

From the Editor

I am writing this *From the Editor* at my family home in New Hampshire, one of the New England states in the United States. This home is my sanctuary where I find life balance. I returned here after an eventful episode of travel to Sri Lanka, Costa Rica, Slovenia and Croatia.

As I unpacked from these trips, I was struck by how closely the items I took with me such as a backpack, sleeping bag, cooking equipment, food, water, navigational tools, sun screen, boots and clothing, represent those items, skills, and resources that are crucial for our professional growth. The backpack seems a particularly apt metaphor for the structure that will carry the resources and tools we need in the future. It reinforced that we must be farsighted and choose the future we desire for ourselves and our chosen professions. How effectively we prepare for this future will have an impact on our ability to flourish in a terrain that will be more technologically complex, economically competitive, and politically accountable.

Of course an issue of *WORK* would go into my backpack because it would advance my evidence based knowledge and skills about work. For example, this issue of *WORK* contains 13 articles which provide an array of topics related to work. The issue begins with Baker and Moehling's project on the relationship between musculoskeletal symptoms, postures and the fit between workers' anthropometrics and their computer workstation configuration. Next, Butler and colleagues discussed how modifiable risk factors predict injuries in firefighters during training academies. Cramm and colleagues compared barriers to employment among youth with and without disabilities in South Africa. While Dunstan and her team described insights from a theory of planned behavior model of return to work outcomes directed towards answering the question, What leads to the expectation to return to work?

Using mixed methods, Edmunds, Stephenson and Clow shared the effects of a physical activity intervention on employees in small and medium enterprises.

Whereas, a comparative study was conducted by Eklund and Erlandsson, who investigated quality of life and client satisfaction as outcomes of the Redesigning Daily Occupations (ReDO) program for women with stress-related disorders.

Lochhead and MacMillan used a Rasch Analysis describe the psychometric properties of the Oswestry Disability Index.

Melkas authored an article which investigated municipal technology options, utilization of innovative technology and productivity in Finnish elderly-care services

Ahmad and colleagues conducted a study which investigated eye problems among the workers in re-rolling mill who were exposed to high temperature.

Ferreira and collaborators provided an overview of epilepsy and Social Security with a focus on the general aspects of the insured claimants and medical decisions.

Plat and others reported on return to work in police personnel with post-trauma stress disorders (PTSD) after treatment.

Apostolopoulos and colleagues shared a health survey of U.S. long-haul truck drivers and specifically focused on the work environment, physical health, and healthcare access.

Our issue concludes with our column, *Speaking of Research* authored by Koch, Rumrill, Conyers and Sarah Wohlford. It's a narrative literature review about job retention strategies for people with chronic illnesses. I know you will find it informative.

As always, I look forward to hearing from you and welcome your submissions of manuscripts to *WORK*. We pride ourselves on being an author friendly journal.

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