I take pen in hand to write this “From the Editor” on my return flight from Israel, as we fly 36,000 feet above the earth. So if this appears lofty, you will understand why! I have just completed teaching five days of workshops on ergonomics and marketing and feel pretty satisfied with my efforts. The feedback from participants was good, too, and I realize that I learn so much more from constructive criticism than from my successes. Although the successes are usually much easier to enjoy!

I can’t quite remember how I first make contact with occupational therapists in Israel, that would ultimately lead to teaching there three years ago and then again this summer. Perhaps it was a friend of a friend who recommended me and this eventually evolved into a relationship.

Much of what has occurred in health and rehabilitation, I believe, can be attributed to relationships or lack of them. Relationships have supported and provided direction to health and rehabilitation care through policy initiatives, insurance and legislative changes and the marketing of the value of health and rehabilitation services.

Who you know or who someone else you know, knows… a friend of a friend, a colleague’s brother who knows someone who knows someone in the blank, are all connections with people that can lead to relationships. As the old adage goes, “whom you know is everything”. However, I believe what you do with who you know is everything. Developing a mutual respect for others, taking responsibility for one’s actions, giving to people more than they expect and expecting the best of others and using open communication, helps to cultivate connections into relationships. In turn, these relationships help to expand our opportunities to unlimited possibilities. Many times, these relationships become the “wind beneath our wings”.

The “wind beneath my wings” has been the editorial board of WORK. I thank them all for their dedication and devote this issue of WORK to them.

Cheers,

Karen
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