

Investigating the STING Pathway to Explain Mechanisms for BCG Failures in Non-Muscle Invasive Bladder Cancer: Prognostic and Therapeutic Implications

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Abstract.

Background: Intravesical Bacillus Calmette Guerin (BCG) has been the gold standard immunotherapy to treat high risk non-muscle invasive bladder cancer (NMIBC) for over 40 years. Attenuation of *Mycobacterium bovis* for clinical use as BCG results in loss of its ability to activate the “Stimulator of Interferon Genes” (STING) pathway and potentially limits local anti-tumor immune activity and subsequent BCG responsiveness due to reduced induction of the immune cell recruiting chemokines primarily, CXCL10. We conducted the current study to determine the potential of “STING pathway agonist in synergizing with BCG to enhance chemokine induction.

Methods: The TICE strain of BCG (oncoTICE) was used in combination with STING agonist to determine STING pathway activation and CXCL10 production in THP-1 monocytic cell line, THP-1 defNLRP3, THP-1 dual STING knock out cells, RT112 bladder cancer cells and primary bladder epithelial cells. NanoString platform-based gene expression profiling and multiplex cytokine analysis were performed to determine induction of interferon associated genes and secreted cytokines.

Results: Activation of cytosolic pattern recognition receptor and downstream IFN1 pathways demonstrated synergistic activation of STING pathway enhanced BCG induced inflammasome and STING pathway gene expression in monocytes and bladder cancer cells. The significant differences in CXCL10, CCL5, IL-8 and MIP-1a/1b amongst the knock-out cell lines confirm the convergence of these pathways following combination treatment with BCG and STING agonist.

Conclusions: Findings from our study are the first evidence indicating that STING pathway activators are promising new innate immune modulators with a potential to synergize with BCG therapy in the treatment of NMIBC.

Keywords: BCG, STING agonist, immunotherapy, NMIBC, interferon, CXCL10, CD8+ TIL

INTRODUCTION

Intravesical instillation of BCG has demonstrable benefit, however, some patients exhibit sub-optimal responses, with many suffering from recurrence and

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35 progression to secondary muscle invasive disease
36 [1]. Features associated with response to BCG treat-
37 ment include patient age, sex/gender, and prior BCG
38 exposure [2]. Despite being used as the primary
39 treatment for high-risk non-muscle invasive bladder
40 cancer (NMIBC) for over 40 years, the underlying
41 the anti-cancer therapeutic effects of BCG in bladder
42 cancer patients have yet to be fully established. In the
43 context of tuberculosis however, the mechanism of
44 action of BCG has been well demonstrated, including
45 the uptake of the Mycobacterium by macrophages,
46 leading to the production of immune cell recruiting
47 chemokines [3].

48 BCG vaccination is used as the most reliable pro-
49 phylactic approach for tuberculosis across the globe.
50 While most studies indicate that macrophages and
51 monocytes are the predominant cell types where
52 mycobacteria reside and multiply, some evidence has
53 pointed towards a more dominant role of dendritic
54 cells, which are more potent interferon producers
55 (DCs) [4]. Regardless of the cell type, the intracellu-
56 lar location of infectious *Mycobacterium tuberculosis*
57 (*Mtb*) leads to the release of bacterial DNA in the
58 cytosol of the infected cell through the early secre-
59 tory antigenic target (ESAT-6) secretion system 1
60 (ESX-1 secretion system located on 'region of dif-
61 ferentiation 1'/RD1) [3], which is also critical to the
62 delivery of *Mtb* mRNA into the cytosol [5]. Infection
63 with Mycobacterial strains with intact ESX-1
64 system (or SecA2 system) leads to IFN- β secre-
65 tion. This process occurs through cross-talks between
66 the AIM2/NLRP3/CASP1 inflammasome, cGAS-
67 STING/IRF3 and the RIG/MAVS/IRF7 cytosolic
68 nucleic acid sensing pathways [3, 6].

69 Although attenuation is critical to reduce
70 pathogenicity of the bacterium, in the case of *M. bovis*,
71 this process removes the bacterium's ability to activate
72 the cGAS-STING/IRF3 and the RIG/MAVS/IRF7
73 pathways. Both of these pathways normally comple-
74 ment IFN1-induced chemokine production. Therefore
75 BCG, which lacks the ESX-1 secretion system, can
76 only lead to the activation of Type I IFN (IFN1)
77 responses via the AIM2/NLRP3/CASP1 inflamma-
78 some pathway. This *attenuated chemokine* induction
79 may be responsible for reduced recruitment of CD4+
80 and CD8+ T cells [3, 6]. Exploiting these features, a
81 recent report demonstrated that mucosal delivery of
82 STING pathway activating ligands provided superior
83 protection to *Mtb* challenge than BCG in a mouse
84 model [6, 7]. This enhanced protection occurred via
85 recruitment of CXCR3+ IFN- γ producing T cells and
86 was IFN1 independent.

