

## Review

# FGFR3 – a Central Player in Bladder Cancer Pathogenesis?

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**Abstract.** The identification of mutations in *FGFR3* in bladder tumors in 1999 [1] led to major interest in this receptor and during the subsequent 20 years much has been learnt about the mutational profiles found in bladder cancer, the phenotypes associated with these and the potential of this mutated protein as a target for therapy. Based on mutational and expression data, it is estimated that >80% of non-muscle-invasive bladder cancers (NMIBC) and ~40% of muscle-invasive bladder cancers (MIBC) have upregulated *FGFR3* signalling, and these frequencies are likely to be even higher if alternative splicing of the receptor, expression of ligands and changes in regulatory mechanisms are taken into account. Major efforts by the pharmaceutical industry have led to development of a range of agents targeting *FGFR3* and other FGF receptors. Several of these have entered clinical trials, and some have presented very encouraging early results in advanced bladder cancer. Recent reviews have summarised the drugs and related clinical trials in this area [2–5]. This review will summarise what is known about the effects of *FGFR3* and its mutant forms in normal urothelium and bladder tumors, will suggest when and how this protein contributes to urothelial cancer pathogenesis and will highlight areas that may benefit from further study.

## FGFR3 STRUCTURE AND ACTIVATION

FGF receptors are transmembrane receptor tyrosine kinases consisting of three extracellular immunoglobulin (Ig) domains, a single-pass transmembrane domain and an intracellular split kinase domain (Fig. 1A). There are four full-length receptors that conform to this structure (FGFRs 1–4). A fifth receptor (FGFRL1) lacks the intracellular domain and is thought to antagonise FGFR signalling by acting as a decoy receptor [6]. There are 22 known human fibroblast growth factors (FGFs), 18 of which are secreted and interact with FGFRs [7]. These

bind to the extracellular domain of the receptor, with differential ligand-binding specificity determined by alternative splicing of FGFRs in Ig domain III. Although there are only 4 FGFRs, alternative splicing and the large number of FGFs provide highly variable signalling potential. In *FGFR3*, alternative inclusion of exons 8 or 9 generates isoforms 3b and 3c respectively (Fig. 1A). FGFs in the extracellular matrix interact with heparan sulphate proteoglycans (HSPGs) and binding of HSPGs by FGFRs helps to stabilise the ligand-receptor interaction. *FGFR3-3b*, expression of which is confined to normal epithelial tissues, binds FGF1 strongly and FGFs 9, 16 and 20 with weaker affinity, whereas *FGFR3-3c* can bind FGF2 and many more FGFs [8]. Binding of an FGF to a monomeric FGFR induces receptor dimerization, autophosphorylation of multiple tyrosine residues in the kinase domain and activation

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of downstream signalling pathways [9]. The activated receptor binds and phosphorylates FRS2 which recruits GRB2 and SOS to activate the RAS/MAPK pathway [10]. Phosphorylation of GAB1 leads to recruitment and activation of phosphatidylinositol 3-kinase (PI3K) [11], and PLC $\gamma$  binding to FGFR3 independently of FRS2 leads to activation of protein kinase C [12]. Activation of STAT [13, 14] and RSK2 [15] can also occur. Signalling output, which is highly dependent on cell context, can lead to a range of changes including proliferation, migration and differentiation [7].

### FGFR3 EXPRESSION IN THE NORMAL UROTHELIUM AND CULTURED NORMAL UROTHELIAL CELLS

In human urothelium, FGFR3 is the most abundantly expressed FGF receptor at both mRNA and protein levels [16, 17]. Normal human urothelial cells are highly proliferative in culture and can be maintained for multiple passages before senescence [18]. During this finite lifespan, FGFR3 mRNA and protein levels increase when cells are proliferatively quiescent at confluence and there is a major increase in expression as cells approach senescence [16]. These findings in normal urothelial cells provide clues that regulation of FGFR3 may be linked to urothelial contact inhibition and/or senescence.

The 3b isoform is the predominant full length mRNA FGFR3 isoform in normal urothelial cells. However, an isoform lacking exons 8–10 ( $\Delta$ 8–10) was found to dominate in cultured normal cells and, like the full length form, is upregulated at confluence. This isoform, which lacks the region encoding the second part of the third Ig-like loop and the transmembrane domain, is translated, glycosylated and secreted. It can bind FGF1 and dimerise, and was able to block the response to FGF1 in cells expressing full-length FGFR3. As  $\Delta$ 8–10 is expressed at lower levels in tumor cell lines, this implies that by binding and sequestering FGFs, or by binding and inhibiting signalling by the full-length receptor, this isoform may perform an important negative regulatory role in the normal urothelium [16].

### ABERRANT ACTIVATION OF FGFR3 IN BLADDER CANCER

Alterations affecting FGFR3 signalling are found more frequently in bladder than in any other cancer

type. Aberrant activation of the receptor can occur via several mechanisms. These are related to tumor stage and grade, and have different effects on downstream signalling and phenotypic consequences. Such aberrant activation may occur at different stages during the pathogenesis of NMIBC and MIBC and may cooperate with other events in a context-dependent manner.

#### *FGFR3 point mutation*

The first and most common mechanism of activation is missense point mutation [1, 19–24]. Mutations are located in several hotspots in the protein (Fig. 1A). By far the most common (63% of reported mutations) is S249C, followed by Y375C, these two mutations accounting for >80% of all mutations detected. These point mutations show a strong relationship to low tumor grade and stage [25]. Up to 85% of papillary urothelial neoplasms of low malignant potential (PUNLMP) and stage Ta tumors have a mutation, stage T1 tumors have lower frequency (~20–40%) and MIBC lower still (12–15%) [17, 19, 20, 26–31].

When present in the germline, the common mutations found in bladder cancer cause severe, autosomal dominant and lethal forms of skeletal dysplasia. R248C, S249C, G370/372C and Y373/375C (3c/3b isoform numbering) cause thanatophoric dysplasia type I (TDI), and the kinase domain mutation K650/652E causes thanatophoric dysplasia type II (TDII) [32]. In this context, FGFR3 activation leads to premature cessation of proliferation of chondrocytes in the long bone growth plates [33].

Mutations resulting in replacement with a cysteine residue were assumed to cause formation of a disulphide bond leading to constitutive receptor activation. These mutant forms do indeed lead to constitutive receptor phosphorylation and ligand-independence [34], though when the strength of the dimers formed was measured by Förster resonance energy transfer (FRET) it was found to be relatively modest, suggesting that other structural perturbations in the dimer may contribute to the strong downstream signalling induced by these mutant forms [35]. In contrast, the K650/652E mutant form exists as a ligand-independent constitutively phosphorylated monomer [34, 36], and G380/382R and A391/393E remain predominantly ligand-dependent for activation [37, 38].

Although S249C is the most common mutation found in bladder cancer, R248C is much more common in the germline. These mutations are also

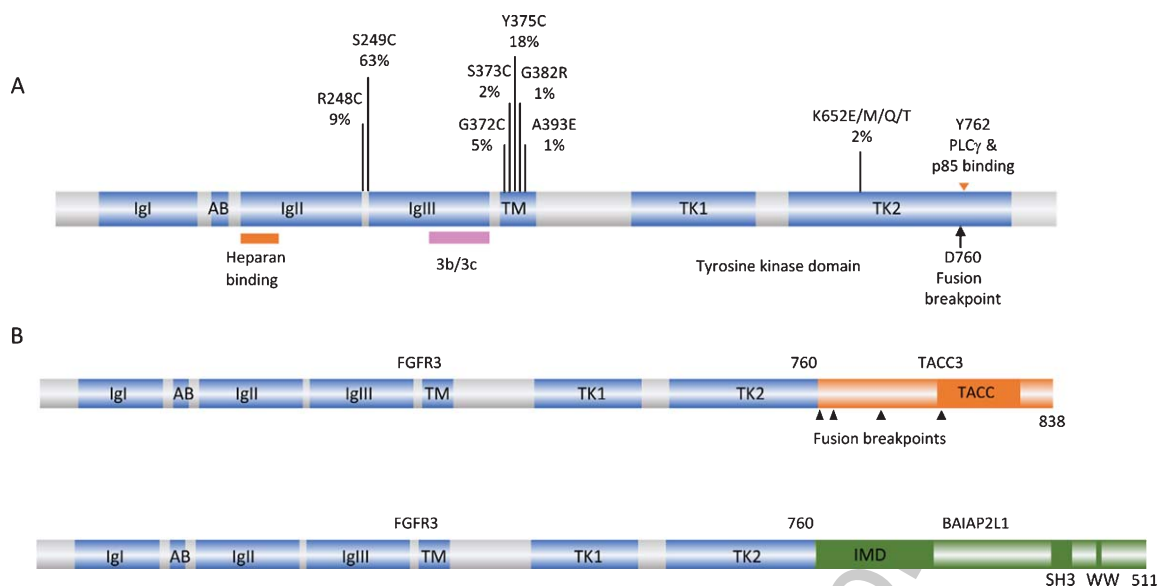


Fig. 1. FGFR3 point mutations and translocations in bladder cancer. A. Structure of FGFR3 isoform 3b protein showing position of point mutations. Mutation data taken from tumors of all grades and stages (COSMIC, June 2020). IgI, IgII, IgIII: immunoglobulin-like domains. AB: acid box. TK1 and TK2: split tyrosine kinase domain. 3b/3c: region of exons 8 and 9 where alternative splicing generates isoforms 3b and 3c. B. Examples of FGFR3 fusion proteins identified in bladder tumors. TACC: transforming acid coiled-coil. IMD: IRDp53/MIM homology. SH3: src homology.

