are decreased in CJD, a finding that has subsequently been confirmed by others [22–27]. More recently, however, some studies showed that  $A\beta_{42}$  levels and  $A\beta_{42}/p\text{-tau}$  ratio are significantly higher in CJD than in AD patients [21, 29, 41], thus indicating that the determination of  $A\beta_{42}$  levels might contribute to the differential diagnosis between the two diseases. In our CJD population,  $A\beta_{42}$  CSF levels were highly

heterogeneous, with several cases of both typical and atypical CJD groups showing a lower than cut-off value. Whether this result simply reflects the burden of associated AD pathology, which has to be taken in account considering the mean age of death of CJD patients, or also depends on a pathogenic interaction between the two proteins, as it has recently been suggested [42, 43], remains to be seen.

Taken together, our results underline the added value of both  $A\beta_{42}$  and t-PrP CSF assays in the differential diagnosis between CJD and AD. Indeed, the addition of t-PrP and  $A\beta_{42}$  values to those of t-tau and p-tau in a novel ratio  $(t\text{-tau} \times A\beta_{42})/(p\text{-tau} \times t\text{-PrP})$  distinguishes CJD from AD patients with greater accuracy (0.995 accuracy, 98.1% sensitivity,

Table 5  
Comparison of discriminatory power of CSF biomarkers in the distinction between atypical AD and atypical CJD

Biomarker	Area under the curve (AUC)	Cut-off value for CJD diagnosis	Patients diagnosed as having CJD		Sensitivity %	Specificity %
			Atypical CJD	a/rp AD		
t-tau	0.612 ± 0.057	>1200 pg/ml	33/54	22/44	61.1	50.0
14-3-3	–	–	14/54	7/44	25.9	84.1
$A\beta_{42}/p\text{-tau}$	0.945 ± 0.025	>4.70	48/53	4/44	90.6	90.9
$A\beta_{42}/(p\text{-tau} \times t\text{-PrP})$	0.982 ± 0.010	>0.025	49/53	2/44	92.5	95.5
t-tau/p-tau	0.945 ± 0.025	>16.3	49/54	4/44	90.6	90.9
t-tau/t-PrP	0.852 ± 0.040	>5.27	45/54	8/44	83.3	81.8
$A\beta_{42} \times t\text{-tau}/p\text{-tau}$	0.958 ± 0.020	>6550	49/53	3/44	92.5	93.2
t-tau/(p-tau × t-PrP)	0.955 ± 0.020	>0.063	50/54	3/44	92.6	93.2
$(t\text{-tau} \times A\beta_{42})/(p\text{-tau} \times t\text{-PrP})$	0.986 ± 0.010	>24.0	51/53	2/44	96.2	95.5

and 97.7% specificity) than all previously-described ratios such as CJ factor, t-tau/p-tau, and A $\beta$ <sub>42</sub>/p-tau [21, 29, 30, 41]. Most importantly, the novel ratio also demonstrates superior diagnostic accuracy in the most difficult clinical scenario, which is the clinical distinction between atypical CJD and a/rpAD patients. Indeed, while CSF t-tau and 14-3-3 do not contribute at all to the differential diagnosis of such atypical variants (e.g., 61.1% and 25.9% sensitivity; 50% and 84.1% specificity), in the same situation the novel ratio yields 96.2% sensitivity and 95.5% specificity. We therefore strongly recommend extending the analyses to all four biomarkers in the presence of atypical clinical features and ambiguous results of standard CSF assays. Alternatively, particularly in a laboratory setting where the t-PrP assay is not available, A $\beta$ <sub>42</sub>  $\times$  t-tau/p-tau and t-tau/p-tau ratios remain the best biomarkers for accuracy, sensitivity, and specificity in distinguishing CJD from AD.

We are aware that one potential limitation of our study is the discrepancy in the number of neuropathologically-verified cases between CJD and AD. Nevertheless, all AD affected subjects included in this study fulfilled the diagnostic criteria of probable AD with high evidence of the pathophysiological process of AD. Furthermore, in all a/rpAD cases, the final diagnosis was formulated at follow-up after at least 2 years of further clinical observation.

In summary, while individually none of the major CSF proteins that reflect the specific molecular pathology of AD (p-tau and A $\beta$ <sub>42</sub>) and CJD (PrP) or the associated neuronal damage (t-tau, 14-3-3) distinguish the two disorders with sufficient accuracy, various combinations of these markers significantly increase the diagnostic power. Among them the (t-tau  $\times$  A $\beta$ <sub>42</sub>)/(p-tau  $\times$  t-PrP) ratio best distinguishes CJD from AD patients and is especially recommended in the diagnostic work-up of patients presenting with atypical clinical features that are compatible with both diseases.

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## SUPPLEMENTARY MATERIAL

The supplementary material is available in the electronic version of this article: <http://dx.doi.org/10.3233/JAD-160740>.

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