87 In the case of bladder cancer, it is thus plausible that
88 local administration of BCG lacking the ESX-1 sys-
89 tem results in some activation of IFN and downstream
90 induction of T cell attracting chemokines such as
91 CXCL10. However, the magnitude of this activation
92 does not suffice to produce the anti-tumour immune
93 cell recruitment necessary for the elimination of
94 existing tumours, nor does it prevent recurrence or
95 progression after BCG treatment (Fig. 1).

96 Recent advances in the field of immunomodula-
97 tory therapies, have introduced a novel class of drugs
98 called "Stimulator of Interferon Genes (STING)
99 ligands/agonists"[8]. STING pathway is primarily
100 activated via cytosolic DNA and also intersects with
101 multiple cellular cytosolic nucleic acid sensing path-
102 ways that ultimately lead to IFN induced chemokine
103 induction and therefore has recently re-gained
104 attention in immunomodulatory cancer therapeutics
105 [9–11]. In pre-clinical immunocompetent models of
106 solid cancers, we and others have shown that STING
107 agonists function via enhancing the antigen cross
108 priming potential of dendritic cells and macrophages,
109 eventually leading to enhanced IFN response and
110 production of immune cell recruiting chemokines,
111 CXCL9/10/11, and associated activated CD8+ T cell
112 recruitment [9, 11, 12].

113 The sub-optimal control of higher risk NMIBC
114 with intravesical agents as well as global shortages
115 of BCG leading to reduced dosing for bladder can-
116 cer patients, further strengthens the rationale for the
117 development of alternate immune adjuvants that can
118 enhance endogenous IFN1 activation and potenti-
119 ate the efficacy of BCG. Based on the evidence
120 that inflammasome activation is the sole mecha-
121 nism of IFN induction in macrophages infected
122 with BCG mycobacterial strain, in the current
123 study we explored the question whether activation
124 of the STING pathway, simultaneous to treatment
125 with BCG increases production of the key immune
126 cell recruiting chemokine, CXCL10 and others, in
127 primary bladder epithelial cells, cancer cells and
128 immune cells.

129 MATERIALS AND METHODS

130 In this study we used three monocytic cell lines;
131 THP-1, THP1-defNLRP3 cells (lacking *NLRP3*
132 gene required for AIM2/NLRP3/CASP1 inflamma-
133 some pathway activation, this pathway being
134 critical to BCG mechanism of action) and THP1-
135 Dual™ KO-STING cells (lacking *TMEM173* gene

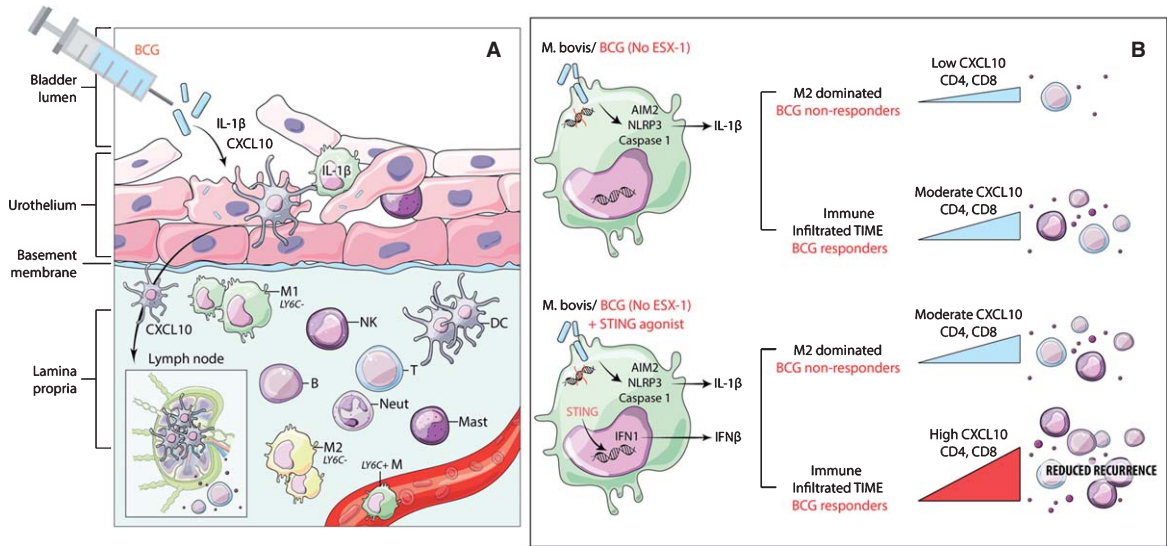


Fig. 1. Schematic showing conceptual model of potential mode of BCG action and the expected effect of STING pathway activation to increase chemokine secretion and immune cell recruitment. A) Proposed model for the mode of action of BCG in bladder cancer showing the critical need for STING pathway in synergistically contributing to CXCL10 production. Following intra-vesical instillation, BCG in the bladder lumen is internalized by the epithelial lining, which is constituted by untransformed urothelial cells, tissue resident cell types including macrophages, DCs and mast cells. Antigen cross presentation via DCs and macrophages presumably occurs either through trafficking via local lymph nodes or cross-priming to pre-existing T cells in the local microenvironment. Under the influence of chemokine (e.g. CXCL10) gradients, immune cell trafficking to the site of inflammation restricts tumour recurrence and progression. B) Macrophage with intracellular BCG showing no activation of STING pathway and a modest increase in CXCL10 secretion and immune cell recruitment under an M2 macrophage dominated environment. Addition of STING agonist to BCG treatment could lead to significant increase in CXCL10 and immune cell recruitment to reduce cancer recurrence.