148 found in the benign skin lesions seborrheic kerato-  
 149 sis and epidermal nevi where, as in the germline,  
 150 R248C is the more common mutation [39]. What  
 151 determines the difference in prevalence in these situa-  
 152 tions? Several factors might contribute; there may be  
 153 differential tolerance of certain mutations in the entire  
 154 organism versus specific somatic tissues, somatic  
 155 selection pressures may select for one rather than  
 156 the other depending on context-dependent function,  
 157 or the mutational processes at work may differ. An  
 158 elegant study recently examined the relationship of  
 159 S249C mutations and APOBEC-mediated mutagen-  
 160 esis in bladder cancer [40]. A large proportion  
 161 of both NMIBC and MIBC have elevated expres-  
 162 sion of APOBEC enzymes and their mutational  
 163 profiles contain a high load of predicted APOBEC-  
 164 mediated mutational events [30, 41]. Of all *FGFR3*  
 165 point mutations found in bladder cancer, only S249C  
 166 (TCC > TGC) shows similarity to an APOBEC-type  
 167 mutation (TCN > T[G/T]N) where N is usually A or  
 168 T. When the distribution of S249C mutations was  
 169 related to APOBEC mutational load, a clear rela-  
 170 tionship was found in both NMIBC and MIBC [40].  
 171 APOBEC mutagenesis preferentially targets lagging  
 172 strand ssDNA templates and it was shown that the  
 173 coding strand of *FGFR3* is mainly replicated as a  
 174 lagging strand. The sequence context of S249 is  
 175 predicted to allow a hairpin structure to form, also

favoured by APOBEC enzymes. This study also  
 demonstrated that the S249 codon sequence can  
 be deaminated by APOBEC3A, providing a highly  
 persuasive explanation for the excess of S249C mu-  
 tations in bladder tumors. The differential mutation  
 frequency in tumors of different stages, despite higher  
 APOBEC activity in MIBC, likely reflects distinct  
 pathogenesis pathways of these tumor groups.

Whether there are any differences in the selec-  
 tive advantage of the two most common muta-  
 tions, S249C and Y375C, have similar oncogenic  
 potency in immortal mesenchymal cells [40, 42], it  
 is not certain that both confer the same advantage  
 in urothelial cells. Knockdown of *FGFR3* in bladder  
 tumor cell lines bearing these mutations was shown  
 to have similar transcriptional effects [40]. However,  
 in cultured telomerase-immortalized normal urothe-  
 lial cells (TERT-NHUC), a difference in the potency  
 of these mutations has been found. Both mutations  
 drive cells to a higher cell density at confluence,  
 but S249C has the more potent effect [42]. Y375C  
 is less strongly dimerised and retains some ligand  
 dependence, suggesting that it may rely on stromal  
 or autocrine ligand for maximal effect. Whether lig-  
 ands are available *in vivo* at the time of receptor  
 mutation is currently unknown. Thus S249C pre-  
 dominance can be explained as both APOBEC target

204 and possibly in provision of a more potent selective  
205 advantage.

206 The strength of the phenotype of increased prolifer-  
207 ation and cell viability at confluence in TERT-NHUC  
208 expressing point mutant forms of FGFR3 is in  
209 the order of mutation frequency found in tumors  
210 (S249C>Y375C>K652E) despite the fact that K652E  
211 is the most highly phosphorylated form in these cells  
212 [42]. This lack of contact inhibition was reflected  
213 in changes in cell-cell and cell-substrate adhesion,  
214 with the appearance of looser cell-cell junctions in  
215 cells expressing S249C- and Y375C-FGFR3 com-  
216 pared to controls and cells expressing high levels  
217 of wildtype FGFR3 [43]. The cells detached more  
218 readily from culture vessels coated with collagen  
219 IV, collagen I and fibronectin, and changes in  
220 expression of genes involved in mediating cell-cell  
221 and cell-substrate adhesion and extracellular matrix  
222 remodelling were found. This included downreg-  
223 ulation of EPCAM and genes encoding structural  
224 components of desmosomes (DSC2, DSC3, DSG1,  
225 PKP1, PKP3), adherens junctions (CDH1, CDH16)  
226 and focal adhesions (PXN, ZYX) and upregulation of  
227 several integrins (ITGA2, ITGAV, ITGB5, ITGB6)  
228 and genes involved in extracellular matrix remod-  
229 elling (HAS3, PLAT, PLAU, PLAUR, MMP10).  
230 Several of these genes were conversely altered when  
231 S249C-FGFR3 was knocked down in a mutant tumor  
232 cell line [43]. MMP10 has previously been identified  
233 as an easily-accessible pharmacodynamic biomarker  
234 for FGFR-targeted therapy in bladder cancer. It was  
235 also downregulated when FGFR3 was silenced, and  
236 both MMP1 and MMP10 levels were reduced in  
237 the urine of bladder cancer patients in a phase I  
238 trial of anti-FGFR3 monoclonal antibody [44]. Taken  
239 together, these data indicate that mutant FGFR3 has  
240 effects on regulation of the cell cycle in response to  
241 cell-cell contact, elicits changes in cell junctions and  
242 cell adherence to proteins found in the urothelial base-  
243 ment membrane and adjacent connective tissue [45],  
244 and induces changes in expression of potent modula-  
245 tors of the extracellular matrix, all functions predicted  
246 to provide a selective advantage to cells early in the  
247 process of tumor development.

#### 248 *FGFR3 fusion proteins*

249 FGFR3 can also be activated by the generation of  
250 fusion proteins. These were initially identified when  
251 aberrant high molecular weight forms of FGFR3 were  
252 detected in cell lines and tumors [46]. Such fusions  
253 have subsequently been found in 2–6% of MIBC [30,

254 31, 47–49]. FGFR3-TACC3 and FGFR3-BAIAP2L1  
255 chimeric proteins have been identified, with FGFR3-  
256 TACC3 fusions appearing most common. Activating  
257 point mutations have not been found in these fusions.  
258 NMIBC have not been examined, though the very  
259 high frequency of point mutations in Ta tumors sug-  
260 gests that any fusions are likely to be found in T1  
261 cases.

262 All of the fusions described to date contain the  
263 entire sequence of FGFR3 apart from the final exon  
264 (amino acids 1–760) fused to C-terminal regions of  
265 the fusion partner. Examples are shown in Fig. 1B.  
266 TACC3 lies 48 kb telomeric to *FGFR3* on chro-  
267 some arm 4p and the common mechanism of  
268 fusion is tandem duplication and insertion so that  
269 the coiled-coil region of TACC3 is fused in-frame  
270 to FGFR3 exon 18. As a result of this mechanism,  
271 low-level gain of the region is detected in cases with  
272 translocation.

