

## Research Report

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# Relationship Between Excessive Daytime Sleepiness and Caudate Nucleus Volume in Patients with Subjective Cognitive Decline: A Study from the SILCODE Using the Volbrain

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### Abstract.

**Background:** Excessive daytime sleepiness (EDS) and caudate nucleus volume alterations have been linked to Alzheimer's disease (AD), but their relationship remains unclear under the context of subjective cognitive decline (SCD).

**Objective:** This study aimed to investigate the relationship between EDS and caudate nucleus volume in patients with SCD.

**Methods:** The volume of entire brain was measured in 170 patients with SCD, including 37 patients with EDS and 133 non-EDS, from the Sino Longitudinal Study on Cognitive Decline (SILCODE). Participants underwent a comprehensive assessment battery, including neuropsychological and clinical evaluations, blood tests, genetic analysis for *APOE ε4*, and structural MRI scans analyzed using the fully automated segmentation tool, volBrain.

**Results:** Patients with EDS had significantly increased volume in the total and left caudate nucleus compared to non-EDS. The most significant cognitive behavioral factor associated with caudate nucleus volume in the EDS was the Auditory Verbal Learning Test-recognition.

**Conclusions:** These findings suggest that EDS may be associated with alterations in caudate nucleus volume, particularly in the left hemisphere, in the context of SCD. Further research is necessary to understand the underlying mechanisms of this relationship and its implications for clinical management.

Keywords: Alzheimer's disease, caudate nucleus, excessive daytime sleepiness, memory, subjective cognitive decline, volume

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## INTRODUCTION

Excessive daytime sleepiness (EDS) is a common symptom of sleep disorders, which may be an early marker and potentially a reversible risk factor of cognitive decline and onset of dementia, making it important to consider even during periods of unimpaired cognitive performance [1, 2]. Subjective cognitive decline (SCD) is a self-reported decline in cognitive function without evidence of objective cognitive impairment [3]. Individuals with SCD are biologically characterized by a higher risk of exhibiting a biomarker pattern that points to Alzheimer's disease (AD), indicating that individuals with SCD may be more susceptible to progression to mild cognitive impairment (MCI) or AD [4, 5]. Furthermore, research have found that poor sleep quality was closely related to SCD [6–11]. However, limited literature reports on EDS symptoms in patients with SCD.

The caudate nucleus is a C-shaped structure located in the center of the cerebral hemispheres [12], playing a crucial role in regulating behavior by controlling functions such as memory and motivation [13]. This is because abnormal functioning of the caudate nucleus leads to reduced dopamine transporter uptake, which is associated with clinical EDS symptoms [14]. Research have reported that the caudate nucleus volume is larger in SCD patients than in healthy individuals [15]. Furthermore, greater caudate volume in elderly women with AD compared to non-dementia patients [16], and in addition, other studies have pointed to a reduction in caudate volume in AD patients [17] and an association with MCI to AD conversion [18]. An increasing body of evidence suggests that the sleep duration may be associated with the caudate nucleus volume [19, 20]. Therefore, the EDS symptoms combined with caudate nucleus volume changes could be high-risk factors for disease progression.

Structural magnetic resonance imaging (sMRI) is a widely accessible, non-invasive, and commonly used clinical method [21] that can track subcortical changes provoking disease progression [22]. A quantitative volumetric analysis of the caudate nucleus using sMRI can provide valuable information in early diagnosis and prognosis of patients with AD [17]. Furthermore, sMRI can be employed as an independent biomarker of neurodegeneration to understand relationships between cognition and neurodegeneration in AD, and atrophy measured on sMRI is a powerful biomarker for the stage and intensity of neurodegeneration in AD pathology [23].

For reasons above, our study aimed to investigate the characteristics of the caudate nucleus volume between the control and EDS groups in SCD patients, and whether behavioral and cognitive functions influenced the caudate nucleus volume, which may help improve the sensitivity of structural imaging studies to provide a separate morphologic index of SCD with sleep disorders risk factors. We used the fully automated segmentation method volBrain (<http://volbrain.upv.es>) for volumetric analysis, which is the technique of choice for segmenting the caudate nucleus [24]. Respondents were measured on the Epworth Sleepiness Scale (ESS), with a score of  $ESS \geq 10$  indicating EDS. We hypothesize that there was a specially changed caudate nucleus volume in patients with SCD with EDS compared with control subjects. We also estimated that subtle behavioral and cognitive functions would be associated with caudate nucleus volume alterations in SCD with EDS.

