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SIXTH EUROPEAN CONFERENCE ON CLINICAL HEMORHEOLOGY
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FIRST INTERNATIONAL WORKSHOP ON GUIDELINES FOR
CLINICAL STUDIES IN HEMORHEOLOGY

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Analytical studies of groups of patients with clinical hemorheological disturbances have notably increased during the past ten years. These studies appear to encompass only clinical events linked to the worsening effects of abnormal hemorheology. In other studies they are also taking into account the influence of different treatments and drugs. Such an influence is noted in a great variety of communications published in national or international journals and in Reviews. Obviously they are linked with the activities of our group of hemorheologists from many countries and especially with our Journal CLINICAL HEMORHEOLOGY.

During this fruitful period it has also been claimed that some studies were not performed according to basic rules that would be necessary to follow in our specific field of the science of biorheology, viz., clinical hemorheology. For the development of our clinical science in the near future we need to accept international rules in securing relevant clinical data as well as reliable biorheological findings.

Concerning clinical biorheological and related biological tests attempts have been made, particularly in this Journal, to follow certain rules (Expert Panel on Blood Rheology, Clin. Hemorheol. 6, 439-453, 1986 and Clin. Hemorheol. 9, 181-197, 1989). Analyses of clinical conditions, as required, have been

presented during the International Workshop on Guidelines for Clinical Studies in Hemorheology on 17 June 1989 in Frankfurt during the 6. European Conference on Clinical Hemorheology. In this issue two accounts of the findings, obtained at this Workshop, by our colleagues S. Spitzer et al. and John Stuart will be useful for future clinical trials in hemorheology.

From now on, the proposed changes are expected to be the following: Any Editor should require that the authors take into consideration clinical hemorheological articles, published in our Journal. Furthermore, large studies, to be made on an international level, should be organized on the basis of such an agreement.

The next Workshop should aim in pursuing this needed and exciting evolution.