273 These fusion proteins show some constitutive  
274 dimerization and are constitutively phosphorylated,  
275 though they do retain some ligand-dependence [46,  
276 50], and they are potently transforming in immor-  
277 tal rodent mesenchymal cells [46, 48]. The fusion  
278 partners are predicted to induce dimerization, as the  
279 coiled-coil domain of TACC3 is retained almost intact  
280 in all FGFR3-TACC3 fusions and the IMD domain,  
281 related to the BAR (Bin-Amphiphysin-Rvs) domain  
282 which can also promote dimerization, is retained in  
283 FGFR3-BAIAP2L1. As BAR domains are predicted  
284 to interact with membranes [51], FGFR3-BAIAP2L1  
285 may show altered cellular localisation. Early experi-  
286 ments in glioblastoma, where similar FGFR3-TACC3  
287 fusions are found, indicated increased aneuploidy  
288 when FGFR3-TACC3 was expressed [52]. TACC3  
289 normally provides stability to the mitotic spindle  
290 and altered levels of expression are associated with  
291 changes in mitotic progression and chromosome seg-  
292regation [53]. As FGFR3-TACC3 could be detected  
293 at the spindle poles, it was proposed that this directly  
294 caused defects in chromosome segregation [52].  
295 However, the majority of FGFR3-TACC3 fusions  
296 lack TACC3 Ser558, phosphorylation of which is  
297 required for formation of the TACC3-clathrin-ch-  
298 TOG complex at the spindle [54]. More recently,  
299 it has been shown that the fusion protein recruits  
300 wildtype TACC3 away from the spindle and this  
301 was demonstrated in bladder tumor cell lines RT112  
302 and RT4, which contain FGFR3-TACC3 fusions with  
303 different TACC3 components. The effect could be  
304 induced by the TACC3 part of the fusion protein alone  
305 and could be rescued by low-level overexpression of

306 wildtype TACC3. Inhibition of the kinase activity of  
307 the fusion protein with the FGFR inhibitor PD173074  
308 did not abrogate the mitotic defects, clearly indicat-  
309 ing a role for the fusion partner component alone [55].  
310 Thus the contribution of the FGFR3-TACC3 fusion  
311 proteins to the neoplastic phenotype comprises not  
312 only FGFR3 kinase-regulated functions but also a  
313 contribution to genomic instability via the TACC3  
314 component.

### 315 *Upregulated expression and isoform switching*

316 Precise regulation of expression of appropriate  
317 FGFR3 isoform and ligands is required for normal  
318 physiological processes. Studies of protein expres-  
319 sion by immunohistochemistry in stage Ta and  
320 T1 bladder tumors show upregulated expression of  
321 FGFR3 in 70–80% of Ta and 40–70% of T1 tumors  
322 [17, 56–59]. In Ta tumors this directly relates to muta-  
323 tion frequency but in T1 tumors exceeds the known  
324 mutation frequency and indicates likely upregula-  
325 tion of wildtype protein. Although activating point  
326 mutations in *FGFR3* are relatively uncommon in  
327 MIBC, upregulated expression of the protein is found  
328 in 30–50% of cases [17, 59–62], though high-level  
329 amplification has not been reported. Whilst a few of  
330 the tumor expressing high levels might contain fusion  
331 genes, the majority are likely to be wildtype. Figure 2  
332 shows the relationship of expression to mutation sta-  
333 tus in relation to tumor stage in a one-year cohort of  
334 tumors diagnosed at a single Institution [17]. Stud-  
335 ies that have examined expression in matched tumor  
336 and lymph node metastases [60–62] have found good  
337 concordance, suggesting that upregulated FGFR3,  
338 particularly if related to *FGFR3* mutation, could be  
339 a valid therapeutic target in such cases. However,  
340 some evidence suggests that upregulated expres-  
341 sion in the absence of mutation may not denote  
342 FGFR3-dependence. Thus it is notable that upregu-  
343 lated expression in FGFR3 wildtype tumors in a series  
344 of patients treated by cystectomy was not associated  
345 with prognosis in the same way as mutation [63] and  
346 in a trial of Dovitinib (a multi-kinase inhibitor that  
347 inhibits FGFRs 1–3) in BCG-unresponsive NMIBC,  
348 complete responses at 6 months were only observed  
349 in patients with mutant and not over-expressing wild-  
350 type tumors [64].

351 In bladder tumor cell lines, expression of FGFR3  
352 was found to be restricted to those that also expressed  
353 E-cadherin and TP63, both of which are “epithelial”  
354 characteristics, whereas cell lines expressing ZEB1  
355 and vimentin, features of epithelial-mesenchymal

356 transition (EMT), expressed FGFR1 rather than  
357 FGFR3. Compatible with the relationship of FGFR1  
358 to the EMT phenotype, inhibition of FGFR1 led to  
359 decreased invasion in these cell lines [65]. In bladder  
360 tumor cell lines with epithelial phenotype, ectopic  
361 expression of FGFR1 and treatment with FGF2 can  
362 elicit an EMT [66], suggesting that there are highly  
363 distinct roles for these two receptors in bladder can-  
364 cer. This is supported by studies of bladder tumors,  
365 where a non-overlapping pattern of mRNA expres-  
366 sion of FGFR3 and FGF2, a potent ligand for FGFR1,  
367 is found, with FGF2-expressing tumors showing  
368 EMT characteristics [67]. As expected, at the pro-  
369 tein level FGFR1 is upregulated in tumors of higher  
370 grade and stage, in which *FGFR3* mutations are less  
371 common [68, 69]. However, the relative expression  
372 of FGFR1 and FGFR3 has not been examined sys-  
373 tematically in a large tumor series.

374 In addition to changes in expression level, isoform  
375 switching to the 3c isoform, which binds a wide range  
376 of FGFs, is also predicted to play a role, potentially  
377 facilitating autocrine or paracrine signalling. This has  
378 been identified in MIBC-derived tumor cell lines [16]  
379 but has not been examined in tumor tissues. How-  
380 ever, upregulated expression of FGF2 is common in  
381 advanced bladder tumors [67, 70, 71] and increased  
382 levels of FGF1 and FGF2 can be detected in the urine  
383 of bladder cancer patients [72–75]. Increased levels  
384 of FGFs 19, 21 and 23, all of which bind FGFR3-3c,  
385 have been reported in the serum of patients with blad-  
386 der cancer [76], though the full repertoire of FGFs  
387 that bind FGFR3-3c remains to be examined in tumor  
388 tissues.

### 389 **REGULATION OF FGFR3 EXPRESSION**

390 As indicated above, although expression of FGFR3  
391 mRNA and protein is strongly related to mutation sta-  
392 tus in NMIBC [17, 19, 22, 29, 77, 78], this is not the  
393 case in MIBC (Fig. 2). Understanding the mechanism  
394 for this upregulation, and of any differential signifi-  
395 cance of mutant versus upregulated wildtype FGFR3,  
396 is of clinical interest, particularly in MIBC where  
397 FGFR3 inhibitor therapy may be used. As ampli-  
398 fication of the *FGFR3* region on 4p has not been  
399 identified and low-level gains are uncommon, other  
400 mechanisms of upregulation must exist.

401 Several transcriptional regulators have been impli-  
402 cated, though their relative importance in the normal  
403 urothelium and in specific tumor settings has not yet  
404 been explored in detail. The p53 family members p63  
405 and p73 have been shown to regulate FGFR3 [79].

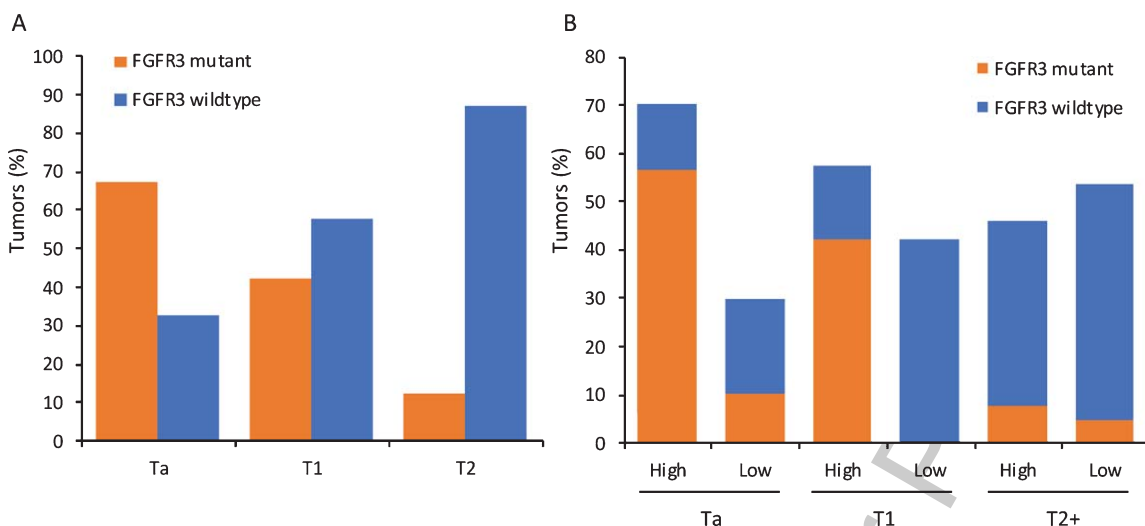


Fig. 2. Mutation and expression of FGFR3 in relation to tumor stage in a one-year cohort of tumors from a single Institution. A. Distribution of activating point mutations according to tumor stage. B. Expression of FGFR3 protein according to tumor stage. “High” denotes expression above that found in normal urothelium and “Low” absence of expression or levels lower than in normal urothelium. Data from [17].