## METHODS

### *Participants*

We recruited 170 participants (EDS = 37 and NC = 133) from the Sino Longitudinal Study on Cognitive Decline (SILCODE) at the Xuanwu Hospital of Capital Medical University in China [25]. All participants from the community, and memory clinics and local clinicians referral recruiting mandarin-speaking right-handed and older Han Chinese living in Beijing for a long time [26], who were accepted a comprehensive set of assessments, including a standardized clinical physical examination and assessment, medical history review, detailed neuropsychological evaluations, and undergone blood tests and structural MRI scans [27]. The average age, education level, number of males and females in NC group were 66.22 years, 12.00 years, 52/81, respectively, and those in EDS group were 65.84 years, 12.14 years, 17/20, respectively. The definition criteria of SCD were as following [3]: 1) In the past five years, there has been a continuous decline in memory rather than other cognitive domains. 2) Concerns about memory decline have been expressed through structured interviews with doctors, and there has been a feeling of poor performance compared to the same age group. 3) Memory decline has been confirmed by another informed person. 4) Standardized neuropsychological tests within age, gender, and educational adaptation norms are met, which do not meet MCI or dementia criteria [28]. The

research was registered on ClinicalTrials.gov (Identifier: NCT03370744). The Medical Ethics Committee of Xuanwu Hospital approved our study protocol [27], and all participants shall be completed before the study program written informed consent.

Exclusion criteria included respondents who could not comply with the study plan or were unwilling to undergo MRI, respondents with severe mental illness, subjects with other brain disorders that may cause cognitive impairment, participants with intellectual disabilities, and participants with systemic disorders [26, 29].

#### *Behavioral and cognitive assessment*

The staff was trained according to standard guidelines before participating in neuropsychological testing, which encompassed different domains, including cognitive function, sleep quality, and behavioral symptoms.

The cognitive domain assessment included the auditory verbal learning test-Huashan version (AVLT-H) for memory function, semantic verbal fluency of animals (AFT) and Boston naming test (BNT) for language function, and shape testing sections A and B (STT-A & B) for executive function evaluation. Self-perceived cognitive function was assessed using a subjective cognitive decline questionnaire-item 9 (SCD-Q9). The mini-mental state examination (MMSE), the Montreal cognitive assessment-basic (MoCA-B), and Memory and executive screening (MES) were conducted for overall cognitive function assessment. For sleep quality evaluation, the Pittsburgh sleep quality index (PSQI), rapid-eye-movement sleep behavior disorder screening questionnaire (RBDSQ), and Epworth sleepiness scale (ESS) were used. The Hamilton depression scale (HAMD), the Hamilton anxiety scale (HAMA) and the Geriatric depression scale (GDS) were used for the assessment of psych behavioral symptoms [27, 30, 31].

#### *EDS characterization*

The ESS is a self-administered questionnaire that consists of eight questions asking to rate how likely it is to fall asleep in everyday situations. Responses are rated on a range from 0 to 3, with 0 representing no likelihood of nodding off, 1 meaning a very slight probability of nodding off, 2 representing a medium likelihood of nodding off, and 3 meaning dozing [32, 33]. A higher score indicates that the respondent is

more likely to snooze [34], with a score of  $\geq 10$  indicating EDS.

#### *APOE genotyping*

Clinical laboratory staff followed standard procedures when doing apolipoprotein E (*APOE*) genotyping work. Two single nucleotide polymorphisms (SNPs), rs7412 and rs429358, were analyzed to determine the apolipoprotein  $\epsilon 2/\epsilon 3/\epsilon 4$  haplotype [26]. Standard Sanger sequencing methods were used to genotype lipoproteins using the following primers: 5'-ACGCGGGCACGGCTGTCCAAGG-3' (forward) and 5'-GGCGCTCGCGGATGGCGCTGA-3' (reverse) [27]. The amplification of *APOE* conditions were as following: 1 cycle at 98°C for 10 s, 35 cycles at 72°C for 5 s, 1 cycle at 72°C for 5 min.