136 that encodes of STING). THP-1 cells (ATCC) were
 137 maintained in RPMI-1640 with 10% heat-inactivated
 138 fetal bovine serum (FBS) and penicillin/streptomycin
 139 (100 µg/ml) as recommended. The THP1-defNLRP3
 140 cells (Invivogen) and THP1-Dual™ KO-STING cells
 141 (Invivogen) were maintained in RPMI 1640, 2 mM
 142 L-glutamine, 25 mM HEPES, 10% FBS, 100 µg/ml
 143 Normocin™, penicillin/streptomycin (100 µg/ml).
 144 Blasticidin and zeocin were added to the growth
 145 media in the knockout derivatives of THP-1, at
 146 every 2-3 passages. Primary bladder epithelial cells
 147 (PBEC) were purchased from ATCC and maintained
 148 in Prostate Epithelial Basal Medium (ATCC® No.
 149 PCS-440-030) supplemented with Corneal Epithelial
 150 Growth Kit (ATCC® No. PCS-700-040). The blad-
 151 der cancer cell line RT112 was obtained from Sigma
 152 Aldrich and maintained in Eagle's Modified Essential
 153 Medium with 10% FBS.

154 NanoString based IFN pathway gene expression 155 analysis

156 To measure gene expression changes in STING
 157 pathway associated genes, post treatment with BCG
 158 alone or in combination with STING agonist,

159 a custom NanoString gene panel comprising of
 160 genes associated with activation of cytosolic pat-
 161 tern recognition receptors (PRR) and downstream
 162 IFN1 pathways (Supplementary Table 1) was used.
 163 BCG (oncoTICE, Merck) was used at the previ-
 164 ously described dose of 8×10^4 CFU [13]. STING
 165 agonist (2'3'-c-di-AM (PS) 2 (Rp, Rp), Invivogen)
 166 was used at a concentration of 2 µg/ml. Total RNA
 167 was isolated from all cell lines (as indicated) at
 168 6 h post treatment with BCG or STING agonist or
 169 both as described above, using the total RNA Purifi-
 170 cation Kit (RNeasy mini kit, Qiagen Inc.) as per
 171 the manufacturer's instructions. RNA concentration
 172 and purity were estimated on a NanoDrop ND-100
 173 spectrophotometer (NanoDrop Technologies, Wilm-
 174 ington, DE, USA). 150 ng of total RNA from each
 175 tumour sample was subjected to digital multiplexed
 176 profiling, using the pre-built PRR gene panel with
 177 5 housekeeping controls (NanoString Technologies
 178 Inc.) as per our previously established protocols [14,
 179 15]. Normalization of raw data was performed using
 180 the nSolver software 3.0 (NanoString Technologies,
 181 Seattle, WA). The raw NanoString counts were ini-
 182 tially subjected to normalization for all target RNAs
 183 in all samples based on built-in positive controls.

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This step accounts for inter-sample and experimental variation such as hybridization efficiency and post-hybridization processing. The geometric mean of each control was calculated to indicate the overall assay efficiency. The housekeeping genes were used for mRNA content normalization. Differentially expressed genes between different treatment groups were determined using Kruskal-Wallis test.

Multiplex cytokine analysis

To determine the effect of BCG with or without addition of STING agonist on the levels of secreted IFN induced cytokines, all the above described cell lines including non-malignant primary bladder epithelial cells, were seeded in appropriate growth media at the indicated densities. BCG (oncoTICE, Merck) was used at the previously described dose of 8×10^4 CFU [13]. STING agonist (2'3'-c-di-AM (PS) 2 (Rp, Rp), Invivogen) was used at a concentration of 2 μ g/ml. Both treatments were conducted as single agents and in combination under reduced serum (2%) conditions. No treatment media controls were also included. Following 24 h incubation at 37 C post stimulation, supernatants were collected and subjected to Human Cytokine /Chemokine Array 42-Plex with IL-18 (HD42) based multiplex cytokine analysis using the Luminex™ 100 system (Eve Technologies, Calgary, AB, Canada). Differences between the treatment groups were tested using a two-way ANOVA (Graphpad Prism 9.0, Inc.). A *p*-value < 0.05 was considered significant.