406 p63 is expressed from two promoters to give rise  
 407 to two major isoforms, Transcriptionally Active p63  
 408 (TAp63) with a transactivation domain at the N ter-  
 409 minus and  $\Delta$ Np63 which has an activation domain at  
 410 the C terminus. p63 is expressed in basal and inter-  
 411 mediate layers of the normal urothelium and is required  
 412 for urothelial differentiation [80, 81].  $\Delta$ Np63 has  
 413 been shown to inhibit EMT [82]. Levels of  $\Delta$ Np63  
 414 are upregulated in low-grade tumors [83] and mir-  
 415 ror *FGFR3* mutation in distribution. Overall, loss  
 416 of expression is a poor prognostic feature [80, 81,  
 417 84–87], with most invasive tumors apart from a subset  
 418 of aggressive tumors with squamous differentiation  
 419 showing low expression [88, 89].

420 Analysis of cell cycle regulators in a panel of  
 421 FGFR-addicted cell lines including urothelial lines,  
 422 identified MYC as a critical determinant of FGFR  
 423 inhibitor sensitivity and response, and FGFR inhi-  
 424 bition in sensitive cell lines led to phosphorylation  
 425 and subsequent degradation of MYC by the protea-  
 426 some. The importance of MYC in sustaining the  
 427 effects of FGFRs was confirmed by inhibition of  
 428 MYC expression with the BET inhibitor JQ1 which  
 429 recapitulated the effect of FGFR inhibition [90]. A  
 430 second study of the relationship of FGFR3 and MYC  
 431 in FGFR3-driven bladder tumor cells [91], identi-  
 432 fied an FGFR3/MYC positive feedback loop whereby  
 433 activated FGFR3 regulates MYC mRNA and pro-  
 434 tein levels via p38 and AKT and in turn MYC  
 435 directly upregulates FGFR3 by binding to upstream  
 436 enhancers. Disruption of this feedback loop though

437 FGFR, p38, AKT or MYC inhibition was demon-  
 438 strated. Importantly, whilst inhibition of FGFRs and  
 439 the related phosphorylation of the adaptor protein  
 440 FRS2 was independent of response outcome, down-  
 441 regulation of MYC in response to FGFR inhibition  
 442 predicted response [90]. These findings present not  
 443 only potential for therapy but a biomarker for FGFR3  
 444 dependence that may be applied in early assessment  
 445 of treatment response and/or development of resis-  
 446 tance.

447 FGFR3 expression is also regulated at the mRNA  
 448 level by micro RNAs miR-99a/100, both of which  
 449 are downregulated in low-grade NMIBC compared  
 450 to normal urothelium. These miRs were shown to  
 451 downregulate FGFR3 expression in cultured normal  
 452 urothelial cells [92] and also to regulate the urothe-  
 453 lial differentiation factor FOXA1 [93]. Loss of the  
 454 3' end of FGFR3 containing the target sequence  
 455 for these miRs in the FGFR3-TACC3 fusion trans-  
 456 script, is compatible with the high-level expression  
 457 of these fusion transcripts [50]. As loss of expres-  
 458 sion of miRs-99a/100 was almost ubiquitous, and  
 459 more frequent than FGFR3 mutation in low-grade  
 460 tumors, and the presence of the S249C mutation  
 461 was not associated with differential miR expression,  
 462 it was suggested that altered miR expression may  
 463 lead to FGFR3 upregulation before the acquisition  
 464 of mutation in NMIBC [92]. It has been reported  
 465 that under hypoxic conditions FGFR3 mRNA and  
 466 protein is upregulated in a HIF1 $\alpha$ -dependent man-  
 467 ner in bladder tumor cell lines, whilst miR-100 is

468 downregulated [94]. As developing papillary blad- 517  
469 der tumors have a strongly hypoxic periphery, this 518  
470 may indicate that hypoxia could be an early mech- 519  
471 anism by which *FGFR3* expression is upregulated 520  
472 via changes in miR expression prior to acquisition of 521  
473 mutation. 522

474 In MIBC, expression of miRs 99a/100 is lowest 523  
475 in the luminal-papillary mRNA expression subtype 524  
476 (see below), where *FGFR3* mutations are most com- 525  
477 mon [30]. Upregulation of wildtype *FGFR3* protein 526  
478 in other MIBC subtypes is unlikely to be regulated 527  
479 in the same way. Here, levels may be more strongly 528  
480 regulated by *MYC*, possibly related to common gain 529  
481 of 8q in MIBC. Although the predicted relationship 530  
482 of *MYC* and *FGFR3* mRNA levels could be found 531  
483 in *FGFR3*-mutant tumor samples, this did not apply 532  
484 to *FGFR3* wildtype tumors [91]. Indeed, overall lev- 533  
485 els of *MYC* expression in MIBC are highest in the 534  
486 basal/squamous subtype and not in groups with high 535  
487 frequency of *FGFR3* mutation [95]. 536

488 It has been shown that the position of mutations in 537  
489 *FGFR3* has differential effects on phosphorylation, 538  
490 retention at the plasma membrane and ubiquitylation 539  
491 of the receptor, with presumed effects on dura- 540  
492 tion of signalling. Thus, mutations such as R248C 541  
493 and Y373/375C, which form dimers at the cell sur- 542  
494 face, show reduced internalisation compared to the 543  
495 wildtype receptor [96] and G380/382R, which is 544  
496 ligand-dependent, is also retained at the membrane 545  
497 and escapes ligand-mediated internalisation even at 546  
498 saturating ligand concentrations [37]. 547

## 499 **FGFR3 SIGNALLING IN NORMAL AND** 500 **TUMOR-DERIVED UROTHELIA**

501 Whilst inhibition or knockdown of *FGFR3* in cells 550  
502 containing point mutant or fusion proteins inhibits 551  
503 cell proliferation e.g. [97–102], cell cycle arrest rather 552  
504 than apoptosis is induced [100], and escape from 553  
505 inhibition can occur relatively rapidly [103, 104]. 554  
506 Thus, there is much interest in understanding the 555  
507 downstream effects of *FGFR3* in order to identify 556  
508 combinatorial or second line approaches that can 557  
509 enhance the effects of *FGFR* inhibition and/or prevent 558  
510 the development of resistance. 559

511 Key to understanding how *FGFR3* contributes to 560  
512 bladder cancer development is the critical role of 561  
513 cellular context in determining its signalling out- 562  
514 put. This is exemplified by the differential effect 563  
515 of point mutant forms on chondrocyte proliferation 564  
516 and in epithelial cancers [42, 105–107]. Signalling 565

517 downstream of *FGFR3* via *RAS/MAPK*, *PI3K-AKT*, 518  
519 *PLC $\gamma$*  and *STATs* has been reported in chondrocytes 520  
521 and other non-epithelial cell types and malignan- 522  
523 cies such as multiple myeloma where *FGFR3* is 524  
525 upregulated following a translocation event involv- 526  
527 ing the immunoglobulin heavy chain [15, 108–110]. 528  
529 Many studies using chondrocytes or immortalised 530  
531 mesenchymal cells have focussed on the K650/652E 532  
533 mutant form. An early study of the tyrosine phos- 534  
535 phosphorylation sites in the receptor, and their relative 536  
537 importance for subsequent phenotypic and signalling 538  
539 effects, used the 3c isoform, its K650E derivative and 540  
541 assays in NIH-3T3 cells [13]. In this system *STAT1/3* 542  
543 activation was shown to be a major consequence of 544  
545 *FGFR3* activation [14]. Whether phosphorylation of 546  
547 these sites has similar consequences in urothelial cells 548  
549 is unknown. 549