#### *MRI acquisition*

Before the actual entire brain imaging scan, the participants may undergo a simulation session to familiarize themselves with the scanning process to minimize any potential bias that may arise due to anxiety or discomfort during the actual scan. The actual scan lasted approximately one hour, and T1-weighted structural images of entire brain were acquired using SPGR sequences. Respondents were scanned on an integrated simultaneous 3.0T TOF PET/MR (Signa PET/MR, GE Healthcare, WI, USA) [27]. The parameters of 3D BRAVO T1-weighted sagittal images were as following: repetition time/echo time (TR/TE) = 6.9 ms/2.98 ms, flip angle = 12°, inversion time (TI) = 450 ms, the field of view (FOV) = 256 × 256 mm<sup>2</sup>, matrix = 256 × 256, slices = 192, slice thickness = 1 mm and voxel size = 1 × 1 × 1 mm<sup>3</sup>.

#### *Imaging analysis*

VolBrain is a fully automated segmentation tool that is commonly used for segmenting caudate nuclei due to its high level of anatomical precision and minimal labor requirements. The method employs a multi-tuple patch-based label fusion segmentation technique to accurately segment anatomical structures [24, 35, 36]. The process of obtaining the required data involves several steps. First, the patient's images were exported from the local image archive. Next, the scanned images in DICOM format were converted to NIFTI format using MRIcron software. After that, an account was created and

registered on the volBrain website, where individual scanned images were uploaded in NIFTI format. VolBrain software performs automatic quantitative analysis of the MR Data to improve the quality of the input image and is set in geometric space and intensity to segment and distinguish various structures and tissues. The segmentation process consists of the following steps: spatially adaptive non-local mean denoising, coarse non-uniformity correction, affine registration to MNI space, fine SPM-based non-uniformity correction, intensity normalization, non-local intracranial cavity extraction, tissue classification, non-local hemisphere segmentation and non-local subcortical structure segmentation [35]. After completing the above process, a split PDF report was automatically generated and provided via email. Tissue volume is reported as measured in cubic centimeters, and the ratio of the volume of a given structure to the total volume is presented as a percentage. We assessed the reports substantively and performed statistical analyses using percentage values from the volBrain procedure. In this study, we focused on the uncorrected volumes of the left and right caudate nucleus, the total volume of the caudate nucleus, and brain tissue [37].

#### Statistical analysis

Statistical analysis was performed using IBM SPSS version 26.0. Between-group differences in demographics, sleep, cognitive, and mental-behavioral variables were analyzed using *t*-tests and Mann-Whitney tests for continuous variables and chi-squared statistics for categorical variables. The independent samples *t*-test and Bonferroni corrected were used to compare brain tissue volume, total caudate nucleus volume, and the left and right caudate nucleus volumes between the EDS and non-EDS groups. Two-way ANOVA was used to analyze the association between the ApoE  $\epsilon$ 4 gene and brain tissue and caudate nucleus volume. The EDS group was also examined for its correlation with behavioral factors, caudate nucleus volume, and APOE  $\epsilon$ 4 gene ( $\epsilon$ 4 gene carriers versus non-carriers).

Stepwise regression analysis was conducted in the EDS group to assess whether cognitive-behavioral factors were correlated with brain tissue volume and caudate nucleus volume. Four domains of independent variables were entered in the model: sleep quality score, demographic score, cognitive domain score, and psychosomatic symptom score. The dependent variables were total caudate nucleus

volume, left caudate nucleus volume, and right caudate nucleus volume. The covariates for all statistical analyses in this paper included age, gender, years of education, and only results with a two-tailed *p* value less than 0.05 were considered significant and reported.

## RESULTS

### Subject characteristics

Table 1 summarizes the results for the demographic and behavioral parameters, sleep quality and neuropsychological scores, and the corresponding between-group differences. No significant differences between EDS versus non-EDS groups in age, gender, years of education, BMI, APOE  $\epsilon$ 4 carriers/non-carriers. Significant between group-differences ( $p < 0.05$ ) were found for PSQI ( $p = 0.013$ ), AVLT-recognition ( $p = 0.005$ ), and GDS ( $p = 0.047$ ).