RESULTS

Synergistic activation of STING pathway enhances the effect of BCG induced IFN1 pathway genes in monocytes and bladder cancer cells

In THP-1 cells with intact NLRP3 and STING pathways, addition of STING agonist led to increased levels of AIM2, CCL4, CXCL10, DDX58, IFI16, IFI44, IFIT2, IFIT3, IFITM3, IFNB1, IL6, IRF7, ISG15, MX1, OAS1A, OAS3, OASL1, PSMB9, STAT1 and USP18 compared to either BCG or STING agonist treatment alone (Fig. 2). At the 6 h time point, only IL1B and IRF1 gene expression was statistically significant altered (Fig. 2). In line with the previously confirmed role of the NLRP3 inflammasome in BCG mediated IFN activation, we observed reduced expression of the genes mentioned above, in the NLRP3 KO cells post treatment with BCG + STING agonist (Fig. 3). Similarly, the critical role of STING pathway in potent induction of IFN1/chemokine genes was confirmed by the significantly reduced expression of STING pathway genes described above excluding CCL4 and IL1B (Fig. 3). Compared to BCG alone, a higher expression of IFN1 genes was noted in the THP1-defNLRP3 cells treated with BCG + STING agonist (Fig. 3a). Indeed, the decreased expression of IFN1 genes in THP1-Dual™ KO-STING cells confirmed benefits and synergism of inducing the STING pathway in combination with BCG (Fig. 3b). Similar to the monocytic cell line, the RT112 bladder cancer cell line also showed significantly higher expression of CXCL10, DDX58, IFI16, IFI44, IFIH1, IFIT1, IFIT2, IFIT3, IFITM3, ISG15, MX1, OAS3, OASL1, STAT1 and USP18 genes post

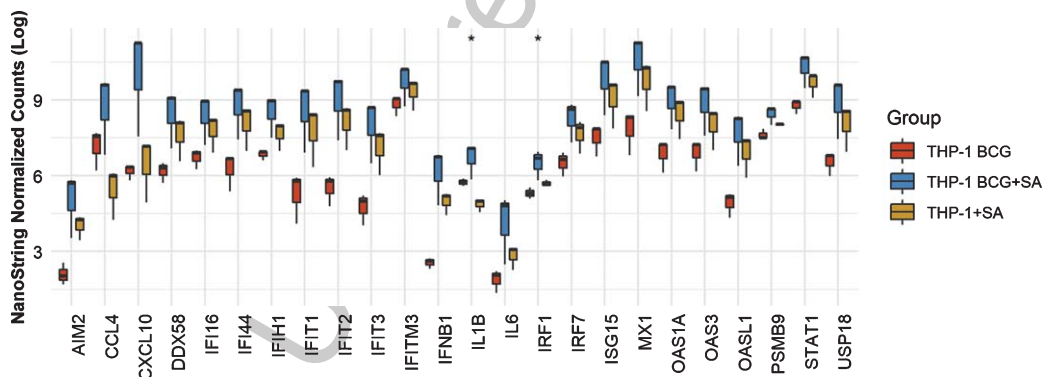


Fig. 2. Synergistic effect of BCG and STING agonist combination on induction of IFN1 genes in THP-1 cells. NanoString platform-based gene expression profiling of THP-1 cells treated with BCG and BCG+STING agonist. A custom IFN gene panel was used to determine expression changes at 6 h post treatment. NanoString data was normalized using nSolver software. RNA isolated from three independent experiments was used for gene expression analysis. Kruskal-Wallis test was applied to determine statistically significant ($*p < 0.05$) expression differences between treatments.

