Supplementary Table 1. Detailed information for statistical analysis

| Figure \# | Compare (group size) | Statistical method | P-value | Notes |
| :---: | :---: | :---: | :---: | :---: |
| Fig. 1C | VEH + Saline ( $\mathrm{n}=12$ ) vs. CIS + Saline ( $\mathrm{n}=12$ ) | One-way ANOVA with Tukey's multiple comparisons test | $P=0.0001$ | $500 \mu \mathrm{M}$ NMN, $0.1 \mu \mathrm{M}$ CIS |
|  | VEH + Saline ( $n=12$ ) vs. VEH + NMN ( $\mathrm{n}=12$ ) |  | $P=0.9999$ |  |
|  | VEH + Saline ( $n=12$ ) vs. CIS + NMN ( $\mathrm{n}=10$ ) |  | $P=0.7793$ |  |
|  | NMN ( $\mathrm{n}=10$ ) |  | $P=0.0001$ |  |
| Fig. 1E | Saline ( $\mathrm{n}=17$ ) | One-way ANOVA with Tukey's multiple comparisons test | $P=0.0001$ | $500 \mu \mathrm{M} \mathrm{NMN}$, |
|  | NMN ( $\mathrm{n}=18$ ) |  | $P=0.9869$ |  |
|  | NMN ( $\mathrm{n}=24$ ) |  | $P=0.0246$ |  |
|  | NMN ( $\mathrm{n}=24$ ) |  | $P=0.0001$ |  |
| Fig. 2A | VEH + Saline ( $\mathrm{n}=3$ ) vs. CIS + Saline ( $\mathrm{n}=3$ ) | One-way ANOVA with Tukey's multiple comparisons test | $P=0.0034$ | $500 \mu \mathrm{M}$ NMN, $0.1 \mu \mathrm{M} \mathrm{CIS}$ |
|  | VEH + Saline ( $n=3$ ) vs. VEH + NMN ( $\mathrm{n}=3$ ) |  | $P=0.4833$ |  |
|  | VEH + Saline ( $n=3$ ) vs. CIS + NMN $(n=3)$ |  | $P=0.3798$ |  |
|  | CIS + Saline ( $\mathrm{n}=3$ ) vs. CIS + NMN $(n=3)$ |  | $P=0.031$ |  |
| Fig. 2B | VEH + Saline ( $\mathrm{n}=6$ ) vs. CIS + Saline ( $n=6$ ) | One-way ANOVA with Tukey's multiple comparisons test | $P=0.0001$ | $500 \mu \mathrm{M}$ NMN, $0.1 \mu \mathrm{M}$ CIS |
|  | VEH + Saline ( $n=6$ ) vs. VEH + NMN ( $\mathrm{n}=6$ ) |  | $P=0.8981$ |  |
|  | VEH + Saline ( $n=6$ ) vs. CIS + NMN $(\mathrm{n}=6)$ |  | $P=0.8326$ |  |
|  | $\begin{aligned} & \begin{array}{l} \text { CIS + Saline }(n=6) \\ (n=6) \end{array} \\ & \hline \end{aligned}$ |  | $P=0.0031$ |  |
| Fig. 3B |  | One-way ANOVA with Tukey's multiple comparisons test |  | $500 \mu \mathrm{M} \mathrm{NMN}$, $0.1 \mu \mathrm{M} \mathrm{CIS}$ |
|  | Saline ( $\mathrm{n}=11$ ) |  | $P=0.0001$ |  |
|  | VEH + Saline ( $n=12$ ) vs. VEH + NMN ( $\mathrm{n}=13$ ) |  | $P=0.9993$ |  |
|  | VEH + Saline ( $\mathrm{n}=12$ ) vs. CIS + NMN ( $\mathrm{n}=10$ ) |  | $P=0.8048$ |  |
|  | CIS + Saline ( $n=11$ ) vs. CIS + NMN ( $\mathrm{n}=10$ ) |  | $P=0.0001$ |  |