### Caudate nucleus and brain tissue volumes

Table 2 shows the *t*-test statistics regarding brain tissue and caudate nucleus volumes, with significant results for total caudate nucleus volume and left caudate nucleus volume. Additionally, the EDS group exhibited increased volumes of all caudate nuclei compared to the non-EDS group.

Table 3 and Fig. 1 present the comparison of APOE  $\epsilon$ 4 carriers and non-carriers in the EDS and 11 non-EDS groups, revealing a decrease in brain tissue and caudate nucleus volumes in APOE  $\epsilon$ 4 carriers compared to non-carriers in the non-EDS group, but not in the EDS group. Therefore, our findings suggest that in the non-EDS group, APOE  $\epsilon$ 4 carriers have reduced brain tissue and caudate volume compared with non-APOE  $\epsilon$ 4 carriers, whereas non-APOE  $\epsilon$ 4 carriers in EDS patients have increased brain tissue and caudate volume.

### LINKS between EDS-associated caudate nucleus changes with cognitive-behavioral factors

Stepwise regression was conducted to determine the association between cognitive-behavioral factors and changes in caudate nucleus volume in the EDS group. AVLT-recognition was the variable most strongly correlated with increased caudate nucleus volume, especially for increased left caudate nucleus volume, accounting for 25% of the variance

Table 1  
Subjects Characteristics and Between-Group Differences

	NC (n = 133)	EDS (n = 37)	p
Demographic parameters			
Age (y)	66.22 (5.40)	65.84 (5.77)	0.725
Education (y)	12.00 (3.03)	12.14 (2.85)	0.948
Gender (male/female)	52/81	17/20	0.453 <sup>#</sup>
BMI	24.28 (2.70)	23.52 (2.78)	0.145 <sup>◇</sup>
APOE ε4 (+/-)	40/93	8/29	0.312 <sup>#</sup>
Sleep assessments			
ESS	5.03 (2.72)	13.46 (2.94)	<0.001
RBDSQ	1.51 (1.69)	1.70 (2.17)	0.832
PSQI	4.04 (2.25)	5.19 (2.56)	0.013
Cognitive assessments			
MMSE	28.89 (1.13)	28.86 (1.20)	0.945
MoCA-B	26.08 (1.86)	26.30 (1.71)	0.467
AVLT-immediate recall	6.78 (1.52)	7.06 (1.21)	0.295
AVLT-long-term delayed recall	7.15 (2.13)	7.59 (2.14)	0.258
AVLT-Recognition	22.20 (1.87)	22.97 (1.40)	0.005
STT-A (s)	59.01 (19.13)	64.70 (21.11)	0.079
STT-B (s)	132.49 (35.32)	135.81 (28.67)	0.600 <sup>◇</sup>
AFT	19.39 (4.11)	19.19 (5.04)	0.492
BNT	25.52 (3.00)	25.78 (2.38)	0.988
Mental-behavioral assessments			
HAMD	4.11 (4.10)	3.97 (4.69)	0.525
HAMA	4.47 (4.23)	3.78 (3.44)	0.434
GDS	2.29 (2.27)	3.41 (3.18)	0.047

<sup>#</sup>Chi-Square Test, <sup>◇</sup>T-Test, others use the Mann Whitney test. BMI, body mass index (calculated as weight in kilograms divided by height in meters squared); APOE, apolipoprotein E; SCD, subject cognitive decline; ESS, Epworth Sleepiness Scale; RBDSQ, REM Sleep Behavior Disorder Screening Questionnaire; PSQI, Pittsburgh sleep quality index; MMSE, Mini-Mental State; MOCA-B, Montreal Cognitive Assessment Basic Version; AVLT, Auditory Verbal Learning Test; STT-A, Shape Trails Test Part A, STT-B, Shape Trails Test Parts B; AFT, animal fluency tests; BNT, Boston Naming Test; HAMD, Hamilton Depression Rating Scale; HAMA, Hamilton Anxiety Scale; GDS, Geriatric Depression Scale.