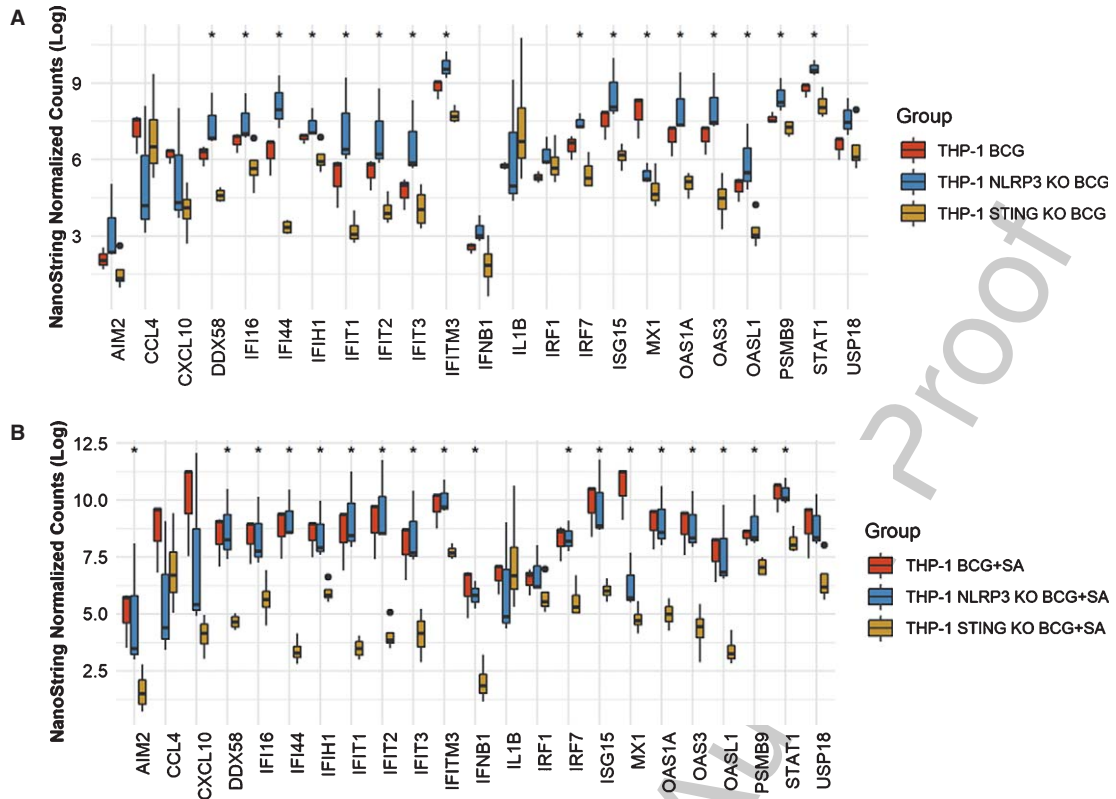


Fig. 3. Role of NLRP3 and STING pathways in induction of IFN1 genes in response to treatment with BCG and STING agonist combination. NanoString platform-based gene expression profiling of THP-1def NLRP3 and THP-1 dual STING KO cells treated with BCG and BCG+STING agonist. A custom IFN gene panel was used to determine expression changes at 6 h post treatment. RNA isolated from three independent experiments was used for gene expression analysis. NanoString data was normalized using nSolver software. Kruskal-Wallis test was applied to determine statistically significant ($p < 0.05$) expression differences between treatments.

249 combination treatment with BCG and STING ago- 270
 250 nist compared to BCG treatment alone ($p < 0.05$; 271
 251 Fig. 4).

252 Addition of STING agonist in combination with 272
 253 BCG treatment significantly increases secreted levels 273
 254 of chemokines CXCL10, CCL5, IL-8 and MIP-1a/1b 274
 255 in THP-1 monocytic cell line 275

256 To determine the effect of combination treat- 276
 257 ment with BCG and STING agonist on secreted 277
 258 levels of chemokines key to immune cell recruit- 278
 259 ment, THP-1 and its derivative cell lines were 279
 260 treated with BCG with or without STING ago- 280
 261 nist. Secreted cytokines/chemokine levels were 281
 262 measured 24 h post treatment. BCG treatment led to signifi- 282
 263 cantly increased levels of CXCL10, CCL5, IL-8, 283
 264 MIP-1a and MIP-1b in THP-1 cells compared to 284
 265 THP-1 defNLRP3 and THP1-Dual™ KO-STING 285
 266 cells. Except CCL5, all four cytokines were mini-
 267 mally expressed in THP-1 defNLRP3 cells (Fig. 5a).
 268 Treatment with BCG+STING agonist led to signifi-
 269 cantly higher increase in levels of CXCL10, IL-1RA,

270 CCL5, IL-8, MIP-1a and MIP-1b in the THP-1 cells 270
 271 compared to either BCG or STING agonist alone 271
 272 (Fig. 5b). In the STING agonist treated cells, sig- 272
 273 nificantly higher levels of CXCL10 were observed 273
 274 in the THP-1 defNLRP3 cells. IL-8 levels were 274
 275 highest in the THP1-Dual™ KO-STING cells post 275
 276 STING agonist treatment (Fig. 5c). IL-1RA levels 276
 277 were significantly higher in the THP-1 defNLRP3 277
 278 cells compared to the other two cell lines, indicat- 278
 279 ing the role of STING pathway in IL-RA secretion. The 279
 280 significant differences in CXCL10 and IL-8 amongst 280
 281 the three cell lines confirms the convergence of these 281
 282 pathways post combination of BCG with STING 282
 283 agonist. 283

284 Primary bladder epithelial cells secrete CXCL10 285 in response to BCG and STING agonist treatment

286 Since the bladder mucosa is primarily dominated 286
 287 by non-malignant epithelial cells at the time of BCG 287
 288 instillation, we tested the response of PBECS to BCG 288

