## Appendix I

- Safe Return Home: An Inspirational Book for Caregivers of Alzheimer's
   (1998) by Tom Batiuk and Chuck Ayers. (See #8 Roses in December description below.)
- 2. Heavy snow: My father's disappearance into Alzheimer's (1999), by John Haugse. Revised and republished as At a Particular Age: Heavy Snow Revisited (2020). A memoir portraying memory loss, wandering, mood changes, aggression, difficulty assessing pain, incontinence, and nursing home life, and the emotional stress of caring for a parent.
- 3. Wrinkles (2007, original: Arrugas [Spain]) by Paco Roca. Fiction inspired by true stories. Depicts the life of a male nursing-home resident in Spain, from his first day in the home through his decline into severe dementia. Made into a full-length animated movie (2011, available in Spanish and English, dubbed).
- 4. Little Josephine: Memory in Pieces (2012, original: Little Joséphine [France]), by Valérie Villieu, author, and Raphaël Sarfati, illustrator. A memoir of Villieu's three years as a home health nurse visiting Josephine, a woman with dementia. Comments on the difficulties of dealing with a conservator, and the apathy and lack of training among some caregivers. Touches on the habit of hiding things that some people with dementia have (also seen in Wrinkles).
- 5. Tangles: A story of Alzheimer's, my mother, and me (2012) by Sarah Leavitt. A memoir describing the author-illustrator's experience of losing her mother to early-onset Alzheimer's.

- 6. Aliceheimer's: Alzheimer's through the looking glass (2013) by Dana Walrath.

  A daughter's perspective. Prose essays accompany the panels. Comments on what, in the face of loss, is retained or even gained, e.g., implicit memory, like the ability to read (if not comprehend), renewed closeness, new rituals.
- 7. Can't we talk about something more pleasant? (2014) By Roz Chast. A memoir. Deals more broadly with senescence and how a daughter deals with her parents' mental and physical decline. Some representations of memory loss and hallucinations are included.
- 8. Roses in December: A story of love and Alzheimer's (2015) by Tom Batiuk and Chuck Ayers. Two Crankshaft comic strip characters, the title character's wife and neighbour, develop Alzheimer's. Based on an earlier version of these stories by the same author and illustrator, Safe Return Home (see above).
- 9. *Dad's not all there anymore* by Alex Demetris (2016; United Kingdom). A fictional account written from the perspective of the son of a man with Parkinson's disease (PD) and Lewy body dementia (LBD). A quick read that portrays many of the physical, cognitive, and emotional issues associated with both PD and LBD, including hallucinations, medication issues, and caregiver stress.
- 10. *Bird in a cage* (2016; Canada) by Rebecca Roher. A memoir about the author's grandmother, who began to suffer from dementia after being hit by a car at age 82. Focuses on memories of family gatherings, questions of faith, and death and dying.

- 11. *Keeper of the clouds* (2016; Canada) by Liza Futerman, illustrated by Evi Tampold. A quick read available for purchase at cavershambooksellers.com. Futerman, whose mother had dementia, recalls the poetic language her mother used in a moment of irrationality. Describes her mother's loss of understanding of time.
- 12. Dementia 21: Volume 1 by Shintaro Kago (original: Japanese, 2018). Fiction.
  A home health aide repeatedly faces horrifying, yet ridiculous, work
  conditions, e.g., giant warring robots and aliens have aged and need assistance;
  a woman with magical powers has dementia, and anyone she cannot remember disappears.
- 13. *All that remains* (2018) by James Tan, from Singapore. Inspired in part by the author's observations of his mother-in-law's experience of dementia.
- 14. Sea sirens: A Trot & Cap'n Bill adventure (2019) by Amy Chu and Janet K.

  Lee. Fictional account of a grandfather's dementia. Discusses wandering and

  Silver Alerts.
- 15. *La inmersión* by Séverine Vidal (Catalonian, translated to Spanish, 2021).

  Available at invisible.coop.es and other international booksellers. Depicts (like *Wrinkles*) new friendships made in a nursing home.

Note: A memoir, Susan McLeod's *Dying for Attention* (2021; Canada), does not deal with dementia but is an excellent graphic novel for learning about nursing home life and the difficulty of negotiating siblings' roles in caring for parents and contains multiple references for further reading.