534 In *TERT-NHUC*, *RAS/MAPK* and *PLC $\gamma$*  sig- 535  
536 nalling are activated following *FGF1* stimulation of 537  
538 ectopically expressed wildtype *FGFR3-3b*. This con- 539  
540 trasts with the situation in NIH-3T3 where there is 541  
542 strong additional activation of the *PI3K* pathway and 543  
544 *src* [42]. In these normal cells, *MAPK* and *PLC $\gamma$*  545  
546 signalling are also activated following ectopic expres- 547  
548 sion of mutant forms of *FGFR3*, with no changes in 548  
549 the levels of activated p38, *JNK*, *SRC*, *STAT1* and 549  
550 *AKT* [42]. In tumor cells, the situation is less clear. It 550  
551 cannot be assumed that the same pathways are acti- 551  
552 vated as in normal urothelial cells and it is likely 552  
553 that responses depend on the availability of dock- 553  
554 ing and effector proteins and the overall mutational 554  
555 and expression landscape. In *FGFR3*-altered blad- 555  
556 der tumor cell lines, the *MAPK* pathway is active 556  
557 downstream of *FGFR3* as demonstrated by major 557  
558 inhibition of p-ERK but not p-AKT following *FGFR* 558  
559 inhibitor treatment [103, 111]. This preferential acti- 559  
560 vation of the *MAPK* pathway in urothelial cells 560  
561 provides a rationale for the finding that *FGFR3* and 561  
562 *RAS* gene mutations are mutually exclusive in blad- 562  
563 der tumors [112]. However, dominance of the *MAPK* 563  
564 pathway has not been confirmed by assessment of 564  
565 pathway activation status in tumor tissues. Indeed, 565  
566 p-AKT rather than p-ERK detected by immunohisto- 566  
567 chemistry was reported to be associated with *FGFR3* 567  
568 mutation [113]. Possibly both pathways are activated 568  
569 in the majority of tumors. Plasticity in signalling via 569  
570 these pathways is now well-documented and is exem- 570  
571 plified in cell lines by resistance to or escape from 571  
572 *FGFR3* inhibition in RT112 via *PI3K/AKT* signalling 572  
573 [111, 114]. Maintenance of *MAPK* pathway activity 573  
574 via activation of *EGFR* or *ERBB2/3* signalling have 574  
575 also been reported as mechanisms of escape from or 575  
576 576

569 resistance to FGFR inhibition in bladder tumor cell  
570 lines [103, 115].

571 FGFR3 can interact with both p85 $\alpha$ , the negative  
572 regulatory subunit of PI3K, via the PLC $\gamma$  interaction  
573 site Y762 [116] and TGF $\alpha$ -activated kinase 1 (TAK1)  
574 via amino acids 589–806 [117]. The consequences  
575 of p85 $\alpha$  interaction in urothelial cells have not been  
576 studied but in the bladder cancer cell line MGH-U3,  
577 which contains a Y375C mutation, FGFR3 signalling  
578 via TAK1 was shown to positively regulate NF- $\kappa$ B  
579 activity [117]. The juxtamembrane domain of FGFR3  
580 has also been shown to interact with the N-terminal  
581 region of the kinase domain of EphA4 leading to  
582 mutual transactivation and ephrin-A1 potentiation of  
583 the FGF response of wildtype FGFRs [118]. It has  
584 also been shown that wildtype FGFRs 1–3 can form  
585 all possible stable heterodimers in the absence of  
586 ligand. Interestingly, largest effects were found for  
587 heterodimers of mutant FGFR3 (G380R and A391E)  
588 with wildtype FGFR3 [119]. These experiments were  
589 carried out using ectopically-expressed proteins in  
590 HEK293 and CHO cells and thus confirmation in  
591 urothelial models is required. It will be of particularly  
592 interest to examine the effects of common mutant  
593 forms of FGFR3 found in bladder cancer in this  
594 context.

595 Although S249C, Y375C and K652E mutant forms  
596 are all able to activate both MAPK and PLC $\gamma$  during  
597 active proliferation of normal urothelial cells, only  
598 S249C and Y375C forms show strong activation of  
599 PLC $\gamma$  at confluence. S249C with the PLC $\gamma$  binding  
600 site (amino acid Y762)[120] mutated to phenylalanine  
601 shows a major reduction in this response and in  
602 continued proliferation and viability at confluence.  
603 K652E fails to retain activated PLC $\gamma$  and is unable to  
604 elicit this phenotype [42]. This may indicate that there  
605 is positive selection for mutant forms with this capa-  
606 bility and explain the relatively infrequent finding of  
607 K652E mutations in bladder tumors.

608 In urothelial and other cell types, FGFR3 fusions  
609 activate MAPK signalling [46, 52, 121], but other  
610 aspects of downstream signalling are likely to be  
611 altered. The region of FGFR3 that is lost in these  
612 fusions (amino acids 761–806) contains Y762, which  
613 is implicated in PLC $\gamma$  activation and binding of p85 $\alpha$   
614 [116], and part of the region implicated in interac-  
615 tion with TAK1 [117]. As the fusions fail to activate  
616 PLC $\gamma$ , unlike point mutant forms, they are unable  
617 to elicit the overgrowth of normal urothelial cells  
618 at confluence [42, 46]. The consequences of altered  
619 interaction of the fusion proteins with p85 $\alpha$  and  
620 TAK1 have not been examined.

ETV5, a member of the PEA subfamily of ETS  
transcription factors [122] is an FGF effector during  
embryonic development [123–125]. It is upregulated  
and has been implicated in regulation of several  
aspects of the malignant phenotype in other cancers  
[126–130] and was identified as a pharmacodynamic  
biomarker for inhibition of FGFRs 1–3 in a variety  
of FGFR-driven tumor cell lines [131]. In normal  
urothelial cells, ETV5 is upregulated downstream of  
MAPK activation by ligand-stimulated wildtype or  
point mutant forms of FGFR3, with S249C inducing  
the highest level of upregulation. In these cells, ETV5  
had an effect on confluent cell density independent  
of FGFR3 expression, implicating it as an effec-  
tor of this FGFR3-stimulated phenotype. In bladder  
tumor cell lines, it conferred a proliferative advan-  
tage and interestingly, in some MIBC-derived lines,  
genes previously implicated in ETV5-induced EMT  
in other tumour types were upregulated, implying a  
context-dependent effect of FGFR3/ETV5 in these  
cases [132].

In the FGFR3-driven tumor cell line 97-7, knock-  
down of ETV5 was found to modulate expression  
of WWTR1 (TAZ), and TAZ and its transcrip-  
tional targets were also upregulated in TERT-NHUC  
expressing mutant FGFR3 [132]. TAZ is a co-  
transcriptional regulator that together with the  
related protein YAP1 mediates transcription of pro-  
liferative and anti-apoptotic genes. YAP/TAZ are  
negatively regulated through the Hippo pathway in  
response to cell-cell contact and cell density. Thus  
upregulation of TAZ as a consequence of FGFR3 sig-  
nalling via ETV5 provides a rational explanation for  
FGFR3-induced loss of contact inhibition.

Downstream effects of signalling by ectopically-  
expressed wildtype FGFR3 and an FGFR3-TACC3  
fusion have been examined using phosphoproteomics  
and network analysis in TERT-NHUC in the pres-  
ence and absence of FGF1 stimulation. Pathways  
uniquely implicated by the fusion protein included  
chaperone activation pathways and stress response.  
Interestingly, two pathways related to TP53 expres-  
sion and degradation were implicated and in both  
TERT-NHUC and RT112 tumor cells it was shown  
that TP53 is downregulated when FGFR3-TACC3  
fusion and not wildtype FGFR3 is stimulated by  
FGF1 [133].

Further information on downstream effects of  
FGFR3-TACC3 has also come from examination of  
expression changes elicited in astrocytes by the active  
fusion protein or a kinase-dead version in the pres-  
ence and absence of the FGFR inhibitor PD173074



[134]. This revealed that FGFR3-TACC3 activates genes involved in oxidative phosphorylation and mitochondrial biogenesis. Cells expressing the fusion showed increased oxygen consumption rate and mitochondrial inhibitors were shown to be inhibitory. PIN4 was identified as a phosphorylation substrate of FGFR3-TACC3 that triggered the biogenesis of peroxisomes and the production of intracellular reactive oxygen species (ROS) that in turn activated the transcriptional coactivator PGC1 $\alpha$ , a regulator of mitochondrial biogenesis [134]. Dependence of tumors with FGFR3-TACC3 fusions on mitochondrial metabolism suggests that inhibitors of oxidative phosphorylation may be beneficial for this subset of patients. As this effect is driven by the kinase activity of the fusion protein, it is possible that other fusions and point mutant forms may have the same effect. Whether these effects are relevant in the urothelial context remains to be examined.

The ultimate effect of FGFR3 activation also depends on a range of feedback regulatory mechanisms [135]. These include the sprouty proteins (SPRY1-4) that are upregulated in response to FGFR signalling and bind to GRB2 and SOS1 to provide negative feedback [136] and SEF and DUSP proteins. Changes in other key proteins such as FRS2, or regulatory phosphatases [137, 138] may also have major effects on signalling. Ultimately all of these determine the context in which FGFR3 signals and may require consideration in interpreting the results of clinical trials of FGFR inhibitors.