Table 2  
Between-group differences in Caudate nucleus and Brain tissue features

	NC	EDS	T	p
Tissue Brain (cm <sup>3</sup> )	1082.36 ± 9.78	1104.81 ± 15.92	1.10	0.272
Caudate Total (cm <sup>3</sup> )	6.44 ± 0.08	6.88 ± 0.26	2.09	0.038
Caudate Right (cm <sup>3</sup> )	3.23 ± 0.04	3.42 ± 0.12	1.89	0.061
Caudate Left (cm <sup>3</sup> )	3.21 ± 0.04	3.45 ± 0.15	2.23	0.027

Data is expressed as the means ± SEM; covariates include gender, age, and years of education.

( $p=0.001$ ) and 19.4% of the variance for right caudate nucleus volume ( $p=0.006$ ). Years of education also associated with total caudate nucleus volume, accounting for 9% of the variance ( $p=0.03$ ), and with right caudate nucleus volume, accounting for 11.7% of the variance ( $p=0.022$ ).

A simple linear analysis was used to investigate whether APOE ε4 plays a significant role in the increase in left caudate nucleus volume and AVLT-recognition scores in the EDS group. However, no significant association was found between the increase in left caudate nucleus volume and AVLT-recognition scores in the APOE ε4 EDS group. It is interesting to note that in the

non-APOE ε4 EDS group, found that there was significantly negative correlation between the two (Fig. 2).

## DISCUSSION

This study utilized sMRI scans and volBrain to investigate the relationship between EDS and caudate nucleus volume in patients with SCD. The results revealed significantly increased volume in both the total and left caudate nucleus in EDS group compared to the non-EDS group. The most significant cognitive behavioral factor associated with caudate nucleus

Table 3  
The estimated value of interaction effect between APOE and diagnosis in Brain tissue and caudate nucleus features

GROUPS	APOE4	Estimation	95%CI	p
Tissue Brain cm <sup>3</sup>				
EDS	ε4+	1089.04 ± 27.86	1034.03–1144.06	0.158
	ε4–	1096.83 ± 14.59	1068.02–1125.65	
NC	ε4+	1045.07 ± 12.47	1020.44–1069.69	
	ε4–	1102.23 ± 8.13	1086.16–1118.30	
Caudate Total cm <sup>3</sup>				
EDS	ε4+	6.73 ± 0.38	5.98–7.48	0.498
	ε4–	6.86 ± 0.20	6.46–7.25	
NC	ε4+	6.14 ± 0.17	5.80–6.47	
	ε4–	6.58 ± 0.11	6.36–6.80	
Caudate Right cm <sup>3</sup>				
EDS	ε4+	3.36 ± 0.18	3.00–3.71	0.422
	ε4–	3.41 ± 0.09	3.22–3.59	
NC	ε4+	3.08 ± 0.08	2.92–3.23	
	ε4–	3.31 ± 0.05	3.20–3.41	
Caudate Left cm <sup>3</sup>				
EDS	ε4+	3.37 ± 0.20	2.96–3.78	0.578
	ε4–	3.45 ± 0.10	3.23–3.66	
NC	ε4+	3.06 ± 0.09	2.87–3.24	
	ε4–	3.27 ± 0.06	3.16–3.39	

Data are presented as mean ± SD; covariates include gender, age, and years of education; ε4+ was APOE ε4 carriers while ε4– was non-carriers.

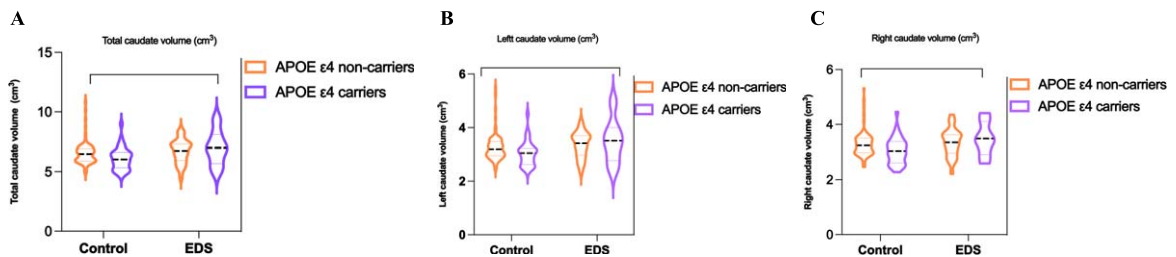


Fig. 1. Between-group difference in EDS and control with APOE ε4 carriers and non-carriers at total, right and left caudate nucleus volume.

