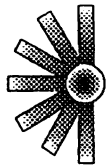




ELSEVIER

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**Isokinetics  
and Exercise  
Science**



**International Society  
of Clinical Isokinetics**

**NEWSLETTER**

## **Fourth International Isokinetic Workshop Washington DC, June 24th 1995**

### **Minutes of business meeting**

#### **Treasurer's report**

Sheila Strover confirmed that the Society had received £3200 from subscriptions and £2683.26 from manufacturers in support for ISCI meetings. However, the cost of putting together the Washington Workshop had been high. There would be a deficit at the end of the meeting. Angus Strover had agreed to underwrite the deficit.

#### **Chairman's report**

Angus Strover assured members that the Society would continue to promote its aims, namely independence from the trade and the production of objective academic data. The Society would have its own policies for isokinetic evaluation and treatment. The Society would continue to promote research and teaching and to encourage a truly international membership.

There was a need to encourage more orthopaedic surgeons to become directly involved with isokinetics. Angus Strover suggested that isokinetic measurements could be taken pre and post surgery to evaluate the effectiveness of the surgical procedure.

The Society was still without a formal constitution. A draft constitution was circulated to all delegates and Angus Strover encouraged members to come up with suggestions. The ISCI committee would work

together to finalise the constitution and with help from the membership would hope to present a new draft for the next AGM.

#### **Any other business**

There was no other business.

#### **Date and place of next meeting**

Suggestions were made to hold the next meeting in conjunction with a Physical Therapy meeting. No particular meeting was identified, but it was suggested that we should try for a meeting in Europe in October or November 1995. Alternatively a meeting would be planned for Spring '96.

The committee are already in discussion with the French isokinetics association (Gedri) with a view to setting up a joint meeting in 1997.

The meeting closed at 6.30 pm.

The International Society of Isokinetics held its fourth International Isokinetics Workshop in Washington DC on June 24th 1995. The Workshops were held just prior to the WCPT Congress which took place in Washington the following week. The Workshops were held at the Stouffer Mayflower Hotel which was indeed a splendid venue.

Committee members of ISCI were disappointed at the number of American delegates who applied to attend the Workshops. Despite sending hundreds of flyers to Biodex, Cybex and Chattanooga for distribution to their users and holding the meeting immedi-

I.S.C.I.  
Profit and Loss  
September 1, 1994 through July 28, 1995

	Sep 1, '94-Jul 28, '95
Ordinary Income/Expense	
Income	
Donations	
Trade donations	3200.00
Donations – Other	<u>2683.26</u>
Total Donations	5883.26
Interest earned	0.63
Membership Fees	
Fees 1993/1994	810.00
Fees 1994/1995	1520.95
Fees 1995/1996	0.00
Fees 1995/1996 & Journal	0.00
Gain on currency exchange	<u>14.32</u>
Total Membership Fees	2345.27
Reimbursed Expenses	0.00
Workshop Income	
'93 Droitwich (net)	0.00
'94 Athens	923.20
'95 Washington	<u>431.19</u>
Total Workshop Income	1354.39
Total Income	<u>9583.55</u>
Gross Profit	9583.55
Expense	
Academic expenses	
IES Journal Costs	120.30
Workshop costs	
'93 Droitwich (net)	94.50
'94 Athens	3344.45
'95 Washington	5429.34
Workshop costs – Other	<u>0.00</u>
Total Workshop costs	8868.29
Academic expenses – Other	<u>0.00</u>
Total Academic expenses	8988.59
Bank Service Charges	104.27
Postage and Delivery	171.27
Printing and Reproduction	105.46
Supplies	
Office	174.53
Total Supplies	<u>174.53</u>
Total Expense	<u>9544.12</u>
Net Ordinary Income	39.43
Other Income/Expense	
Other Income	
Other Income	<u>0.00</u>
Total Other Income	0.00
Other Expense	
Disbursements Control	<u>0.00</u>
Total Other Expense	<u>0.00</u>
Net Other Income	<u>0.00</u>
Net Income	<u>39.43</u>

I.S.C.I.  
Balance Sheet  
As of July 28, 1995

	July 28, '95
Assets	
Current Assets	
Current/Deposit	
Current Account	97.61
Total Current/Deposit	97.61
Total Current Assets	97.61
Total assets	97.61
Liabilities & Equity	
Liabilities	
Long Term Liabilities	
Loan from Mr Strover	90.30
Total Long Term Liabilities	90.30
Total Liabilities	90.30
Equity	
Opening Bal Equity	-32.12
Net Income	39.43
Total Equity	7.31
Total Liabilities & Equity	97.61

ately prior to the WCPT Congress which attracted 10000 delegates, our own meeting had 12 delegates. This number was augmented by five speakers, three committee members and several manufacturers representatives to a final total of 25.

The quality of the papers was excellent and the delegates attending were all extremely interesting and experienced users of isokinetics. There were delegates from Australia, Singapore, Brazil, UK, USA, Canada, Norway and Israel.

A short business meeting was held following the programme at which suggestions were made for future meetings. The day ended with a reception at

which delegates were able to relax and exchange experiences of isokinetics in their own countries. A Kin-Com AP was available for demonstration.

Some of the delegates went out for a social evening at a Japanese restaurant and the general consensus of opinion was that it had been a successful, enjoyable meeting.

ISCI is grateful to Chattanooga for funding one speaker and two delegates to attend the meeting and for lending a Kin-Com AP for demonstration.

ISCI is grateful to Cybex for sponsoring a speaker for the meeting and attending with a poster demonstration.