## FGFR3 ALTERATIONS AND BLADDER CANCER SUBTYPES

Several classification systems based on mRNA expression have been reported for bladder cancer. Most have focussed on MIBC [30, 88, 95, 139–141], one included two thirds NMIBC cases [142] and one has focussed on NMIBC [143, 144]. Broad classification of MIBC into two subtypes termed “luminal” and “basal-like”, showed that *FGFR3* mutation was confined to the luminal type [139]. Further sub-classification into three [88], four [140] or more [30, 141] sub-groups has confirmed that mutation and upregulated expression of FGFR3 are largely focussed in subgroups of luminal tumors many of which have high levels of expression of markers of urothelial differentiation such as uroplakins, transcription factors (TFs) involved in urothelial differentiation (PPARG,

FOXA1, GATA3, ELF3), ERBB2 and ERBB3. Recent evaluation of both mRNA and protein expression by immunohistochemistry (IHC) has allowed tumor cell phenotype to be determined independent of the overall mRNA features of the entire cellular population, and this defined 5 phenotypic classes of MIBC: urothelial-like, genomically unstable, basal/SCC-like, mesenchymal-like, and small-cell/neuroendocrine-like, with high FGFR3 expression within the urothelial-like group. This large group could be further subdivided into UroA, UroB and UroC, the latter two of which showed some features in common with basal/SCC-like and GU groups respectively [141]. An mRNA expression classifier (LundTax), that captures these IHC and RNA features was subsequently developed [95] and used to examine the large TCGA MIBC dataset [30]. The UroA subtype, which is hypothesised to represent UroA NMIBC that have progressed, has high frequency of *FGFR3* mutations (44%), high expression of urothelial differentiation-associated TFs and high expression of uroplakins. UroB also has a high frequency of mutations (50%) but lacks expression of these TFs and markers of differentiation and has upregulated expression of the basal-type keratins KRT5 and KRT14 which are associated with squamous differentiation. In contrast, Uro C tumors contain few *FGFR3* mutations (4%) and lack a previously-derived FGFR3 signature [142], but retain urothelial TFs and differentiation markers. This analysis reveals considerable heterogeneity in the “luminal” class of MIBC that is reflected in differential survival, with Uro A and UroC showing significantly better outcome than UroB. Given the high frequency of *FGFR3* mutations in both UroA and UroB, it will be of great interest to compare the responses of these groups to FGFR inhibitors.

Three (1–3) [143] and more recently four (1, 2a, 2b and 3) transcriptional classes of NMIBC have recently been described by the UROMOL group [144]. Classes 1 and 3 contain mostly stage Ta tumors, with relatively stable genomes measured by SNP array analysis. These express high levels of FGFR3 and have a high frequency of *FGFR3* mutation. Fewest mutations were detected in class 2a, which contained the largest proportion of T1 tumors and showed significantly reduced recurrence-free survival.

Overall, the luminal/urothelial-like subtypes of MIBC have relatively low levels of immune cell infiltration and stromal markers. T-cell infiltration is very low in *FGFR3*-mutant tumors [145] and this led

to speculation that *FGFR3* may be causally related to poor infiltration and that such tumors may show reduced response to immune checkpoint inhibitors. Whether *FGFR3* status directly influences the associated non-infiltrated phenotype and response to checkpoint inhibitors is under debate. During induction of tumors by BBN in a genetically engineered mouse model expressing S249C in the urothelium, no difference in T-cell infiltration compared to that in wildtype mice was reported, though an early decrease in neutrophil infiltration prior to the development of tumors in S249C mice was evident [146]. Although some initial studies reported that luminal phenotype tumors responded less well to immune checkpoint inhibitors [147, 148], analysis of response in direct relationship to *FGFR3* status in two large trials has recently found no statistically significant relationship. Data from this study suggests that stromal TGF- $\beta$  signals, which are known to adversely influence response [149], are lower in *FGFR3*-altered cases, potentially balancing out the effect of low T-cell infiltration [150].

#### TIMING OF *FGFR3* MUTATION AND MUTATIONAL LANDSCAPE OF *FGFR3*-ALTERED TUMORS

When does *FGFR3* mutation occur during bladder cancer pathogenesis? Although there is considerable information for NMIBC, the overall picture is not completely clear and there are several caveats that preclude straightforward interpretation of current data. Common mutational events in NMIBC that could represent initiating or very early events are mutations in the *TERT* promoter [151, 152], *FGFR3* mutation and loss of heterozygosity (LOH) of 9q [153, 154], with mutation frequency in the order *TERT* > *FGFR3* > 9q (~80% > 70% > 50%). Does this imply an order of events? One major caveat is that as discussed above it is now clear that several molecular subtypes of both NMIBC and MIBC exist and mutational profiles and potentially the preferred order of molecular events are also expected to differ.

One approach to investigate the timing of events has been to examine frequency of events in cohorts of samples that are predicted to represent “stages” in disease pathogenesis. Several studies have been made of morphologically “normal” urothelium from patients with bladder cancer and potential precursor lesions. Studies of histologically normal urothelium from NMIBC-bearing bladders have found LOH of

9q or deletion detected by FISH [155–158], suggesting that 9q deletion can precede the appearance of an overt tumor. To date only a single study has examined *FGFR3* in such samples [159]. This study examined normal samples from 38 patients with *FGFR3*-mutant bladder tumors and found no mutations. 9q was not examined, though it seems likely that a significant number of the tumors would have had 9q LOH and that, as in other studies, the surrounding “normal” urothelium in such samples would contain some 9q deletions. Studies of flat and papillary hyperplasia, now defined as “urothelial proliferation of uncertain malignant potential” [160], which may represent precursors of NMIBC, also report 9q LOH [161–163] and in a single study that examined both *FGFR3* and 9q, 9q LOH was found to be the more common event [164]. These studies suggest that 9q LOH precedes *FGFR3* mutation, at least in a subset of NMIBC. However, there may be different requirements and timing of events in different NMIBC subtypes. Thus, it is noteworthy that two studies aimed at defining molecular subtypes of NMIBC have described one group of low-grade tumors with *FGFR3* mutation but retention of 9q and a second with both *FGFR3* mutation and 9q LOH [77, 165]. This indicates that the ordering of these so-called “early” events is not uniform, and points to two distinct subsets of tumors, only one with 9q loss as an early event but both with common *FGFR3* mutation.

As indicated above, downregulation of miRs 99/100 and upregulation of *FGFR3* may precede acquisition of mutations [92]. Compatible with this suggestion is the finding that a germline sequence variant close to *FGFR3* is associated with low-grade and low-stage bladder cancer. This variant, at least in adipose tissue, is associated with increased *FGFR3* expression and importantly, the frequency of the variant is higher in *FGFR3*-mutant tumors [166].

Urothelial papilloma and inverted urothelial papilloma are low-grade tumors with low frequency of recurrence, often occurring in young patients, and with debated relationship to urothelial carcinoma. In many of these cases, *FGFR3* mutation is absent, with a high frequency of *HRAS* or *KRAS* mutations [167–169], indicating a separate molecular profile from both PUNLMP and low-grade non-invasive urothelial carcinoma for this benign lesion.

In flat dysplasia and carcinoma *in situ* (CIS) that are predicted precursors of non-papillary MIBC, *TP53* mutation/17p LOH and 9q LOH are common, but *FGFR3* mutations are absent [170, 171], indicating that *FGFR3* has no early role in the development

875 of these tumors. *TP53* mutations and/or upregulated  
876 expression are detected frequently in flat dysplasia  
877 and CIS [171–173] and appear to precede deletion of  
878 chromosome 9 [171, 174].