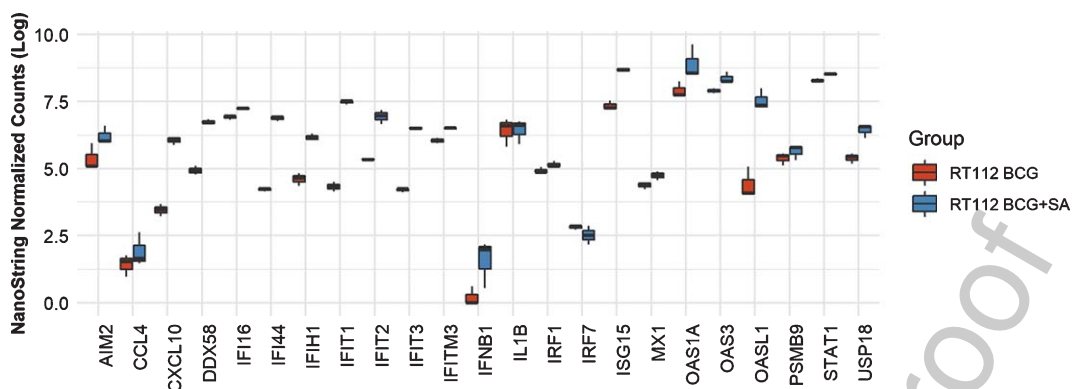


Fig. 4. Synergistic effect of BCG and STING agonist combination on induction of IFN1 genes in RT112 bladder cancer cells. NanoString platform-based gene expression profiling of RT112 bladder cancer cells treated with BCG and BCG+STING agonist. A custom IFN gene panel was used to determine expression changes at 6 h post treatment. RNA isolated from three independent experiments was used for gene expression analysis. NanoString data was normalized using nSolver software. Kruskal-Wallis test was applied to determine statistically significant ($p < 0.05$) expression differences between treatments.

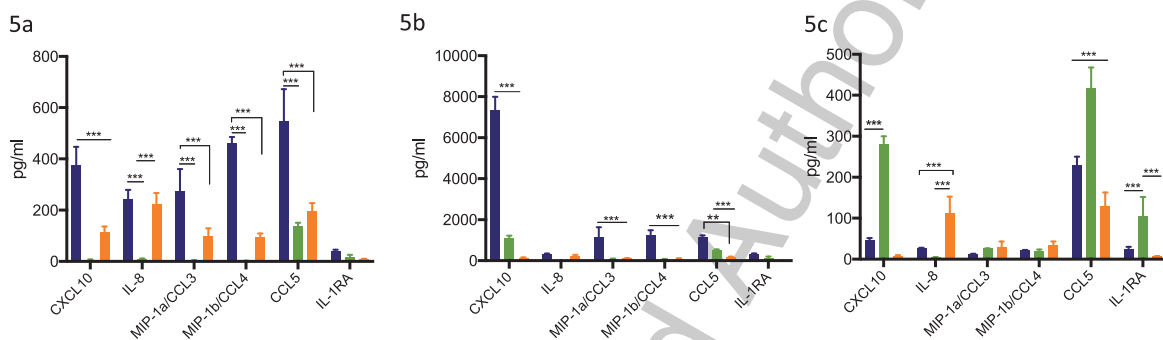


Fig. 5. Synergistic effect of BCG and STING agonist combination on secretion of immune cell recruiting chemokines. Synergistic effect of STING agonist and BCG in THP1, THP-1 NLRP3 KO and THP-1 dual STING KO, on induction of IFN induced chemokines at 24 h post BCG (5a), STING agonist BCG+STING agonist (5b) and STING agonist (5c), treatment. Cytokine data was analyzed using Graphpad Prism (8.0) software. Statistically significant differences were determined using a two-way repeated measure ANOVA followed by Tukey's post test. $*p = 0.01$, $**p = 0.001$, $***p = 0.0001$. Treatments were performed in triplicate. Data represent results from two independent experiments.

289 with or without STING agonist. Addition of STING
290 agonist led to significant increase in CXCL10, IL-
291 8 and IL-6 secretion at 24 post treatment, compared
292 to BCG alone (Fig. 6). However, unlike THP-1 cells,
293 levels of CCL5, MIP-1 and MIP-1b cytokines did not
294 increase in the PBECs under any treatment condition
295 (data not shown).

296 DISCUSSION

297 Since its initial use in 1976 [16], BCG repre-
298 sents not only the most effective immunotherapy for
299 treatment of NMIBC [17] but also the best example
300 of immune based cancer therapies. Although there
301 continues to be a cumulative impact of several stud-
302 ies, focused on BCG associated response variations
303 and biomarkers of response, on significantly advanc-

ing our understanding of its anti-cancer effects, the
precise mode of BCG action is still undefined and
optimal management of NMIBC remains elusive.

Innate immune modulators as sensitizers to con-
ventional therapies, have gained significant attention
following the accumulation of evidence from several
studies that show the positive association between
favourable treatment outcomes and presence of IFN1
induced gene signature in the pre-treatment tumours
[8]. In the context of immune cells, CXCL10 pro-
duction following IFN1 activation primarily depends
on the status of STING pathway in BATF3+ DCs,
which cross prime CD8+ T cells in the tumour
draining lymph nodes and mobilizes them to the
tumour site [12]. The STING pathway intersects with
multiple cellular cytosolic nucleic acid sensing path-
ways that ultimately lead to IFN induced chemokine

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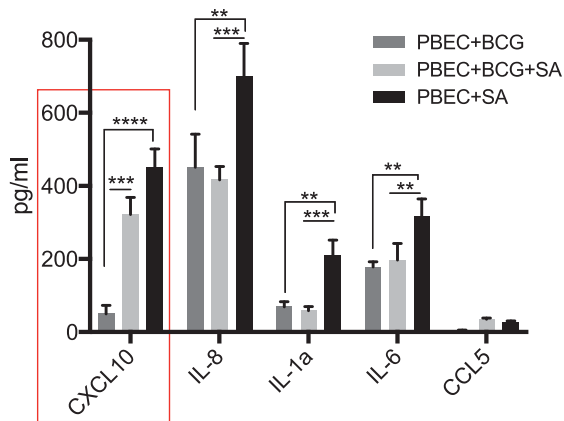