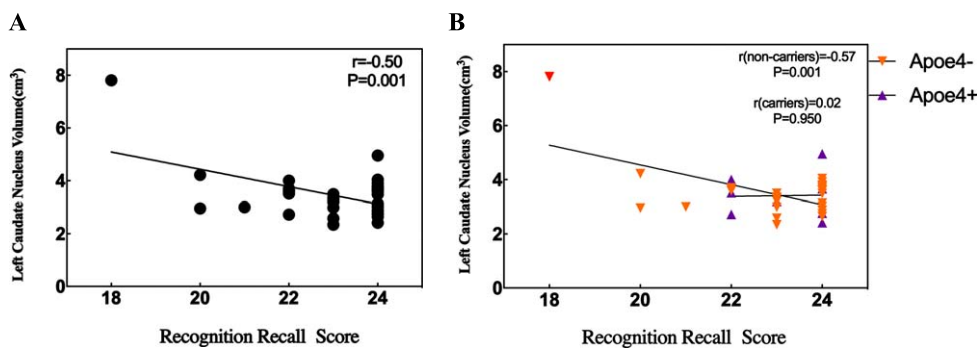


Fig. 2. Relationship between recognition recall score and left caudate nucleus volume in the EDS group. A) There is a significant negative correlation between recognition recall score and left caudate nucleus volume in the EDS. B) The significant negative correlation between recognition recall score and left caudate nucleus volume in the EDS with APOE ε4 non-carriers.

volume in the EDS group was AVLT-recognition. Additionally, a significant negative correlation was found between the AVLT-recognition and caudate nucleus volume in Apoe ε4 non-carriers within the EDS group.

*Increased volume of the caudate nucleus in patients with EDS*

Neuroimaging studies have identified alterations in brain structure, function, and metabolic levels in

patients with EDS and cognitive dysfunction [14]. EDS is associated with marked increases in daytime sleepiness due to the degeneration of the sleep and wakes regulatory system, which may interfere with neuronal metabolism and lead to enhanced and accelerated A $\beta$  aggregation [1]. The amyloid cascade hypothesis suggests that amyloid aggregation and deposition is the initiating event for cognitive impairment [38]. Consistently, amyloid imaging studies in asymptomatic individuals have shown that the caudate nucleus may be the earliest site of amyloid deposition [39]. The increased volume of the caudate nucleus in EDS with SCD may be attributed to the elevated A $\beta$  deposition, suggesting that the hypertrophy of the caudate nucleus could be due to a reactive neuronal response or an inflammatory reaction to A $\beta$ , or both.

The caudate nucleus has a high density of dopaminergic terminals, and animal studies have shown that the caudate nucleus region is most affected by dopamine neurotoxicity. A $\beta$  aggregation can cause changes in neuron shapes, increase the distance between neurons, and ultimately prevent communication between neurons [40]. Overwhelming evidence substantiates that the reduction in dopaminergic transmission mediates the increase in caudate nucleus volume [41]. Reduced dopamine transporter uptake in the presynaptic membrane of caudate dopamine neurons causes clinical EDS symptoms [14].

In our study, the caudate nucleus volume was increased in patients with EDS and SCD as compared to controls. The increased volume of the caudate nucleus in patients may reflect neurotrophic effects and microglial or inflammation involvement, partially compensating for the already impaired cognitive function [42]. Studies have shown that increased caudate nucleus volume impairs memory for attentional control and navigation tasks [43, 44]. Furthermore, EDS has been reported to be inextricably associated with MCI and AD [2, 45, 46]. In elderly women with dementia, their caudate nucleus volume was larger than that of non-dementia patients [16]. During the SCD stage, increased caudate nucleus volume was greater compared with healthy individuals, and was associated with global cognitive dysfunction [15]. Neuronal hypertrophy and inflammatory processes may be responsible for the initial increase in the volume of structures in the caudate nucleus, which gradually shrinks as the disease progresses [39]. Many studies have focused on the correlation between caudate nucleus volume and cognitive impairment, however,

to our knowledge, few studies have reported the correlation of caudate volume in SCD and EDS populations.