879 The distinct mutational profiles of NMIBC and  
880 MIBC and their precursor lesions provided evi-  
881 dence for the early concept that bladder tumor  
882 development may follow two distinct pathways, the  
883 non-invasive/papillary pathway with *FGFR3* altera-  
884 tions as a major feature and the pathway initiated  
885 in CIS, containing many *TP53* mutations [171–173].  
886 This concept remains, and in general is supported  
887 by more profound current understanding of tumors  
888 of both types. However, it now seems clear that  
889 papillary/luminal/urothelial-like MIBC with *FGFR3*  
890 alteration as a major feature represent NMIBC that  
891 have progressed. Several studies indicate that loss  
892 of the 9p21 locus *CDKN2A*, which encodes the  
893 RB1 and TP53 regulators p16<sup>INK4A</sup> and p14<sup>ARF</sup>,  
894 may allow progression of *FGFR3*-mutant NMIBC.  
895 p16<sup>INK4A</sup> is a regulator of cell cycle arrest and senes-  
896 cence via binding to CDK4/6, which retains the  
897 retinoblastoma protein RB1 in a hypophosphory-  
898 lated and active state. It is upregulated in response  
899 to various oncogenic stimuli, inducing a state termed  
900 “oncogene-induced senescence” [175], and in the set-  
901 ting of an *FGFR3* mutation may be partially induced  
902 and restrain tumor growth. *CDKN2A* homozygous  
903 deletion is found more frequently in *FGFR3*-mutant  
904 tumors [30, 95, 176] and strikingly, this was found  
905 in 79% of *FGFR3*-mutant MIBC [176]. The role of  
906 *CDKN2A/RB1* inactivation in *FGFR3*-mutant tumor  
907 pathogenesis has also been indicated in a genetically-  
908 engineered mouse model with inducible expression  
909 of Fgfr-S243C (mouse equivalent of human S249C)  
910 in the urothelium. Although increased levels of p-  
911 AKT and p-MAPK were induced, there was no  
912 increase in urothelial proliferation and p16, p19  
913 and p53 protein levels increased. However, when  
914 crossed with mice with urothelial expression of  
915 SV40T, which inactivates both p53 and Rb1, high-  
916 grade papillary tumors developed [177]. Thus, loss  
917 of *CDKN2A/RB1*-regulated cell cycle arrest and/or  
918 the oncogene-induced senescence function appears  
919 essential in allowing tumor formation in the Fgfr3-  
920 driven mouse model and for tumor progression in  
921 human NMIBC. This has important implications for  
922 follow-up of *FGFR3*-mutant NMIBC with deletion of  
923 *CDKN2A*, as these may represent a high-risk group.

924 Examination of the TCGA data supports this con-  
925 cept. Separation of MIBC based on *CDKN2A* deletion  
926 status reveals that *FGFR3* mutation is more com-

927 mon in samples with deletion, compatible with this  
928 predominantly luminal-papillary subtype tumors rep-  
929 resenting progressed NMIBC. These tumors also  
930 contain a higher frequency of mutations that are com-  
931 mon in NMIBC such as *PIK3CA* and *STAG2*. *TP53*  
932 mutation is more common in tumors with reten-  
933 tion of *CDKN2A* that lack *FGFR3* mutation and is  
934 skewed towards the basal-squamous and other sub-  
935 types (Fig. 3A).

936 An alternative mechanism of progression for  
937 *FGFR3*-mutant tumors is suggested by studies that  
938 have shown the presence of mutation in a non-  
939 invasive/superficial part of a tumor and lack of  
940 mutation in a deeper or invasive component [17, 62].  
941 It is possible that cases with discordant mutation  
942 status contain more than one tumor clone but alterna-  
943 tively, loss of *FGFR3* mutation may have occurred,  
944 potentially alleviating oncogene-induced upregula-  
945 tion of p16 and related cell cycle checkpoint genes  
946 and allowing tumor progression.

947 Where does mutation of the *TERT* promoter fit  
948 within these pathogenesis pathways? Such mutations  
949 are more common than *FGFR3* mutation in NMIBC  
950 and have been reported in the “normal” urothelium  
951 of tumor-bearing bladders [178] and in urine sam-  
952 ples up to 10 years before diagnosis of bladder cancer  
953 [179]. As mutations are equally common in NMIBC  
954 and MIBC (70–80%), these mutations may precede  
955 all other molecular events identified to date and rep-  
956 resent an essential and potentially initiating event.  
957 Telomerase is known to allow cells to overcome  
958 oncogene-induced senescence [180] and thus early  
959 mutation may allow cellular tolerance of later *FGFR3*  
960 mutations.

961 Recent findings suggest potential complex inter-  
962 play between *FGFR3* and several other genes early  
963 in NMIBC pathogenesis. In thyroid cancer, *ETV5* is  
964 upregulated downstream of mutant *BRAF* and binds  
965 to the *TERT* promoter [181]. Interestingly, binding  
966 is preferentially to the –124 bp(T) *TERT* promoter  
967 mutation that is the most common mutation found  
968 in both thyroid and bladder tumors [182]. It is also  
969 known that *MYC* can activate *TERT* [183] and recent  
970 data show that *ETV5* and *MYC* can cooperate in de-  
971 repressing the *TERT* promoter [184]. Taken together,  
972 this could indicate a perfect storm between *TERT*,  
973 *FGFR3*, *ETV5*, *MYC* and *TAZ* early in bladder can-  
974 cer pathogenesis with *FGFR3* mutation playing a  
975 central role (Fig. 4).

976 What is the final mutational context of *FGFR3*-  
977 altered tumors? *FGFR3* alterations are generally  
978 found in genomically stable tumors with low muta-

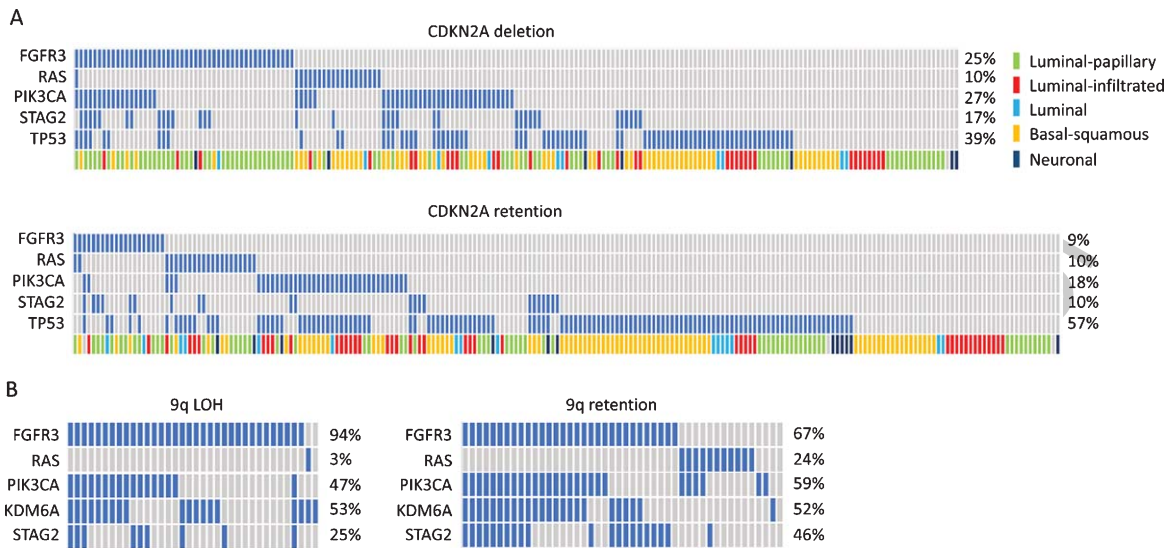


Fig. 3. Oncoplots showing distribution of common mutations according to chromosome 9 status. A. Oncoplot for selected genes in muscle-invasive bladder tumours with and without deletion of the *CDKN2A* locus. Data from [30]. B. Oncoplot for selected genes in stage Ta tumors with and without 9q loss. Data from [165].

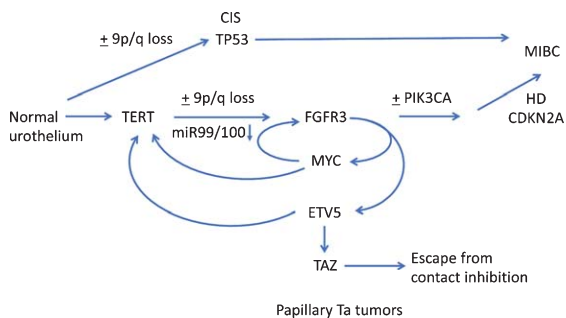


Fig. 4. Hypothetical pathways of pathogenesis of non-invasive and invasive bladder cancer. Straight arrows show potential timing of selected events during development of NMIBC and MIBC based on data from dysplasia, CIS and urothelial hyperplasia and subtype analysis of NMIBC and MIBC. *FGFR3*, *PIK3CA*: activating point mutation. *TERT*: promoter point mutation. *TP53*: inactivating mutation. HD: homozygous deletion. Curved arrows indicate interrelated regulation of expression of *FGFR3*, *TERT*, *MYC*, *ETV5* and *TAZ*.

tional burden. When examined across the entire bladder cancer spectrum, mutations in *FGFR3* and *TP53* mutation are almost mutually exclusive [27, 185–188]. Similarly, few *FGFR3*-altered tumors have mutations in *RBI*, *PTEN* or high-level amplification of *E2F3* [30], all features of non-luminal MIBC. As indicated above, *FGFR3* and *RAS* gene mutations are mutually exclusive [112] and *FGFR3* and *ERBB2* mutations are reported to be mutually exclusive in high-grade NMIBC [29].