Fig. 6. Synergistic effect of BCG and STING agonist combination on secretion of immune cell recruiting chemokines by primary bladder epithelial cells (PBEC). Cytokine levels 24 post treatment of PBECs with BCG with or without STING agonist, were measured using multiplex-cytokine analysis of triplicates. Cytokine data was analyzed using Graphpad Prism (8.0) software. Statistically significant differences were determined using a two-way repeated measure ANOVA followed by Tukey's post-test. * $p=0.01$, ** $p=0.001$, *** $p=0.0001$. Treatments were performed in triplicate. Data represent results from two independent experiments.

induction and therefore has recently re-gained attention in development of immunomodulatory cancer therapeutics [9–11].

In the current study we focussed on evaluating the effect of BCG and STING agonist combination, primarily using cell line models representing human monocytes, the bladder cancer cell line RT112 and primary cells (PBECs). We observed greater than 20-fold increase in secreted CXCL10 and others associated chemokines as a result of synergistic effect of BCG and STING agonist. Our *in vitro* findings provide compelling rationale for further pre-clinical and clinical studies on evaluating the addition of STING agonists or approaches such as oncolytic viruses that can activate STING pathway in the bladder resident immune cells to further increase in chemotaxis of CD8+ TILs.

Several previous studies have reported the urinary cytokine profiles soon after BCG instillation. The most consistent of these surrogate chemokines of IFN activation are CXCL10, IFN γ , IL-1, IL-6, IL-10, IL-2, TNF α and IL-12 [18, 19]. Urinary levels of these chemokines constitute the primary indicators of the magnitude of IFN activation and/or immune cell recruitment. Post BCG treatment levels of urinary or plasma CXCL10 and IL-8 could thus guide the addition of STING pathway activators in enhancing the levels of these chemokines. These findings not only

depict the use of specific urinary cytokines as promising predictors of response, but also strongly indicate that the ability for BCG to induce these cytokines may be dependent on the bladder local immune cell composition at the time of first instillation.

Antigen presenting cells such as DCs (20%) and macrophages (40%) form the majority of immune cells in bladder mucosa. Other cell types include mast cells, CD4+ T cells, γ &delta+ T cells and innate immune cells such as NK cells, monocytes and eosinophils [20]. The resident immune cells including residual cancer cells at the time of treatment initiation, especially in cases of Tis, are at the forefront of response BCG. Thus, post BCG (microbial) challenge, macrophages and DCs being the primary cell targets for mycobacteria, are key to driving the chemokine led influx of neutrophils, monocytes and other immune cells from the circulation. One possible explanation for reduced BCG activity could be the higher infiltration of suppressive tumour associated macrophages (M2). Indeed higher proportions of M2 macrophages have been identified in the tumours from BCG non-responding patients [19, 21]. Moreover, alternatively activated M2 polarized macrophages do not produce CXCL10 or inhibit it via IL-4 and IL-10 [22]. Given the increased prevalence of bladder cancer in older individuals, this becomes even more critical since “inflammaging” could lead to higher M2 like tissue resident cells in the bladder [23].

Histopathological analysis of post BCG treatment bladder biopsies have confirmed epithelial denudation or exfoliation, which is critical to tumour antigen recognition by the DCs for cross priming to CD8+ T cells [24]. Antigen cross presentation via these antigen presenting cells presumably occurs either through trafficking via local lymph nodes or cross-priming to pre-existing T cells in the tumour immune microenvironment and could also play a role in response and/or recurrence [25].

We propose a model for the mode of action of BCG in bladder cancer wherein the STING pathway is integral to improving response via synergistically contributing to CXCL10 production (Fig. 1). Although difficult to demonstrate the causal link, a major cellular population that internalizes BCG at the time of intravesical treatment, is the epithelial lining which is constituted by non-malignant urothelial cells. This uptake is followed by tissue resident cell types including macrophages, dendritic cells and mast cells. Indeed, residual cancer cells (with variability in mutational status) also

401 internalize BCG and exhibit downstream responses
402 as shown by several previous studies and our cur-
403 rent study. However, it is mechanistically challenging
404 to prove these speculations given the genomic het-
405 erogeneity and age-related differences frequently
406 observed in human tumours. Furthermore, mouse
407 models are not accurate surrogates for studying
408 immune cell make up given the lack of genomic het-
409 erogeneity and age-related differences observed in
410 humans.

411 Immunomodulation via activation of innate
412 immune sensing mechanisms such as STING path-
413 way could be an effective synergistic therapy for BCG
414 un-responsive patients. Oncolytic viruses, which
415 function to activate cytosolic nucleic acid sensing
416 pathways such as the cGAS-STING pathway, provide
417 another promising strategy. In the context of cancer
418 cells, excessive activation of IFN1 can lead to cellular
419 senescence via activation of STING pathway and thus
420 IFN stimulating agents must be used carefully such
421 that progression to aggressive disease is avoided [26].
422 Similarly, in the context of immune cells, excessive
423 IFN activation can lead to cytokine release syndrome
424 with release of IL-6, IFN γ and CXCL10, and associ-
425 ated adverse effects.

