

## From the Editor

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I write this *From the Editor* while working remotely in snowy New Hampshire, USA. I always feel grateful that technology can enable us to work anywhere in the world. As I watch the beautiful sunrise over the pond, I reflect on *positive aging*. This topic is important to each of us and the people we serve. It is particularly relevant to me this week as it's my birthday. According to Hill, *positive aging* is "a state of mind that is positive, optimistic, courageous, and able to adapt and cope in flexible ways with life's changes." He recommends seven strategies for positive aging:

- "Discovering meaning in old age
- Realizing you are never too old to learn
- Using the past to develop wisdom
- Enhancing life-span relationships
- When you give (and receive) help, you foster growth
- Forgiveness can actually promote emotional and spiritual healing
- A grateful attitude can be developed"

(retrieved on 1-6-20 at <https://www.roberthillpsychologist.com/positiveagingbooks.html>)

I am grateful to be the founding editor of **WORK** and to be able to share this interesting issue with you.

This issue of **WORK** contains three sections. The first is the special section on homelessness and work. My gratitude is extended to dear friend and colleague Dr. Caitlin Synovec who is the guest editor of this important topic.

The second section contains 13 regular articles on a variety of topics such as: backpacks, rotating shift-work risk in a 24-hours metal industry, smartphone use, cycling to work, the development of an online digital resource accessible for students with visual impairment or blindness, and return to work after stroke.

Finally, the last section contains our monthly section on *Ergonomics in a Global World*, which

were presentations from the 2018 International Ergonomics Association (IEA) Congress. The article is titled, *Low Back Pain (LBP), Work and Absenteeism*.

I hope you are enjoying our new website at [workjournal.org](http://workjournal.org) and to reading the three blogs. You can find the link to our webinar series, **Learn at WORK**, on the website, too.

Here is the schedule for the upcoming 2020 **Learn at WORK** webinars:

### **Wednesday, February 26, 2020 from 1pm-2pmEST**

*A Job Task Analysis for Technicians in the Offshore Wind Industry*

Presenter: Gemma Milligan [gemma.milligan@port.ac.uk](mailto:gemma.milligan@port.ac.uk)

Registration: <https://attendee.gotowebinar.com/register/1760491140655390476>

### **Wednesday, March 25, 2020 from 1pm-2pmEST**

*Factors influencing ergonomists' use of observation-based risk-assessment tools*

Presenters: Dr. Kristina Eliasson [kristina.eliasson@medsci.uu.se](mailto:kristina.eliasson@medsci.uu.se) & Dr. Tersia Nyman

Registration: <https://attendee.gotowebinar.com/register/1072026437563603469>

### **Wednesday, April 1, 2020 from 1pm-2pmEST**

*How to integrate ergonomics into Product Design through the UCD approach*

Presenter: Dr. Reinert [fabiola.reinert@gmail.com](mailto:fabiola.reinert@gmail.com)

Registration: <https://attendee.gotowebinar.com/register/3303429210853265933>

### **Wednesday, May 13, 2020 from 1pm-2pmEST**

*Workplace Discrimination for Persons with Hearing Loss: Before and After the 2008 ADA Amendments Act*

Presenter: Brian McMahon [btmcmaho@vcu.edu](mailto:btmcmaho@vcu.edu)

Registration: <https://attendee.gotowebinar.com/register/465337912229392651>

**Wednesday, June 10, 2020 from 11am-12pmEST**  
*Gender and Stress-Buffering of Social Capital toward Depression among Precarious Workers in South Korea*

Presenters: Dr. Park & Dr. Oh [psk2016@yonsei.ac.kr](mailto:psk2016@yonsei.ac.kr)  
 Registration: <https://attendee.gotowebinar.com/register/7955259498453971723>

**Wednesday, July 8, 2020 from 1pm-2pmEST**  
*A Conceptual Framework to Promote Career Development for Vocational Rehabilitation Consumers with Traumatic Brain Injuries*

Presenter: David Strauser [strauser@illinois.edu](mailto:strauser@illinois.edu)  
 Registration: <https://attendee.gotowebinar.com/register/61045286798182412>

**Wednesday, August 5, 2020 from 1pm-2pmEST**  
*Does Objectively Measured Prolonged Standing for Desk Work Result in Lower Ratings of Perceived Low Back Pain than Sitting? A Systematic Review and Meta-Analysis*

Presenter: Diana Decarvalho [Diana.decarvalho@med.mun.ca](mailto:Diana.decarvalho@med.mun.ca)  
 Registration: <https://attendee.gotowebinar.com/register/739866173672625164>

**Wednesday, September 9, 2020 from 1pm-2pmEST**

*Millennial Preferences in Training Messages: The Role of Teamwork and Corporate Social Responsibility to WORK*

Presenters: Diana Schwerha [schwerha@ohio.edu](mailto:schwerha@ohio.edu) & Tyler Clark [tc142810@ohio.edu](mailto:tc142810@ohio.edu)  
 Registration: <https://attendee.gotowebinar.com/register/2725235628413300749>

**Wednesday, October 14, 2020 from 1pm-2pmEST**  
*Development of an online digital resource accessible for students with visual impairment or blindness: challenges and strategies*

Presenter: Dr. Almeida, [marga@ua.pt](mailto:marga@ua.pt)  
 Registration: <https://attendee.gotowebinar.com/register/8581833792537508621>

If you missed any of the *Learn at WORK* webinars, you can find the recordings at the *Learn at WORK* YouTube channel:

<https://www.youtube.com/channel/UCOJalCXvSg9fPHaFFs48PuQ>

Cheers,  
 Karen

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