Common features accompanying *FGFR3* mutation in stage Ta tumors are mutations in *PIK3CA*, *KDM6A* and *STAG2* [165]. When the mutational profiles of Ta tumors with and without loss of 9q are examined, both groups have high frequency of *FGFR3* mutation (Fig. 3B), but interestingly, those with no loss of 9q have a greater number of *RAS* gene mutations and a higher frequency of *STAG2* mutation [165]. It is assumed that, as tumors with 9q LOH usually have hemizygous deletion of the entire chromosome, this group contains those at risk of progression to MIBC via loss of the second allele of *CDKN2A*. How these different mutational constellations contribute to phenotype and whether this affects clinical outcome remains to be evaluated. Larger studies of NMIBC including methylation and non-coding RNA profiles may elucidate exact requirements and interrelationships more fully in the future. However, it is clear that in Ta tumors mutations in *PIK3CA* almost invariably occur in tumors with *FGFR3* or *RAS* mutation [113, 165, 189–192] (Fig. 3B). Why *PIK3CA* mutation in the absence of *FGFR3* mutation is common in MIBC (Fig. 3A) but not found in NMIBC remains an unanswered question.

## PROGNOSTIC AND PREDICTIVE VALUE OF *FGFR3* ALTERATIONS

As *FGFR3* point mutations are most common in tumors of low grade and stage, there is a strong

relationship of these mutations with good clinical outcome. Several studies have examined the relationship of point mutation or *FGFR3* protein expression to recurrence in NMIBC and most report no significant relationship [59, 186, 193–195], though when Ta tumors were stratified by grade, an association was reported in TaG1 tumors only [24]. In univariate analysis of data from all NMIBC (Ta and T1), *FGFR3* wildtype or tumors expressing low levels of *FGFR3* protein have higher risk of progression, though this has not been found to be an independent prognostic factor in multivariate analyses [59, 194, 195]. In the subset of *FGFR3*-mutant tumors, hemizygous or homozygous deletion of the *CDKN2A* locus is a predictor of progression that is independent of tumor grade and stage [176]. When *FGFR3* mutation is assessed in combination with MIB-1 expression as a measure of proliferative index this “molecular grade” showed independent significance with *FGFR3* mutant, MIB-1 low tumors having best outcome. When used with EORTC risk score [196], this provided improved prediction of progression [195]. When primary T1 tumors alone were evaluated, a significant association of *FGFR3* mutation or expression status with disease progression has been reported in multivariate analysis in some [197, 198] but not all studies [27]. Overall, these data indicate that *FGFR3* mutation identifies patients with favourable NMIBC disease, though only grade and stage remain single independent predictors of outcome.

In a very large cohort of patients with MIBC or high-risk NMIBC that were treated with radical cystectomy, mutation was related to longer disease-specific survival [63]. Interestingly, although over-expression of wildtype protein was associated with lower tumor stage and grade, it was not associated with outcome, potentially indicating a functional distinction between mutation and over-expression of wildtype *FGFR3*, with a driver role for mutant *FGFR3*, and possibly a passenger role only for upregulated expression of wildtype protein. This provides additional evidence that *FGFR3* mutation rather than upregulated expression may represent the better predictive biomarker for *FGFR* inhibitor therapies. A response rate to the *FGFR* inhibitor Erdafitinib of 40% has been reported in patients whose tumors contained *FGFR3* point mutations or *FGFR2/3* fusions [199] leading to FDA approval for this drug in locally advanced or metastatic bladder cancer. Whilst this response rate is very encouraging, it will be important to explain the lack of response in the remaining

60% of patients. Although inhibition of *FGFR3* in cell lines with mutation has been widely demonstrated, as discussed above, it is clear that several mechanisms allow escape from inhibition or development of stable resistance. Detailed discussion is beyond the scope of this review but it will be important to understand these mechanisms if *FGFR* inhibitors are to be applied appropriately and relevant combination therapies developed in the future. Lack of response may also indicate loss of dependence on *FGFR3* during tumor progression or intratumor heterogeneity with outgrowth of a non-addicted variant in these advanced tumors. It is hypothesised that heterogeneity and cellular signalling plasticity may be much less prominent in low-grade NMIBC. Thus *FGFR3* as a therapeutic target may be more relevant in these patients if localised means of targeting can be developed.

The significance of *FGFR3* status in predicting response to chemotherapy has not yet been examined extensively. As previous studies have indicated that better response to cisplatin-based chemotherapy is associated with basal rather than luminal expression subtype [200, 201], worse response of *FGFR3* mutant tumors might be expected as mutations and upregulated expression of *FGFR3* are far more common in the luminal subtype. Findings to date suggest that this is the case. One study that evaluated *FGFR3* mutation status and protein expression in 72 MIBC patients, 42 of whom were treated with adjuvant chemotherapy, reported significantly shorter overall survival and borderline significance for disease-free survival related to *FGFR3* overexpression. This remained a significant independent prognostic factor in multivariate analysis. The relationship to mutation was not significant, but few samples in the chemotherapy group contained mutation [202]. A recent retrospective study that examined three groups of patients treated with cisplatin-based chemotherapy supports these findings. Lower rates of pathologic response to neoadjuvant chemotherapy and reduced recurrence-free survival were recorded in patients whose tumors contained *FGFR3* point mutations or fusions. In patients included in the TCGA study of MIBC who received adjuvant chemotherapy reduced RFS was also found in *FGFR3* altered tumors. In a third group of metastatic patients treated with first line platinum-based chemotherapy *FGFR3* alteration was associated with a different pattern of metastatic spread including higher rates of pulmonary metastases and with lower response rate. Patients with *FGFR3* altered tumors that did not

1121 receive chemotherapy had superior clinical outcome  
 1122 [203]. Overall this suggests that despite the relation-  
 1123 ship of FGFR3 status to better outcome in MIBC,  
 1124 chemotherapy may be detrimental to this group  
 1125 and that other treatment options including FGFR  
 1126 inhibitor therapy may be more suitable. Interest-  
 1127 ingly, an *in vitro* study has also reported decreased  
 1128 sensitivity to cisplatin of a bladder tumor cell line  
 1129 (97-7) containing an S249C mutation compared to  
 1130 wildtype cell lines. In this case, a high level of  
 1131 p-AKT in the mutant line was decreased follow-  
 1132 ing FGFR3 inhibition and this was associated with  
 1133 increased cisplatin sensitivity [204]. Larger studies  
 1134 of patients treated with cisplatin-based neoadjuvant  
 1135 chemotherapy in combination with molecular pro-  
 1136 filing may allow the basis for these effects to be  
 1137 elucidated.

## 1138 CONCLUSIONS

1139 Whilst a great deal has been learnt about FGFR3  
 1140 and its role in the pathogenesis of NMIBC and  
 1141 MIBC, much remains to be clarified if it is to be  
 1142 optimally targeted in these settings. Current data  
 1143 suggests that it is an early event in NMIBC, though  
 1144 we lack understanding of exactly how it contributes  
 1145 during the initial development of urothelial hyper-  
 1146 plasia and the elicitation of a branching vasculature  
 1147 and papillary tumor architecture. More detailed  
 1148 analyses of these early stages and the development  
 1149 of mechanisms for localised FGFR3 targeting or  
 1150 targeting of the FGFR3-related phenotype have  
 1151 potential for major impact on the clinical manage-  
 1152 ment of the very large NMIBC population. *In vitro*  
 1153 and *in vivo* models may make a major contribution  
 1154 to understanding these early processes and more  
 1155 complex models may improve understanding of any  
 1156 influences of FGFR3 signalling on tumor infiltration.  
 1157 Unlike other epithelial tissues, the ability to culture  
 1158 normal urothelial cells with relative ease is a major  
 1159 advantage and this should allow the hypothetical  
 1160 interactions of TERT, FGFR3 and MYC in NMIBC  
 1161 pathogenesis hypothesised here to be tested. In  
 1162 MIBC, the excitement related to responses to FGFR  
 1163 inhibitors is tempered but lack of good predictive  
 1164 biomarkers. More detailed molecular profiling that  
 1165 takes into account some of the broader mecha-  
 1166 nisms of FGFR3 regulation and cross-talk should  
 1167 facilitate improved biomarker-driven treatment  
 1168 selection.

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## CONFLICT OF INTEREST

Consulting/Advisory Role-Janssen Oncology,  
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