426 Several additional local therapies are being stud-
427 ied in patients with refractory disease states [27],
428 [28]. Local delivery of exogenous interferon alpha
429 (IFN α) or via adenoviral mediated delivery of IFN α -
430 2b was the focus of several previous clinical trials
431 in NMIBC [17]. Failure in response was primarily
432 attributed to the transient effect of IFN α as a result
433 of its short half-life. Based on the finding that prior
434 BCG exposure associates with an increased response
435 [29], the PRIME trial (NCT02326168) is investigat-
436 ing the prime boost concept of pre-sensitizing with
437 BCG prior to induction treatment.

438 In addition to combining BCG with IFN α 2b, sev-
439 eral other approaches have been tested, the most
440 recent being the *Listeria monocytogenes*-*listeriolysin*
441 gene integrated into BCG, VPM1002BC, leading
442 to increased immunogenicity of BCG. Interestingly,
443 VPM1002 leads to IL-1 β and IL-18 production via
444 activating the AIM2 inflammasome and STING path-
445 way but not the NLRP3 inflammasome pathway.
446 In line with this, given the success of PD-1/PD-L1
447 targeting immune checkpoint inhibitors in MIBC,
448 several ongoing trials are now evaluating combining
449 these agents with BCG therapies to improve response.
450 Finally, *Mycobacterium phlei* cell wall nucleic acid
451 (MCNA/MCC), demonstrated antineoplastic activity
452 in high risk BCG un-responsive NMIBC and was

453 evaluated in Phase III clinical trials and was proposed
454 as an alternative to BCG [30]. Improved efficacy was
455 reported following re-evaluation of the original pub-
456 lication when using more current definition of the true
457 BCG unresponsive cohort [30, 31].

458 To circumvent for the reduced IFN1 levels, similar
459 to IFN α , STING agonists could face the challenge
460 of fast clearance, however, our study demonstrates
461 a critical positive impact of activating the endoge-
462 nous STING pathway in combination with BCG
463 immunotherapy. Our *in vitro* study is the first to
464 demonstrate the potential of complementing BCG
465 with STING pathway activator to further increase TIL
466 recruitment to prevent recurrence and progression.

467 Our study while novel, does have some limitations.
468 BCG strain related differences in clinical outcomes,
469 have been reported in several studies [32–34]. The
470 Russian/Moscow strain of BCG (early strain with
471 loss of RD1) was the first substrain established in
472 1924. The Tokyo, Tice and Connaught (late strains,
473 evolved post 1925) substrains of BCG have a loss of
474 both region of differentiation (RD) 1 and RD2 [35].
475 Interestingly, the Moscow strain exhibits superior
476 immunogenicity compared to others such as Con-
477 naught, whereas a comparison between Connaught
478 and Tice strain treated NMIBC patients revealed sig-
479 nificantly increased recurrence free interval in the
480 former only in induction treatments [33, 36]. How-
481 ever, most of these studies have focused on the
482 variable IL-8 levels induced by different BCG sub-
483 strains in cancer cell lines.

484 Additional investigations evaluating the different
485 strains of BCG would indeed be useful to deter-
486 mine if genetic drifting of the progeny [33] has
487 resulted in a different capacity of various strains
488 to affect the STING pathway. Given the scarcity in
489 BCG availability, it is difficult to conduct a detailed
490 investigation comparing these strains. Finally, since
491 STING pathway activates PD-L1 expression [37],
492 future trials should consider immune sensitization
493 using STING agonists in combination with BCG for
494 immune checkpoint blockade. An immediate next
495 step could be pre-clinical investigations in syngeneic
496 murine models of NMIBC to evaluate the efficacy of
497 combinatorial BCG and STING pathway activators.

498 Our study included primary bladder epithelial
499 cells, a novel perspective, that indicated that these
500 cells secreted significantly higher IL-8 and CXCL10
501 upon stimulation by STING agonist alone compared
502 to BCG. Despite these limitations, findings from our
503 study and culmination of several reports indicating
504 that the activation of innate immune response to

sensitize tumours to any treatment, warrant further evaluation in pre-clinical and clinical scenarios as a promising avenue for improving response to BCG in NMIBC patients.

AUTHOR CONTRIBUTIONS AND ACKNOWLEDGMENTS

MK, DRS and AM conceptualized and wrote the manuscript. MK and SC conducted the experiments. SN reviewed and performed the graphic design of schematic showing conceptual model of BCG mode of action and the potential of STING pathway activators. TV reviewed and conducted the statistical analysis of NanoString data. This study was funded by SEAMO Innovation funding support to DRS and MK.

SUPPLEMENTARY MATERIAL

The supplementary material is available in the electronic version of this article: <http://dx.doi.org/10.3233/BLC-190228>.

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