

From the Editor

Recently, I attended a Boston University (BU) *Project-based Learning Lightning Talks* which are organized by BU's Digital Learning and Innovation and the Center for Teaching and Learning. The *Lightning Talks* are “fast, peer-driven, and information-rich” presentations on topics related to remote learning. One of the five minute presentations, *Kitchen Science and Backyard Nature: Playful, Inquiry-Based Learning Goes Online* presented by Dr. Megina Bake, in particular, was meaningful to me as I plan for teaching remotely in the upcoming semester. I also envision its relevance to work. In the description of her presentation, Dr. Bake writes, “Learning through play is not just for children; adult learning can be deepened when university instructors use playful approaches in their courses” (<https://digital.bu.edu/remote-teaching-learning-at-bu-lightning-talks-summer-series-2020-2/>). “The Pedagogy of Play project aspires to change the way that educators, family members, and policy makers think about play and playful learning, and to offer tools and resources for those wishing to systemically bring more playful learning to schools” (<http://www.pz.harvard.edu/projects/pedagogy-of-play>).

I'd like us to consider how bringing more playful experiences to the workplace might have a positive impact on our own work life quality. I encourage you to check the link: <http://www.pz.harvard.edu/projects/pedagogy-of-play> to the Pedagogy of Play Research to better understand the importance of playful learning experiences. I welcome you sharing how you incorporated playful learning experiences in your work.

This issue of **WORK** contains two COVID-19 commentaries, four manuscripts related to COVID-19, and 20 more regular manuscripts on topics such as personal, health and function, and career maintenance factors as determinants of quality of life among employed people with multiple sclerosis; mindfulness, sleep, and post-traumatic stress in long-haul truck drivers; telehealth; and the prevalence of musculoskeletal disorders among Canadian firefighters. I know you will find all of the articles contained in this issue to be information-rich.

I hope you have been enjoying visiting our website at workjournal.org where you can find monthly blogs and the **Learn at WORK** webinars among other information. Here is the list of our upcoming **Learn at WORK** webinars:

Wednesday, September 9, 2020 from 1–2 pm EST
Millennial preferences in training messages: The role of teamwork and corporate social responsibility to WORK

Presenters: Dr. Diana Schwerha, schwerha@ohio.edu and Dr. Tyler Clark

Registration: <https://attendee.gotowebinar.com/register/2725235628413300749>

Wednesday, October 14, 2020 from 1–2 pm EST
Development of an online digital resource accessible for students with visual impairment or blindness: Challenges and strategies

Presenter: Dr. Almeida, marga@ua.pt

Registration: <https://attendee.gotowebinar.com/register/8581833792537508621>

Wednesday, January 27, 2021 from 1–2 pm EST
A pilot model for provider training to address brain injury in health care for the homeless settings

Presenter: Dr. Caitlin Synovec, CESynovec@gmail.com

Registration: <https://attendee.gotowebinar.com/register/7147982674392062476>

Thursday, Feb 18, 2021 at 1–2 pm EST

Taking care of the researcher – a nature and art-related activity retreat sharing natural space put humanity in perspective

Presenter: Professor Eva Bojner Horwitz, eva.bojnerhorwitz@kmh.se

Registration: <https://attendee.gotowebinar.com/register/6844009491323621646>

Wednesday, March 24, 2021 at 1–2 pm EST

The importance of health management and maintenance occupations while homeless

Presenters: Quinn Tyminski, tyminskiq@wustl.edu
and Ariana Gonzalez
Registration: <https://attendee.gotowebinar.com/register/9081127525691332879>

Wednesday, April 14, 2021 at 1–2 pm EST

Coping on the inside: Design for therapeutic incarceration interventions

Presenters: Dr. Amy Wagenfeld, awagenfe@bu.edu
and Dr. Daniel Winterbottom, nina@uw.edu
Registration: <https://attendee.gotowebinar.com/register/5946523230165220366>

Wednesday, May 5, 2021 at 1–2 pm EST

The role of office features and psychosocial working conditions

Presenters: Dr. Sarah Lütke Lanfer, sarah.luetkelanfer@psychologie.uni-freiburg.de and Dr. Anja Göritz, goeritz@psychologie.uni-freiburg.de
Registration: <https://attendee.gotowebinar.com/register/2971930860503787533>

As we enter the last few months of 2020, and what a year it has been, I wish you and your family good health; be safe, be positive and stay informed.

All my best,



Founding Editor, **WORK**
Occupational therapist & ergonomist
Kjacobs@bu.edu
workjournal.org
blogs.bu.edu/kjacobs/
@WORK_Journal <https://www.facebook.com/WORKJournal2016/?fref=ts>