#### *The left caudate nucleus is vulnerable*

In patients with EDS and SCD, the left caudate nucleus volume showed a more prominent increase in volume than the right, indicating that the left caudate nucleus is initially changed. This finding contrast with the SCD with non-EDS group. MRI studies have shown that changes in the brain's left hemisphere occur earlier and progress more rapidly in patients with cognitive impairment than in the right hemisphere [47]. Similarly, Gunning-Dixon et al. observed that the volume of the left caudate nucleus was more significant than the right [48]. The enlargement of the caudate nucleus may be pathological, suggesting that the left caudate nucleus plays a more critical role in maintaining cognitive function [49]. Conversely, its atrophy may lead to more cognitive impairment [50]. Cortical atrophy in the left hemisphere occurs earlier and progresses faster in AD patients on MRI [47]. This asymmetry progresses more rapidly in those with mild cognitive impairment [51].

#### *Memory associated with changes in caudate nucleus volume*

The AVLT is possibility an effective representative test for assessing situational memory capable in early detection, which might indicate the early stage of MCI [52]. Situational memory belongs to the category of distant memory, which is the most advanced and late-maturing human memory system and the one most affected by aging [53]. In our study, the stepwise regression analysis showed that AVLT-recognition is a significantly associated with EDS-related changes in left caudate nucleus volume, particularly in *APOE*  $\epsilon$ 4 non-carriers. The larger the left caudate nucleus volume, the poorer the ability at recognition, which may suggest that changes in caudate nucleus volume may be an early sign of AD, in line with previous literature [54].

Studies suggest that the caudate nucleus plays a role in slower learning and memory, which is enhanced by repetition over time [55, 56], and it is related to memory, cognitive and delayed logical memory functions [18, 57], an increase in the caudate nucleus volume improves cognitive function and compensates for the neurological damage suffered

[42, 58]. Emerging evidence suggests that EDS is positively associated with the severity of cognitive impairment [59]. In subjects with symptoms of EDS, changes in caudate nucleus volume may be an early sign [54].

However, this study has several limitations and shortcomings. Firstly, the cross-sectional design of the study limited its ability to comprehensively assess changes in neuroimaging parameters and their potential impact on cognitive function. Secondly, the association between caudate nucleus volume and EDS symptoms cannot be explained as a causal relationship. Thirdly, hippocampal volume is closely related to episodic memory function in SCD individuals, a direct comparison between the caudate nucleus and the hippocampus was not performed in present research. In future studies, adjust to a prospective study and compare changes in the caudate nucleus, the hippocampus and other brain structures horizontally, and follow up longitudinally to observe changes in brain structures as the disease progresses.

### Conclusions

In conclusion, our findings suggest that volume changes in the total and left caudate nucleus are pronounced in patients with SCD and EDS, the Auditory Verbal Learning Test-recognition is associated with left caudate nucleus volume in the SCD and EDS. The result of study provides evidence of the relationship between EDS, caudate nucleus volume and memory function in SCD patients, which may serve as a potential neurophysiological marker for the early detection of AD. Further research is needed to explore the causal relationship between EDS and caudate nucleus volume and to investigate the potential of the caudate nucleus as a therapeutic target for cognitive impairment.

### AUTHOR CONTRIBUTIONS

Ziqian Feng (Writing – original draft); Jiayu Wang (Writing – original draft; Writing – review & editing); Li-Si Xu (Data curation); Jiajing Wu (Conceptualization); Hongyi Li (Conceptualization); Mingjun Duan (Writing – review & editing); Ziqi Wang (Data curation; Funding acquisition; Methodology; Resources; Supervision; Writing – review & editing).

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### CONFLICT OF INTEREST

The authors have no conflict of interest to report.

### DATA AVAILABILITY

The clinical data supporting the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

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