

## From the Editor

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On each of my children's first birthdays, I remember feeling that time was somehow moving both too quickly and too slowly for me to grasp. On the one hand, I couldn't remember a time when each of them had not been a central part of my life. On the other, I couldn't believe that my life could have changed so drastically in just one year.

I feel a similar sense of amazement as I write this "From the Editor". The weeks, months and years have flown by so quickly that I can hardly believe that this issue heralds in *WORK*'s twelfth year. On the other hand, so much has changed in that time.

Over the last twelve years, *WORK* has provided you with high caliber peer reviewed research and clini-

cal practice articles, student papers, case studies and commentaries that address the many challenges and opportunities, we face in work. This issue adds to this growing body of knowledge. It explores a myriad of provocative topics, such as effective workplace stress management intervention, preventing workplace aggression and violence and the effectiveness of ergonomic intervention in the classroom.

As always, I welcome your feedback and encourage you to submit manuscripts to *WORK*.

Cheers,  
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